



Classes and Activities for Preschool

Recreation eGuide Fall 2018 and Winter 2019

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[fee support](#)



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Arts Centres

The City of Ottawa's Arts Centres are destinations for specialty arts programming in arts-specific studios offering the added benefit of specialized facilities and environment. The Nepean Visual Arts, the Nepean Creative Arts and Shenkman Arts Centres, offer specialty arts classes taught by accomplished artists – painters, actors, filmmakers, writers, photographers, musicians – in custom studio spaces for participants of all levels of ability. From preschool to adult, students experience a diversity of arts instruction in a creative and dynamic environment.

[Nepean Visual Arts Centre](#)

613-580-2828
1701 Woodroffe Avenue
(Entrance 3,
Nepean Sportsplex)



[Nepean Creative Arts Centre](#)

613-596-5783
35 Stafford Road,
Bells Corners



[Shenkman Arts Centre](#)
613-580-2787
245 Centrum Boulevard,
Orléans

What do arts centres offer preschoolers?

- High quality instruction in studios equipped for arts
- Dance on sprung floors, with barres and floor-to-ceiling mirrors
- Make beautiful music in soundproofed studios
- Create art with an artist

Learn life time art skills here. Destination: arts experience.



Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Performing Arts

Dance

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Shenkman Arts

| | | |
|---------------|---------|-------------------------|
| 3 years | Sun. | 9:30-10:15 am |
| Sep 23-Nov 25 | \$54.50 | 1398699 |
| Jan 13-Mar 10 | \$54.50 | 1402596 |
| 3-4 years | Sun. | 10:15-11 am |
| Sep 23-Nov 25 | \$54.50 | 1398687 |
| Jan 13-Mar 10 | \$54.50 | 1402601 |
| 4-5 years | Sun. | 11-11:45 am |
| Sep 23-Nov 25 | \$54.50 | 1398692 |
| Jan 13-Mar 10 | \$54.50 | 1402602 |

Creative Movement – Parents and Tot

For our youngest students, this provides a fun, casual approach to practicing basic and fine motor skills, and a cooperative introduction to the elements of dance and space.

Nepean Creative Arts

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Wed. | 10-10:45 am |
| Sep 19-Nov 21 | \$43 | 1399971 |
| Feb 6-Mar 27 | \$30.25 | 1401077 |
| 18 months-3 years | Sat. | 11:15 am-noon |
| Sep 22-Nov 24 | \$38.75 | 1399968 |
| Feb 9-Mar 30 | \$30.25 | 1405400 |

Shenkman Arts

| | | |
|---------------|------|-------------------------|
| 2-3 years | Sun. | 9-9:30 am |
| Sep 23-Nov 25 | \$23 | 1398686 |
| Jan 13-Mar 10 | \$23 | 1402591 |

Dancing Barefoot

An organic approach to movement and dance that honours the child's unique creative process and natural relationship to music and dance. Self expression through stories, moods and feelings, the seasons, lots of imaginative play and a little bit of magic.

Nepean Creative Arts

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Fri. | 9:15-10 am |
| Sep 21-Nov 23 | \$75.75 | 1399975 |
| Feb 8-Mar 29 | \$53 | 1405337 |

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Nepean Creative Arts

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 9-9:45 am |
| Sep 22-Nov 24 | \$61.25 | 1399981 |
| Feb 9-Mar 30 | \$47.75 | 1405376 |

Shenkman Arts

| | | |
|---------------|---------|-------------------------|
| 3 years | Sat. | 9:30-10:15 am |
| Sep 22-Nov 17 | \$54.50 | 1184783 |
| Jan 12-Mar 9 | \$54.50 | 1402341 |
| 3-4 years | Sat. | 10:15-11 am |
| Sep 22-Nov 17 | \$54.50 | 1184786 |
| Jan 12-Mar 9 | \$54.50 | 1402350 |
| 4-5 years | Sat. | 11-11:45 am |
| Sep 22-Nov 17 | \$54.50 | 1184789 |
| Jan 12-Mar 9 | \$54.50 | 1402355 |

Zumbini (Zumba trademark)

Nurture your child's love of movement and your inner child as well. Strengthen emotional development, cognitive and social skills, and your bond. Home kit must be purchased separately.

Nepean Creative Arts

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Sun. | 11:15 am-noon |
| Sep 23-Nov 25 | \$43.75 | 1400018 |
| Feb 10-Mar 31 | \$38.25 | 1405518 |



Arts in Your Neighbourhood

Performing Arts

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Dance

Ballet – Level 1

Introduce your little one to the world of creative movement. Simple exercises are structured to develop balance and coordination, while preschoolers learn the different movements and ballet basics.

Bob MacQuarrie-Orléans – 613-580-9600

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Tue. | 5:45-6:30 pm |
| Sep 25-Nov 27 | \$68 | 1184381 |
| Jan 15-Mar 5 | \$54.50 | 1402364 |
| 3-5 years | Sat. | 12:30-1:15 pm |
| Sep 29-Dec 8 | \$68 | 1184380 |
| Jan 19-Mar 9 | \$54.50 | 1402336 |

Chapman Mills – 613-822-7887

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Fri. | 5-5:30 pm |
| Sep 28-Dec 7 | \$50 | 1398566 |
| Jan 18-Mar 29 | \$45.50 | 1407288 |
| 3-5 years | Fri. | 5:30-6 pm |
| Sep 28-Dec 7 | \$50 | 1398568 |
| Jan 18-Mar 29 | \$45.50 | 1407290 |

Eva James – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 11-11:45 am |
| Sep 22-Dec 15 | \$81.50 | 1401939 |
| Jan 12-Mar 9 | \$54.50 | 1402312 |

Fisher Park – 613-798-8945

| | | |
|---------------|------|-------------------------|
| 4-5 years | Sat. | 9:45-10:30 am |
| Sep 22-Dec 15 | \$68 | 1180038 |
| Jan 12-Mar 30 | \$68 | 1246519 |

François Dupuis – 613-580-8080

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 11:30 am-12:15 pm |
| Sep 23-Dec 16 | \$81.50 | 1401379 |
| Jan 13-Mar 31 | \$81.50 | 1404555 |
| 3-5 years | Sat. | 10:45-11:30 am |
| Sep 22-Dec 15 | \$81.50 | 1401370 |
| Jan 12-Mar 30 | \$81.50 | 1404544 |
| 3-5 years | Sat. | 11:30 am-12:15 pm |
| Sep 22-Dec 15 | \$81.50 | 1401375 |
| Jan 12-Mar 30 | \$81.50 | 1404549 |
| 3-5 years | Sat. | 12:15-1 pm |
| Sep 22-Dec 15 | \$81.50 | 1401610 |
| Jan 12-Mar 30 | \$81.50 | 1404550 |

Greely – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Thu. | 5:30-6:15 pm |
| Sep 27-Nov 15 | \$54.50 | 1402672 |
| Jan 31-Mar 21 | \$47.75 | 1403980 |

Heron – 613-247-4808

| | | |
|---------------|------|-------------------------|
| 3-5 years | Wed. | 5-5:45 pm |
| Sep 26-Nov 28 | \$68 | 1321128 |
| Jan 16-Mar 20 | \$68 | 1402098 |

Hintonburg – 613-798-8874

| | | |
|--------------|---------|-------------------------|
| 3-4 years | Thu. | 6:15-7 pm |
| Oct 4-Dec 6 | \$68 | 1402670 |
| Jan 17-Mar 7 | \$54.50 | 1402674 |

Hunt Club-Riverside Park – 613-260-1299

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sat. | 9-9:45 am |
| Sep 15-Dec 22 | \$95.25 | 1407629 |
| Jan 12-Apr 27 | \$95.25 | 1407637 |
| 3-5 years | Mon. | 6-6:45 pm |
| Sep 10-Dec 17 | \$95.25 | 1407632 |
| Jan 7-Apr 29 | \$95.25 | 1407644 |
| 4-5 years | Sat. | 10-10:45 am |
| Sep 15-Dec 22 | \$95.25 | 1407630 |
| Jan 12-Apr 27 | \$95.25 | 1407640 |

McNabb – 613-564-1070

| | | |
|---------------|----------|-------------------------|
| 3-5 years | Tue. | 5-6 pm |
| Oct 2-Dec 18 | \$108.75 | 1409486 |
| Jan 8-Mar 5 | \$81.50 | 1409536 |
| 3-5 years | Fri. | 10-11 am |
| Jan 11-Mar 8 | \$81.50 | 1409540 |
| 3-5 years | Fri. | 10-11 am |
| Oct 5-Dec 21 | \$108.75 | 1409487 |
| 3-5 years | Sat. | 10-11 am |
| Sep 29-Dec 22 | \$108.75 | 1409488 |
| Jan 12-Mar 9 | \$81.50 | 1409537 |

Metcalf – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 11-11:45 am |
| Oct 13-Dec 1 | \$54.50 | 1402695 |
| Jan 19-Mar 30 | \$54.50 | 1403998 |

Michele Heights – 613-828-5100

| | | |
|-------------|----------|-------------------------|
| 3-7 years | Sat. | 9-9:45 am |
| Sep 8-Dec 8 | \$88.50 | 1406363 |
| Sep 8-Jun 8 | \$217.50 | 1406366 |

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 4-5 years | Thu. | 5:30-6:15 pm |
| Sep 20-Dec 6 | \$81.50 | 1403979 |
| Jan 10-Mar 7 | \$61.25 | 1405291 |
| 4-5 years | Sat. | 1:45-2:30 pm |
| Sep 15-Dec 8 | \$74.75 | 1403984 |
| Jan 12-Mar 2 | \$47.75 | 1405292 |

Osgoode – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 10-10:45 am |
| Oct 14-Dec 16 | \$54.50 | 1402702 |
| Jan 20-Mar 31 | \$54.50 | 1404042 |

Pat Clark – 613-748-1771

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Mon. | 5:30-6:15 pm |
| Jan 7-Mar 4 | \$54.50 | 1180879 |
| 4-6 years | Thu. | 6:15-7 pm |
| Jan 10-Mar 7 | \$61.25 | 1180881 |

Pinecrest – 613-828-3118

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | 10:30-11:15 am |
| Sep 9-30 | \$27.25 | 1408186 |
| Oct 14-Dec 16 | \$68 | 1408189 |
| Jan 13-Mar 10 | \$54.50 | 1408644 |
| 4-5 years | Tue. | 6-6:45 pm |
| Sep 11-Oct 2 | \$27.25 | 1408468 |
| Oct 9-Dec 11 | \$68 | 1408477 |
| Jan 8-Mar 5 | \$61.25 | 1408648 |

Plant – 613-232-3000

| | | |
|---------------|---------|-------------------------|
| 4-6 years | Mon. | 6:05-6:50 pm |
| Sep 17-Dec 10 | \$81.50 | 1401546 |
| Jan 7-Apr 8 | \$88.50 | 1408052 |
| 4-6 years | Wed. | 6:10-6:55 pm |
| Sep 19-Dec 12 | \$88.50 | 1404256 |
| Jan 9-Apr 10 | \$95.25 | 1408428 |

Ray Friel – 613-580-4765

| | | |
|---------------|------|-------------------------|
| 2 years | Sat. | 9-9:30 am |
| Sep 15-Dec 15 | \$59 | 1184652 |
| Jan 12-Mar 30 | \$50 | 1186936 |

Music

Kindermusik® Foundations

A sensory-rich caring environment where infants with caregivers explore and react to new sounds, sensations, and objects through joyful music-making experiences.

