



Classes and Activities for Preschool Recreation eGuide Fall 2017 and Winter 2018

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Arts Centres

The City of Ottawa's Arts Centres are destinations for specialty arts programming in arts-specific studios offering the added benefit of specialised facilities and environment. The Nepean Visual Arts, the Nepean Creative Arts and Shenkman Arts Centres, offer specialty arts classes taught by accomplished artists – painters, actors, filmmakers, writers, photographers, musicians – in custom studio spaces for participants of all levels of ability. From preschool to adult, students experience a diversity of arts instruction in a creative and dynamic environment

[Nepean Visual Arts Centre](#)

613-580-2828

1701 Woodroffe Avenue
(Entrance 3, Nepean Sportsplex)



[Nepean Creative Arts Centre](#)

613-596-5783

35 Stafford Road, Bells Corners



[Shenkman Arts Centre](#)

613-580-2787

245 Centrum Boulevard, Orléans



What do arts centres offer preschoolers?

- High quality instruction in studios equipped for arts
- Dance on sprung floors, with barres and floor-to-ceiling mirrors
- Make beautiful music in soundproofed studios
- Create art with an artist

Learn life time art skills here.
Destination: arts experience.

Performing Arts

Schedules and fees may be subject to change.
Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Dance

Ballet Jazz

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Shenkman Arts

3-4 years	Sun.	10-10:45 am
Sep 24-Nov 26	\$53.25	1109819
Jan 14-Mar 11	\$53.25	1111726
4-5 years	Sun.	10:45-11:30 am
Sep 24-Nov 26	\$53.25	1109820
Jan 14-Mar 11	\$53.25	1111727

Bollyoga – Parent and Tot

Immerse yourself in joyful movements and Bollywood beats alongside your little one. Develop coordination, balance and rhythm together through simple choreographed Bollywood steps, combined with basic yoga postures.

Shenkman Arts

1 month-2 years	Sat.	9-9:45 am
Sep 23-Nov 25	\$59.50	1109744
Jan 13-Mar 10	\$59.50	1111649

Creative Movement – Parent and Tot

For our youngest students, this provides a fun, casual approach to practicing basic and fine motor skills, and a cooperative introduction to the elements of dance and space.

Nepean Creative Arts

18 months-3 years	Wed.	10-10:45 am
Sep 20-Nov 8	\$33.75	1106816
Jan 10-Feb 28	\$33.75	1106824
18 months-3 years	Sat.	11:15 am-noon
Sep 16-Nov 11	\$33.75	1106798
Jan 13-Mar 3	\$33.75	1106811

Shenkman Arts

2-3 years	Sun.	9:30-10 am
Sep 24-Nov 26	\$22.50	1109818
Jan 14-Mar 11	\$22.50	1111725

Dancing Barefoot

An organic approach to movement and dance that honours the child's unique creative process and natural relationship to music and dance. Self-expression through stories, moods and feelings, the seasons, lots of imaginative play and a little bit of magic.

Nepean Creative Arts

2-5 years	Fri.	9:45-10:35 am
Sep 22-Nov 3	\$57.75	1106786
Jan 19-Mar 2	\$57.75	1106790

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Nepean Creative Arts

3-5 years	Sat.	9-9:45 am
Sep 16-Nov 18	\$60	1106839
Jan 13-Mar 10	\$60	1106848

Shenkman Arts

3-4 years	Sat.	11-11:45 am
Sep 23-Nov 25	\$53.25	1109756
Jan 13-Mar 10	\$53.25	1111653
3-5 years	Tue.	10:30-11:15 am
Sep 19-Nov 7	\$53.25	1103402
Jan 9-Feb 27	\$53.25	1111617
4-5 years	Sat.	11:45 am-12:30 pm
Sep 23-Nov 25	\$53.25	1109763
Jan 13-Mar 10	\$53.25	1111655



Arts in Your Neighbourhood

Performing Arts

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Dance

Ballet – Level 1

Introduce your little one to the world of creative movement. Simple exercises are structured to develop balance and coordination, while preschoolers learn the different movements and ballet basics.

Bob MacQuarrie-Orléans – 613-580-9600

3-5 years	Tue.	5:45-6:30 pm
Sep 26-Nov 28	\$66.75	1114651
Jan 16-Mar 6	\$53.25	1117690
3-5 years	Sat.	1-1:45 pm
Sep 30-Dec 9	\$66.75	1114591
Jan 13-Mar 10	\$53.25	1117370

Carp Memorial Hall – 613-580-9696

4-6 years	Sun.	10:15-10:45 am
Sep 24-Dec 3	\$44.50	1104576
Jan 21-Mar 4	\$26.75	1104577

Chapman Mills – 613-822-7887

3-5 years	Fri.	4:30-5 pm
Sep 15-Dec 1	\$53.25	1119593
Jan 12-Mar 2	\$35.50	1123431
3-5 years	Fri.	5-5:30 pm
Sep 15-Dec 1	\$53.25	1119600
Jan 12-Mar 2	\$35.50	1123432
3-5 years	Fri.	5:30-6 pm
Sep 15-Dec 1	\$53.25	1119604
Jan 12-Mar 2	\$35.50	1123433

Fisher Park – 613-798-8945

3-5 years	Sat.	9:45-10:30 am
Sep 23-Dec 2	\$66.75	1104477
Jan 13-Mar 10	\$53.25	1104509

François Dupuis – 613-580-8080

3-5 years	Sun.	10:45-11:30 am
Sep 17-Dec 10	\$80	1123919
Jan 14-Mar 11	\$60	1124775
3-5 years	Sun.	11:30 am-12:15 pm
Sep 17-Dec 10	\$80	1123922
Jan 14-Mar 11	\$60	1124776
3-5 years	Sat.	11:30 am-12:15 pm
Sep 16-Dec 9	\$80	1123956
Jan 13-Mar 10	\$60	1124765
3-5 years	Sat.	12:15-1 pm
Sep 16-Dec 9	\$80	1123958
Jan 13-Mar 10	\$60	1124774

Greely – 613-580-2424 ext. 30235

3-5 years	Thu.	5:30-6:15 pm
Sep 28-Nov 16	\$53.25	1117709
Jan 18-Mar 8	\$53.25	1123760

Heron – 613-247-4808

3-5 years	Wed.	5-5:45 pm
Sep 27-Nov 29	\$66.75	1115331
Jan 17-Mar 7	\$53.25	1116066

Hintonburg – 613-798-8874

3-4 years	Thu.	6:15-7 pm
Oct 5-Dec 7	\$66.75	1117620
Jan 18-Mar 8	\$53.25	1117627

Hunt Club-Riverside Park – 613-260-1299

3-4 years	Sat.	9-9:45 am
Sep 23-Dec 16	\$80	1107523
Jan 13-Mar 10	\$60	1115911
3-5 years	Mon.	6-6:45 pm
Sep 18-Dec 11	\$80	1106106
Jan 8-Mar 5	\$53.25	1114757
4-5 years	Sat.	10-10:45 am
Sep 23-Dec 16	\$80	1107526
Jan 13-Mar 10	\$60	1115915
5-6 years	Sat.	11-11:45 am
Jan 13-Mar 10	\$60	1115927

McNabb – 613-564-1070

18 months-3 years	Fri.	10-11 am
Sep 29-Dec 15	\$106.50	1113790
Jan 12-Mar 9	\$80	1123612
3-5 years	Tue.	5-6 pm
Sep 26-Dec 12	\$106.50	1113787
Jan 9-Mar 6	\$80	1123611

3-5 years	Fri.	11 am-noon
Sep 29-Dec 15	\$106.50	1113792
Jan 12-Mar 9	\$80	1123613
3-5 years	Sat.	10-11 am
Sep 30-Dec 16	\$106.50	1113795
Jan 13-Mar 10	\$80	1123614

Michele Heights – 613-828-5100

3-7 years	Sat.	9-9:45 am
Sep 9-Jun 9	\$199.75	1124213
Sep 9-Dec 9	\$86.75	1124904

Nepean Sportsplex – 613-580-2828

4-5 years	Thu.	5:30-6:15 pm
Sep 21-Dec 7	\$80	1110276
Jan 11-Mar 8	\$60	1121460
4-5 years	Sat.	1:45-2:30 pm
Sep 16-Dec 9	\$73.25	1110282
Jan 6-Mar 3	\$53.25	1121462

Pat Clark (Cyrville) – 613-748-1771

3-5 years	Mon.	5:30-6:15 pm
Sep 18-Nov 27	\$66.75	1102870
Jan 8-Mar 5	\$53.25	1103120
4-6 years	Thu.	6:15-7 pm
Sep 21-Nov 23	\$66.75	1102867
Jan 11-Mar 8	\$60	1103112

Pincrest – 613-828-3118

3-4 years	Sun.	11:30 am-noon
Jan 14-Mar 11	\$40	1119692
3-4 years	Sun.	11:30 am-noon
Oct 1-Dec 17	\$49	1117034
3-4 years	Tue.	6-6:30 pm
Sep 26-Dec 12	\$53.25	1117025
Jan 9-Mar 6	\$40	1119683
3-4 years	Tue.	6:30-7 pm
Sep 19-Dec 5	\$53.25	1117027
Jan 9-Mar 6	\$40	1119687

Plant – 613-232-3000

4-6 years	Mon.	6:05-6:50 pm
Sep 18-Dec 11	\$80	1119742
Jan 8-Mar 5	\$53.25	1124230
4-6 years	Wed.	6:10-6:55 pm
Sep 20-Dec 13	\$86.75	1120496
Jan 10-Mar 7	\$60	1124769

Ray Friel – 613-580-4765

2-3 years	Sat.	8:30-9 am
Sep 16-Nov 4	\$35.50	1123758
Nov 18-Dec 16	\$22.25	1123768
Jan 13-Mar 10	\$35.50	1123954

Music

Kindermusik® Adventures

Using an integrated approach with music, movement, storytelling, imaginative play, drama, and art. Adventures stimulates imagination, spontaneity, creativity, curiosity, and a love of music. Material fee of \$40-\$50 payable to the instructor based on unit.

Shenkman Arts

1-18 months	Wed.	10:35-11:20 am
Feb 7-Mar 7	\$45	1121172

Kindermusik® Our Time

Toddlers and adults explore music through instruments, creative movement, and singing. Activities stimulate language development, social skills, confidence, curiosity, and self-control. Materials fees: \$70

Shenkman Arts

18-36 months	Wed.	9:30-10:15 am
Sep 27-Dec 6	\$132	1103406
Jan 10-Mar 7	\$90	1111630

Kindermusik® Village

Babies and adults explore vocal play, singing, dancing, instruments, props and socializing. Discover new ways to interact with your baby and stimulate brain development. \$48 materials fee payable to the instructor.

Shenkman Arts

1-18 months	Wed.	10:35-11:20 am
Sep 27-Nov 8	\$84	1103399
Nov 22-Jan 3	\$84	1103405

Rideauview – 613-822-7887

Sep 14-Nov 30	\$53.25	1120743
30 months-3 years	Sat.	9-9:30 am
3-5 years	Thu.	5:45-6:15 pm
Sep 14-Nov 30	\$53.25	1120734
Jan 11-Mar 8	\$40	1123514
3-5 years	Thu.	6:15-6:45 pm
Sep 14-Nov 30	\$53.25	1120738
3-5 years	Thu.	6:45-7:15 pm
Sep 16-Dec 16	\$53.25	1119946
Jan 13-Mar 3	\$31.25	1123494
3-5 years	Sat.	9:30-10 am
Sep 16-Dec 16	\$53.25	1119968
3-5 years	Thu.	6:15-6:45 pm
Jan 11-Mar 8	\$40	1123515
3-5 years	Thu.	6:45-7:15 pm
Jan 11-Mar 8	\$40	1123516
3-5 years	Sat.	9:30-10 am
Jan 13-Mar 3	\$31.25	1123497
3-5 years	Sat.	10-10:30 am
Sep 16-Dec 16	\$53.25	1119986
Jan 13-Mar 3	\$31.25	1123498
3-5 years	Sat.	10:30-11 am
Sep 16-Dec 16	\$53.25	1119993
Jan 13-Mar 3	\$31.25	1123499
3-5 years	Sat.	11-11:30 am
Sep 16-Dec 16	\$53.25	1120594
Jan 13-Mar 3	\$31.25	1123501

Sandy Hill – 613-564-1062

3-5 years	Sat.	10-10:45 am
Sep 16-Nov 25	\$66.75	1104093
Jan 13-Mar 10	\$60	1104268
3-5 years	Sat.	10:45-11:30 am
Sep 16-Nov 25	\$66.75	1104110
Jan 13-Mar 10	\$60	1104270

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Nepean Sportsplex – 613-580-2828

3-4 years	Sun.	9-9:30 am
Sep 17-Dec 10	\$49	1110301
Jan 7-Mar 4	\$35.50	1121463
3-4 years	Sun.	9:30-10:15 am
Sep 17-Dec 10	\$73.25	1110308
Jan 7-Mar 4	\$53.25	1121464

St-Laurent – 613-742-6767

3-5 years	Sat.	12:15-1 pm
Oct 14-Dec 2	\$53.25	1123027
Jan 13-Mar 3	\$53.25	1123048
3-5 years	Sun.	10:15-11 am
Oct 15-Dec 3	\$53.25	1123030
Jan 14-Mar 4	\$53.25	1123050

Creative Movement – Parents and Tot

For our youngest students, this provides a fun, casual approach to practicing basic and fine motor skills, and a cooperative introduction to the elements of dance and space.

