



# Special Needs

## Recreation eGuide

Spring and Summer 2016

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## Spring Programs

### Children

*Schedules and fees may be subject to change. Fees include HST.*

*Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!*

*Instructional programs are advertised in the language in which they are offered.*

#### Aqua SNAP

Swim lessons for children with autism. Builds on motor skills, communication, socialization, and survival skills in an aquatic environment. Intake/assessment is required with Special Needs Unit before participation and reassessment is required on a yearly basis.

#### Bob MacQuarrie-Orléans – 613-824-0819

5-14 years	Thu.	6:30-7:15 pm
Mar 31-Jun 23	\$180.75	<a href="#">1020591</a>
5-14 years	Thu.	7:15-8 pm
Mar 31-Jun 23	\$180.75	<a href="#">1020596</a>

#### Brewer Pool – 613-247-4938

6-14 years	Sat.	noon-12:45 pm
Apr 2-Jun 18	\$166.75	<a href="#">1014991</a>
Apr 2-Jun 18	\$166.75	<a href="#">1014992</a>
Apr 2-Jun 18	\$166.75	<a href="#">1014994</a>

#### Katimavik – 613-591-9283

5-14 years	Mon.	5:30-6:15 pm
Jul 4-Aug 15	\$83.50	<a href="#">1028341</a>
Jul 4-Aug 15	\$83.50	<a href="#">1028342</a>
Jul 4-Aug 15	\$83.50	<a href="#">1028343</a>
Jul 4-Aug 15	\$83.50	<a href="#">1028344</a>
5-14 years	Wed.	5:30-6:15 pm
Jul 6-Aug 17	\$97.25	<a href="#">1028346</a>
Jul 6-Aug 17	\$97.25	<a href="#">1028347</a>
Jul 6-Aug 17	\$97.25	<a href="#">1028348</a>
Jul 6-Aug 17	\$97.25	<a href="#">1028349</a>

#### Pinecrest – 613-828-3118

5-14 years	Sun.	9:45-10:30 am
Apr 3-Jun 12	\$142	<a href="#">1014867</a>
Apr 3-Jun 12	\$142	<a href="#">1014869</a>
5-14 years	Sat.	10:45-11:30 am
Apr 2-Jun 11	\$142	<a href="#">1014843</a>
Apr 2-Jun 11	\$142	<a href="#">1014851</a>
Apr 2-Jun 11	\$142	<a href="#">1014856</a>

#### Exceptional Explorers

Recreation program for families with a child on the autism spectrum. Participants have the supervised pool to themselves for one hour, followed by an hour in the multi-purpose room for free and organized play. Parents must participate.

#### Kanata Leisure – 613-591-9283

2-12 years	Sun.	9-11 am
Apr 17-Jun 19	\$89	<a href="#">1028438</a>

#### Gymnastics

Learn basic recreational gymnastics skills on various gymnastics equipment. Intake/assessment required with Special Needs Unit before participation and re-assessment required on a yearly basis. A support person may be required to attend with your child.

#### Eva James – 613-271-0712

4-5 years	Sat.	12:20-1:05 pm
Apr 9-Jun 18	\$107.75	<a href="#">1015325</a>
6-12 years	Sat.	12:20-1:05 pm
Apr 9-Jun 18	\$107.75	<a href="#">1015326</a>

#### Minto-Barrhaven – 613-727-2683

5-12 years	Sun.	10-10:50 am
Apr 3-Jun 19	\$129.75	<a href="#">1015274</a>
5-12 years	Sun.	11-11:50 am
Apr 3-Jun 19	\$129.75	<a href="#">1015275</a>
5-12 years	Sun.	noon-12:50 pm
Apr 3-Jun 19	\$129.75	<a href="#">1015276</a>
5-12 years	Wed.	4-4:50 pm
Mar 30-Jun 15	\$129.75	<a href="#">1019908</a>
5-12 years	Wed.	5-5:50 pm
Mar 30-Jun 15	\$129.75	<a href="#">1019909</a>
5-12 years	Wed.	6-6:50 pm
Mar 30-Jun 15	\$129.75	<a href="#">1019910</a>
5-12 years	Wed.	7-7:50 pm
Mar 30-Jun 15	\$129.75	<a href="#">1019911</a>

#### Music Ability

Children of all abilities will create music using adaptive electronic devices and instruments. Children with significant disabilities are encouraged to participate. Ensemble playing, composing, and recording music are all components of this program.

#### Nepean Creative Arts – 613-596-5783

5-14 years	Sun.	1-2 pm
Apr 3-May 15	\$94	<a href="#">1009516</a>

#### SNAP

Therapeutic recreation program for children with a diagnosis of Autism Spectrum Disorder. Participants must be able to work in a 1:3 staff to client ratio. The program includes a leisure swim, a fitness component as well as recreation activities to build on communication, socialization and gross motor skills. Intake/assessment required with Special Needs Unit before participation and re-assessment required on a yearly basis.

#### Richcraft-Kanata – 613-580-2424 ext. 29283

6-12 years	Sat.	1-4 pm
Apr 9-Jun 4	\$218.75	<a href="#">1014376</a>

#### St-Laurent Complex – 613-580-2424 ext. 29283

6-12 years	Sun.	1-4 pm
Apr 10-Jun 5	\$218.75	<a href="#">1016065</a>

#### Walter Baker – 613-580-2424 ext 29283

6-12 years	Sat.	1-4 pm
Apr 9-Jun 4	\$218.75	<a href="#">1014375</a>

## Youth and Adult

#### Alumni in Motion

Social recreational program for young adults with a physical disability.