Shenkman Arts

| | | |
|---------------|----------|-------------------------|
| 1-18 months | Wed. | 11-11:45 am |
| Sep 26-Nov 28 | \$122.50 | 1184754 |
| Jan 9-Mar 20 | \$122.50 | 1398790 |

Kindermusik® – Level 2

Toddlers initiate their own ideas and explore their creativity. Outlets for energy and cognitive development through singing, dancing, and instrument play. Meet other parents and caregivers while learning to use music to create routines at home.

Shenkman Arts

| | | |
|---------------|----------|-------------------------|
| 18-36 months | Wed. | 10-10:45 am |
| Sep 26-Nov 28 | \$122.50 | 1184751 |
| Jan 9-Mar 20 | \$122.50 | 1398774 |

Rideauview – 613-822-7887

| | | |
|-------------------|---------|-------------------------|
| 30 months-3 years | Sat. | 9:15-9:45 am |
| Sep 29-Dec 8 | \$50 | 1401674 |
| Jan 19-Mar 23 | \$45.50 | 1407323 |
| 3-5 years | Thu. | 5:45-6:30 pm |
| Oct 4-Dec 6 | \$68 | 1401649 |
| Jan 17-Mar 28 | \$68 | 1407389 |
| 3-5 years | Thu. | 6:30-7:15 pm |
| Oct 4-Dec 6 | \$68 | 1401655 |
| Jan 17-Mar 28 | \$68 | 1407391 |
| 3-5 years | Sat. | 9:45-10:30 am |
| Sep 29-Dec 8 | \$74.75 | 1401689 |
| Jan 19-Mar 23 | \$68 | 1407326 |

Sandy Hill – 613-564-1062

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 10-10:45 am |
| Sep 15-Dec 1 | \$81.50 | 1406118 |
| Jan 12-Mar 16 | \$68 | 1406804 |
| 3-5 years | Sat. | 10:45-11:30 am |
| Sep 15-Dec 1 | \$81.50 | 1406119 |
| Jan 12-Mar 16 | \$68 | 1406805 |

Walter Baker – 613-580-2788

| | | |
|--------------|---------|-------------------------|
| 4-6 years | Wed. | 6-6:45 pm |
| Sep 19-Dec 5 | \$81.50 | 1400702 |
| Jan 16-Mar 6 | \$54.50 | 1185851 |

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Aquaview – 613-824-0633

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Wed. | 5:45-6:30 pm |
| Sep 26-Nov 28 | \$61.25 | 1184420 |
| Jan 16-Mar 27 | \$68 | 1184427 |

Chapman Mills – 613-822-7887

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Fri. | 4:30-5 pm |
| Sep 28-Dec 7 | \$50 | 1398563 |
| Jan 18-Mar 29 | \$45.50 | 1407282 |

Eva James – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Tue. | 4-4:45 pm |
| Sep 18-Dec 18 | \$95.25 | 1401614 |
| Jan 8-Mar 5 | \$61.25 | 1401639 |

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 3-4 years | Sun. | 9-9:30 am |
| Sep 16-Dec 9 | \$50 | 1403992 |
| Jan 13-Mar 3 | \$31.75 | 1405298 |
| 3-5 years | Sun. | 9:30-10:15 am |
| Jan 13-Mar 3 | \$47.75 | 1405300 |
| Sep 16-Dec 9 | \$74.75 | 1403993 |

St-Laurent Complex – 613-742-6767

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Sat. | 12:15-1 pm |
| Oct 13-Dec 8 | \$61.25 | 1409303 |
| Jan 5-Mar 2 | \$54.50 | 1409381 |
| 3-5 years | Sun. | 10:15-11 am |
| Oct 14-Dec 9 | \$61.25 | 1409300 |
| Jan 6-Mar 3 | \$54.50 | 1409380 |

Creative Movement – Parents and Tot

For our youngest students, this provides a fun, casual approach to practicing basic and fine motor skills, and a cooperative introduction to the elements of dance and space.

Chapman Mills – 613-822-7887

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Tue. | 5-5:30 pm |
| Sep 25-Dec 4 | \$31.50 | 1398514 |
| Jan 15-Mar 26 | \$28.75 | 1404964 |

Eva James – 613-271-0712

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Sat. | 9-9:30 am |
| Sep 22-Dec 15 | \$34.50 | 1401929 |
| Jan 12-Mar 9 | \$23 | 1402307 |

Fisher Park – 613-798-8945

| | | |
|---------------|------|-------------------------|
| 1-3 years | Sat. | 9-9:45 am |
| Sep 22-Dec 15 | \$43 | 1180056 |
| Jan 12-Mar 30 | \$43 | 1246538 |

Creative Movement

A fun, casual approach to practicing basic and fine motor skills, in this introduction to the elements of movement to music.

Alexander – 613-798-8978

| | | |
|---------------|------|-------------------------|
| 2-4 years | Sat. | 9:30-10:15 am |
| Sep 22-Nov 10 | \$46 | 1187136 |
| Jan 19-Mar 9 | \$46 | 1187150 |

Greenboro – 613-580-2805

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Sat. | 3-4 pm |
| Oct 13-Dec 8 | \$61.25 | 1407284 |
| Jan 19-Mar 9 | \$53.50 | 1407306 |

Minto-Barrhaven – 613-727-2683

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Sun. | 11:30 am-12:15 pm |
| Sep 16-Dec 9 | \$74.50 | 1409288 |
| Jan 13-Mar 3 | \$46 | 1401834 |

Overbrook – 613-742-5147

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 10-10:45 am |
| Sep 15-Oct 27 | \$40.25 | 1188717 |
| Nov 3-Dec 15 | \$40.25 | 1188724 |
| Jan 12-Mar 9 | \$51.75 | 1188742 |

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Chapman Mills – 613-822-7887

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Tue. | 5:30-6 pm |
| Sep 25-Dec 4 | \$50 | 1398518 |
| Jan 15-Mar 26 | \$45.50 | 1404965 |

Eva James – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Mon. | 5:20-6:05 pm |
| Sep 17-Dec 17 | \$88.50 | 1320992 |
| Jan 7-Mar 4 | \$54.50 | 1320993 |

François Dupuis – 613-580-8080

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 1:15-2 pm |
| Sep 23-Dec 16 | \$81.50 | 1401714 |
| Jan 13-Mar 31 | \$81.50 | 1404580 |

3-5 years Sun. 2-2:45 pm

Sep 23-Dec 16 \$81.50 [1401721](#)

Jan 13-Mar 31 \$81.50 [1404583](#)

3-5 years Sun. 2:45-3:30 pm

Sep 23-Dec 16 \$81.50 [1401732](#)

Jan 13-Mar 31 \$81.50 [1404587](#)

3-5 years Thu. 5:15-6 pm

Sep 20-Dec 13 \$88.50 [1321263](#)

Jan 17-Mar 28 \$68 [1404398](#)

Heron – 613-247-4808

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 9:30-10:15 am |
| Sep 22-Nov 17 | \$54.50 | 1321135 |
| Jan 12-Mar 16 | \$68 | 1402123 |

Kanata Recreation – 613-580-2570

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 9-9:45 am |
| Sep 30-Dec 9 | \$68 | 1186881 |
| Jan 20-Mar 24 | \$47.75 | 1402428 |

3-5 years Sun. 9:50-10:35 am

Sep 30-Dec 9 \$68 [1186884](#)

Jan 20-Mar 24 \$47.75 [1402443](#)

Walter Baker – 613-580-2788

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Sat. | 9:15-10 am |
| Sep 15-Dec 8 | \$81.50 | 1403911 |
| Jan 12-Mar 2 | \$54.50 | 1186471 |

Hip Hop – Level 1

Hip hop, with its roots in urban dance, gets you moving to funky, up-beat tunes. Work on strength, flexibility and musicality through intricate and fast paced choreography. Create dynamic, stylish moves just like in the latest music videos.