Chapman Mills – 613-822-7887

18 months-3 years	Tue.	5-5:30 pm
Sep 19-Dec 5	\$33.75	1119686
Jan 16-Mar 6	\$22.50	1123463

Eva James – 613-271-0712

18 months-3 years	Sat.	9-9:30 am
Sep 23-Dec 16	\$33.75	1121366
Jan 13-Mar 10	\$22.50	1121367

Fisher Park – 613-798-8945

1-3 years	Sat.	9-9:45 am
Sep 23-Dec 2	\$42.25	1104472
Jan 13-Mar 10	\$33.75	1107505

Creative Movement

A fun, casual approach to practicing basic and fine motor skills, in this introduction to the elements of movement to music.

Alexander – 613-798-8978

2-4 years	Sat.	9:30-10:15 am
Sep 30-Nov 18	\$60	1120564
Jan 20-Mar 10	\$60	1120581

Eva James – 613-271-0712

2-3 years	Sat.	9:35-10:05 am
Sep 23-Dec 16	\$45	1121369
Jan 13-Mar 10	\$30	1121372

Minto-Barrhaven – 613-727-2683

3-5 years	Sun.	11:30 am-12:15 pm
Sep 17-Dec 10	\$67.50	1121255

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Chapman Mills – 613-822-7887

3-5 years	Tue.	5:30-6 pm
Sep 19-Dec 5	\$53.25	1119699
Jan 16-Mar 6	\$35.50	1123469
3-5 years	Tue.	6-6:30 pm
Sep 19-Dec 5	\$53.25	1119701
Jan 16-Mar 6	\$35.50	1123470

François Dupuis – 613-580-8080

3-5 years	Sun.	1:15-2 pm
Sep 17-Dec 10	\$80	1123941
Jan 14-Mar 11	\$60	1124809
3-5 years	Sun.	2-2:45 pm
Sep 17-Dec 10	\$80	1123946
Jan 14-Mar 11	\$60	1124811
3-5 years	Sun.	2:45-3:30 pm
Sep 17-Dec 10	\$80	1123949
Jan 14-Mar 11	\$60	1124815

Heron – 613-247-4808

3-5 years	Sat.	9:30-10:15 am
Sep 23-Dec 2	\$66.75	1104615
Jan 13-Mar 10	\$53.25	1104619

Hunt Club-Riverside Park – 613-260-1299

3-4 years	Sun.	10:15-11 am
Sep 24-Dec 17	\$80	1107292
Jan 14-Mar 11	\$60	1115599
4-5 years	Sun.	11:15 am-noon
Sep 24-Dec 17	\$80	1107303
Jan 14-Mar 11	\$60	1115610

Kanata Recreation – 613-580-2570

3-5 years	Sun.	9-9:45 am
Oct 1-Dec 10	\$66.75	1117816
Jan 14-Mar 11	\$53.25	1121578
3-5 years	Sun.	9:50-10:35 am
Oct 1-Dec 10	\$66.75	1117845
Jan 14-Mar 11	\$53.25	1121581

Walter Baker – 613-580-2788

3-5 years	Sat.	5-5:10 am
Sep 16-Dec 16	\$86.75	1100537
Jan 13-Mar 3	\$53.25	1100538

Hip Hop – Parent and Tot

Parents join their little dancer for a good cardio workout to funky, upbeat tunes. Hip Hop is easy to learn in this energetic dance class.

François Dupuis – 613-580-8080

18 months-3 years	Sat.	10-10:30 am
Sep 16-Dec 9	\$59.50	1123836
Jan 13-Mar 10	\$44.50	1124752

Minto-Barrhaven – 613-727-2683

18 months-3 years	Fri.	4:15-4:45 pm
Sep 22-Dec 8	\$59.50	1121184
Jan 19-Mar 9	\$39.75	1122850

Nepean Sportsplex – 613-580-2828

18 months-3 years	Sat.	10:30-11 am
Sep 16-Dec 9	\$54.50	1110392
Jan 6-Mar 3	\$39.75	1121494

Hip Hop – Level 1

Hip hop, with its roots in urban dance, gets you moving to funky, up-beat tunes. Work on strength, flexibility and musicality through intricate and fast paced choreography. Create dynamic, stylish moves just like in the latest music videos.

Aquaview – 613-580-2782

3-5 years	Tue.	5:45-6:30 pm
Sep 26-Dec 5	\$74.25	1106912
Jan 16-Mar 6	\$59.50	1106950

Kanata Recreation – 613-580-2570

3-5 years	Sun.	10:40-11:25 am
Oct 1-Dec 10	\$74.25	1117867
Jan 14-Mar 11	\$59.50	1121590
3-5 years	Sun.	11:30 am-12:15 pm
Oct 1-Dec 10	\$74.25	1117889
Jan 14-Mar 11	\$59.50	1121649

McNabb – 613-564-1070

3-5 years	Thu.	5-6 pm
Sep 28-Dec 14	\$107.75	1113718
Jan 11-Mar 8	\$81	1123609

Metcalfe – 613-580-2424 ext. 30235

4-6 years	Sat.	10:40-11:25 am
Oct 14-Dec 9	\$52	1117918
Jan 27-Mar 10	\$44.50	1117952

Minto-Barrhaven – 613-727-2683

4-5 years	Fri.	4:45-5:30 pm
Sep 22-Dec 8	\$88	1121196
Jan 19-Mar 9	\$58.75	1122868

Nepean Sportsplex – 613-580-2828

3-4 years	Sat.	11-11:30 am
Sep 16-Dec 9	\$54.50	1110358
Jan 6-Mar 3	\$39.75	1121475
3-5 years	Mon.	5:30-6 pm
Sep 18-Dec 11	\$59.50	1110374
Jan 8-Mar 5	\$39.75	1121485
4-5 years	Sat.	11:30 am-12:15 pm
Sep 16-Dec 9	\$81.50	1110364
Jan 6-Mar 3	\$59.50	1121478

Pat Clark (Cyrville) – 613-748-1771

3-5 years	Thu.	5:30-6:15 pm
Sep 21-Nov 23	\$74.25	1103037
Jan 11-Mar 8	\$66.75	1117849

Ron Kolbus Lakeside – 613-828-4313

3-5 years	Tue.	6-7 pm
Oct 3-Dec 5	\$79.25	1128660
Jan 16-Mar 6	\$79.25	1128661

St-Laurent – 613-742-6767

3-5 years	Sun.	9:30-10:15 am
Oct 15-Dec 3	\$59.50	1123059
Jan 14-Mar 4	\$59.50	1123065

Jazz – Level 1

Music, movement, and the basics of jazz dance. Exercises are structured to develop strength, balance, flexibility and coordination. Expand your creative scope and gain confidence.

Michele Heights – 613-828-5100

3-6 years	Sat.	9:45-10:30 am
Sep 9-Jun 9	\$199.75	1124249
Sep 9-Dec 9	\$86.75	1124945

Tap – Level 1

Learn the basics of tap dance through intricate dance combinations, expressive footwork and some simple choreography, with an emphasis on rhythm and clarity of step.

Michele Heights – 613-828-5100

3-7 years	Sat.	10:30-11:15 am
Sep 9-Jun 9	\$203.75	1124250
Sep 9-Dec 9	\$88.50	1124947

Twinkling Toes – Parent and Me

Join your little dancer to learn creative movement through basic ballet and jazz.

Bob MacQuarrie-Orléans – 613-580-9600

18 months-3 years	Sat.	1:45-2:30 pm
Sep 30-Dec 9	\$56.25	1114604
Jan 13-Mar 10	\$45	1117668

François Dupuis – 613-580-8080

18 months-3 years	Sun.	9-9:30 am
Sep 17-Dec 10	\$45	1123900
Jan 14-Mar 11	\$33.75	1124758
18 months-3 years	Sun.	9:30-10 am
Sep 17-Dec 10	\$45	1123904
Jan 14-Mar 11	\$33.75	1124761
18 months-3 years	Sat.	9:30-10 am
Sep 16-Dec 9	\$45	1123831
Jan 13-Mar 10	\$33.75	1124756

Goulbourn – 613-580-2532

18 months-3 years	Sun.	2:45-3:15 pm
Sep 24-Dec 10	\$41.25	1119281
Jan 21-Mar 4	\$22.50	1122837

Minto-Barrhaven – 613-727-2683

18 months-3 years	Wed.	4:30-5 pm
Sep 20-Dec 6	\$45	1111599
Jan 17-Mar 7	\$30	1122241
18 months-3 years	Sat.	11:15-11:45 am
Sep 16-Dec 9	\$45	1121219
Jan 13-Mar 3	\$26.25	1122249

Nepean Sportsplex – 613-580-2828

18 months-3 years	Tue.	5:15-5:45 pm
Sep 19-Dec 5	\$45	1110425
Jan 9-Mar 6	\$33.75	1121514
18 months-3 years	Sat.	12:15-12:45 pm
Sep 16-Dec 9	\$41.25	1110432
Jan 6-Mar 3	\$30	1121517



Twinkling Toes

Through creative movement with basic ballet and jazz, develop grace and creativity while allowing your personality to flourish. Performance at the final class.

Aquaview – 613-824-0633 ext. 221

3-5 years	Wed.	5:45-6:30 pm
Sep 27-Dec 6	\$56.25	1107059
Jan 17-Mar 7	\$45	1107078

Bob MacQuarrie-Orléans – 613-580-9600

3-5 years	Sat.	2:30-3:15 pm
Sep 30-Dec 9	\$56.25	1114609
Jan 13-Mar 10	\$45	1117641

Carleton Heights – 613-226-2208

2-3 years	Sat.	9:30-10:10 am
Sep 23-Dec 2	\$50	1121583
Jan 13-Mar 3	\$35	1121599
3-4 years	Sat.	11:20 am-noon
Sep 23-Dec 2	\$50	1121585
Jan 13-Mar 3	\$35	1121601
4-6 years	Sat.	10:20-11 am
Sep 23-Dec 2	\$50	1121584
Jan 13-Mar 3	\$35	1121600

Carp Memorial Hall – 613-580-9696

2-3 years	Sun.	9-9:30 am
Sep 24-Dec 3	\$37.50	1104571
Jan 21-Mar 4	\$22.50	1104574
2-3 years	Sun.	9:40-10:10 am
Sep 24-Dec 3	\$37.50	1104573
Jan 21-Mar 4	\$22.50	1104575

Chapman Mills – 613-822-7887

3-5 years	Fri.	6-6:30 pm
Sep 15-Dec 1	\$45	1119626
Jan 12-Mar 2	\$30	1123437
3-5 years	Fri.	6:30-7 pm
Sep 15-Dec 1	\$45	1119630
Jan 12-Mar 2	\$30	1123438

Eva James – 613-271-0712

3-4 years	Sat.	10:10-10:55 am
Sep 23-Dec 16	\$67.50	1121376
Jan 13-Mar 10	\$45	1121377

Goulbourn – 613-580-2532

2-3 years	Sat.	2:15-2:45 pm
Sep 23-Dec 9	\$41.25	1119348
Jan 20-Mar 3	\$22.50	1122790
4-6 years	Sat.	2:45-3:30 pm
Sep 23-Dec 9	\$61.75	1119346
Jan 20-Mar 3	\$33.75	1122798