#### Hintonburg – 613-798-8874

19-40 years	Fri.	6:30-9:30 pm
Apr 8-Jun 3	\$95.25	<a href="#">1008358</a>

#### Alumni Ventures

Social recreational program for young adults with a developmental disability who are ambulatory.

#### Hintonburg – 613-798-8874

19-40 years	Fri.	6:30-9:30 pm
Apr 8-Jun 3	\$95.25	<a href="#">1008363</a>

#### Art

An art class for youth and adults who have disabilities. Participants must be able to work in a 1:5 ratio.

#### Hintonburg – 613-798-8874

15-64 years	Wed.	5:30-7 pm
Apr 6-May 25	\$153.50	<a href="#">1008347</a>

#### Arts Centre Black Box Theatre

Explore the world of theatre for youth/young adults with special needs. Develops their creativity and self-expression. Participants must be able to work in a 1:5 staff client ratio.

#### Nepean Creative Arts – 613-596-5783

15-46 years	Sun.	10:30 am-noon
Apr 3-Jun 12	\$169	<a href="#">1012466</a>

#### Aqua Fitness

An aquafit program designed for individuals with a developmental disability.

#### Jack Purcell – 613-564-1050

18-99 years	Mon.	9:30-10:15 am
Apr 25-Jun 27	\$77.50	<a href="#">1017514</a>

#### Cardio Pump

Group fitness class for adults with developmental disabilities. Activities include basic aerobic choreography, circuit workouts and strength and stretch exercises. Participants work at their own pace to tone and strengthen core muscles. Must be mobile and able to work in a 1:5 ratio. Assessment required prior to start of program.

#### Pinecrest – 613-828-3118

16+ years	Fri.	6-7 pm
Apr 1-Jun 24	\$118.75	<a href="#">1009841</a>

## Experience Clay

Enjoy the sensations of working with earthenware clay while making both decorative and practical pieces such as vases, wall hangings, and dried flower sconces. For adults with physical and developmental disabilities and their worker.

### Nepean Visual Arts – 613-580-2828

19+ years Thu. 1:30-3 pm  
 May 5-Jun 2 \$84.50 [1014219](tel:6135802828)

## Friday Night Two

Social program for adults who have disabilities.

### Bob MacQuarrie-Orléans – 613-824-0819

23-35 years Fri. 6-9 pm  
 Apr 1-Jun 17 \$150 [1032381](tel:6138240819)

## Friday Night Youth

Social program for youth who have disabilities

### Bob MacQuarrie-Orléans – 613-824-0819

15-23 years Fri. 6-9 pm  
 Apr 1-Jun 17 \$150 [1032380](tel:6138240819)

### Hintonburg – 613-798-8874

15-21 years Fri. 6:30-9:30 pm  
 Apr 8-Jun 3 \$95.25 [1008354](tel:6137988874)

## Friends for Fun

Therapeutic recreation program for individuals who have a developmental disability. The program is developed based on healthy lifestyles, physical activity and community integration.

### Walter Baker – 613-580-2424 ext. 29283

21-55 years Tue. 7-9 pm  
 Apr 5-May 24 \$140 [1014378](tel:6135802424)

## Hip Hop

An energetic dance class for adults with developmental disabilities. Participants must be mobile and able to work in a 1:5 staff client ratio.

### Hintonburg – 613-798-8874

15-40 years Tue. 6-7 pm  
 Apr 5-May 24 \$95.25 [1008327](tel:6137988874)

## MS Exercise Group

Meet weekly with an exercise specialist in the gym who customizes a workout routine geared to the individual's specific abilities. The group offers support and resource information as well as encouragement.

### Jack Purcell – 613-564-1050

18+ years Wed. 1-2 pm  
 Apr 6-Jun 8 \$78.25 [1007256](tel:6135641050)

## Music Ability

Adults of all abilities will create music using adaptive electronic devices and instruments. Adults with significant disabilities are encouraged to participate. Ensemble playing, composing, and recording music are all components of this program.

### Nepean Creative Arts – 613-596-5783

19+ years Sun. noon-1 pm  
 Apr 3-May 15 \$85.25 [1008725](tel:6135965783)

## Ready, Set, Cook

Improve confidence and independence in the kitchen, for adults with a developmental disability. Participants must be able to work in a 1:5 staff client ratio.

### Hintonburg – 613-798-8874

15-40 years Mon. 6:30-8 pm  
 Apr 4-May 30 \$95.25 [1008349](tel:6137988874)  
 15-40 years Tue. 6:30-8 pm  
 Apr 5-May 24 \$95.25 [1008348](tel:6137988874)

## Rehab Walking

Walk in a safe supervised small group environment. Clients may bring their walking aids if required. In addition to walking, we offer seated stretching, strengthening and balancing exercises. The program goals are to improve walking independence, increase mobility, building stamina, balance and gaining confidence.

### Jack Purcell – 613-564-1050

18+ years Tue. 1-2 pm  
 Apr 5-Jun 7 \$78.25 [1007274](tel:6135641050)



## Saturday Social

An exciting program for adults with developmental delay. A social recreation program that includes cooking, crafts, off site excursions and much more! Participants must be ambulatory.