Aquaview – 613-824-0633

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Tue. | 5:45-6:30 pm |
| Sep 25-Nov 27 | \$75.75 | 1184376 |
| Jan 15-Mar 26 | \$75.75 | 1184385 |

François Dupuis – 613-580-8080

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 12:15-1 pm |
| Sep 23-Dec 16 | \$90.75 | 1401592 |
| Jan 13-Mar 31 | \$90.75 | 1404565 |

3-5 years Sat. 1:15-2 pm

Sep 22-Dec 15 \$90.75 [1401515](#)

Jan 12-Mar 30 \$90.75 [1404561](#)

3-5 years Sat. 2-2:45 pm

Sep 22-Dec 15 \$90.75 [1401582](#)

Jan 12-Mar 30 \$90.75 [1404562](#)

Kanata Recreation – 613-580-2570

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 10:40-11:25 am |
| Sep 30-Dec 9 | \$75.75 | 1186889 |
| Jan 20-Mar 24 | \$53 | 1402465 |

3-5 years Sun. 11:30 am-12:15 pm

Sep 30-Dec 9 \$75.75 [1186893](#)

Jan 20-Mar 24 \$53 [1402469](#)

McNabb – 613-564-1070

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Thu. | 4-5 pm |
| Sep 27-Dec 13 | \$121 | 1409485 |
| Jan 10-Mar 7 | \$90.75 | 1409542 |

Michele Heights – 613-828-5100

| | | |
|-------------|----------|-------------------------|
| 3-7 years | Sat. | 11:15 am-noon |
| Sep 8-Dec 8 | \$94.25 | 1406374 |
| Sep 8-Jun 8 | \$231.75 | 1406376 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Fri. | 5-5:45 pm |
| Sep 21-Dec 14 | \$98.25 | 1400025 |
| Jan 11-Mar 8 | \$68.25 | 1401716 |

4-5 years Sun. 12:15-1 pm

Sep 16-Dec 9 \$98.25 [1400029](#)

Jan 13-Mar 3 \$60.50 [1401736](#)

4-5 years Fri. 5:45-6:30 pm

Sep 21-Dec 14 \$98.25 [1400027](#)

Jan 11-Mar 8 \$68.25 [1401723](#)

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 3-4 years | Sat. | 11-11:30 am |
| Sep 15-Dec 8 | \$55.50 | 1404012 |
| Jan 12-Mar 2 | \$35.50 | 1405395 |

3-5 years Mon. 5:30-6 pm

Jan 7-Mar 4 \$40.50 [1405407](#)

3-5 years Mon. 5:30-6 pm

Sep 17-Dec 3 \$55.50 [1404020](#)

4-5 years Sat. 11:30 am-12:15 pm

Sep 15-Dec 8 \$83.25 [1404017](#)

Jan 12-Mar 2 \$53 [1405398](#)

Pat Clark – 613-748-1771

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Mon. | 6:15-7 pm |
| Jan 7-Mar 4 | \$60.50 | 1180898 |
| 4-6 years | Thu. | 5:30-6:15 pm |
| Jan 10-Mar 7 | \$68.25 | 1180909 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Wed. | 5:30-6 pm |
| Sep 12-Dec 19 | \$70.75 | 1184634 |
| Jan 9-Mar 27 | \$55.50 | 1186871 |

Splash Wave Pool – 613-748-4222

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Mon. | 5:30-6:15 pm |
| Sep 17-Dec 3 | \$83.25 | 1179497 |

St-Laurent Complex – 613-742-6767

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Sun. | 9:30-10:15 am |
| Oct 14-Dec 9 | \$68.25 | 1409296 |
| Jan 6-Mar 3 | \$60.50 | 1409379 |

Hip Hop Parent and Tot

Parents join their little dancer for a good cardio workout to funky, upbeat tunes. Hip Hop is easy to learn in this energetic dance class.

Bob MacQuarrie-Orléans – 613-580-9600

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Sat. | 11:45 am-12:30 pm |
| Sep 29-Dec 8 | \$75.75 | 1403261 |
| 18 months-3 years | Sat. | 11:45 am-12:30 pm |
| Jan 19-Mar 9 | \$60.50 | 1403257 |

François Dupuis – 613-580-8080

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Sun. | 9:30-10 am |
| Sep 23-Dec 16 | \$60.50 | 1400253 |
| Jan 13-Mar 31 | \$60.50 | 1404536 |
| 18 months-3 years | Sat. | 10:10-10:30 am |
| Sep 22-Dec 15 | \$60.50 | 1400248 |
| Jan 12-Mar 30 | \$60.50 | 1404534 |

Minto-Barrhaven – 613-727-2683

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Fri. | 4:30-5 pm |
| Sep 21-Dec 14 | \$65.50 | 1400022 |
| Jan 11-Mar 8 | \$45.50 | 1401703 |

Nepean Sportsplex – 613-580-2828

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Sat. | 10:30-11 am |
| Sep 15-Dec 8 | \$55.50 | 1404029 |
| Jan 12-Mar 2 | \$35.50 | 1405412 |

Jazz – Level 1

Music, movement, and the basics of jazz dance. Exercises are structured to develop strength, balance, flexibility and coordination. Expand your creative scope and gain confidence.

Michele Heights – 613-828-5100

| | | |
|-------------|----------|-------------------------|
| 3-7 years | Sat. | 9:45-10:30 am |
| Sep 8-Dec 8 | \$88.50 | 1406380 |
| Sep 8-Jun 8 | \$217.50 | 1406382 |

Tap Dance – Level 1

Learn the basics of tap dance through intricate dance combinations, expressive footwork and some simple choreography, with an emphasis on rhythm and clarity of step.

Michele Heights – 613-828-5100

| | | |
|-------------|----------|-------------------------|
| 3-7 years | Sat. | 10:30-11:15 am |
| Sep 8-Dec 8 | \$97.50 | 1406393 |
| Sep 8-Jun 8 | \$239.50 | 1406397 |

Twinkling Toes

Through creative movement with basic ballet and jazz, develop grace and creativity while allowing your personality to flourish. Performance at the final class.

Carleton Heights – 613-226-2208

| | | |
|--------------|---------|-------------------------|
| 2-3 years | Sat. | 9:30-10:10 am |
| Sep 22-Dec 8 | \$56 | 1181673 |
| Jan 12-Mar 9 | \$40.75 | 1181697 |
| 3-4 years | Sat. | 10:20-11 am |
| Sep 22-Dec 8 | \$56 | 1181683 |
| Jan 12-Mar 9 | \$40.75 | 1181698 |
| 4-6 years | Sat. | 11:20 am-noon |
| Sep 22-Dec 8 | \$56 | 1181692 |
| Jan 12-Mar 9 | \$40.75 | 1181699 |

Carp Memorial Hall – 613-580-9696

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 9:30-10 am |
| Sep 23-Dec 2 | \$38.25 | 1406985 |
| 3-5 years | Sun. | 10:10-10:40 am |
| Sep 23-Dec 2 | \$38.25 | 1406988 |
| 3-5 years | Sun. | 9:30-10 am |
| Jan 20-Mar 24 | \$30.75 | 1406995 |
| 3-5 years | Sun. | 10:10-10:40 am |
| Jan 20-Mar 24 | \$30.75 | 1406999 |

Chapman Mills – 613-822-7887

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Fri. | 6-6:30 pm |
| Sep 28-Dec 7 | \$42 | 1398572 |
| Jan 18-Mar 29 | \$38.25 | 1407292 |
| 3-5 years | Fri. | 6:30-7 pm |
| Sep 28-Dec 7 | \$42 | 1398573 |
| Jan 18-Mar 29 | \$38.25 | 1407293 |

Eva James – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Sat. | 9:35-10:05 am |
| Sep 22-Dec 15 | \$46 | 1320981 |
| Jan 12-Mar 9 | \$30.75 | 1320990 |
| 3-5 years | Mon. | 4:30-5:15 pm |
| Sep 17-Dec 17 | \$74.50 | 1320978 |
| Jan 7-Mar 4 | \$46 | 1320985 |
| 4-5 years | Sat. | 10:10-10:55 am |
| Sep 22-Dec 15 | \$68.75 | 1320982 |
| Jan 12-Mar 9 | \$46 | 1320991 |

Goulbourn – 613-580-2532

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Sat. | 2:15-2:45 pm |
| Sep 22-Dec 15 | \$46 | 1408545 |
| Jan 19-Mar 9 | \$26.75 | 1408566 |
| 4-6 years | Sat. | 2:45-3:30 pm |
| Sep 22-Dec 15 | \$68.75 | 1408550 |
| Jan 19-Mar 9 | \$40.25 | 1408573 |

Kanata Recreation – 613-580-2570

| | | |
|-------------------|---------|-------------------------|
| 30 months-3 years | Sat. | 10-10:30 am |
| Sep 29-Dec 8 | \$38.25 | 1185605 |
| Jan 19-Mar 23 | \$26.75 | 1401855 |
| 3-5 years | Wed. | 5:15-5:45 pm |
| Sep 26-Dec 5 | \$38.25 | 1183504 |
| Jan 16-Mar 27 | \$38.25 | 1401560 |
| 3-5 years | Wed. | 5:45-6:15 pm |
| Sep 26-Dec 5 | \$38.25 | 1183506 |
| Jan 16-Mar 27 | \$38.25 | 1401564 |
| 3-5 years | Sat. | 10:35-11:05 am |
| Sep 29-Dec 8 | \$38.25 | 1185666 |
| Jan 19-Mar 23 | \$26.75 | 1401863 |

Metcalfe – 613-580-2424 ext. 30235

| | | |
|---------------|------|-------------------------|
| 2-4 years | Sat. | 10-10:45 am |
| Oct 13-Dec 1 | \$46 | 1404299 |
| Jan 19-Mar 30 | \$46 | 1404311 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Tue. | 4:15-5 pm |
| Sep 18-Dec 11 | \$74.50 | 1320399 |
| Jan 8-Mar 5 | \$51.75 | 1401239 |
| 4-5 years | Thu. | 5-5:45 pm |
| Sep 20-Dec 13 | \$74.50 | 1320404 |
| Jan 10-Mar 7 | \$51.75 | 1401241 |
| 4-5 years | Sat. | 11:45 am-12:30 pm |
| Sep 15-Dec 8 | \$74.50 | 1320407 |
| Jan 12-Mar 2 | \$46 | 1401244 |

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Tue. | 5:45-6:15 pm |
| Sep 18-Dec 4 | \$46 | 1404043 |
| Jan 8-Mar 5 | \$34.50 | 1405866 |
| 3-5 years | Sat. | 1:15-1:45 pm |
| Sep 15-Dec 8 | \$42 | 1404036 |
| Jan 12-Mar 2 | \$26.75 | 1405864 |

Pinecrest – 613-828-3118

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sun. | 10-10:30 am |
| Sep 9-30 | \$15.50 | 1408164 |
| Oct 14-Dec 16 | \$38.25 | 1408168 |
| Jan 13-Mar 3 | \$30.75 | 1408637 |
| 3-4 years | Tue. | 5:30-6 pm |
| Sep 11-Oct 2 | \$15.50 | 1408458 |
| Oct 9-Dec 11 | \$38.25 | 1408462 |
| Jan 15-Mar 12 | \$34.50 | 1408641 |