Kanata Recreation – 613-580-2570

3 months-5 years	Sat.	10:40-11:10 am
Sep 30-Dec 9	\$37.50	1115736
30 months-3 years	Sat.	9:30-10 am
Sep 30-Dec 9	\$37.50	1115706
Jan 13-Mar 10	\$26.25	1121471
30 months-3 years	Sat.	10:05-10:35 am
Sep 30-Dec 9	\$37.50	1115722
Jan 13-Mar 10	\$26.25	1121472
30 months-3 years	Sat.	10:40-11:10 am
Jan 13-Mar 10	\$26.25	1121474

Metcalfe – 613-580-2424 ext. 30235

2-4 years	Sat.	9:50-10:35 am
Oct 14-Dec 9	\$39.50	1117906
Jan 27-Mar 10	\$33.75	1117967

Minto-Barrhaven – 613-727-2683

4-5 years	Tue.	4-4:45 pm
Sep 19-Dec 5	\$67.50	1111537
Jan 16-Mar 6	\$45	1122063
4-5 years	Wed.	5-5:45 pm
Sep 20-Dec 6	\$67.50	1120667
Jan 17-Mar 7	\$45	1122074
4-5 years	Sat.	11:45 am-12:30 pm
Sep 16-Dec 9	\$67.50	1121222
Jan 13-Mar 3	\$39.50	1122081

Nepean Sportsplex – 613-580-2828

3-5 years	Tue.	5:45-6:15 pm
Sep 19-Dec 5	\$45	1110411
Jan 9-Mar 6	\$33.75	1121505
3-5 years	Sat.	1:15-1:45 pm
Sep 16-Dec 9	\$41.25	1110406
Jan 6-Mar 3	\$30	1121503

Pinecrest – 613-828-3118

2-3 years	Sun.	10:30-11 am
Oct 1-Dec 10	\$37.50	1116993
Jan 14-Mar 11	\$33.75	1119648
2-3 years	Sun.	11-11:30 am
Oct 1-Dec 10	\$37.50	1116996
Jan 14-Mar 11	\$33.75	1119650
2-3 years	Tue.	5-5:30 pm
Sep 26-Dec 12	\$45	1116986
Jan 9-Mar 6	\$33.75	1119639
2-3 years	Tue.	5:30-6 pm
Sep 26-Dec 12	\$45	1116987
Jan 9-Mar 6	\$33.75	1119645

Plant – 613-232-3000

2-3 years	Mon.	5:15-6 pm
Sep 18-Dec 11	\$67.50	1119724
Jan 8-Mar 5	\$45	1124228
2-3 years	Wed.	4:30-5:15 pm
Sep 20-Dec 13	\$73	1120478
Jan 10-Mar 7	\$50.75	1124626
2-3 years	Wed.	5:20-6:05 pm
Sep 20-Dec 13	\$73	1120484
Jan 10-Mar 7	\$50.75	1124627

Pretty Street – 613-580-2424 ext. 20705

4-6 years	Sat., Fri.	9-10 am
Sep 23-Dec 2	\$75	1121948
4-6 years	Sat.	9-10 am
Jan 13-Mar 10	\$67.50	1121979

Richcraft-Kanata – 613-580-9696

2-3 years	Thu.	4:30-5 pm
Sep 21-Dec 14	\$48.75	1111529
Jan 11-Mar 8	\$33.75	1120730

Richmond – 613-580-2424 ext. 20705

2-3 years	Wed.	4:30-5 pm
Sep 27-Nov 29	\$37.50	1109013
Jan 10-Mar 7	\$33.75	1109064
3-4 years	Wed.	5-6 pm
Sep 27-Nov 29	\$75	1109039
3-5 years	Wed.	5-6 pm
Jan 10-Mar 7	\$67.50	1109076

St-Laurent – 613-742-6767

3-5 years	Sat.	1-1:45 pm
Oct 14-Dec 2	\$45	1123075
Jan 20-Mar 10	\$45	1123079

Music

Kindermusik® Imagine That

Small group activities stimulate creative musical development. Explore rhythm and beat, vocal expression and basic musical concepts. Develop social skills through interaction with peers. Drama, storytelling, instrument experimentation and more! Adults participate in the last 10-15 minutes. \$75 materials fee is payable to instructor.

South Fallingbrook/ Valin – 613-824-0633 ext. 221

3-4 years	Tue.	11:20 am-12:05 pm
Oct 3-Nov 21	\$92	1113643
Jan 16-Mar 6	\$92	1113644



Kindermusik® Our Time

Toddlers and adults explore music through instruments, creative movement, and singing. Activities stimulate language development, social skills, confidence, curiosity, and self-control. Materials fees: \$70

Kanata Recreation – 613-580-2570

18 months-3 years	Fri.	9:30-10:15 am
Sep 22-Nov 10	\$94.50	1120250
18 months-3 years	Fri.	9:30-10:30 am
Jan 12-Mar 9	\$106.50	1121949
18 months-3 years	Sat.	10-10:45 am
Sep 23-Nov 18	\$94.50	1120260
18 months-3 years	Sat.	10-11 am
Jan 13-Mar 10	\$94.50	1121973
18 months-3 years	Sat.	11 am-noon
Jan 13-Mar 10	\$94.50	1121980
18 months-3 years	Sat.	11-11:45 am
Sep 23-Nov 18	\$94.50	1120280

South Fallingbrook – 613-824-0633

18 months-4 years	Tue.	10:15-11 am
Oct 3-Nov 21	\$92	1113640
Jan 16-Mar 6	\$92	1113641

Kindermusik® Village

Babies and adults explore vocal play, singing, dancing, instruments, props and socializing. Discover new ways to interact with your baby and stimulate brain development. \$48 materials fee payable to the instructor.

Kanata Recreation – 613-580-2570

1-18 months	Tue.	11-11:45 am
Sep 19-Nov 7	\$94.50	1120202
Jan 9-Mar 6	\$106.50	1121870
1-18 months	Fri.	10:30-11:15 am
Sep 22-Nov 10	\$94.50	1120218
Jan 12-Mar 9	\$106.50	1121907

Music for Young Children® – Sunrise Program

Level 1

Sing, play, and learn! Quality music education blends the pleasure and joy of music making with sound instruction. Free for siblings under 22 months. Maximum two children per adult including sibling. \$36-52 materials fee payable to instructor at first class.

Bob MacQuarrie-Orléans – 613-580-9600

2-4 years	Tue.	9:30-10:15 am
Jan 16-Mar 6	\$130.25	1118465
2-4 years	Tue.	10:30-11:15 am
Sep 26-Nov 28	\$130.25	1118313
2-4 years	Wed.	9:30-10:15 am
Sep 27-Nov 29	\$130.25	1118314
2-4 years	Fri.	10-10:45 am
Jan 12-Mar 9	\$130.25	1118500
2-4 years	Fri.	11-11:45 am
Jan 12-Mar 9	\$130.25	1118468

Chapman Mills – 613-822-7887

2-5 years	Mon.	10:15-11 am
Sep 18-Nov 27	\$133	1123570
2-5 years	Mon.	11-11:45 am
Jan 15-Mar 5	\$93.25	1123573

Hunt Club-Riverside Park – 613-260-1299

2-5 years	Sat.	9-9:45 am
Sep 23-Dec 2	\$129.75	1122423
Jan 13-Mar 10	\$104	1122471

Rideauview – 613-822-7887

2-5 years	Sat.	10:15-11 am
Sep 16-Nov 25	\$133	1123572
2-5 years	Sat.	9:30-10:15 am
Jan 13-Mar 3	\$93.25	1123574

Level 2

Children's music journey continues in this playful, pre-keyboard program with more songs, rhythm, and listening activities! Free for siblings under 22 months. Maximum two children per adult including sibling. \$36 materials fee payable to instructor at first class. Recommended prerequisite: Sunrise One

Bob MacQuarrie-Orléans – 613-580-9600

2-4 years	Wed.	10:30-11:15 am
Sep 27-Nov 29	\$130.25	1118395
2-4 years	Fri.	10-10:45 am
Sep 29-Dec 1	\$130.25	1118396
2-4 years	Tue.	10:30-11:15 am
Jan 16-Mar 6	\$130.25	1118489
2-4 years	Wed.	9:30-10:15 am
Jan 17-Mar 7	\$130.25	1118490

Chapman Mills – 613-822-7887

2-5 years	Mon.	9:30-10:15 am
Sep 18-Nov 27	\$133	1123566
2-5 years	Mon.	10:15-11 am
Jan 15-Mar 5	\$93.25	1123577

Rideauview – 613-822-7887

2-5 years	Sat.	10:15-11 am
Jan 13-Mar 3	\$93.25	1123578
2-5 years	Sat.	11-11:45 am
Sep 16-Nov 25	\$133	1123567

Level 3

Buzz the Fly and friends lead children in spring themed songs and activities with rhythm instruments, puppets, and games. Free for siblings under 22 months. Maximum two children per adult including sibling. \$36 materials fee payable to instructor at first class. Prerequisite: Sunrise 1 or Sunrise 2

Bob MacQuarrie-Orléans – 613-580-9600

2-4 years	Fri.	10-10:45 am
Jan 12-Mar 9	\$130.25	1118500
2-4 years	Wed.	10:30-11:15 am
Jan 17-Mar 7	\$130.25	1118498

Chapman Mills – 613-822-7887

2-5 years	Mon.	9:30-10:15 am
Jan 15-Mar 5	\$93.25	1123579

Rideauview – 613-822-7887

2-5 years	Sat.	11-11:45 am
Jan 13-Mar 3	\$93.25	1123580

Playgroups

Schedules and fees may be subject to change.
Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Playgroup – Parent & Me

Parents and caregivers, come with your child to enjoy playtime, songs, stories and crafts together. An opportunity to meet and visit with others in your community.

Carleton Heights – 613-226-2208

3 months-3 years	Thu.	9:30-11 am
Sep 14-Dec 14	\$84.25	1120562
Jan 11-Mar 8	\$54.25	1120568

Charlie Conacher – 613-727-2683

9 months-2 years	Fri.	9:30-11 am
Sep 29-Dec 8	\$66.25	1121236
Jan 12-Mar 9	\$54.25	1121248

Eva James – 613-271-0712

2-3 years	Thu.	9-10 am
Sep 21-Dec 14	\$52.25	1120823
Jan 11-Mar 8	\$36.25	1120839

Nepean Sportsplex – 613-580-2828

6 months-4 years	Wed.	9:30-11:30 am
Sep 20-Dec 6	\$96.25	1110504
Jan 10-Mar 7	\$72.25	1128342

Ray Friel – 613-580-4765

1-3 years	Mon.	9:30-10:30 am
Sep 11-Nov 6	\$32.25	1123737
Nov 13-Dec 18	\$24.25	1123738
Jan 8-Mar 5	\$32.25	1123927
1-3 years	Wed.	9:30-10:30 am
Sep 13-Nov 1	\$32.25	1123741
Nov 15-Dec 20	\$24.25	1123743
Jan 10-Feb 28	\$32.25	1123928

Ron Kolbus – 613-828-4313

18 months-3 years	Fri.	9:30-11:30 am
Oct 6-Dec 15	\$64.25	1111046
Jan 9-Mar 9	\$64.25	1111066

Sandy Hill – 613-564-1062

1-5 years	Wed.	9:30-11:30 am
Sep 20-Dec 6	\$96.25	1104251
Jan 17-Mar 7	\$64.25	1104524
1-5 years	Fri.	9:30-11:30 am
Sep 22-Dec 8	\$96.25	1104253
Jan 19-Mar 9	\$64.25	1104523

Splash n Play

Come with your child and enjoy playtime, swim time, stories and crafts together. An opportunity to meet others in your community.

Nepean Sportsplex – 613-580-2828

18 months-4 years	Tue.	10-11:30 am
Sep 19-Dec 5	\$75.50	1110595
Jan 9-Mar 6	\$56.75	1121446

Wiggle & Giggle Baby

Strengthen your bond with your baby while stimulating physical and cognitive development using songs, movement, and sensory toys.

Nepean Sportsplex – 613-580-2828

1-18 months	Fri.	9:30-10:30 am
Sep 22-Dec 8	\$64.25	1123646
Jan 12-Mar 9	\$48.25	1123647

Wiggle & Giggle & Move!

Play, climb, jump and run. Explore the world of crafts, music and movement along with your child. Help develop their socialization, coordination and motor skills.

