



# Dental Health Resource Bin



## Dental Health Promotion for Educators

### Something to smile about!

Ottawa Public Health's Dental Health Program offers bilingual dental health curriculum resources.

#### Dental Health Resource Bins for schools and child care facilities contain:

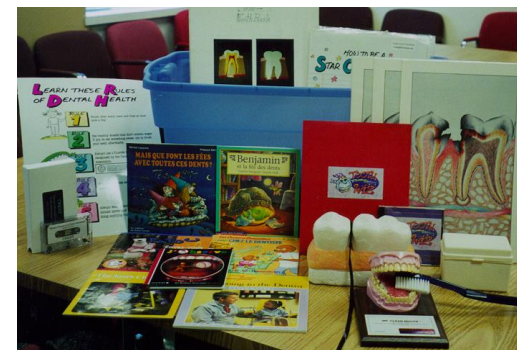
- Videos, books, posters, dental models, computer software, and a Dental Health Education Module
- Healthy nutrition ideas
- Tips for the prevention of sports injuries

#### Dental Health Education Module:

- Includes lesson plans, activity sheets, background information, evaluation tools, parent information and websites for grades one to four. The lesson plans meet the Ontario Ministry of Education under Health and Physical Education curriculum.

#### The module is simple to use:

- Read the lesson plan
- Photocopy the activity sheets
- Give the lesson using resources provided
- Evaluate learning using assessment tools
- Send information to parents to promote dental health at home



#### How to book the Dental Health Resource Bin?

##### Schools:

- Contact your school nurse or call the School Health Intake Line at 613-580-6744, ext. 24242

##### Child Care Facilities:

- Call the Ottawa Public Health Information Line at 613-580-6744 to be transferred to the Dental Health Promotion Team.

#### Need more information?

Call the Ottawa Public Health Information Line at 613-580-6744

Send us an email at [Dentalhealth@ottawa.ca](mailto:Dentalhealth@ottawa.ca)