Plant – 613-232-3000

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Mon. | 5:15-6 pm |
| Jan 7-Apr 8 | \$74.50 | 1408042 |
| 3-5 years | Mon. | 5:15-6 pm |
| Sep 17-Dec 10 | \$68.75 | 1401535 |
| 3-5 years | Wed. | 4:30-5:15 pm |
| Sep 19-Dec 12 | \$74.50 | 1404233 |
| Jan 9-Apr 10 | \$80.25 | 1408415 |
| 3-5 years | Wed. | 5:20-6:05 pm |
| Sep 19-Dec 12 | \$74.50 | 1404245 |
| Jan 9-Apr 10 | \$80.25 | 1408425 |

Richcraft – 613-580-9696

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Thu. | 4:30-5 pm |
| Sep 27-Dec 20 | \$49.75 | 1404941 |
| Jan 10-Mar 7 | \$34.50 | 1404944 |

Richmond – 613-580-2424 ext. 20705

| | | |
|---------------|---------|-------------------------|
| 2 years | Wed. | 4-4:30 pm |
| Jan 9-Mar 20 | \$38.25 | 1188306 |
| 2-3 years | Wed. | 4-4:30 pm |
| Sep 26-Nov 28 | \$38.25 | 1183215 |
| 2-3 years | Wed. | 4:30-5 pm |
| Sep 26-Nov 28 | \$38.25 | 1183218 |
| Jan 9-Mar 20 | \$38.25 | 1188311 |
| 3-5 years | Wed. | 5-6 pm |
| Sep 26-Nov 28 | \$76.50 | 1183226 |
| Jan 9-Mar 20 | \$76.50 | 1188322 |

St-Laurent Complex – 613-742-6767

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Sat. | 1-1:45 pm |
| Oct 13-Dec 8 | \$51.75 | 1409307 |
| Jan 5-Mar 2 | \$46 | 1409385 |

Walter Baker – 613-580-2788

| | | |
|--------------|---------|-------------------------|
| 3-4 years | Wed. | 5:25-5:55 pm |
| Sep 19-Dec 5 | \$46 | 1400698 |
| Jan 16-Mar 6 | \$30.75 | 1185846 |

Twinkling Toes – Parent and Me

Join your little dancer to learn creative movement through basic ballet and jazz.

François Dupuis – 613-580-8080

| | | |
|-------------------|------|-------------------------|
| 18 months-3 years | Sun. | 10-10:30 am |
| Sep 23-Dec 16 | \$46 | 1400232 |
| Jan 13-Mar 31 | \$46 | 1404524 |
| 18 months-3 years | Sat. | 9:30-10 am |
| Sep 22-Dec 15 | \$46 | 1400228 |
| Jan 12-Mar 30 | \$46 | 1404521 |

Goulbourn – 613-580-2532

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Sun. | 2-2:45 pm |
| Sep 23-Dec 9 | \$63 | 1408587 |
| Jan 20-Mar 10 | \$40.25 | 1408592 |

Minto-Barrhaven – 613-727-2683

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Thu. | 4:30-5 pm |
| Sep 20-Dec 13 | \$49.75 | 1369603 |
| Jan 10-Mar 7 | \$34.50 | 1401369 |
| 18 months-3 years | Sat. | 11:15-11:45 am |
| Sep 15-Dec 8 | \$49.75 | 1371354 |
| Jan 12-Mar 2 | \$30.75 | 1401374 |

Nepean Sportsplex – 613-580-2828

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Tue. | 5:15-5:45 pm |
| Sep 18-Dec 4 | \$46 | 1404057 |
| Jan 8-Mar 5 | \$34.50 | 1405872 |
| 18 months-3 years | Sat. | 12:15-12:45 pm |
| Sep 15-Dec 8 | \$42 | 1404063 |
| Jan 12-Mar 2 | \$26.75 | 1405875 |

Music

Music for Young Children® – Sunrise Program – Level 1

Sing, play, and learn! Quality music education blends the pleasure and joy of music making with sound instruction. Free for siblings under 22 months. Maximum two children per adult including sibling. Additional materials fee payable to instructor at first class.

Bob MacQuarrie-Orléans – 613-580-9600

| | | |
|---------------|----------|-------------------------|
| 2-4 years | Wed. | 10-10:45 am |
| Sep 19-Nov 21 | \$136 | 1184361 |
| Jan 9-Mar 6 | \$122.25 | 1400966 |
| 2-4 years | Fri. | 11-11:45 am |
| Sep 21-Nov 23 | \$136 | 1184366 |
| Jan 11-Mar 8 | \$122.25 | 1409592 |



Chapman Mills – 613-822-7887

| | | |
|---------------|-------|-------------------------|
| 2-5 years | Mon. | 10:30-11:15 am |
| Oct 1-Dec 3 | \$136 | 1407507 |
| 2-5 years | Mon. | 11:30 am-12:15 pm |
| Jan 14-Mar 25 | \$136 | 1407511 |

Hunt Club-Riverside Park – 613-260-1299

| | | |
|---------------|----------|-------------------------|
| 2-5 years | Sat. | 9-9:45 am |
| Sep 15-Dec 15 | \$190.25 | 1407779 |
| Jan 12-Apr 13 | \$190.25 | 1407783 |

Rideauview – 613-822-7887

| | | |
|--------------|-------|-------------------------|
| 2-5 years | Sat. | 10:30-11:15 am |
| Sep 29-Dec 1 | \$136 | 1407505 |

Music for Young Children® – Sunrise Program – Level 2

Children's music journey continues in this playful, pre-keyboard program with more songs, rhythm, and listening activities! Free for siblings under 22 months. Maximum two children per adult including sibling. Additional materials fee payable to instructor at first class.

Recommended prerequisite: Sunrise 1

Bob MacQuarrie-Orléans – 613-580-9600

| | | |
|---------------|----------|-------------------------|
| 2-4 years | Fri. | 10-10:45 am |
| Sep 21-Nov 23 | \$136 | 1184368 |
| Jan 11-Mar 8 | \$122.25 | 1400967 |

Chapman Mills – 613-822-7887

| | | |
|---------------|-------|-------------------------|
| 2-5 years | Mon. | 9:45-10:30 am |
| Oct 1-Dec 3 | \$136 | 1407501 |
| 2-5 years | Mon. | 10:30-11:15 am |
| Jan 14-Mar 25 | \$136 | 1407516 |

Rideauview – 613-822-7887

| | | |
|---------------|-------|-------------------------|
| 2-5 years | Sat. | 11:30 am-12:15 pm |
| Sep 29-Dec 1 | \$136 | 1407500 |
| 2-5 years | Sat. | 10:30-11:15 am |
| Jan 19-Mar 23 | \$136 | 1407518 |

Music for Young Children® – Sunrise Program – Level 3

Buzz the Fly and friends lead children in spring themed songs and activities with rhythm instruments, puppets, and games. Free for siblings under 22 months. Maximum two children per adult including sibling. Additional materials fee payable to instructor at first class.

Prerequisite: Sunrise 1 or Sunrise 2

Chapman Mills – 613-822-7887

| | | |
|---------------|-------|-------------------------|
| 2-5 years | Mon. | 9:45-10:30 am |
| Jan 14-Mar 25 | \$136 | 1407524 |
| 2-5 years | Sat. | 11:30 am-12:15 pm |
| Jan 19-Mar 23 | \$136 | 1407521 |

Playgroups

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Playgroup – Parent & Me

Parents and caregivers, come with your child to enjoy playtime, songs, stories and crafts together. An opportunity to meet and visit with others in your community.

Charlie Conacher –

613-580-2424 ext. 41227

| | | |
|--------------|---------|-------------------------|
| 8-36 months | Mon. | 9:30-11 am |
| Oct 1-Dec 10 | \$61.50 | 1401070 |
| Jan 14-Mar 4 | \$43 | 1401069 |

Eva James – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Thu. | 9-10 am |
| Sep 20-Dec 20 | \$57.25 | 1402236 |
| Jan 10-Mar 7 | \$37 | 1402155 |

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 2-5 years | Tue. | 9:30-11:30 am |
| Jan 8-Mar 5 | \$73.75 | 1405904 |
| 2-5 years | Tue. | 9:30-11:30 am |
| Sep 18-Dec 4 | \$98.25 | 1404238 |

| | | |
|------------------|---------|-------------------------|
| 6 months-4 years | Wed. | 9:30-11:30 am |
| Sep 19-Dec 5 | \$98.25 | 1404240 |
| 6 months-4 years | Wed. | 9:30-11:30 am |
| Jan 9-Mar 6 | \$73.75 | 1405905 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 1-3 years | Thu. | 9:30-10:30 am |
| Sep 13-Dec 20 | \$61.50 | 1184656 |
| Jan 10-Mar 28 | \$45 | 1187008 |

Wiggle & Giggle Baby

Strengthen your bond with your baby while stimulating physical and cognitive development using songs, movement, and sensory toys.

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 1-18 months | Fri. | 9:30-10:30 am |
| Sep 21-Dec 7 | \$65.50 | 1403126 |
| Jan 11-Mar 8 | \$49.25 | 1407620 |

Wiggle & Giggle & Move!

Play, climb, jump and run. Explore the world of crafts, music and movement along with your child. Help develop their socialization, coordination and motor skills.

Alexander – 613-798-8978

2-4 years Sat. 10:30-11:15 am
 Sep 22-Nov 10 \$43 [1187103](#)
 Jan 19-Mar 9 \$43 [1187116](#)

Goulbourn – 613-580-2532

1-4 years Sun. 10:15-11:15 am
 Jan 20-Mar 3 \$43 [1405805](#)
 18 months-4 years Sun. 10:15-11:15 am
 Sep 23-Dec 9 \$86 [1405716](#)

Hintonburg – 613-798-8874

6 months-5 years Thu. 9:15-11:15 am
 Sep 20-Dec 6 \$171.75 [1402657](#)
 Jan 10-Mar 7 \$128.75 [1402664](#)

Nepean Sportsplex – 613-580-2828

18 months-4 years Fri. 10:30-11:30 am
 Sep 21-Dec 7 \$86 [1403115](#)
 Jan 11-Mar 8 \$64.50 [1407619](#)

Walter Baker – 613-580-2788

1-3 years Sat. 9-9:45 am
 Sep 15-Dec 8 \$64.50 [1409962](#)
 Jan 12-Mar 2 \$43 [1409971](#)



Sports

Ball Hockey – Parent and Child

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities. Parent and child participate together.