Alexander – 613-798-8978

2-4 years	Sat.	10:30-11:15 am
Sep 30-Nov 18	\$42.25	1120424
Jan 20-Mar 10	\$42.25	1120431

Goulbourn – 613-580-2532

1-4 years	Sun.	10:15-11:15 am
Sep 24-Dec 10	\$77.25	1119337
Jan 21-Mar 4	\$42.25	1122811
1-4 years	Thu.	9:10-10:10 am
Sep 21-Dec 7	\$84.25	1119343
Jan 25-Mar 8	\$49.25	1122354



Hintonburg – 613-798-8874

6 months-5 years	Thu.	9:15-11:15 am
Sep 14-Dec 7	\$168.50	1117601
Jan 11-Mar 8	\$116.75	1117613

Nepean Sportsplex – 613-580-2828

18 months-4 years	Fri.	10:30-11:30 am
Sep 22-Dec 8	\$84.25	1123650
Jan 12-Mar 9	\$63.25	1123651

Pinecrest – 613-828-3118

1-4 years	Tue.	9-10 am
Sep 26-Dec 12	\$84.25	1116980
Jan 9-Mar 6	\$63.25	1119571

Richcraft-Kanata – 613-580-9696

1-4 years	Wed.	10:30-11:30 am
Sep 20-Dec 13	\$91.25	1111479
Jan 10-Mar 7	\$63.25	1120697

Walter Baker – 613-580-2788

1-3 years	Fri.	9-9:45 am
Sep 22-Dec 15	\$63.25	1102146
Jan 19-Mar 9	\$42.25	1102147
1-3 years	Sat.	9-9:45 am
Sep 16-Dec 16	\$68.50	1100539
Jan 13-Mar 3	\$42.25	1100541
3-5 years	Sat.	10:25-11:10 am
Sep 16-Dec 16	\$68.50	1100540
Jan 13-Mar 3	\$42.25	1100542

Sports

Ball Hockey – Parent and child

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities. Parent and child participate together.

Nepean Sportsplex – 613-580-2828

3-5 years	Sun.	1-2 pm
Sep 17-Dec 10	\$82.50	1119271
Jan 7-Mar 4	\$60	1119457

Rideauview – 613-822-7887

3-5 years	Sun.	3:30-4:15 pm
Sep 17-Dec 10	\$67.50	1120716
Jan 14-Mar 4	\$39.50	1123513

Ball Hockey

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Goulbourn – 613-580-2532

4-6 years	Sat.	11-11:50 am
Sep 23-Dec 9	\$68.75	1119367
Jan 20-Mar 3	\$37.50	1122639

Ray Friel – 613-580-4765

3-5 years	Sat.	11-11:45 am
Sep 16-Nov 4	\$45	1123813
Nov 18-Dec 16	\$28.25	1123815
Jan 13-Mar 10	\$45	1123969

Rideauview – 613-822-7887

4-5 years	Sun.	4:15-5 pm
Sep 17-Dec 10	\$67.50	1120653
Jan 14-Mar 4	\$39.50	1123507

Basketball

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

François Dupuis – 613-580-8080

3-5 years	Sat.	9-10 am
Sep 16-Dec 9	\$90	1123814
Jan 13-Mar 10	\$67.50	1124738

Glen Cairn – 613-580-2570

3-5 years	Mon.	5:15-6 pm
Sep 25-Dec 4	\$56.25	1106023
Jan 8-Mar 5	\$45	1120435

Heron – 613-247-4808

3-5 years	Sat.	12:30-1:15 pm
Oct 14-Dec 9	\$50.75	1104594
Jan 13-Mar 10	\$45	1104595

Kanata – 613-580-2570

3-5 years	Sat.	9-9:45 am
Sep 30-Dec 9	\$56.25	1115308
Jan 13-Mar 10	\$39.50	1121447

3-5 years Sat. 10-10:45 am

Sep 30-Dec 9 \$56.25 [1115469](#)

Jan 13-Mar 10 \$39.50 [1121456](#)

Minto –Barrhaven – 613-727-2683

4-5 years	Tue.	5-6 pm
Sep 19-Dec 5	\$90	1111568
Jan 16-Mar 6	\$60	1122125

Richcraft-Kanata – 613-580-9696

4-6 years	Mon.	4:15-5 pm
Sep 18-Dec 11	\$67.50	1111205
Jan 8-Mar 5	\$45	1120599

South Fallingbrook – 613-824-0633 ext. 221

3-5 years	Sun.	1:30-2:15 pm
Sep 24-Dec 17	\$67.50	1113679
Jan 14-Mar 11	\$45	1113681

Cheerleading

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Walter Baker – 613-580-2788

3-5 years	Mon.	5:25-5:55 pm
Sep 18-Dec 11	\$45	1100507
Jan 15-Feb 26	\$26.25	1100508

Karate – Goju Ryu

Traditional non-competitive hard/soft style. Basic techniques are taught where more complexity is added as the student progresses, fostering growth, self-discipline and respect, increasing self-confidence and coordination.

Nepean Sportsplex – 613-580-2828

4-5 years	Wed.	5:15-6 pm
Sep 20-Dec 6	\$89	1110564
Jan 10-Mar 7	\$66.75	1121375

4-5 years Sat. 9-9:45 am

Sep 16-Dec 9 \$81.50 [1110554](#)

Jan 6-Mar 3 \$59.50 [1121373](#)

4-5 years Sat. 9:45-10:30 am

Sep 16-Dec 9 \$81.50 [1110560](#)

Jan 6-Mar 3 \$59.50 [1121374](#)

Pinecrest – 613-828-3118

4-5 years	Sat.	2-2:45 pm
Sep 30-Dec 16	\$81.50	1117099
Jan 13-Mar 10	\$66.75	1119756



Martial Arts – Tae E. Lee Taekwondo

Develop discipline, confidence, focus and concentration in an exciting and positive atmosphere. No experience necessary. Offered in collaboration with Tae E. Lee Taekwondo.

Canterbury – 613-247-4869

3-5 years	Wed.	5:30-6 pm
Oct 4-Dec 20	\$92	1117345
Jan 17-Mar 7	\$61.50	1117546
3-5 years	Wed.	6-6:30 pm
Oct 4-Dec 20	\$92	1117397
Jan 17-Mar 7	\$61.50	1117553
3-5 years	Wed.	6:30-7 pm
Oct 4-Dec 20	\$92	1117411
Jan 17-Mar 7	\$61.50	1117560
3-5 years	Sat.	noon-12:30 pm
Oct 7-Dec 23	\$92	1117417
Jan 20-Mar 10	\$61.50	1117571
3-5 years	Sat.	12:30-1 pm
Oct 7-Dec 23	\$92	1117421
Jan 20-Mar 10	\$61.50	1117579

Tennis

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Heron – 613-247-4808

4-6 years	Sat.	9:30-10:15 am
Oct 14-Dec 9	\$84.25	1104543
Jan 13-Mar 3	\$75	1104551

Pinecrest – 613-828-3118

4-5 years	Sun.	10-11 am
Oct 1-Dec 17	\$137.25	1117113
Jan 14-Mar 11	\$112.25	1119764

South Fallingbrook – 613-824-0633 ext. 221

4-5 years	Sat.	9-9:45 am
Sep 23-Dec 16	\$112.25	1117827
Jan 13-Mar 10	\$75	1117853

Gymnastics

Gymnastics – Parent & Child

Basic gymnastic skills are taught through the assistance of a coach, and you, the parent. Apparatus will include a minimum of four of the following: balance beam, Floor, mini-trampoline, bars, rings, uneven bars, vault.

Bob MacQuarrie-Orléans – 613-580-9600

18 months-3 years	Sun.	11:30 am-12:15 pm
Jan 7-Mar 4	\$56.25	1117284
3-5 years	Sun.	11:30 am-12:15 pm
Oct 1-Dec 10	\$70.25	1114731

Dempsey – 613-247-4846

2-3 years	Sat.	10-10:45 am
Sep 23-Dec 2	\$70.25	1109893
2-3 years	Sun.	9-9:45 am
Sep 24-Dec 3	\$70.25	1109898

Jan 7-Mar 11 \$63.25 [1114194](#)

2-3 years Tue. 5:15-6 pm

Sep 26-Nov 28 \$70.25 [1109896](#)

Jan 9-Mar 6 \$63.25 [1114193](#)

2-3 years Sat. 9-9:45 am

Sep 23-Dec 2 \$70.25 [1109895](#)

Jan 6-Mar 10 \$63.25 [1114191](#)

2-3 years Sat. 10-10:45 am

Jan 6-Mar 10 \$63.25 [1114185](#)

Eva James – 613-271-0712

18 months-3 years	Tue.	5:15-6 pm
Oct 3-Dec 12	\$70.25	1120171
Jan 16-Mar 6	\$56.25	1120204

18 months-3 years Sat. 9-9:45 am

Oct 14-Dec 16 \$70.25 [1120185](#)

Jan 13-Mar 10 \$56.25 [1120211](#)

18 months-3 years Sat. 10:05-10:50 am

Oct 14-Dec 16 \$70.25 [1120191](#)

Jan 13-Mar 10 \$56.25 [1120222](#)

François Dupuis – 613-580-8080

18 months-3 years	Tue.	4:45-5:30 pm
Sep 19-Dec 5	\$84.25	1122128
Jan 9-Mar 6	\$63.25	1124643

18 months-3 years Thu. 4:45-5:30 pm

Sep 21-Dec 7 \$84.25 [1123088](#)

Jan 11-Mar 8 \$63.25 [1124691](#)

Jockvale School – 613-580-2424 ext. 41555
101 Malvern

2-3 years	Sat.	9:15-10 am
Sep 16-Dec 16	\$91.25	1110862
Jan 13-Mar 3	\$56.25	1110916
2-3 years	Sat.	10:25-11:10 am
Sep 16-Dec 16	\$91.25	1110866
Jan 13-Mar 3	\$56.25	1110919

McNabb – 613-564-1070

6 months-4 years	Sat.	9-9:45 am
Sep 30-Dec 16	\$84.25	1113743
Jan 13-Mar 10	\$63.25	1123596
6 months-4 years	Sat.	9:45-10:30 am
Sep 30-Dec 16	\$84.25	1113745
Jan 13-Mar 10	\$63.25	1123597
6 months-4 years	Sat.	10:30-11:15 am
Sep 30-Dec 16	\$84.25	1113747
Jan 13-Mar 10	\$63.25	1123598

Pat Clark (Cyrville) – 613-748-1771

18 months-3 years	Sun.	9-9:45 am
Sep 17-Dec 3	\$77.25	1102877
Jan 7-Mar 11	\$63.25	1103127
18 months-3 years	Tue.	6-6:45 pm
Sep 19-Dec 5	\$84.25	1102876
Jan 9-Mar 6	\$63.25	1103125

Gymnastics – Playgym

Play, climb, roll, crawl and balance on our equipment with the assistance of mommy or daddy! Non instructional creative gym activity for children to have indoor playtime with their parents!

Goulbourn – 613-580-2532

18 months-3 years	Sat.	10-10:45 am
Sep 23-Dec 9	\$58	1119359
Jan 20-Mar 3	\$31.75	1122725

McNabb – 613-564-1070

6 months-4 years	Wed.	5:30-6:30 pm
Sep 27-Dec 13	\$84.25	1113758
Jan 10-Mar 7	\$63.25	1123599
6 months-4 years	Wed.	6:30-7:30 pm
Sep 27-Dec 13	\$84.25	1113759
Jan 10-Mar 7	\$63.25	1123600
6 months-4 years	Sat.	11:30 am-12:30 pm
Sep 30-Dec 16	\$84.25	1113771
Jan 13-Mar 10	\$63.25	1123601

Minto-Barrhaven – 613-727-2683

1-4 years	Sun.	9-9:45 am
Sep 17-Dec 10	\$63.25	1120640
Jan 14-Mar 4	\$37	1122190
1-4 years	Wed.	10:30-11:15 am
Sep 20-Dec 6	\$63.25	1120626
Jan 17-Mar 7	\$42.25	1122171
1-4 years	Wed.	4-4:45 pm
Sep 20-Dec 6	\$63.25	1120631
Jan 17-Mar 7	\$42.25	1122174

Pincrest – 613-828-3118

6 months-4 years	Fri.	10-11 am
Sep 29-Dec 15	\$84.25	1117052
Jan 12-Mar 9	\$63.25	1119705

Gymnastics

Basic gymnastic skills are taught through the assistance of a coach on traditional equipment. Apparatus will/may include a minimum of four of the following: balance beam, floor, mini-trampoline, bars, rings, uneven bars, vault.