### McNabb – 613-564-1070

18-55 years Sat. 1-4 pm  
 Apr 9-Jun 4 \$96 [1014432](tel:6135641070)

## SCEL Program Yearly

The SCEL program is a Therapeutic Recreation Day Program for adults with developmental disabilities. Participants take part in a variety of social, recreational and leisure programs. Intake Assessment with Special Needs Unit and referral from Developmental Services Ontario required prior to enrolment.

### Central – 613-580-2424 ext. 29283

21-55 years Mon. 9:30 am-3:30 pm  
 Aug 31-Jul 25 \$1599.75  
 21-55 years Tue. 9:30 am-3:30 pm  
 Sep 1-Jul 26 \$1755.75  
 21-55 years Wed. 9:30 am-3:30 pm  
 Sep 2-Jul 27 \$1755.75  
 21-55 years Thu. 9:30 am-3:30 pm  
 Sep 3-Jul 28 \$1755.75  
 21-55 years Fri. 9:30 am-3:30 pm  
 Sep 4-Jul 29 \$1677.75

### Richcraft-Kanata – 613-580-2424 ext. 29283

21-55 years Tue. 9 am-3 pm  
 Sep 1-Jun 21 \$1456.75  
 21-55 years Wed. 9 am-3 pm  
 Sep 2-Jun 22 \$1456.75  
 21-55 years Thu. 9 am-3 pm  
 Sep 3-Jun 23 \$1456.75  
 21-55 years Fri. 9 am-3 pm  
 Sep 4-Jun 24 \$1420.50

### Routhier – 613-580-2424 ext. 29283

21-55 years Mon. 8:30 am-2:30 pm  
 Sep 14-Jul 25 \$1599.75  
 21-55 years Tue. 8:30 am-2:30 pm  
 Sep 8-Aug 2 \$1755.75  
 21-55 years Wed. 8:30 am-2:30 pm  
 Sep 9-Aug 3 \$1755.75  
 21-55 years Thu. 8:30 am-2:30 pm  
 Sep 10-Aug 4 \$1755.75  
 21-55 years Fri. 8:30 am-2:30 pm  
 Sep 11-Aug 5 \$1677.75

## Seated Aerobics

A workout designed to increase cardiovascular fitness as well as tone and build upper-body strength for persons with disabilities.

### Jack Purcell – 613-564-1050

18+ years Wed. 11:15 am-12:15 pm  
 Apr 6-Jun 8 \$78.25 [1028598](tel:6135641050)  
 18+ years Thu. 1-2 pm  
 Apr 7-Jun 9 \$78.25 [1028637](tel:6135641050)



## Social Recreation

Adults with developmental disabilities take part in a variety of social, recreational and educational activities.

### Canterbury – 613-247-4869

18-64 years Mon. 9 am-3 pm  
 Apr 4-Jun 13 \$275.50 [1014775](tel:6132474869)  
 18-64 years Tue. 9 am-3 pm  
 Apr 5-Jun 14 \$303 [1014789](tel:6132474869)  
 18-64 years Wed. 9 am-3 pm  
 Apr 6-Jun 15 \$303 [1014794](tel:6132474869)  
 18-64 years Thu. 9 am-3 pm  
 Apr 7-Jun 16 \$303 [1014797](tel:6132474869)  
 18-64 years Fri. 9 am-3 pm  
 Apr 8-Jun 17 \$303 [1014799](tel:6132474869)

### Carleton Heights – 613-226-2208

21-64 years Mon. 9 am-3 pm  
 Mar 21-Jun 20 \$346 [1025256](tel:6132262208)  
 21-64 years Tue. 9 am-3 pm  
 Mar 22-Jun 21 \$403.50 [1025257](tel:6132262208)  
 21-64 years Wed. 9 am-3 pm  
 Mar 23-Jun 22 \$403.50 [1025258](tel:6132262208)  
 21-64 years Thu. 9 am-3 pm  
 Mar 24-Jun 23 \$403.50 [1025259](tel:6132262208)  
 21-64 years Fri. 9 am-3 pm  
 Apr 1-Jun 24 \$374.75 [1025260](tel:6132262208)

## Social Recreation Scheduled

Adults with developmental disabilities take part in a variety of social, recreational and educational activities.

### Carleton Heights – 613-226-2208

21-64 years Mon.-Fri. 9 am-3 pm  
 Mar 21-Jun 24 \$1930.75 [1025308](tel:6132262208)

## Spring Nights

An evening activity program for adults with a physical disability. Activities include community events, dancing, films and workshops held throughout the Ottawa area.

**Jack Purcell – 613-564-1050**

18+ years Thu. 6-8:30 pm  
Apr 7-Jun 9 \$128.25 [1007295](#)

## Swim for Persons with a Disability

Designated swim for youth and adult participants with a long-term disability. Swim is free of charge for qualifying participants upon completion of a participant information form. If assistance is required in the change room, participants must bring an attendant.

**Jack Purcell – 613-564-1050**

18+ years  
Mon., Wed., Fri. 10:30 am-noon  
Thu. 7-8 pm  
Ongoing Free

## Teen SNAP Track and Field

Therapeutic track and field program for teens who have a diagnosis on the Autism spectrum. Participants must be able to function within a 1:4 staff to participant ratio. Designed to help participants improve social, communication and recreation skills along with physical fitness, healthy living and self-confidence. Intake assessment required with Special Needs Unit before participation and re-assessment required on a yearly basis.