Nepean Sportsplex – 613-580-2828

3-5 years Sun. 1-1:45 pm
 Sep 16-Dec 9 \$63 [1402535](#)
 Jan 13-Mar 3 \$40.25 [1405245](#)

Rideauview – 613-822-7887

2-3 years Sun. 2:45-3:30 pm
 Sep 30-Dec 2 \$57.25 [1398495](#)
 Jan 20-Mar 24 \$57.25 [1404950](#)

3-5 years Sun. 1-1:45 pm

Jan 13-Mar 3 \$40.25 [1405245](#)

Ball Hockey

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Ray Friel – 613-580-4765

3-4 years Sun. 1-1:45 pm
 Sep 16-Dec 16 \$74.50 [1184659](#)
 Jan 13-Mar 31 \$63 [1187029](#)

Rideauview – 613-822-7887

3-5 years Sun. 3:30-4:15 pm
 Sep 30-Dec 2 \$57.25 [1398501](#)
 Jan 20-Mar 24 \$57.25 [1404953](#)

Basketball

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

François Dupuis – 613-580-8080

3-5 years Sat. 9:45-10:30 am
 Sep 22-Dec 15 \$68.75 [1400172](#)
 Jan 12-Mar 30 \$68.75 [1404417](#)

Heron – 613-247-4808

3-5 years Sat. 12:30-1:15 pm
 Sep 22-Dec 1 \$57.25 [1187819](#)
 Jan 12-Mar 16 \$57.25 [1401196](#)

Kanata Recreation – 613-580-2570

3-5 years Sat. 9-9:50 am
 Sep 29-Dec 8 \$63.75 [1185427](#)
 Jan 19-Mar 23 \$44.75 [1401754](#)

3-5 years Sat. 10-10:50 am
 Sep 29-Dec 8 \$63.75 [1185434](#)
 Jan 19-Mar 23 \$44.75 [1401774](#)

Minto-Barrhaven – 613-727-2683

4-5 years Tue. 5-6 pm
 Sep 18-Dec 11 \$99.25 [1320454](#)
 Jan 8-Mar 5 \$68.75 [1401277](#)

Richcraft-Kanata – 613-580-9696

4-6 years Mon. 4:15-5 pm
 Sep 24-Dec 17 \$68.75 [1402102](#)
 Jan 7-Mar 4 \$46 [1402163](#)

South Fallingbrook – 613-824-0633

3-5 years Sun. 1:30-2:15 pm
 Sep 16-Dec 2 \$57.25 [1184672](#)
 Jan 13-Mar 31 \$57.25 [1184669](#)

Cheerleading

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Walter Baker – 613-580-2788

3-5 years Mon. 5:25-5:55 pm
 Sep 17-Dec 10 \$46 [1400399](#)
 Jan 14-Mar 4 \$26.75 [1182463](#)

Gymnastics – Parent & Child

Basic gymnastic skills are taught through the assistance of a coach, and you, the parent. Apparatus will include a minimum of four of the following: balance beam, floor, mini-trampoline, bars, rings, uneven bars, vault.

Dempsey – 613-247-4846

2-3 years Sun. 9-9:45 am
 Sep 23-Dec 2 \$71.75 [1179996](#)
 Jan 6-Mar 17 \$71.75 [1301278](#)

2-3 years Tue. 5:15-6 pm
 Sep 25-Nov 27 \$71.75 [1179991](#)
 Jan 8-Mar 12 \$71.75 [1246949](#)

2-3 years Sat. 9-9:45 am
 Sep 22-Dec 1 \$71.75 [1179974](#)
 Jan 5-Mar 16 \$71.75 [1246977](#)

2-3 years Sat. 10-10:45 am
 Sep 22-Dec 1 \$71.75 [1179983](#)
 Jan 5-Mar 16 \$71.75 [1246963](#)

2-3 years Sat. 11-11:45 am
 Sep 22-Dec 1 \$71.75 [1179985](#)
 Jan 5-Mar 16 \$71.75 [1246969](#)

Eva James – 613-271-0712

18 months-3 years Tue. 5:15-6 pm
 Oct 9-Dec 11 \$71.75 [1401235](#)
 Jan 8-Mar 19 \$71.75 [1401251](#)

18 months-3 years Sat. 9-9:45 am
 Oct 13-Dec 15 \$71.75 [1401238](#)
 Jan 12-Mar 30 \$71.75 [1401253](#)

18 months-3 years Sat. 10:05-10:50 am
 Oct 13-Dec 15 \$71.75 [1401240](#)
 Jan 12-Mar 30 \$71.75 [1401254](#)

18 months-3 years Sat. 1:15-2 pm
 Oct 13-Dec 15 \$71.75 [1401242](#)
 Jan 12-Mar 30 \$71.75 [1401258](#)

François Dupuis – 613-580-8080

18 months-3 years Tue. 4:30-5:15 pm
 Sep 18-Dec 11 \$93.25 [1321396](#)
 Jan 15-Mar 26 \$71.75 [1404647](#)

18 months-3 years Thu. 4:30-5:15 pm
 Sep 20-Dec 13 \$93.25 [1321398](#)
 Jan 17-Mar 28 \$71.75 [1404651](#)

Hunt Club-Riverside Park – 613-260-1299

18 months-3 years Sat. 10-10:45 am
 Sep 15-Dec 22 \$100.25 [1406663](#)
 Jan 12-Apr 27 \$100.25 [1406687](#)

18 months-3 years Sat. 11-11:45 am
 Sep 15-Dec 22 \$100.25 [1406667](#)
 Jan 12-Apr 27 \$100.25 [1406694](#)

Jockvale School – 613-580-2424 ext. 41555 101 Malvern

2-3 years Sat. 9:15-10 am
 Sep 22-Dec 15 \$86 [1401556](#)
 Jan 19-Mar 9 \$50.25 [1401602](#)

2-3 years Sat. 10:25-11:10 am
 Sep 22-Dec 15 \$86 [1401572](#)
 Jan 19-Mar 9 \$50.25 [1401603](#)

McNabb – 613-564-1070

18 months-4 years Sat. 9-9:45 am
 Sep 29-Dec 22 \$78.75 [1409510](#)
 Jan 12-Mar 9 \$64.50 [1409562](#)

18 months-4 years Sat. 9:45-10:30 am
 Sep 29-Dec 22 \$78.75 [1409511](#)
 Jan 12-Mar 9 \$64.50 [1409563](#)

18 months-4 years Sat. 10:30-11:15 am
 Sep 29-Dec 22 \$78.75 [1409512](#)
 Jan 12-Mar 9 \$64.50 [1409564](#)

Pat Clark – 613-748-1771

| | | |
|-------------------|---------|-------------------------|
| 18 months-3 years | Sun. | 9-9:45 am |
| Jan 6-Mar 10 | \$64.50 | 1180945 |
| 18 months-3 years | Tue. | 6-6:45 pm |
| Jan 8-Mar 5 | \$64.50 | 1180932 |

Gymnastics – Playgym

Play, climb, roll, crawl and balance on our equipment with the assistance of mommy or daddy! Non instructional creative gym activity for children to have indoor playtime with their parents!

Goulbourn – 613-580-2532

| | | |
|---------------|---------|-------------------------|
| 1-4 years | Sat. | 10-10:45 am |
| Sep 22-Dec 15 | \$64.50 | 1408390 |
| Jan 19-Mar 9 | \$37.75 | 1408401 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 1-4 years | Sun. | 9-9:45 am |
| Sep 16-Dec 9 | \$64.50 | 1321501 |
| Jan 13-Mar 3 | \$43 | 1401310 |
| 1-4 years | Wed. | 9:30-10:15 am |
| Sep 19-Dec 12 | \$69.75 | 1320510 |
| Jan 9-Mar 6 | \$48.50 | 1401301 |
| 1-4 years | Wed. | 10:30-11:15 am |
| Sep 19-Dec 12 | \$69.75 | 1320513 |
| Jan 9-Mar 6 | \$48.50 | 1401303 |
| 1-4 years | Wed. | 4-4:45 pm |
| Sep 19-Dec 12 | \$64.50 | 1320519 |
| Jan 9-Mar 6 | \$48.50 | 1401306 |

Overbrook – 613-742-5147

| | | |
|---------------|---------|-------------------------|
| 3-5 months | Tue. | 6-6:45 pm |
| Sep 11-Oct 23 | \$37.75 | 1186059 |
| Oct 30-Dec 11 | \$37.75 | 1188508 |
| Jan 8-Mar 5 | \$48.50 | 1188560 |

Gymnastics

Basic gymnastic skills are taught through the assistance of a coach on traditional equipment. Apparatus will/may include a minimum of four of the following: balance beam, floor, mini-trampoline, bars, rings, uneven bars, vault.