Bob MacQuarrie-Orléans – 613-580-9600

3-5 years	Sun.	10:45-11:30 am
Oct 1-Dec 10	\$70.25	1114721
Jan 7-Mar 4	\$56.25	1117277

Demsey – 613-247-4846

4-5 years	Sat.	9-9:45 am
Sep 23-Dec 2	\$70.25	1109909
Jan 6-Mar 10	\$63.25	1114199
4-5 years	Sat.	10-10:45 am
Sep 23-Dec 2	\$70.25	1109903
Jan 6-Mar 10	\$63.25	1114195
4-5 years	Sat.	11-11:45 am
Sep 23-Dec 2	\$70.25	1109906
Jan 6-Mar 10	\$63.25	1114196
4-5 years	Sun.	9-9:45 am
Sep 24-Dec 3	\$70.25	1109912
Jan 7-Mar 11	\$63.25	1114206
4-5 years	Sun.	10-10:45 am
Sep 24-Dec 3	\$70.25	1109913
Jan 7-Mar 11	\$63.25	1114203
4-5 years	Sun.	11-11:45 am
Sep 24-Dec 3	\$70.25	1109916
Jan 7-Mar 11	\$63.25	1114225
4-5 years	Tue.	5:15-6 pm
Sep 26-Nov 28	\$70.25	1109919
Jan 9-Mar 6	\$63.25	1114235

Eva James – 613-271-0712

4-5 years	Tue.	5-6 pm
Oct 3-Dec 12	\$93.75	1120239
Jan 16-Mar 6	\$75	1120305
4-5 years	Sat.	8:45-9:45 am
Oct 14-Dec 16	\$93.75	1120246
Jan 13-Mar 10	\$75	1120312
4-5 years	Sat.	9:50-10:50 am
Oct 14-Dec 16	\$93.75	1120251
Jan 13-Mar 10	\$75	1120319
4-5 years	Sat.	10:55-11:55 am
Oct 14-Dec 16	\$93.75	1120261
Jan 13-Mar 10	\$75	1120321

François Dupuis – 613-580-8080

4-5 years	Tue.	5:30-6:15 pm
Sep 19-Dec 5	\$84.25	1122153
Jan 9-Mar 6	\$63.25	1124646
4-5 years	Thu.	5:30-6:15 pm
Sep 21-Dec 7	\$84.25	1123093
Jan 11-Mar 8	\$63.25	1124695

Jockvale School – 613-580-2424 ext. 41555
101 Malvern

4-5 years	Sat.	9-10 am
Sep 22-Dec 15	\$121.75	1110886
Jan 13-Mar 3	\$75	1110952
4-5 years	Sat.	10:10-11:10 am
Sep 22-Dec 15	\$121.75	1110888
Jan 13-Mar 3	\$75	1110955

McNabb – 613-564-1070

3-5 years	Wed.	5:30-6:30 pm
Sep 27-Dec 13	\$112.25	1113777
Jan 10-Mar 7	\$84.25	1123602
3-5 years	Sat.	11:30 am-12:30 pm
Sep 30-Dec 16	\$112.25	1113778
Jan 13-Mar 10	\$84.25	1123603
3-5 years	Sat.	12:30-1:30 pm
Sep 30-Dec 16	\$112.25	1113779
Jan 13-Mar 10	\$84.25	1123604
Minto-Barrhaven – 613-727-2683		
4-5 years	Sun.	9:55-10:55 am
Sep 17-Dec 10	\$112.25	1121234
Jan 14-Mar 4	\$65.50	1122666
4-5 years	Sun.	11 am-noon
Sep 17-Dec 10	\$112.25	1121235
Jan 14-Mar 4	\$65.50	1122671

4-5 years	Wed.	4:55-5:55 pm
Sep 20-Dec 6	\$112.25	1121002
Jan 17-Mar 7	\$75	1122652
4-5 years	Wed.	6-7 pm
Sep 20-Dec 6	\$112.25	1121007
Jan 17-Mar 7	\$75	1122657
4-5 years	Wed.	7:05-8:05 pm
Sep 20-Dec 6	\$112.25	1121008
Jan 17-Mar 7	\$75	1122661

Pat Clark (Cyrville) – 613-748-1771

3-5 years	Sun.	9-9:45 am
Sep 17-Dec 3	\$77.25	1102892
Jan 7-Mar 11	\$63.25	1103672
3-5 years	Tue.	6-6:45 pm
Sep 19-Dec 5	\$84.25	1102879
Jan 9-Mar 6	\$63.25	1103294
4-6 years	Sun.	10-10:45 am
Sep 17-Dec 3	\$77.25	1102893
Jan 7-Mar 11	\$63.25	1103674
4-6 years	Tue.	7-7:45 pm
Sep 19-Dec 5	\$84.25	1102880
Jan 9-Mar 6	\$63.25	1103669

St-Laurent – 613-742-6767

4-5 years	Sat.	1-1:55 pm
Sep 9-Dec 16	\$120.25	1117163
Jan 13-Mar 10	\$68.75	1117872

Gymnastics – Rhythmic

Contains the dynamics and flexibility of gymnastics, the technical knowledge of ballet, and the self-expression and rhythm of modern dance. Choreographed to music and accompanied by colourful hoops, balls, ropes and ribbons.

Bob MacQuarrie-Orléans – 613-580-9600

3-5 years	Sun.	12:15-1 pm
Oct 1-Dec 10	\$70.25	1114738
3-5 years	Sun.	12:30-1:15 pm
Jan 7-Mar 4	\$56.25	1117287

Pat Clark (Cyrville) – 613-748-1771

3-5 years	Sun.	11:30 am-12:30 pm
Sep 17-Dec 3	\$103	1103053
Jan 7-Mar 11	\$84.25	1103694



Rhythmic Gymnastics – Ultra Play

Contains the dynamics and flexibility of gymnastics, the technical knowledge of ballet, and the self-expression and rhythm of modern dance. Choreographed to music and accompanied by colourful hoops, balls, ropes and ribbons.

Albion Heatherington – 613-247-4828

Sat.	10:15-11 am	
3-5 years	Oct 7-Nov 25	\$56.25
3-5 years	Jan 20-Mar 10	\$56.25

Overbrook – 613-742-5147

Sat.	10-11 am	
3-5 years	Sep 9-Oct 28	\$75
3-5 years	Nov 4-Dec 16	\$65.75

Gymnastics – Tumble – Parent & Child

Introduction to gymnastics in a safe environment. Explore jumping, tumbling, rolling, games and more!

Hunt Club-Riverside – 613-260-1299

18 months-3 years	Sat.	9:45-10:30 am	
Sep 23-Dec 16	\$84.25	1107568	
Jan 13-Mar 10	\$63.25	1115942	
18 months-3 years	Sat.	10:30-11:15 am	
Sep 23-Dec 16	\$84.25	1107572	
Jan 13-Mar 10	\$63.25	1115947	
2-3 years	Sat.	11:15 am-noon	
Jan 13-Mar 10	\$63.25	1115953	
2-3 years	Sat.	11:15 am-noon	
Sep 23-Dec 16	\$84.25	1107859	

Metcalfe – 613-580-2424 ext. 30235

2-4 years	Sat.	9-9:45 am	
Oct 14-Dec 9	\$49.25	1117878	
Jan 27-Mar 10	\$42.25	1117981	

Minto-Barrhaven – 613-727-2683

2-4 years	Sun.	9:55-10:55 am	
Sep 17-Dec 10	\$112.25	1121233	
Jan 14-Mar 4	\$65.50	1122629	
2-4 years	Wed.	4:55-5:55 pm	
Sep 20-Dec 6	\$112.25	1120993	
Jan 17-Mar 7	\$75	1122616	

2-4 years	Wed.	6-7 pm	
Sep 20-Dec 6	\$112.25	1120994	
Jan 17-Mar 7	\$75	1122618	

Osgoode – 613-580-2424 ext. 30235

2-4 years	Sun.	9:30-10:15 am	
Oct 15-Dec 3	\$56.25	1123748	
Jan 21-Mar 11	\$49.25	1123745	

Pincrest – 613-828-3118

1-3 years	Sat.	10:45-11:30 am	
Sep 30-Dec 16	\$77.25	1117078	
Jan 13-Mar 10	\$63.25	1119727	

Richcraft-Kanata – 613-580-9696

2-3 years	Sun.	9-9:45 am	
Sep 24-Dec 17	\$84.25	1117551	
Jan 14-Mar 11	\$56.25	1121984	

Gymnastics – Tumble

Learn basic recreational gymnastics skills as you are introduced to various gymnastics equipment.

Pincrest – 613-828-3118

2-4 years	Sat.	11:30 am-12:15 pm	
Sep 30-Dec 16	\$77.25	1117087	
Jan 13-Mar 10	\$63.25	1119740	

Plant – 613-232-3000

3-5 years	Sun.	9:30-10:15 am	
Sep 24-Dec 17	\$84.25	1124195	
Jan 14-Mar 11	\$63.25	1124894	

3-5 years	Sun.	10:20-11:05 am	
Sep 24-Dec 17	\$84.25	1124196	
Jan 14-Mar 11	\$63.25	1124895	

Richcraft-Kanata – 613-580-9696

3-4 years	Sat.	9-9:45 am	
Sep 23-Dec 16	\$84.25	1116356	
Jan 13-Mar 10	\$56.25	1120778	

4-6 years	Sat.	9:45-10:30 am	
Sep 23-Dec 16	\$84.25	1116357	
Jan 13-Mar 10	\$56.25	1120779	

South Fallingbrook – 613-824-0633 ext. 221

18 months-2 years	Sat.	9-9:30 am	
Sep 23-Dec 16	\$56.25	1116078	
Jan 13-Mar 10	\$37.50	1116129	

3-5 years	Sat.	9:30-10:15 am	
Sep 23-Dec 16	\$84.25	1126792	
Jan 13-Mar 10	\$56.25	1126793	

St-Laurent – 613-742-6767

1-3 years	Sat.	3-3:45 pm	
Sep 9-Dec 9	\$98.25	1117189	
Jan 13-Mar 10	\$56.25	1117913	

Multi Sport

Multi Sport – Gym & Swim

Try a variety of fundamental movement skills through structured play with a sport instructor, followed with interactive games in the pool with an aquatic instructor.

Walter Baker – 613-580-2788

3-5 years	Sat.	9:50-10:20 am	
Sep 16-Dec 16	\$121.75	1100543	
Jan 13-Mar 3	\$75	1100544	

Multi Sport – Gym & Swim – Parent & Me

Try a variety of fundamental movement skills through structured play with a sport instructor, followed with interactive games in the pool with an aquatic instructor.

Walter Baker – 613-580-2788

15 months-3 years	Fri.	9:50-11:10 am	
Sep 22-Dec 15	\$149.75	1102142	
Jan 19-Mar 9	\$100	1102145	

Multi Sport – Parent & Me

Emphasis is on active participation and fun. Non-instructional play-based programming.

Eva James – 613-271-0712

2-3 years	Sun.	9-9:45 am	
Sep 17-Dec 10	\$84.25	1116236	
Jan 14-Mar 11	\$56.25	1116240	

Hintonburg – 613-798-8874

2-5 years	Sat.	9:30-10:15 am	
Oct 14-Dec 9	\$56.25	1117685	
Jan 20-Mar 10	\$56.25	1117706	

Minto-Barrhaven – 613-727-2683

18 months-3 years	Thu.	9:30-10:30 am	
Sep 21-Dec 7	\$112.25	1111514	
Jan 18-Mar 8	\$75	1122041	

Ray Friel – 613-580-4765

1-3 years	Tue.	9:30-10:30 am	
Sep 12-Oct 31	\$75	1123739	
Nov 14-Dec 19	\$56.25	1123740	
Jan 9-Feb 27	\$75	1123933	

Multi Sport

Emphasis is on participation and having fun while learning the fundamental movement skills. Try a variety of sport based activities.

Eva James – 613-271-0712

3-5 years	Thu.	4:45-5:45 pm	
Sep 21-Dec 14	\$121.75	1119512	
Jan 11-Mar 8	\$84.25	1119535	

4-5 years	Sun.	9:50-10:50 am	
Sep 17-Dec 10	\$112.25	1117868	
Jan 14-Mar 11	\$75	1117904	

Hunt Club-Riverside – 613-260-1299

3-5 years	Sat.	10:30-11:15 am	
Sep 23-Dec 16	\$84.25	1107669	
Jan 13-Mar 10	\$63.25	1116001	

Pinecrest – 613-828-3118

30 months-4 years	Sun.	2:30-3:30 pm
Oct 1-Dec 17	\$103	1117148
30 months-4 years	Sun.	1:30-2:30 pm
Jan 14-Mar 11	\$84.25	1119803

Multi Sport – Soccer and T-Ball

Emphasis is on participation and having fun while learning the fundamental movement skills. Try a variety of sport based activities.