**Terry Fox – 613-580-2424 ext. 29283**

12-18 years Sun. 10 am-noon  
May 1-Jun 26 \$163.25 [1014379](#)

## The Art Thing

An art program for people with disabilities.

**Jack Purcell – 613-564-1050**

18+ years Mon. 1-3 pm  
Apr 4-Jun 13 \$94 [1007282](#)

## Thursday Nights Rock

Social/recreation program for adults who have disabilities

**Hintonburg – 613-798-8874**

19-64 years Thu. 6-9 pm  
Apr 7-May 26 \$95.25 [1008351](#)

## Total Body Workout

Designed for adults with visual impairment or low vision. Aerobic warm up followed by low and high cardio sets, control movement and strengthening exercises. Finishes with floor work, relaxation and stretching.

**Jack Purcell – 613-564-1050**

18+ years Fri. 5:30-6:30 pm  
Apr 8-Jun 10 \$78.25 [1007303](#)

## Variety East Yearly

This is a Therapeutic Recreation Day Program for adults with developmental disabilities. Participants take part in a variety of social, recreational and leisure programs. Intake Assessment with Special Needs Unit and referral from Developmental Services Ontario required prior to enrolment.

**Bob MacQuarrie – 613-580-2424 ext. 29283**

21-55 years Mon. 9 am-3 pm  
Aug 31-Jun 20 \$1443.75  
21-55 years Tue. 9 am-3 pm  
Sep 1-Jun 21 \$1560.75  
21-55 years Wed. 9 am-3 pm  
Sep 2-Jun 22 \$1560.75  
21-55 years Thu. 9 am-3 pm  
Sep 3-Jun 23 \$1560.75  
21-55 years Fri. 9 am-3 pm  
Sep 4-Jun 24 \$1521.75

## Variety West Yearly

This is a Therapeutic Recreation Day Program for adults with developmental disabilities. Participants take part in a variety of social, recreational and leisure programs. Intake Assessment with Special Needs Unit and referral from Developmental Services Ontario required prior to enrolment.

**Walter Baker – 613-580-2424 ext. 29283**

21-55 years Mon. 9 am-3 pm  
Sep 14-Jul 25 \$1599.75  
21-55 years Tue. 9 am-3 pm  
Sep 8-Jul 26 \$1755.75  
21-55 years Wed. 9 am-3 pm  
Sep 9-Jul 27 \$1755.75  
21-55 years Thu. 9 am-3 pm  
Sep 10-Jul 28 \$1755.75  
21-55 years Fri. 9 am-3 pm  
Sep 11-Jul 29 \$1677.75

## Yoga

Ease tension and stress through supported yoga postures, relaxation and breath awareness. Participants should be able to get up and down from floor independently. No prior yoga experience is necessary.

**Hintonburg – 613-798-8874**

15-40 years Sat. 10-11 am  
Apr 9-Jun 4 \$95.25 [1008335](#)  
**Jack Purcell – 613-564-1050**  
18+ years Mon. 10:15-11:15 am  
Apr 4-Jun 13 \$78.25 [1007264](#)  
18+ years Fri. 10:30-11:30 am  
Apr 8-Jun 10 \$78.25 [1007265](#)

## Zumba®

Dance-fitness class with zesty Latin music: salsa, meringue and reggaeton. Easy to follow moves adapted to meet the needs of the class. Participants must be ambulatory and able to work in 1:5 ratio.

**Hintonburg – 613-798-8874**

15-40 years Wed. 7:15-8:15 pm  
Apr 6-May 25 \$95.25 [1008344](#)

# Summer Camps

## Camp Fair

Don't be disappointed! Join us for the Special Needs Camp Fair on March 12 at the Jim Durrell Arena, located at **1265 Walkley Road (613-247-4811)**. Secure your child's spot in Shared Care.

City of Ottawa Special Needs staff will be on-site to answer questions. Please be advised that Shared Care is based on a first come first served basis and can accommodate up to two children per week per designated site. A minimum of two week's notice is required and accommodation of the dates you want is not guaranteed. No last minute support services will be offered. If space and resources exist families may access additional weeks in excess of 3 week maximum at a cost of \$40 per week.

The City of Ottawa has invited over 50 specialized camps to this event, including some residential camps and several social services.

For program information and information on this event, please call Christina McCormick at **613-580-242, extension 29291**.



## Special Needs Centralized Intake

If you or your family member has special needs and are interested in the Shared Care program or a specialized camp, please contact City Wide Special Needs at **613-580-2424, ext 29283** or by email at [specialneeds@ottawa.ca](mailto:specialneeds@ottawa.ca) to book an intake assessment.

## Preschool

No camps on July 1 and August 1.

Pre and Post care options may be available: contact your recreation facility for more information.

Some camps offer single day registration.

Schedules and fees may be subject to change. Fees include HST.

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### Shared Care Central

As part of our regular day camp program, children with special needs are integrated into camp at 1 to 2 staff to child ratio. If your child has special needs and you are interested in our shared care program, please contact the Special Needs Program Clerk at **580-2424 ext. 29283** to book intake assessment. Please note that a child can only be registered for up to three weeks of this camp program and all children need to be assessed prior to the start of the program. If space and resources exist families may access additional weeks in excess of 3 week maximum at a cost of \$40 per week.