Bob MacQuarrie-Orléans – 613-580-9600

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 10:45-11:30 am |
| Sep 30-Dec 9 | \$71.75 | 1184403 |
| Jan 20-Mar 10 | \$57.25 | 1400953 |
| 3-5 years | Sun. | 11:30 am-12:15 pm |
| Sep 30-Dec 9 | \$71.75 | 1184404 |
| Jan 20-Mar 10 | \$57.25 | 1400951 |

Dempsey – 613-247-4846

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | 9-9:45 am |
| Sep 23-Dec 2 | \$71.75 | 1180303 |
| Sep 23-Dec 2 | \$71.75 | 1180308 |
| Jan 6-Mar 17 | \$71.75 | 1319835 |
| 4-5 years | Sun. | 10-10:45 am |
| Jan 6-Mar 10 | \$71.75 | 1319843 |
| 4-5 years | Sun. | 11-11:45 am |
| Sep 23-Dec 2 | \$71.75 | 1180312 |
| Jan 6-Mar 17 | \$71.75 | 1319853 |
| 4-5 years | Tue. | 5:15-6 pm |
| Sep 25-Nov 27 | \$71.75 | 1181050 |
| Jan 8-Mar 12 | \$71.75 | 1319797 |
| 4-5 years | Sat. | 9-9:45 am |
| Sep 22-Dec 1 | \$71.75 | 1180290 |
| Jan 5-Mar 16 | \$71.75 | 1319825 |
| 4-5 years | Sat. | 10-10:45 am |
| Sep 22-Dec 1 | \$71.75 | 1180295 |
| Jan 5-Mar 16 | \$71.75 | 1319807 |
| 4-5 years | Sat. | 11-11:45 am |
| Sep 22-Dec 1 | \$71.75 | 1180299 |
| Jan 5-Mar 16 | \$71.75 | 1319815 |

Eva James – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Tue. | 5-6 pm |
| Oct 9-Dec 11 | \$95.50 | 1401262 |
| Jan 8-Mar 19 | \$95.50 | 1401280 |
| 4-5 years | Sat. | 8:45-9:45 am |
| Oct 13-Dec 15 | \$95.50 | 1401267 |
| Jan 12-Mar 30 | \$95.50 | 1401286 |
| 4-5 years | Sat. | 9:50-10:50 am |
| Oct 13-Dec 15 | \$95.50 | 1401273 |
| Jan 12-Mar 30 | \$95.50 | 1401289 |
| 4-5 years | Sat. | 10:55-11:55 am |
| Oct 13-Dec 15 | \$95.50 | 1401274 |
| Jan 12-Mar 30 | \$95.50 | 1401294 |
| 4-5 years | Sat. | 1-2 pm |
| Oct 13-Dec 15 | \$95.50 | 1401276 |
| Jan 12-Mar 30 | \$95.50 | 1401297 |

François Dupuis – 613-580-8080

| | | |
|------------------|----------|-------------------------|
| 4 months-6 years | Tue. | 5:15-6:15 pm |
| Jan 15-Mar 26 | \$95.50 | 1403233 |
| 4-6 years | Tue. | 5:15-6:15 pm |
| Sep 18-Dec 11 | \$124.25 | 1404621 |
| 4-6 years | Thu. | 5:15-6:15 pm |
| Sep 20-Dec 13 | \$124.25 | 1404624 |
| Jan 17-Mar 28 | \$95.50 | 1403237 |

Jockvale School – 613-580-2788

| | | |
|--------------------|----------|-------------------------|
| 101 Malvern | | |
| 4-5 years | Sat. | 9-10 am |
| Sep 22-Dec 15 | \$114.50 | 1401761 |
| Jan 19-Mar 9 | \$67 | 1401807 |
| 4-5 years | Sat. | 10:10-11:10 am |
| Sep 22-Dec 15 | \$114.50 | 1401795 |
| Jan 19-Mar 2 | \$67 | 1401808 |

McNabb – 613-564-1070

| | | |
|---------------|----------|-------------------------|
| 3-5 years | Wed. | 5:15-6:15 pm |
| Sep 26-Dec 19 | \$114.50 | 1409520 |
| Jan 9-Mar 6 | \$86 | 1409566 |
| 3-5 years | Sat. | 11:30 am-12:30 pm |
| Sep 29-Dec 22 | \$105 | 1409516 |
| Jan 12-Mar 9 | \$86 | 1409565 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Sun. | 9:55-10:55 am |
| Sep 16-Dec 9 | \$114.50 | 1337107 |
| Jan 13-Mar 3 | \$76.50 | 1401341 |
| 4-5 years | Sun. | 11 am-noon |
| Sep 16-Dec 9 | \$114.50 | 1346208 |
| Jan 13-Mar 3 | \$76.50 | 1401344 |
| 4-5 years | Wed. | 4:55-5:55 pm |
| Sep 19-Dec 12 | \$114.50 | 1321544 |
| Jan 9-Mar 6 | \$86 | 1406775 |
| 4-5 years | Wed. | 6-7 pm |
| Sep 19-Dec 12 | \$114.50 | 1331595 |
| Jan 9-Mar 6 | \$86 | 1401334 |
| 4-5 years | Wed. | 7:05-8:05 pm |
| Sep 19-Dec 12 | \$114.50 | 1334459 |
| Jan 9-Mar 6 | \$86 | 1401337 |



Pat Clark – 613-748-1771

| | | |
|-------------|---------|-------------------------|
| 3-5 years | Sun. | 9-9:45 am |
| Jan 6-Mar 3 | \$64.50 | 1181032 |
| 3-5 years | Tue. | 6-6:45 pm |
| Jan 8-Mar 5 | \$64.50 | 1180937 |
| 4-6 years | Sun. | 10-10:45 am |
| Jan 6-Mar 3 | \$64.50 | 1181033 |
| 4-6 years | Tue. | 7-7:45 pm |
| Jan 8-Mar 5 | \$64.50 | 1180942 |

Gymnastics – Rhythmic

Contains the dynamics and flexibility of gymnastics, the technical knowledge of ballet, and the self-expression and rhythm of modern dance. Choreographed to music and accompanied by colourful hoops, balls, ropes and ribbons.

Bob MacQuarrie-Orléans – 613-580-9600

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 1:15-2 pm |
| Sep 30-Dec 9 | \$71.75 | 1184414 |
| Jan 20-Mar 10 | \$57.25 | 1400956 |

Pat Clark – 613-748-1771

| | | |
|--------------|------|-------------------------|
| 3-5 years | Sun. | 11:30 am-12:30 pm |
| Jan 6-Mar 10 | \$86 | 1181045 |

Gymnastics Tumble – Parent & Child

Introduction to gymnastics in a safe environment. Explore jumping, tumbling, rolling, games and more!

Fred Barrett Arena – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Sat. | 9:30-10:15 am |
| Oct 13-Dec 1 | \$57.25 | 1178972 |
| Jan 19-Mar 30 | \$57.25 | 1178976 |

Metcalf – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Sat. | 9-9:45 am |
| Oct 13-Dec 1 | \$57.25 | 1404270 |
| Jan 19-Mar 30 | \$57.25 | 1404248 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|----------|-------------------------|
| 2-4 years | Sun. | 9:55-10:55 am |
| Sep 16-Dec 9 | \$114.50 | 1320552 |
| Jan 13-Mar 3 | \$76.50 | 1401327 |
| 2-4 years | Wed. | 4:55-5:55 pm |
| Sep 19-Dec 12 | \$114.50 | 1320531 |
| Jan 9-Mar 6 | \$86 | 1401321 |
| 2-4 years | Wed. | 6-7 pm |
| Sep 19-Dec 12 | \$114.50 | 1320540 |
| Jan 9-Mar 6 | \$86 | 1401324 |

Osgoode – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Sun. | 9-9:45 am |
| Oct 14-Dec 16 | \$57.25 | 1178973 |
| Jan 20-Mar 10 | \$57.25 | 1178977 |

Pinecrest – 613-828-3118

| | | |
|---------------|---------|-------------------------|
| 1-3 years | Sat. | 11-11:45 am |
| Sep 8-29 | \$28.75 | 1407948 |
| Oct 13-Dec 15 | \$71.75 | 1407949 |
| Jan 12-Mar 9 | \$57.25 | 1408609 |

Richcraft-Kanata – 613-580-9696

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Sun. | 9-9:45 am |
| Sep 23-Dec 16 | \$86 | 1408371 |
| Jan 6-Mar 10 | \$64.50 | 1408391 |

Routhier – 613-244-4470

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Mon. | 9:30-10:20 am |
| Oct 15-Dec 17 | \$71.75 | 1405516 |
| Jan 14-Mar 25 | \$87.50 | 1406483 |
| 3-5 years | Thu. | 9:30-10:20 am |
| Oct 11-Dec 20 | \$87.50 | 1405530 |
| Jan 17-Mar 28 | \$87.50 | 1406499 |

South Fallingbrook – 613-824-0633

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Sat. | 9-9:45 am |
| Sep 22-Dec 1 | \$71.75 | 1189108 |
| Jan 12-Mar 30 | \$71.75 | 1189116 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|----------|-------------------------|
| 1-3 years | Sat. | 3-3:45 pm |
| Sep 15-Dec 22 | \$100.25 | 1398600 |
| Jan 12-Mar 30 | \$71.75 | 1398645 |

Gymnastics – Tumble

Learn basic recreational gymnastics skills as you are introduced to various gymnastics equipment.

Hunt Club-Riverside Park – 613-260-1299

| | | |
|---------------|----------|-------------------------|
| 3-5 years | Sat. | 12:15-1 pm |
| Sep 15-Dec 22 | \$100.25 | 1406707 |
| Jan 12-Apr 27 | \$100.25 | 1406710 |

Overbrook – 613-742-5147

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Tue. | 6:45-7:30 pm |
| Sep 11-Oct 23 | \$50.25 | 1188604 |
| Oct 30-Dec 11 | \$50.25 | 1188615 |
| Jan 8-Mar 5 | \$64.50 | 1188651 |

Pinecrest – 613-828-3118

| | | |
|---------------|------------|-------------------------|
| 2-4 years | Sat. | 11:45 am-12:30 pm |
| Sep 8-29 | \$28.75 | 1407997 |
| Oct 13-Dec 15 | \$71.75 | 1408002 |
| 2-4 years | Sat., Fri. | 11:45 am-12:30 pm |
| Jan 12-Mar 8 | \$57.25 | 1408612 |

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sat. | 12:30-1:30 pm |
| Sep 8-29 | \$38.25 | 1408005 |
| Oct 13-Dec 15 | \$95.50 | 1408009 |
| 4-6 years | Sat. | 12:30-1:30 pm |
| Jan 12-Mar 9 | \$76.50 | 1408614 |

Plant – 613-232-3000

| | | |
|---------------|----------|-------------------------|
| 3-5 years | Sun. | 9:30-10:15 am |
| Sep 23-Dec 16 | \$86 | 1406709 |
| Jan 13-Apr 14 | \$100.25 | 1408770 |
| 3-5 years | Sun. | 10:20-11:05 am |
| Sep 23-Dec 16 | \$86 | 1406714 |
| Jan 13-Apr 14 | \$100.25 | 1408774 |

Richcraft-Kanata – 613-580-9696

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sat. | 9-9:45 am |
| Sep 22-Dec 15 | \$86 | 1406497 |
| Jan 5-Mar 9 | \$64.50 | 1406500 |
| 4-6 years | Sun. | 9:45-10:30 am |
| Sep 23-Dec 16 | \$86 | 1408409 |
| Jan 6-Mar 3 | \$64.50 | 1408416 |
| 4-6 years | Sat. | 9:45-10:30 am |
| Sep 22-Dec 15 | \$86 | 1406498 |
| Jan 5-Mar 9 | \$64.50 | 1406501 |

South Fallingbrook – 613-824-0633

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 10-10:45 am |
| Sep 22-Dec 1 | \$71.75 | 1189138 |
| Jan 12-Mar 30 | \$71.75 | 1398124 |

Karate – Goju Ryu

Traditional non-competitive hard/soft style. Basic techniques are taught where more complexity is added as the student progresses, fostering growth, self-discipline and respect, increasing self-confidence and coordination.