Albion Heatherington – 613-247-4828

3-5 years	Sun.	11-11:45 am
Oct 8-Nov 26	\$56.25	1120576
Jan 21-Mar 11	\$56.25	1121034

François Dupuis – 613-580-8080

3-5 years	Tue.	5:30-6:30 pm
Sep 19-Dec 5	\$112.25	1122050
Jan 9-Mar 6	\$84.25	1124041
3-5 years	Thu.	5:30-6:30 pm
Sep 21-Dec 7	\$112.25	1123080
Jan 11-Mar 8	\$84.25	1124042

Kanata – 613-580-2570

3-5 years	Sat.	11 am-noon
Sep 30-Dec 9	\$93.75	1117623
Jan 13-Mar 10	\$65.50	1121568

Plant – 613-232-3000

3-5 years	Sun.	9:30-10:15 am
Sep 24-Oct 29	\$35.25	1124192
3-5 years	Sun.	10:20-11:05 am
Sep 24-Oct 29	\$35.25	1124193
3-5 years	Sun.	11:10-11:55 am
Sep 24-Oct 29	\$35.25	1124194



Soccer

Soccer – Parent & Me

An active start to the sport. Have fun while learning the fundamental movement skills and trying a variety of soccer based activities.

Bridlewood – 613-271-0712

2-3 years	Sun.	9-9:45 am
Sep 17-Dec 10	\$67.50	1116055
Jan 14-Mar 4	\$39.50	1116091

Fisher Park – 613-798-8945

3-4 years	Sat.	10:15-11:15 am
Sep 23-Dec 9	\$75	1103991
3-5 years	Sat.	10:15-11 am
Jan 13-Mar 10	\$45	1107550

Fred G. Barrett Arena – 613-580-2424 ext. 30235

3-5 years	Sat.	9:30-10:15 am
Oct 14-Dec 9	\$45	1123218
Jan 20-Mar 10	\$33.75	1123247

Metcalfe – 613-580-2424 ext. 30235

3-5 years	Sun.	9:30-10:15 am
Oct 15-Dec 3	\$45	1123189
Jan 21-Mar 11	\$39.50	1123231

Nepean Sportsplex – 613-580-2828

30 months-4 years	Sat.	8:15-9 am
Sep 16-Dec 9	\$61.75	1119295
Jan 6-Mar 3	\$45	1121407

Overbrook – 613-742-5147

18-36 months	Thu.	6-6:45 pm
Sep 7-Oct 26	\$41	1116254
Nov 2-Dec 21	\$41	1116257
Jan 11-Mar 1	\$41	1116268

Ray Friel – 613-580-4765

1-2 years	Sat.	8-8:45 am
Sep 16-Nov 4	\$45	1123830
Nov 18-Dec 16	\$28.25	1123832
Jan 13-Mar 10	\$45	1123984

Walter Baker – 613-580-2788

2-3 years	Sun.	9-9:45 am
Sep 17-Dec 17	\$73	1100553
Jan 14-Mar 4	\$45	1100555
3-4 years	Sun.	9:50-10:35 am
Sep 17-Dec 17	\$73	1100554
Jan 14-Mar 4	\$45	1100556

Soccer

An active start to the sport. Have fun while learning the fundamental movement skills and trying a variety of soccer based activities.

Avalon School – 613-824-0633 ext. 221 2080 Portobello

3-4 years	Sat.	8-9 am
Sep 16-Dec 16	\$90	1113421
Jan 13-Mar 10	\$60	1113628
3-4 years	Sat.	9-10 am
Sep 16-Dec 16	\$90	1113429
Jan 13-Mar 10	\$60	1113629
4-5 years	Sat.	10-11 am
Sep 16-Dec 16	\$90	1113434
Jan 13-Mar 10	\$60	1113630

Bridlewood – 613-271-0712

4-5 years	Sun.	9:50-10:35 am
Sep 17-Dec 10	\$67.50	1116230
Jan 14-Mar 4	\$39.50	1116234

Convent Glen School – 613-580-9600 1708 Grey Nuns

2-3 years	Sat.	9-9:45 am
Sep 23-Dec 2	\$56.25	1114837
2-3 years	Sat.	10-10:45 am
Jan 20-Mar 10	\$45	1117716
3-4 years	Sat.	10-10:45 am
Sep 23-Dec 2	\$56.25	1114842
3-4 years	Sat.	11-11:45 am
Jan 20-Mar 10	\$45	1117719

Glen Cairn – 613-580-2570

3-4 years	Wed.	5:30-6:15 pm
Jan 10-Mar 7	\$50.75	1120617
3-5 years	Wed.	5:30-6:15 pm
Sep 27-Dec 6	\$61.75	1115060

Heron – 613-247-4808

3-5 years	Tue.	4:45-5:30 pm
Sep 26-Nov 28	\$56.25	1115413
Jan 16-Mar 6	\$45	1118315

Kanata – 613-580-2570

3-4 years	Sun.	1-1:30 pm
Oct 1-Dec 10	\$37.50	1117946
Jan 14-Mar 11	\$30	1121656
4-5 years	Sun.	1:35-2:05 pm
Oct 1-Dec 10	\$37.50	1117955
Jan 14-Mar 11	\$30	1121662

McNabb – 613-564-1070

3-5 years	Sun.	11 am-noon
Oct 1-Dec 17	\$90	1113721
Jan 14-Mar 11	\$67.50	1123605

Minto-Barrhaven – 613-727-2683

4-5 years	Fri.	5-6 pm
Sep 22-Dec 8	\$90	1121211
Jan 19-Mar 9	\$60	1122903

Nepean Sportsplex – 613-580-2828

3-5 years	Mon.	4:30-5 pm
Sep 18-Dec 11	\$45	1119314
Jan 8-Mar 5	\$30	1121431
3-5 years	Sat.	8:15-9 am
Sep 16-Dec 9	\$61.75	1119299
Jan 6-Mar 3	\$45	1121427
3-5 years	Sat.	9-9:45 am
Sep 16-Dec 9	\$61.75	1119308
Jan 6-Mar 3	\$45	1121429

Overbrook – 613-742-5147

3-5 years	Wed.	6-6:45 pm
Sep 6-Oct 25	\$38.75	1116247
Nov 1-Dec 20	\$38.75	1116248
Jan 10-Feb 28	\$38.75	1116249

Pat Clark (Cyrville) – 613-748-1771

2-3 years	Sat.	10-10:45 am
Sep 23-Dec 9	\$61.75	1103041
Jan 6-Mar 10	\$50.75	1103688
4-5 years	Sat.	10:45-11:30 am
Sep 23-Dec 9	\$61.75	1103045
Jan 6-Mar 10	\$50.75	1103692

Ray Friel – 613-580-4765

2-3 years	Sat.	9-9:45 am
Sep 16-Nov 4	\$45	1123846
Nov 18-Dec 16	\$28.25	1123849
Jan 13-Mar 10	\$45	1123986

Sandy Hill – 613-564-1062

3-5 years	Fri.	4-4:45 pm
Sep 15-Nov 24	\$61.75	1104116
Jan 12-Mar 9	\$50.75	1104273
3-5 years	Sat.	10-10:45 am
Sep 16-Nov 18	\$56.25	1104117
Jan 13-Mar 10	\$50.75	1104274
3-5 years	Sat.	10:45-11:30 am
Sep 16-Nov 18	\$56.25	1104118
Jan 13-Mar 10	\$50.75	1104275

South Fallingbrook – 613-824-0633 ext. 221

3-4 years	Sun.	10-11 am
Sep 17-Dec 17	\$90	1113440
Jan 14-Mar 11	\$60	1113638

South March School – 613-580-9696 ext. 34488
1032 Klondike

4-6 years Sat. 9-9:45 am
 Sep 23-Dec 2 \$56.25 [1104565](#)
 Jan 20-Mar 3 \$33.75 [1104566](#)

St-Laurent – 613-742-6767

3-5 years Sat. 9:30-10:15 am
 Sep 9-Dec 16 \$78.75 [1117204](#)
 Jan 13-Mar 10 \$45 [1117921](#)

Walter Baker – 613-580-2788

4-5 years Sun. 10:40-11:25 am
 Jan 14-Mar 4 \$45 [1100558](#)
 4-5 years Sun.-Mon. 10:40-11:25 am
 Sep 17-Dec 18 \$73 [1100557](#)

Sportball® – Indoor Soccer

In collaboration with Sportball. www.sportball.ca®.
 Children gain knowledge and the ability to play soccer with confidence through skill development and non-competitive games.

Walter Baker – 613-580-2788

3-5 years Tue. 4:15-5:15 pm
 Sep 12-Oct 24 \$120.50 [1102002](#)
 Nov 7-Dec 12 \$103.25 [1102004](#)
 Jan 16-Mar 6 \$137.75 [1102005](#)

Sportball® – Junior

In collaboration with Sportball. www.sportball.ca®.
 Children and parents are introduced to sports, creative games, songs, rhymes, stories, bubble time and much more! Learn the FUNdamentals of soccer, hockey, basketball, baseball, volleyball, tennis and golf.

Chapman Mills – 613-822-7887

16 months-2 years Sun. 9-9:45 am
 Sep 17-Nov 26 \$170 [1123097](#)
 16-24 months Sun. 9-9:45 am
 Jan 14-Mar 4 \$119 [1123217](#)

Fallingbrook School – 613-580-4765 ext 32037

679 Deancourt

16 months-2 years Sat. 9-9:45 am
 Sep 9-Oct 21 \$105 [1121011](#)
 Oct 28-Dec 2 \$105 [1121019](#)
 Jan 13-Mar 3 \$122.50 [1121032](#)

Queenswood Heights – 613-580-4765

16 months-2 years Thu. 9:30-10:15 am
 Sep 21-Nov 9 \$139.75 [1104578](#)
 Jan 11-Mar 1 \$139.75 [1104579](#)

Rideauview – 613-822-7887

16 months-2 years Sat. 9-9:45 am
 Sep 16-Nov 18 \$153 [1123064](#)
 16-24 months Sat. 9-9:45 am
 Jan 13-Mar 3 \$119 [1123212](#)

Walter Baker – 613-580-2788

16-24 months Thu. 9:30-10:15 am
 Jan 18-Mar 8 \$137.75 [1103122](#)

Sportball® – Multi-Sport

In collaboration with Sportball. www.sportball.ca®.
 learn the FUNdamentals of soccer, hockey, basketball, baseball, volleyball, tennis and golf. Games and skills are taught in a non-competitive and supportive environment.

Carleton Heights – 613-226-2208

3-4 years Sat. 12:30-1:30 pm
 Sep 23-Nov 4 \$108.25 [1121642](#)
 Nov 11-Dec 16 \$108.25 [1121676](#)
 Jan 13-Mar 3 \$126.25 [1121653](#)
 4-6 years Sat. 1:30-2:30 pm
 Sep 23-Nov 4 \$108.25 [1121641](#)
 Nov 11-Dec 16 \$108.25 [1121673](#)
 Jan 13-Mar 3 \$126.25 [1121652](#)

Chapman Mills – 613-822-7887

3-5 years Sun. 10:45-11:45 am
 Sep 17-Nov 26 \$170 [1123158](#)
 Jan 14-Mar 4 \$119 [1123182](#)

Fallingbrook School – 613-580-4765 ext 32037

679 Deancourt

3-5 years Sat. 10:30-11:30 am
 Sep 9-Oct 21 \$105 [1121130](#)
 Oct 28-Dec 2 \$105 [1121135](#)
 Jan 13-Mar 3 \$122.50 [1121142](#)

Greely School –

613-580-2424 ext. 30235
7066 Parkway

3-5 years Sat. 9:45-10:45 am
 Sep 16-Oct 28 \$101.75 [1111475](#)
 Nov 4-Dec 16 \$101.75 [1111477](#)
 Jan 20-Mar 10 \$121.25 [1111489](#)

Hunt Club-Riverside – 613-260-1299

3-5 years Sun. 9:30-10:30 am
 Sep 24-Dec 17 \$183.75 [1108433](#)
 Jan 14-Mar 11 \$138 [1115691](#)
 4-6 years Sun. 10:30-11:30 am
 Sep 24-Dec 17 \$183.75 [1108437](#)
 Jan 14-Mar 11 \$138 [1115701](#)

Kanata – 613-580-2570

3-6 years Wed. 10:15-11:15 am
 Sep 13-Oct 25 \$110.75 [1118469](#)
 Nov 1-Dec 13 \$110.75 [1118453](#)
 Jan 17-Mar 7 \$126.75 [1122185](#)

Queenswood Heights – 613-580-4765

3-4 years Thu. 11 am-noon
 Sep 21-Nov 9 \$139.75 [1104584](#)
 Jan 11-Mar 1 \$139.75 [1104585](#)

Richelieu-Vanier – 613-560-6030

3-5 years Sun. 10:15-11:15 am
 Sep 10-Oct 22 \$104 [1101647](#)
 Oct 29-Dec 10 \$121.25 [1101649](#)
 3-5 years Sun. 11 am-noon
 Jan 14-Mar 4 \$121.25 [1101650](#)

Rideauview – 613-822-7887

3-5 years Sat. 10:45-11:45 am
 Sep 16-Nov 18 \$153 [1123155](#)
 Jan 13-Mar 3 \$119 [1123160](#)

Sportball® – Parent and Tot

In collaboration with Sportball. www.sportball.ca®.
 Parents and children are introduced to soccer, hockey, basketball, baseball, volleyball, tennis and golf. Games and skills are non-competitive, focusing on success and confidence.