#### Nepean Sportsplex – 613-580-2424 ext. 29283

4-5 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 18-22	\$175	<a href="#">1031381</a>
Aug 2-5	\$140	<a href="#">1031389</a>

### Shared Care East

As part of our regular day camp program, children with special needs are integrated into camp at 1 to 2 staff to child ratio. If your child has special needs and you are interested in our shared care program, please contact the Special Needs Program Clerk at **580-2424 ext. 29283** to book intake assessment. Please note that a child can only be registered for up to three weeks of this camp program and all children need to be assessed prior to the start of the program. If space and resources exist families may access additional weeks in excess of 3 week maximum at a cost of \$40 per week.

#### Ray Friel – 613-580-2424 ext. 29283

4-5 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$165.75	<a href="#">1031414</a>
Jul 11-15	\$165.75	<a href="#">1031415</a>
Jul 18-22	\$165.75	<a href="#">1031417</a>
Jul 25-29	\$165.75	<a href="#">1031419</a>
Aug 2-5	\$132.75	<a href="#">1031421</a>
Aug 8-12	\$165.75	<a href="#">1031422</a>
Aug 15-19	\$165.75	<a href="#">1031423</a>
Aug 22-26	\$165.75	<a href="#">1031424</a>

#### St-Laurent Complex – 613-580-2424 ext. 29283

4-5 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$195.75	<a href="#">1030489</a>
Jul 11-15	\$195.75	<a href="#">1030502</a>
Aug 2-5	\$156.75	<a href="#">1030514</a>
Aug 8-12	\$195.75	<a href="#">1030520</a>

### Shared Care South

As part of our regular day camp program, children with special needs are integrated into camp at 1 to 2 staff to child ratio. If your child has special needs and you are interested in our shared care program, please contact the Special Needs Program Clerk at **580-2424 ext. 29283** to book intake assessment. Please note that a child can only be registered for up to three weeks of this camp program and all children need to be assessed prior to the start of the program. If space and resources exist families may access additional weeks in excess of 3 week maximum at a cost of \$40 per week.

#### Minto-Barrhaven – 613-580-2424 ext. 29283

4-5 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$166.75	<a href="#">1030705</a>
Jul 11-15	\$166.75	<a href="#">1030708</a>

### Shared Care West

As part of our regular day camp program, children with special needs are integrated into camp at 1 to 2 staff to child ratio. If your child has special needs and you are interested in our shared care program, please contact the Special Needs Program Clerk at **580-2424 ext. 29283** to book intake assessment. Please note that a child can only be registered for up to three weeks of this camp program and all children need to be assessed prior to the start of the program. If space and resources exist families may access additional weeks in excess of 3 week maximum at a cost of \$40 per week.

#### Glen Cairn – 613-580-2424 ext. 29283

4-5 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$195.75	<a href="#">1031137</a>
Jul 11-15	\$195.75	<a href="#">1031138</a>
Jul 18-22	\$195.75	<a href="#">1031141</a>
Jul 25-29	\$195.75	<a href="#">1031142</a>
Aug 2-5	\$156.75	<a href="#">1031146</a>
Aug 8-12	\$195.75	<a href="#">1031149</a>
Aug 15-19	\$195.75	<a href="#">1031151</a>

## Children

No camps on July 1 and August 1.

Pre and Post care options may be available: contact your recreation facility for more information.

Some camps offer single day registration.

Schedules and fees may be subject to change. Fees include HST.

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### Explore Therapeutic Recreation

Explore leisure interests and develop social skills with arts and crafts, music, games and swimming. For children with a developmental disability. All children need to be assessed prior to the start of the program.

#### Carleton Heights – 613-580-2424 ext. 29283

8-12 years	Mon.-Fri.	8:30 am-2:30 pm
Jul 18-22	\$281.25	<a href="#">1030213</a>
Jul 25-29	\$281.25	<a href="#">1030217</a>

### Shared Care Central

As part of our regular day camp program, children with special needs are integrated into camp at 1 to 2 staff to child ratio. If your child has special needs and you are interested in our shared care program, please contact the Special Needs Program Clerk at **580-2424 ext. 29283** to book intake assessment. Please note that a child can only be registered for up to three weeks of this camp program and all children need to be assessed prior to the start of the program. If space and resources exist families may access additional weeks in excess of 3 week maximum at a cost of \$40 per week.