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 4-5 years | Wed. | 5:15-6 pm |
| Sep 19-Dec 5 | \$90.75 | 1403949 |
| Jan 9-Mar 6 | \$68.25 | 1405273 |
| 4-5 years | Sat. | 9-9:45 am |
| Sep 15-Dec 8 | \$83.25 | 1403939 |
| Jan 12-Mar 2 | \$53 | 1405274 |
| 4-5 years | Sat. | 9:45-10:30 am |
| Sep 15-Dec 8 | \$83.25 | 1403942 |
| Jan 12-Mar 2 | \$53 | 1405278 |

Pinecrest – 613-828-3118

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sat. | 1:45-2:30 pm |
| Sep 8-29 | \$30.25 | 1408105 |
| Oct 13-Dec 15 | \$75.75 | 1408108 |
| Jan 12-Mar 9 | \$60.50 | 1408623 |

Martial Arts – Tae E. Lee Taekwondo

Develop discipline, confidence, focus and concentration in an exciting and positive atmosphere. No experience necessary. Offered in collaboration with Tae E. Lee Taekwondo.

Canterbury – 613-247-4869

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Wed. | 5:30-6 pm |
| Sep 26-Dec 19 | \$84.75 | 1401947 |
| Jan 23-Apr 17 | \$84.75 | 1402032 |
| 3-5 years | Wed. | 6-6:30 pm |
| Sep 26-Dec 19 | \$84.75 | 1401954 |
| Jan 23-Apr 17 | \$84.75 | 1402046 |
| 3-5 years | Wed. | 6:30-7 pm |
| Sep 26-Dec 19 | \$84.75 | 1401960 |
| Jan 23-Apr 17 | \$84.75 | 1402053 |
| 3-5 years | Sat. | noon-12:30 pm |
| Sep 22-Dec 15 | \$84.75 | 1401887 |
| Jan 19-Apr 13 | \$84.75 | 1402014 |
| 3-5 years | Sat. | 12:30-1 pm |
| Sep 22-Dec 15 | \$84.75 | 1401903 |
| Jan 19-Apr 13 | \$84.75 | 1402024 |

Multi Sport

Multi Sport – Parent & Me

Emphasis is on active participation and fun. Non-instructional play-based programming.

Eva James – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Sun. | 9-9:45 am |
| Sep 23-Dec 16 | \$86 | 1188460 |
| Jan 13-Mar 10 | \$57.25 | 1188463 |

Multi Sport

Emphasis is on participation and having fun while learning the fundamental movement skills. Try a variety of sport based activities.

Eva James – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 4-6 years | Sun. | 9:50-10:35 am |
| Sep 23-Dec 16 | \$86 | 1188472 |
| Jan 13-Mar 10 | \$57.25 | 1188478 |

Hunt Club-Riverside Park – 613-260-1299

| | | |
|---------------|----------|-------------------------|
| 3-5 years | Sat. | 10:30-11:15 am |
| Sep 15-Dec 22 | \$100.25 | 1406414 |
| Jan 12-Apr 27 | \$100.25 | 1406416 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Thu. | 5-6 pm |
| Sep 20-Dec 13 | \$114.50 | 1376572 |
| Jan 10-Mar 7 | \$86 | 1401385 |

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Wed. | 5-5:45 pm |
| Sep 19-Dec 5 | \$86 | 1404219 |
| Jan 9-Mar 6 | \$64.50 | 1407613 |

Pinecrest – 613-828-3118

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | 10-10:45 am |
| Sep 9-30 | \$28.75 | 1408247 |
| Oct 14-Dec 16 | \$71.75 | 1408249 |
| Jan 13-Mar 10 | \$57.25 | 1408674 |

Richcraft-Kanata – 613-580-9696

| | | |
|---------------|----------|-------------------------|
| 4-6 years | Wed. | 2-3 pm |
| Sep 26-Dec 19 | \$124.25 | 1404707 |
| Jan 9-Mar 6 | \$86 | 1404709 |

Walter Baker – 613-580-2788

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Sat. | 9:55-10:40 am |
| Sep 15-Dec 8 | \$86 | 1404019 |
| Jan 12-Mar 2 | \$57.25 | 1187025 |

Multi Sport – Gym & Swim

Try a variety of fundamental movement skills through structured play with a sport instructor, followed with interactive games in the pool with an aquatic instructor.

Goulbourn – 613-580-2532

| | | |
|-------------------|----------|-------------------------|
| 15 months-3 years | Tue. | 9:50-10:10 am |
| Sep 18-Dec 4 | \$114.50 | 1405607 |
| Jan 8-Mar 5 | \$86 | 1405641 |

Multi Sport – Soccer and T-Ball

Emphasis is on participation and having fun while learning the fundamental movement skills. Try a variety of sport based activities.

Albion Heatherington – 613-247-4828

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 11-11:45 am |
| Sep 23-Oct 28 | \$36 | 1401352 |
| Nov 4-Dec 9 | \$43 | 1401367 |
| Jan 20-Feb 10 | \$28.75 | 1402699 |
| Feb 17-Mar 10 | \$28.75 | 1402705 |

François Dupuis – 613-580-8080

| | | |
|---------------|----------|-------------------------|
| 3-5 years | Tue. | 5:15-6:15 pm |
| Sep 18-Dec 11 | \$124.25 | 1321334 |
| Jan 15-Mar 26 | \$95.50 | 1403224 |
| 3-5 years | Thu. | 5:15-6:15 pm |
| Sep 20-Dec 13 | \$124.25 | 1321394 |
| Jan 17-Mar 28 | \$95.50 | 1403228 |

Kanata Recreation – 613-580-2570

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 11 am-noon |
| Sep 29-Dec 8 | \$95.50 | 1185454 |
| Jan 19-Mar 23 | \$67 | 1401810 |

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Mon. | 4-4:45 pm |
| Sep 17-Dec 3 | \$78.75 | 1404226 |
| Jan 7-Mar 4 | \$57.25 | 1407615 |

Pinecrest Park – 613-828-3118

| | | |
|-----------|---------|-------------------------|
| 3-5 years | Sat. | 9-9:45 am |
| Sep 8-29 | \$28.75 | 1407944 |

Plant – 613-232-3000

| | | |
|---------------|------|-------------------------|
| 3-5 years | Sun. | 9:30-10:15 am |
| Sep 23-Oct 28 | \$36 | 1406658 |
| 3-5 years | Sun. | 10:20-11:05 am |
| Sep 23-Oct 28 | \$36 | 1406669 |
| 3-5 years | Sun. | 11:10-11:55 am |
| Sep 16-Oct 28 | \$36 | 1406679 |

Soccer

Soccer – Parent & Me

An active start to the sport. Have fun while learning the fundamental movement skills and trying a variety of soccer based activities.

Bridlewood – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Sun. | 9-9:30 am |
| Sep 23-Dec 16 | \$46 | 1188429 |
| Jan 13-Mar 3 | \$26.75 | 1188440 |

Fisher Park – 613-798-8945

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sat. | 10:15-11 am |
| Jan 12-Mar 30 | \$57.25 | 1246571 |
| 3-5 years | Sat. | 10:15-11 am |
| Sep 22-Dec 15 | \$57.25 | 1180098 |

Fred Barrett Arena – 613-580-2424 ext. 30235

| | | |
|---------------|------|-------------------------|
| 3-5 years | Sat. | 10:30-11:15 am |
| Jan 12-Mar 23 | \$46 | 1178979 |

Goulbourn – 613-580-2532

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sat. | 8:10-8:55 am |
| Sep 22-Dec 15 | \$68.75 | 1409001 |
| 3-5 years | Sat. | 8:15-9 am |
| Jan 19-Mar 9 | \$40.25 | 1409002 |

Greely – 613-580-2424 ext. 30235

| | | |
|--------------|------|-------------------------|
| 3-5 years | Wed. | 5:15-6 pm |
| Oct 17-Dec 5 | \$46 | 1178980 |
| Jan 16-Mar 6 | \$46 | 1178981 |

Metcalfe – 613-580-2424 ext. 30235

| | | |
|---------------|------|-------------------------|
| 3-5 years | Sun. | 9:30-10:15 am |
| Oct 14-Dec 16 | \$46 | 1178993 |
| Jan 20-Mar 31 | \$46 | 1178994 |

Nepean Sportsplex – 613-580-2828

| | | |
|-------------------|---------|-------------------------|
| 30 months-4 years | Sat. | 8:15-9 am |
| Sep 15-Dec 8 | \$63 | 1404151 |
| Jan 12-Mar 2 | \$40.25 | 1407616 |

Walter Baker – 613-580-2788

| | | |
|--------------|---------|-------------------------|
| 2-3 years | Sun. | 9-9:45 am |
| Sep 16-Dec 9 | \$68.75 | 1404217 |
| Jan 13-Mar 3 | \$46 | 1289671 |
| 3-4 years | Sun. | 9:50-10:35 am |
| Sep 16-Dec 9 | \$68.75 | 1404223 |
| Jan 13-Mar 3 | \$46 | 1292173 |

Soccer

An active start to the sport. Have fun while learning the fundamental movement skills and trying a variety of soccer based activities.