Chapman Mills – 613-822-7887

2-3 years Sun. 9:45-10:45 am
 Sep 17-Nov 26 \$170 [1123141](#)
 Jan 14-Mar 4 \$119 [1123206](#)

Fallingbrook School – 613-580-4765 ext 32037

679 Deancourt

2-4 years Sat. 9:45-10:30 am
 Sep 9-Oct 21 \$105 [1121049](#)
 Oct 28-Dec 2 \$105 [1121058](#)
 Jan 13-Mar 3 \$122.50 [1121117](#)

Greely School – 613-580-2424 ext. 30235

7066 Parkway

2-3 years Sat. 9-9:45 am
 Sep 16-Oct 28 \$101.75 [1111368](#)
 Nov 4-Dec 16 \$101.75 [1111372](#)
 Jan 20-Mar 10 \$121.25 [1111426](#)

Hunt Club-Riverside – 613-260-1299

2-3 years Sun. 8:45-9:30 am
 Sep 24-Dec 17 \$183.75 [1108426](#)
 Jan 14-Mar 11 \$138 [1115671](#)



Kanata – 613-580-2570

18 months-3 years Wed. 9:30-10:15 am
 Sep 13-Oct 25 \$110.25 [1118408](#)
 Nov 1-Dec 13 \$110.25 [1118420](#)
 3-6 years Wed. 9:30-10:15 am
 Jan 17-Mar 7 \$126 [1122157](#)

Queenswood – 613-580-4765

2-3 years Thu. 10:15-11 am
 Sep 21-Nov 9 \$139.75 [1104580](#)
 Jan 11-Mar 1 \$139.75 [1104581](#)

Richelieu-Vanier – 613-560-6030

2-3 years Sun. 9:30-10:15 am
 Sep 10-Oct 22 \$104 [1101642](#)
 Oct 29-Dec 10 \$121.25 [1101643](#)
 2-3 years Sun. 10:15-11 am
 Jan 14-Mar 4 \$121.25 [1101644](#)

Rideauview – 613-822-7887

2-3 years Sat. 9:45-10:45 am
 Sep 16-Nov 18 \$153 [1123116](#)
 Jan 13-Mar 3 \$119 [1123192](#)

Walter Baker – 613-580-2788

2-3 years Thu. 10:15-11 am
 Jan 18-Mar 8 \$137.75 [1103126](#)

General Interest

*Schedules and fees may be subject to change.
Fees include HST.*

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Baby Sign and Songs

Babies understand language long before they can speak. Discover the benefits of using 'baby sign' to promote early communication with young children. Learn 50-75 of the most common signs.

Plant – 613-232-3000

5 months-2 years	Wed.	10-10:45 am
Sep 20-Nov 8		\$59.50 1120308
Jan 10-Feb 14		\$44.50 1124608
5 months-2 years	Wed.	11-11:45 am
Sep 20-Nov 8		\$59.50 1120314
Jan 10-Feb 14		\$44.50 1124609

Crafty Chefs

Create in the kitchen and craft room, some to eat and some to show.

Greely – 613-580-2424 ext. 30235

2-5 years	Thu.	9:30-10:15 am
Oct 26-Nov 16		\$28.25 1123096

Metcalfe – 613-580-2424 ext. 30235

3-5 years	Sun.	10:30-11:15 am
Nov 12-Dec 3		\$28.25 1123112

Osgoode – 613-580-2424 ext. 30235

3-5 years	Sun.	10:30-11:15 am
Jan 21-Feb 11		\$28.25 1123312

Pat Clark (Cyrville) – 613-748-1771

3-5 years	Sat.	10-11 am
Sep 23-Oct 28		\$46.75 1103103
Nov 11-Dec 9		\$46.75 1103105
Jan 6-Feb 3		\$46.75 1103696

Kaleidoscope

Join us for a variety of interactive activities! Play games, create amazing crafts and explore the world around you with hands-on adventures!

Eva James – 613-271-0712

3-5 years	Tue.	9:30-11 am
Jan 9-Mar 6		\$75.75 1120579

Little Shakers and Music Makers

Does your child love to dance, listen to music and be creative? Includes creative movement, songs, games, instrument making and more!

Fred G. Barrett – 613-580-2424 ext. 30235

2-4 years	Sat.	10:30-11:15 am
Nov 18-Dec 9		\$28.25 1123053

Goulbourn – 613-580-2532

10 months-3 years	Tue.	10:30-11:15 am
Sep 19-Dec 5		\$84.25 1119478
Jan 23-Mar 6		\$49.25 1122146

Greely – 613-580-2424 ext. 30235

2-5 years	Thu.	9:30-10:15 am
Sep 28-Oct 19		\$28.25 1123042

McNabb – 613-564-1070

6 months-3 years	Tue.	10:30-11:30 am
Sep 26-Dec 12		\$112.25 1114457
Jan 9-Mar 6		\$84.25 1123608

Metcalfe – 613-580-2424 ext. 30235

2-4 years	Sun.	10:30-11:15 am
Jan 21-Feb 11		\$28.25 1123742



Nepean Sportsplex – 613-580-2828

18 months-4 years	Thu.	10:30-11:30 am
Sep 21-Dec 7		\$112.25 1110589
Jan 11-Mar 8		\$84.25 1121444

Loose Parts Playground – Parent & Me

Loose parts are materials that encourage children to invent, create, construct, and experiment. Preschoolers and their caregivers will explore early science and engineering concepts through play and exploration using unique large scale materials and equipment.

Lansdowne Park – 613-580-2429

2-5 years	Mon.	9:30-11 am
Oct 16-Nov 13		\$37.50 1121940
Jan 22-Mar 5		\$56.25 1123090
2-5 years	Tue.	12:30-2 pm
Oct 17-Nov 14		\$37.50 1122729
Jan 23-Mar 6		\$65.50 1123103

Muck and Mess

Get into your art with various projects, using lots of imagination and materials.

Hintonburg – 613-798-8874

3-5 years	Sat.	10:30-11:30 am
Oct 14-Dec 2		\$56.25 1117729
Jan 20-Mar 10		\$56.25 1117822

Kanata – 613-580-2570

3 months-5 years	Sun.	10-11 am
Jan 14-Mar 11		\$56.25 1121730
3-5 years	Sun.	10-11 am
Oct 1-Dec 10		\$70.25 1118277

Plant – 613-232-3000

30 months-4 years	Wed.	9-10 am
Sep 20-Dec 13		\$91.25 1120286
Jan 10-Mar 7		\$63.25 1124607

Ray Friel – 613-580-4765

1-3 years	Thu.	9:30-10:30 am
Sep 14-Nov 2		\$56.25 1123744
Nov 16-Dec 21		\$42.25 1123746
Jan 11-Mar 1		\$56.25 1123934

Muck and Mess – Parent and Tot

Get messy with your toddler. Various art projects using lots of imagination and materials.

Eva James – 613-271-0712

18 months-4 years	Thu.	12:30-1:30 pm
Sep 21-Dec 14		\$91.25 1120852
Jan 11-Mar 8		\$63.25 1120865

Fred G. Barrett Arena – 613-580-2424 ext. 30235

2-4 years	Sat.	10:30-11:15 am
Jan 20-Mar 10		\$31.75 1123268

Greely – 613-580-2424 ext. 30235

2-5 years	Thu.	9:30-10:15 am
Nov 23-Dec 14		\$21.25 1123167

Metcalfe – 613-580-2424 ext. 30235

2-4 years	Sun.	10:30-11:15 am
Oct 15-Nov 5		\$21.25 1123173

Minto-Barrhaven – 613-727-2683

18 months-3 years	Tue.	9:30-11 am
Sep 19-Dec 5		\$126.25 1121152
Jan 16-Mar 6		\$84.25 1122823

Osgoode – 613-580-2424 ext. 30235

2-4 years	Sun.	10:30-11:15 am
Nov 12-Dec 3		\$21.25 1123179

Science Quests

Hands On science experiments! Experience science in a fun and interactive way.

Fred G. Barrett – 613-580-2424 ext. 30235

3-5 years	Sat.	10:30-11:15 am
Oct 14-Nov 4		\$21.25 1123142

Greely – 613-580-2424 ext. 30235

2-5 years	Thu.	9:30-10:15 am
Feb 1-22		\$21.25 1123152

Osgoode – 613-580-2424 ext. 30235

3-5 years	Sun.	10:30-11:15 am
Oct 15-Nov 5		\$21.25 1123130

Drop In Activities

You can now search for up to date drop-in activities at your local facility using our new [search tool](#).



Duffer Doo

613-580-22424 extension 41243

A recreation preschool program for two to five year olds. Designed to encourage play and enhance development through crafts, songs, games, and weekly themes. Children learn to socialize and interact with caring staff and peers in a fun environment.

Fall Session 2017: September to December

Winter 2018: January to March

Spring 2018: March to June

NOTE – Duffer Doo for two olds is now being offered separately at the following locations: Larkin House, General Burns, Minto-Barrhaven and Richmond.



Helping Parent: Parents are required to assist as volunteer helpers once per session for each half day your child is registered.

How to register: The chart lists the locations, days, times and program codes numbers you will need to register.

You may register up to three half-days per week for each session (fall, winter, spring). Parents do not stay. Register early to avoid disappointment.

Registration for fall, winter and spring programs commences August 16.

Orientation for Participants

Fall 2017

Registered participants and parents are invited to visit their Duffer Doo Centre before the program begins to meet the staff and get acquainted. Parents will receive an email with the details.

Winter and Spring 2017

Newly registered participants are encouraged to arrange a visit with the program supervisor before the new session begins. Staff can be reached at the centre while the program is taking place.

No classes: October 10, February 20, March 13 to 17; April 14, 17; May 22.

If your child has a special need and assistance is required please call Integration Services 613-580-2424 ext. 29291.