#### Deborah Anne Kirwan Pool – 613-580-2424 ext. 29283

6-8 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$185	<a href="#">1031284</a>
Jul 11-15	\$185	<a href="#">1031285</a>
Aug 8-12	\$185	<a href="#">1031299</a>
6-8 years	Tue.-Fri.	8:30 am-4:30 pm
Aug 2-5	\$148	<a href="#">1031295</a>
9-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 18-22	\$185	<a href="#">1031288</a>
Jul 25-29	\$185	<a href="#">1031290</a>

#### Nepean Sportsplex – 613-580-2424 ext. 29283

6-8 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 25-29	\$185	<a href="#">1031386</a>
Aug 15-19	\$185	<a href="#">1031399</a>
Aug 22-26	\$185	<a href="#">1031400</a>
9-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$185	<a href="#">1031372</a>
Jul 11-15	\$192.25	<a href="#">1031377</a>
Aug 8-12	\$185	<a href="#">1031394</a>

## Sandy Hill – 613-580-2424 ext. 29283

6-8 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$121.50	<a href="#">1031309</a>
Jul 11-15	\$121.50	<a href="#">1031318</a>
Aug 2-5	\$97.25	<a href="#">1031340</a>
Aug 8-12	\$121.50	<a href="#">1031344</a>
9-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 18-22	\$121.50	<a href="#">1031328</a>
Jul 25-29	\$121.50	<a href="#">1031332</a>
Aug 15-19	\$121.50	<a href="#">1031347</a>
Aug 22-26	\$121.50	<a href="#">1031352</a>

## Shared Care East

As part of our regular day camp program, children with special needs are integrated into camp at 1 to 2 staff to child ratio. If your child has special needs and you are interested in our shared care program, please contact the Special Needs Program Clerk at **580-2424 ext. 29283** to book intake assessment. Please note that a child can only be registered for up to three weeks of this camp program and all children need to be assessed prior to the start of the program. If space and resources exist families may access additional weeks in excess of 3 week maximum at a cost of \$40 per week.

## Cyrville – 613-580-2424 ext. 29283

6-9 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 18-22	\$165	<a href="#">1030437</a>
Jul 25-29	\$165	<a href="#">1030440</a>
Aug 15-19	\$165	<a href="#">1030463</a>
Aug 22-26	\$165	<a href="#">1030466</a>
10-13 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$165	<a href="#">1030422</a>
Jul 11-15	\$165	<a href="#">1030431</a>
Aug 2-5	\$132	<a href="#">1030453</a>
Aug 8-12	\$165	<a href="#">1030457</a>

## Overbrook – 613-580-2424 ext. 29283

6-9 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$122	<a href="#">1032865</a>
Jul 11-15	\$122	<a href="#">1032866</a>
Aug 2-5	\$98	<a href="#">1032869</a>
Aug 8-12	\$122	<a href="#">1032870</a>
10-13 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 18-22	\$122	<a href="#">1032867</a>
Jul 25-29	\$122	<a href="#">1032868</a>
Aug 15-19	\$122	<a href="#">1032871</a>
Aug 22-26	\$122	<a href="#">1032872</a>

## Ray Friel – 613-580-2424 ext. 29283

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$165.75	<a href="#">1030562</a>
Jul 11-15	\$165.75	<a href="#">1030573</a>
Jul 18-22	\$165.75	<a href="#">1030575</a>
Jul 25-29	\$165.75	<a href="#">1030576</a>
Aug 2-5	\$132.75	<a href="#">1030580</a>
Aug 8-12	\$165.75	<a href="#">1030583</a>
Aug 15-19	\$165.75	<a href="#">1030584</a>
Aug 22-26	\$165.75	<a href="#">1030586</a>

## St-Laurent Complex – 613-580-2424 ext. 29283

6-8 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 18-22	\$185	<a href="#">1030528</a>
Jul 25-29	\$185	<a href="#">1030537</a>
Aug 15-19	\$185	<a href="#">1030542</a>
Aug 22-26	\$185	<a href="#">1030545</a>

## Shared Care South

As part of our regular day camp program, children with special needs are integrated into camp at 1 to 2 staff to child ratio. If your child has special needs and you are interested in our shared care program, please contact the Special Needs Program Clerk at **580-2424 ext. 29283** to book intake assessment. Please note that a child can only be registered for up to three weeks of this camp program and all children need to be assessed prior to the start of the program. If space and resources exist families may access additional weeks in excess of 3 week maximum at a cost of \$40 per week.

## Greely – 613-580-2424 ext. 29283

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$165	<a href="#">1030773</a>
Jul 11-15	\$165	<a href="#">1030776</a>
Jul 18-22	\$165	<a href="#">1030778</a>
Jul 25-29	\$165	<a href="#">1030781</a>
Aug 2-5	\$132	<a href="#">1030784</a>
Aug 8-12	\$165	<a href="#">1030785</a>
Aug 15-19	\$165	<a href="#">1030790</a>
Aug 22-26	\$165	<a href="#">1030793</a>

## Greenboro – 613-580-2424 ext. 29283

6-7 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$165	<a href="#">1030626</a>
Jul 11-15	\$165	<a href="#">1030628</a>
Jul 18-22	\$165	<a href="#">1030630</a>
Jul 25-29	\$165	<a href="#">1030634</a>
Aug 2-5	\$132	<a href="#">1030641</a>
Aug 8-12	\$165	<a href="#">1030647</a>
Aug 15-19	\$165	<a href="#">1030648</a>
Aug 22-26	\$165	<a href="#">1030650</a>
8-10 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$165	<a href="#">1030655</a>
Jul 11-15	\$165	<a href="#">1030657</a>
Jul 18-22	\$165	<a href="#">1030659</a>
Jul 25-29	\$165	<a href="#">1030660</a>
Aug 2-5	\$132	<a href="#">1030665</a>
Aug 8-12	\$165	<a href="#">1030668</a>
Aug 15-19	\$165	<a href="#">1030670</a>
Aug 22-26	\$165	<a href="#">1030672</a>

## Minto-Barrhaven – 613-580-2424 ext. 29283

6-8 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 18-22	\$185	<a href="#">1030715</a>
Jul 25-29	\$185	<a href="#">1030720</a>
Aug 15-19	\$185	<a href="#">1030755</a>
Aug 22-26	\$185	<a href="#">1030760</a>
9-12 years	Mon.-Fri.	8:30 am-4:30 pm
Aug 2-5	\$148	<a href="#">1030735</a>
Aug 8-12	\$185	<a href="#">1030739</a>

## Walter Baker – 613-580-2424 ext. 29283

6-8 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$185	<a href="#">1030806</a>
Jul 11-15	\$185	<a href="#">1030810</a>
Aug 2-5	\$148	<a href="#">1030822</a>
Aug 8-12	\$185	<a href="#">1030824</a>
8-13 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 18-22	\$185	<a href="#">1030813</a>
Jul 25-29	\$185	<a href="#">1030816</a>
Aug 15-19	\$185	<a href="#">1030825</a>
Aug 22-26	\$185	<a href="#">1030830</a>

## Shared Care West

As part of our regular day camp program, children with special needs are integrated into camp at 1 to 2 staff to child ratio. If your child has special needs and you are interested in our shared care program, please contact the Special Needs Program Clerk at **580-2424 ext. 29283** to book intake assessment. Please note that a child can only be registered for up to three weeks of this camp program and all children need to be assessed prior to the start of the program. If space and resources exist families may access additional weeks in excess of 3 week maximum at a cost of \$40 per week.

## Bridlewood – 613-580-2424 ext. 29283

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$152.25	<a href="#">1031009</a>
Jul 11-15	\$152.25	<a href="#">1031015</a>
Jul 18-22	\$152.25	<a href="#">1031023</a>
Jul 25-29	\$152.25	<a href="#">1031026</a>
Aug 2-5	\$122	<a href="#">1031037</a>
Aug 8-12	\$152.25	<a href="#">1031042</a>
Aug 15-19	\$152.25	<a href="#">1031046</a>
Aug 22-26	\$152.25	<a href="#">1031049</a>

## Glen Cairn – 613-580-2424 ext. 29283

8-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$185	<a href="#">1031106</a>
Jul 11-15	\$185	<a href="#">1031110</a>
Jul 18-22	\$185	<a href="#">1031113</a>
Jul 25-29	\$185	<a href="#">1031114</a>
Aug 2-5	\$148	<a href="#">1031122</a>
Aug 8-12	\$185	<a href="#">1031126</a>
Aug 15-19	\$185	<a href="#">1031127</a>

## Kanata Recreation – 613-580-2424 ext. 29283

6-8 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 11-15	\$150.50	<a href="#">1031194</a>
Jul 18-22	\$165	<a href="#">1031198</a>
Aug 2-8	\$140	<a href="#">1031211</a>
Aug 15-19	\$165	<a href="#">1031219</a>
8-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jul 4-8	\$225.75	<a href="#">1031169</a>
Jul 25-29	\$165	<a href="#">1031204</a>
Aug 8-12	\$225.75	<a href="#">1031216</a>
Aug 22-26	\$165	<a href="#">1031226</a>

## Spirit Summer Camp

This is a therapeutic recreation program for medically fragile/technologically dependent children.

**Bob MacQuarrie-Orléans – 613-580-2424 ext. 29283**

7-18 years Mon.-Fri. 9 am-4 pm  
Aug 8-12 \$50

**Walter Baker – 613-580-2424 ext. 29283**

7-18 years Mon.-Fri. 9 am-4 pm  
Aug 15-19 \$50  
Aug 22-26 \$50

## Rock, Rattle and Roll

For children with a physical disability who require nursing care or a support staff. Small ratios will encourage participants to get involved in a ton of fun! All children need to be assessed prior to the start of the program. Please call the Special Need Program Clerk at 613-580-2424, 29283.

**Jack Purcell – 613-580-2424 ext. 29283**

7-15 years Mon.-Fri. 8:30 am-4:30 pm  
Jul 4-8 \$227 [1030044](#)  
Jul 11-15 \$227 [1030049](#)  
Jul 18-22 \$227 [1030051](#)

**Ron Kolbus Lakeside – 613-580-2424 ext. 29283**

16-35 years Mon.-Fri. 9:30 am-5:30 pm  
Jul 4-8 \$227 [1030026](#)  
Jul 11-15 \$227 [1030028](#)  
Jul 18-22 \$227 [1030030](#)  
Jul 25-29 \$227 [1030033](#)

## SNAP Summer Camp

Therapeutic recreation camp for children and youth with Autism ages 8-12 yrs. Participants must be able to function in a 1:3 staff to client ratio. This program involves a swim component, snack time and specifically chosen recreation activities to build on communication, socialization and gross motor skills. All children need to be assessed prior to the start of the program. Please call the Special Need Program Clerk at 613-580-2424, 29283.

**Richcraft-Kanata – 613-580-2424 ext. 29283**

8-12 years Mon.-Fri. 8:30 am-4:30 pm  
Jul 18-22 \$273.25 [1030191](#)  
Jul 25-29 \$273.25 [1030197](#)

## Summer Success

Therapeutic recreation camp for children between the ages of 8-12 with ADD/ADHD, learning disabilities and behavioural difficulties. The camp provides a positive, supportive and fun atmosphere to build appropriate social skills and self esteem. Participants must be able to function in a 1:4 ratio. All children need to be assessed prior to the start of the program. Please call the Special Need Program Clerk at 613-580-2424, 29283.