Chapman Mills

3-5 years	Tue.	9:15-11:15 am
Sep 12-Dec 19	\$168.25	1119673
Jan 9-Mar 6	\$101	1123449
3-5 years	Wed.	9:15-11:15 am
Sep 13-Dec 20	\$168.25	1119669
Jan 10-Mar 7	\$101	1123450
3-5 years	Thu.	9:15-11:15 am
Sep 14-Dec 21	\$168.25	1119663
Jan 11-Mar 8	\$101	1123448
3-5 years	Fri.	9:15-11:15 am
Sep 15-Dec 22	\$168.25	1119659
Jan 12-Mar 9	\$101	1123445

General Burns

20-36 months	Wed.	9:15-10:15 am
Sep 27-Dec 6	\$61.75	1120871
Jan 10-Mar 7	\$50.50	1121046
3-5 years	Mon.	9:15-11:15 am
Sep 25-Dec 4	\$112.25	1115888
Jan 8-Mar 5	\$89.75	1121020

Larkin House

20-36 months	Tue.	9:15-10:15 am
Sep 26-Dec 5	\$61.75	1120896
Jan 9-Mar 6	\$50.50	1121100
3-5 years	Mon.	9:15-11:15 am
Sep 25-Dec 4	\$112.25	1115909
Jan 8-Mar 5	\$89.75	1121069
3-5 years	Wed.	9:15-11:15 am
Sep 27-Dec 6	\$123.50	1115946
Jan 10-Mar 7	\$101	1121110
3-5 years	Thu.	9:15-11:15 am
Sep 28-Dec 7	\$123.50	1115926
Jan 11-Mar 8	\$101	1121114

Margaret Rywak

3-5 years	Wed.	9:15-11:15 am
Sep 27-Dec 6	\$123.50	1115962
Jan 10-Mar 7	\$101	1121121
3-5 years	Fri.	9:15-11:15 am
Sep 29-Dec 8	\$123.50	1115972
Jan 12-Mar 9	\$101	1121125

Minto-Barrhaven – 613-727-2683

20-36 months	Mon.	9:15-10:15 am
Sep 25-Dec 4	\$56.25	1120928
Jan 8-Mar 5	\$45	1121217

20-36 months	Wed.	9:15-10:15 am
Sep 27-Dec 6	\$61.75	1120941
Jan 10-Mar 7	\$50.50	1121221
20-36 months	Fri.	9:15-10:15 am
Sep 29-Dec 8	\$61.75	1120950
Jan 12-Mar 9	\$50.50	1121224
3-5 years	Mon.	9:15-11:15 am
Sep 25-Dec 4	\$112.25	1120731
Jan 8-Mar 5	\$89.75	1121158
3-5 years	Tue.	9:15-11:15 am
Sep 26-Dec 5	\$123.50	1116026
Jan 9-Mar 6	\$101	1121166
3-5 years	Wed.	9:15-11:15 am
Sep 27-Dec 6	\$123.50	1116033
Jan 10-Mar 7	\$101	1121169
3-5 years	Wed.	1-3 pm
Sep 27-Dec 6	\$123.50	1116040
Jan 10-Mar 7	\$101	1121185
3-5 years	Thu.	9:15-11:15 am
Sep 28-Dec 7	\$123.50	1116064
Jan 11-Mar 8	\$101	1121187
3-5 years	Fri.	9:15-11:15 am
Sep 29-Dec 8	\$123.50	1116071
Jan 12-Mar 9	\$101	1121198
3-5 years	Fri.	1-3 pm
Sep 29-Dec 8	\$123.50	1116068
Jan 12-Mar 9	\$101	1121190

Richmond – 613-580-2424 ext. 20705

2-3 years	Wed.	9:30-10:30 am
Sep 27-Nov 29	\$56.25	1107369
Jan 10-Mar 7	\$50.50	1107435
3-5 years	Mon.	9:15-11:15 am
Sep 25-Dec 4	\$112.25	1107333
Jan 8-Mar 5	\$89.75	1107410

Southpointe – 613-823-3765

3-5 years	Tue.	9:15-11:15 am
Sep 26-Dec 5	\$123.50	1115571
Jan 9-Mar 6	\$101	1121133
3-5 years	Thu.	9:15-11:15 am
Sep 28-Dec 7	\$123.50	1115800
Jan 11-Mar 8	\$101	1121137

Trend-Arlington – 613-580-2424

3-5 years	Tue.	9:15-11:15 am
Sep 26-Dec 5	\$123.50	1115989
Jan 9-Mar 6	\$101	1121143
3-5 years	Thu.	9:15-11:15 am
Sep 28-Dec 7	\$123.50	1115999
Jan 11-Mar 8	\$101	1121147

Play School

Experience independence, social interaction and learning with emphasis on language, pre-reading, counting, colour naming, dramatic play, themed crafts, music and movement. Children to bring their own nut free snack. No parent participation in this school-ready program.

Aquaview – 613-824-0633 ext. 221

3-4 years	Mon., Wed., Fri.	9:30-11:30 am
Sep 18-Dec 11		\$336.75 1107325
Jan 15-Mar 9		\$215.25 1107491
3-4 years	Tue., Thu.	9:30-11:30 am
Sep 19-Dec 7		\$224.50 1107465
Jan 16-Mar 8		\$149.75 1107498

Carleton Heights – 613-226-2208

3-4 years	Mon.	9:30-11:30 am
Sep 11-Dec 11		\$121.75 1120450
Jan 8-Mar 5		\$75 1120499
3-4 years	Wed.	9:30-11:30 am
Sep 13-Dec 13		\$131 1120451
Jan 10-Mar 7		\$84.25 1120500
3-4 years	Fri.	9:30-11:30 am
Sep 15-Dec 15		\$131 1120452
Jan 12-Mar 9		\$84.25 1120501

Eva James – 613-271-0712

3-4 years	Mon.	9-11 am
Sep 18-Dec 11		\$112.25 1119853
Jan 8-Mar 5		\$75 1119868
3-4 years	Fri.	9-11 am
Sep 22-Dec 15		\$121.75 1119856
Jan 12-Mar 9		\$84.25 1119870

Goulbourn – 613-580-2532

3-4 years	Mon.	9:30-11:30 am
Sep 18-Dec 4		\$103 1119244
Jan 22-Mar 5		\$56.25 1121952
3-4 years	Tue.	9:30-11:30 am
Sep 19-Dec 5		\$112.25 1119249
Jan 23-Mar 6		\$65.50 1121957
3-4 years	Tue.	noon-2 pm
Sep 19-Dec 5		\$112.25 1119260
Jan 23-Mar 6		\$65.50 1121975
3-4 years	Wed.	9:30-11:30 am
Sep 20-Dec 6		\$112.25 1119252
Jan 24-Mar 7		\$65.50 1121964
3-4 years	Thu.	9:30-11:30 am
Sep 21-Dec 7		\$112.25 1119255
Jan 25-Mar 8		\$65.50 1121967
3-4 years	Thu.	noon-2 pm
Sep 21-Dec 7		\$112.25 1119263
Jan 25-Mar 8		\$65.50 1121981

3-4 years	Fri.	9:30-11:30 am
Sep 22-Dec 8		\$112.25 1119257
Jan 26-Mar 9		\$65.50 1121971

Greenboro – 613-580-2805

3-5 years	Mon.	9-11 am
Sep 25-Oct 30		\$47 1108752
Nov 6-Dec 11		\$56.25 1108765
Jan 22-Mar 5		\$56.25 1110960
3-5 years	Tue.	9-11 am
Sep 26-Oct 31		\$56.25 1108776
Nov 7-Dec 12		\$56.25 1108784
Jan 23-Mar 6		\$65.50 1110962
3-5 years	Wed.	9-11 am
Sep 27-Nov 1		\$56.25 1108794
Nov 8-Dec 13		\$56.25 1108799
Jan 24-Mar 7		\$65.50 1110966
3-5 years	Thu.	9-11 am
Sep 28-Nov 2		\$56.25 1108807
Nov 9-Dec 14		\$56.25 1108814
Jan 25-Mar 8		\$65.50 1110967
3-5 years	Fri.	9-11 am
Sep 29-Nov 3		\$47 1108836
Nov 10-Dec 15		\$56.25 1108843
Jan 26-Mar 9		\$65.50 1110970

Hintonburg – 613-798-8874

3-5 years	Mon.	9:15-11:15 am
Sep 11-Dec 4		\$112 1108102
Jan 8-Mar 5		\$74.75 1108109
3-5 years	Wed.	9:15-11:15 am
Sep 13-Dec 6		\$121.25 1117526
Jan 10-Mar 7		\$84 1117547
3-5 years	Fri.	9:15-11:15 am
Sep 15-Dec 8		\$102.75 1117527
Jan 12-Mar 9		\$65.50 1117548

Pinecrest – 613-828-3118

3-5 years	Mon.	9:30-11:30 am
Sep 25-Dec 11		\$103 1116958
Jan 8-Mar 5		\$75 1119531
3-5 years	Wed.	9:30-11:30 am
Sep 27-Dec 13		\$112.25 1116962
Jan 10-Mar 7		\$84.25 1119537

Plant – 613-232-3000

30 months-4 years	Tue.	9:30-11:30 am
Sep 19-Dec 12		\$121.75 1124571
Jan 9-Mar 6		\$84.25 1124563
30 months-4 years	Tue., Thu.	9:30-11:30 am
Sep 19-Dec 14		\$243.25 1119918
Jan 9-Mar 8		\$168.50 1124567
30 months-4 years	Thu.	9:30-11:30 am
Sep 21-Dec 14		\$121.75 1119910
Jan 11-Mar 8		\$84.25 1124572

Richcraft-Kanata – 613-580-9696

3-4 years	Mon.	9:30-11:30 am
Sep 18-Dec 18		\$121.75 1111231
Jan 8-Mar 5		\$75 1120682
3-4 years	Tue.	9:30-11:30 am
Sep 19-Dec 19		\$131 1111232
Jan 9-Mar 6		\$84.25 1120683
3-4 years	Tue.	12:30-2:30 pm
Sep 19-Dec 19		\$131 1111233
Jan 9-Mar 6		\$84.25 1120684
3-4 years	Wed.	9:30-11:30 am
Sep 20-Dec 20		\$131 1111234
Jan 10-Mar 7		\$84.25 1120685
3-4 years	Wed.	12:30-2:30 pm
Sep 20-Dec 20		\$131 1111235
Jan 10-Mar 7		\$84.25 1120686
3-4 years	Thu.	9:30-11:30 am
Sep 21-Dec 21		\$131 1111236
Jan 11-Mar 8		\$84.25 1120687
3-4 years	Thu.	12:30-2:30 pm
Sep 21-Dec 21		\$131 1111237
Jan 11-Mar 8		\$84.25 1120688
3-4 years	Fri.	9:30-11:30 am
Sep 22-Dec 22		\$131 1111241
Jan 12-Mar 9		\$84.25 1120689

Rideauview – 613-822-7887

3-5 years	Mon.	9:15-11:15 am
Sep 11-Dec 18		\$131 1119850
Jan 8-Mar 5		\$75 1123485
3-5 years	Thu.	9:15-11:15 am
Sep 7-Dec 21		\$149.75 1119860
Jan 11-Mar 8		\$84.25 1123488

Sawmill – 613-521-4092

3-5 years	Tue.	9:30-11:30 am
Sep 12-Dec 12		\$131 1106358
Jan 9-Mar 6		\$84.25 1106361
3-5 years	Wed.	9:30-11:30 am
Sep 13-Dec 13		\$131 1106359
Jan 10-Mar 7		\$84.25 1106362
3-5 years	Fri.	9:30-11:30 am
Sep 15-Dec 15		\$131 1106360
Jan 12-Mar 9		\$84.25 1106363

Workshops

Gingerbread House Building

Calling all parents! Join us to make a special project to take home with your child.

Eva James – 613-271-0712

3-6 years	Sun.	1-2:30 pm
Dec 10		\$37.50 1118750

Nepean Sportsplex – 613-580-2828

3-7 years	Sat.	9:30-10:30 am
Dec 9		\$31.75 1110731
3-7 years	Sat.	10:45-11:45 am
Dec 9		\$31.75 1110736

Muck n' Mess

Create various messy art projects with your child, using your imagination and a variety of materials!

Nepean Sportsplex – 613-580-2828

3-5 years	Sat.	9:30-11 am
Jan 20		\$37.50 1125342

Ooey, Goopy Science

Calling all parents! Join us to make a special project to take home with your child.

Nepean Sportsplex – 613-580-2828

3-5 years	Sat.	9:30-11 am
Oct 21		\$37.50 1110193

Parent n' Me Woodworking

Calling all parents! Join us to make a special project to take home with your child.

Nepean Sportsplex – 613-580-2828

3-5 years	Sat.	9:30-11 am
Nov 4		\$37.50 1110204

Pumpkin Patch Workshop

Work on a special craft and get ready for Thanksgiving or Hallowe'en!

Eva James – 613-271-0712

3-6 years	Sun.	1-2 pm
Oct 29		\$31.75 1125148

Nepean Sportsplex – 613-580-2828

3-5 years	Sat.	9:30-11 am
Sep 23		\$37.50 1121560

Santa Claus is Coming to Town!

Want to make sure your list gets to Santa? Make crafts for each of Santa's reindeer. Parents participate!

Nepean Sportsplex – 613-580-2828

3-5 years	Sat.	9:30-11 am
Nov 25		\$37.50 1110187

Sweet Hearts Workshop

Work on a special project for someone you love and get ready for Valentine's Day!

Eva James – 613-271-0712

3-6 years	Sun.	1-2 pm
Feb 11		\$31.75 1125159

Nepean Sportsplex – 613-580-2828

3-5 years	Sat.	9:30-11 am
Feb 10		\$37.50 1121564