**McNabb – 613-580-2424 ext. 29283**

8-12 years Mon.-Fri. 8:30 am-4:30 pm  
Aug 2-5 \$166.75 [1030241](#)  
Aug 8-12 \$207.25 [1030247](#)  
Aug 15-19 \$207.25 [1030249](#)  
Aug 22-26 \$207.25 [1030252](#)

## Youth and Adult

No camps on July 1 and August 1.

Pre and Post care options may be available: contact your recreation facility for more information.

Some camps offer single day registration.

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

## Camp Social

Social/recreation camp for independent adults with developmental disabilities. Games, dancing, art, and outdoor activities. One outing and a special guest.

**Carleton Heights – 613-226-2208**

19-50 years Mon.-Fri. 9 am-3 pm  
Jul 4-8 \$219.25 [1025838](#)  
Jul 11-15 \$219.25 [1025839](#)  
Aug 8-12 \$219.25 [1025840](#)  
Aug 15-19 \$219.25 [1025841](#)

## Experience/Adventures Camp

Social/Recreation program for youth and young adults with disabilities.

**Hintonburg – 613-798-8874**

15-35 years Mon.-Fri. 10 am-3 pm  
Jul 4-8 \$139 [1014506](#)  
Jul 11-15 \$139 [1014507](#)  
Jul 18-22 \$139 [1014508](#)  
Jul 25-29 \$139 [1014509](#)  
Aug 2-5 \$125 [1014510](#)  
Aug 8-12 \$139 [1014512](#)  
Aug 15-19 \$139 [1014515](#)  
Aug 22-26 \$139 [1014516](#)

## Hintonburg's Youth Experience Pre/PostCare

Youth must be mobile for this pre and post care service. Pick-up and drop-off will be at Hintonburg Community Centre. For the out trips, bussing will be with O.C. Transpo accompanied by program staff. Youth may need to provide their own bus tickets.

**Hintonburg – 613-798-8874**

15-35 years Mon.-Fri. 9-10 am  
Jul 4-8 \$41 [1014526](#)  
Jul 11-15 \$41 [1014527](#)  
Jul 18-22 \$41 [1014529](#)  
Jul 25-29 \$41 [1014531](#)  
Aug 2-5 \$32.75 [1014532](#)  
Aug 8-12 \$41 [1014534](#)  
Aug 15-19 \$41 [1014535](#)  
Aug 22-26 \$41 [1014537](#)

## Teen SNAP Summer Camp

Therapeutic recreation camp for teen's who have a diagnosis on the Autism spectrum. Participants must be able to function within a 1:4 staff to participant ratio. Designed to help participants improve social, communication and recreation skills along with physical fitness, healthy living and self-confidence. All children need to be assessed prior to the start of the program. Please call the Special Need Program Clerk at 613-580-2424, 29283.

**St. Patrick School – 613-580-2424 ext. 29283**

68 Larkin  
13-18 years Mon.-Fri. 8:30 am-4:30 pm  
Aug 2-5 \$214.25 [1030172](#)  
Aug 8-12 \$267.75 [1030165](#)

## Summer in the City

A summer day program for adults with multiple physical disabilities. The program includes outings within the city and a weekly bus trip to outlying areas.

**Jack Purcell – 613-564-1050**

35+ years Mon.-Fri. 10 am-3 pm  
Jul 25-29 \$136.25 [1007530](#)  
Aug 2-5 \$109 [1007531](#)  
Aug 8-12 \$136.25 [1007532](#)  
Aug 15-19 \$136.25 [1007533](#)  
35+ years Thu. 9 am-4 pm  
Jul 28 \$35 [1007534](#)  
Aug 4 \$35 [1007535](#)  
Aug 11 \$35 [1007536](#)  
Aug 18 \$35 [1007537](#)

## Summer Sizzler Summer Camp

This is an interactive recreation program for individuals with developmental disabilities where participants will be encouraged to plan a variety of activities from sports, games, cooking and crafts that they wish to participate in. An assessment is required prior to the start of camp. Please call the Special Need Program Clerk at 613-580-2424, 29283.

**Cairine Wilson School – 613-580-2424 ext. 29283**

975 Orléans  
18-35 years Mon.-Fri. 9 am-4 pm  
Jul 4-8 \$193.25 [1030072](#)  
Jul 11-15 \$193.25 [1030079](#)  
Jul 18-22 \$193.25 [1030080](#)  
Jul 25-29 \$193.25 [1030083](#)  
Aug 2-5 \$154.50 [1030093](#)  
Aug 8-12 \$193.25 [1030096](#)  
Aug 15-19 \$193.25 [1030098](#)

**Routhier – 613-580-2424 ext. 29283**

19-64 years Mon.-Fri. 8:30 am-2:30 pm  
Aug 8-12 \$165.50 [1030137](#)  
Aug 15-19 \$165.50 [1030143](#)

**Walter Baker – 613-580-2424 ext. 29283**

18-35 years Mon.-Fri. 9 am-3 pm  
Aug 2-5 \$132.25 [1030108](#)  
Aug 8-12 \$165.50 [1030131](#)