Avalon School – 613-824-0633

2080 Portobello

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sat. | 8-9 am |
| Sep 15-Dec 8 | \$91.75 | 1184303 |
| Jan 12-Mar 30 | \$76.50 | 1184094 |
| 3-4 years | Sat. | 9-10 am |
| Sep 15-Dec 8 | \$91.75 | 1184305 |
| Jan 12-Mar 30 | \$76.50 | 1184100 |
| 4-5 years | Sat. | 10-11 am |
| Sep 15-Dec 8 | \$91.75 | 1184307 |
| Jan 12-Mar 30 | \$76.50 | 1184105 |

Bridlewood – 613-271-0712

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | 9:35-10:20 am |
| Sep 23-Dec 16 | \$68.75 | 1188448 |
| Jan 13-Mar 3 | \$40.25 | 1188453 |

Glen Cairn – 613-580-2570

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Mon. | 5:30-6 pm |
| Sep 24-Dec 10 | \$42 | 1187051 |
| Jan 14-Mar 4 | \$26.75 | 1187040 |
| 3-5 years | Wed. | 5:30-6:15 pm |
| Sep 26-Dec 12 | \$63 | 1183415 |
| Jan 16-Mar 6 | \$46 | 1188641 |

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 9-9:50 am |
| Sep 29-Dec 8 | \$63.75 | 1185859 |
| Jan 19-Mar 30 | \$57.25 | 1402204 |
| 3-5 years | Sat. | 10-10:50 am |
| Sep 29-Dec 8 | \$63.75 | 1185864 |
| Jan 19-Mar 30 | \$57.25 | 1402213 |

Heron – 613-247-4808

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Tue. | 4:45-5:30 pm |
| Sep 25-Nov 27 | \$57.25 | 1187843 |
| Jan 15-Mar 19 | \$57.25 | 1401227 |

Kanata Recreation – 613-580-2570

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 1-1:30 pm |
| Sep 30-Dec 9 | \$38.25 | 1186938 |
| Jan 20-Mar 24 | \$26.75 | 1403593 |
| 3-5 years | Sun. | 1:30-2 pm |
| Sep 30-Dec 9 | \$38.25 | 1186942 |
| Jan 20-Mar 24 | \$26.75 | 1403661 |

McNabb – 613-564-1070

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sun. | 11 am-noon |
| Sep 30-Dec 16 | \$91.75 | 1409507 |
| Jan 13-Mar 10 | \$68.75 | 1409558 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Fri. | 5-6 pm |
| Sep 21-Dec 14 | \$91.75 | 1400042 |
| Jan 11-Mar 8 | \$68.75 | 1401768 |

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Mon. | 4:30-5 pm |
| Sep 17-Dec 3 | \$42 | 1404195 |
| 3-5 years | Mon. | 4:30-5 pm |
| Jan 7-Mar 4 | \$30.75 | 1405962 |
| 3-5 years | Sat. | 8:15-9 am |
| Sep 15-Dec 8 | \$63 | 1404185 |
| Jan 12-Mar 2 | \$40.25 | 1405955 |
| 3-5 years | Sat. | 9-9:45 am |
| Sep 15-Dec 8 | \$63 | 1404187 |
| Jan 12-Mar 2 | \$40.25 | 1405958 |

Overbrook – 613-742-5147

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Wed. | 6-6:45 pm |
| Sep 12-Oct 24 | \$40.25 | 1186006 |
| Nov 7-Dec 19 | \$40.25 | 1186017 |

Pat Clark – 613-748-1771

| | | |
|-------------|---------|-------------------------|
| 2-3 years | Sat. | 10-10:45 am |
| Jan 5-Mar 9 | \$51.75 | 1181036 |
| 4-5 years | Sat. | 10:45-11:30 am |
| Jan 5-Mar 9 | \$51.75 | 1181038 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Sat. | 8:30-9:15 am |
| Sep 15-Dec 15 | \$74.50 | 1184643 |
| Jan 12-Mar 30 | \$63 | 1186915 |

Sandy Hill – 613-564-1062

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Wed. | 10-10:45 am |
| Sep 12-Nov 28 | \$63 | 1406239 |
| Jan 9-Mar 6 | \$51.75 | 1406838 |
| 3-5 years | Fri. | 11-11:45 am |
| Sep 14-Nov 30 | \$63 | 1406205 |
| Jan 11-Mar 8 | \$51.75 | 1406843 |
| 3-5 years | Fri. | 4-4:45 pm |
| Sep 14-Nov 30 | \$63 | 1406135 |
| Jan 11-Mar 8 | \$51.75 | 1406826 |
| 3-5 years | Sat. | 10-10:45 am |
| Sep 15-Dec 1 | \$63 | 1406217 |
| Jan 12-Mar 16 | \$57.25 | 1406836 |

South Fallingbrook – 613-824-0633

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sun. | 10-11 am |
| Sep 16-Dec 9 | \$84 | 1184311 |
| Jan 13-Mar 31 | \$76.50 | 1184108 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sat. | 9:15-10 am |
| Sep 15-Dec 22 | \$80.25 | 1398609 |
| Jan 12-Mar 30 | \$57.25 | 1398656 |

Walter Baker – 613-580-2788

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | 10:40-11:25 am |
| Sep 16-Dec 16 | \$68.75 | 1404261 |
| Jan 13-Mar 3 | \$46 | 1321141 |

Sportball–Junior®

In collaboration with Sportball®. www.sportball.ca. Children and parents are introduced to sports, creative games, songs, rhymes, stories, bubble time and much more! Learn the FUNdamentals of soccer, hockey, basketball, baseball, volleyball, tennis and golf.

Fallingbrook School – 613-580-4765

| | | |
|-------------------|----------|-------------------------|
| 16 months-2 years | Sat. | 9-9:45 am |
| Sep 15-Oct 27 | \$105.75 | 1405741 |
| Nov 3-Dec 8 | \$105.75 | 1405744 |
| Jan 12-Mar 2 | \$123.50 | 1405763 |

Queenswood Heights – 613-580-4765

| | | |
|-------------------|-------|-------------------------|
| 16 months-2 years | Thu. | 9:30-10:15 am |
| Sep 20-Nov 8 | \$141 | 1405753 |
| Jan 10-Feb 28 | \$141 | 1405765 |

Walter Baker – 613-580-2788

| | | |
|---------------|----------|-------------------------|
| 1-2 years | Thu. | 9:30-10:15 am |
| Sep 20-Oct 25 | \$105.75 | 1400833 |
| Nov 8-Dec 13 | \$105.75 | 1400837 |

Sportball–Multi Sport®

In collaboration with Sportball®. www.sportball.ca. learn the FUNdamentals of soccer, hockey, basketball, baseball, volleyball, tennis and golf. Games and skills are taught in a non-competitive and supportive environment.

Carleton Heights – 613-226-2208

| | | |
|---------------|----------|-------------------------|
| 3-4 years | Sat. | 12:30-1:30 pm |
| Sep 22-Nov 3 | \$105 | 1181798 |
| Nov 10-Dec 15 | \$105 | 1181806 |
| Jan 12-Mar 2 | \$122.50 | 1181810 |
| 4-6 years | Sat. | 1:30-2:30 pm |
| Sep 22-Nov 3 | \$105 | 1181804 |
| Nov 10-Dec 15 | \$105 | 1181808 |
| Jan 12-Mar 2 | \$122.50 | 1181811 |



Rideauview – 613-822-7887

| | | |
|---------------|-------|-------------------------|
| 3-5 years | Sat. | 10-11 am |
| Sep 29-Dec 1 | \$175 | 1398577 |
| Jan 19-Mar 23 | \$175 | 1407305 |

Walter Baker – 613-580-2788

| | | |
|---------------|-------|-------------------------|
| 3-5 years | Tue. | 4:15-5:15 pm |
| Sep 18-Oct 23 | \$105 | 1400444 |
| Nov 6-Dec 11 | \$105 | 1400469 |
| Jan 15-Mar 5 | \$140 | 1185670 |
| 3-5 years | Thu. | 10:15-11:15 am |
| Jan 17-Mar 7 | \$140 | 1185882 |
| 3-5 years | Thu. | 11 am-noon |
| Sep 20-Oct 25 | \$105 | 1400870 |
| Nov 8-Dec 13 | \$105 | 1400872 |
| 5-7 years | Tue. | 5:15-6:15 pm |
| Sep 18-Oct 23 | \$105 | 1400453 |
| Nov 6-Dec 11 | \$105 | 1400458 |
| Jan 15-Mar 5 | \$140 | 1185785 |

Sportball – Parent and Tot®

In collaboration with Sportball®. www.sportball.ca

Parents and children are introduced to soccer, hockey, basketball, baseball, volleyball, tennis and golf. Games and skills are non-competitive, focusing on success and confidence.

Chapman Mills – 613-822-7887

| | | |
|-------------------|----------|-------------------------|
| 16 months-3 years | Sun. | 9:15-10 am |
| Sep 30-Dec 2 | \$176.25 | 1398456 |
| Jan 20-Mar 24 | \$176.25 | 1402939 |

**Fallingbrook School – 613-580-4765
679 Deancourt**

| | | |
|---------------|----------|-------------------------|
| 2-4 years | Sat. | 9:45-10:30 am |
| Sep 15-Oct 27 | \$105.75 | 1405797 |
| Nov 3-Dec 8 | \$105.75 | 1405800 |
| Jan 12-Mar 2 | \$123.50 | 1405812 |

**Greely School –
613-580-2424 ext. 30235
7066 Parkway**

| | | |
|--------------|-------|-------------------------|
| 2-3 years | Sat. | 9-9:45 am |
| Oct 13-Dec 1 | \$141 | 1179271 |
| Jan 19-Mar 9 | \$141 | 1179272 |

**Hunt Club-Riverside Park –
613-260-1299**

| | | |
|---------------|-------|-------------------------|
| 2-3 years | Sun. | 8:45-9:30 am |
| Sep 9-Dec 16 | \$235 | 1407751 |
| Jan 13-Apr 28 | \$235 | 1407753 |

Queenswood Heights – 613-580-4765

| | | |
|---------------|-------|-------------------------|
| 2-4 years | Thu. | 10:15-11 am |
| Sep 20-Nov 8 | \$141 | 1405803 |
| Jan 10-Feb 28 | \$141 | 1405822 |

Richelieu-Vanier – 613-560-6030

| | | |
|---------------|----------|-------------------------|
| 2-3 years | Sun. | 9:15-10 am |
| Sep 16-Nov 4 | \$105.75 | 1400685 |
| Nov 11-Dec 16 | \$105.75 | 1400761 |
| Jan 13-Mar 3 | \$123.50 | 1400769 |

Rideauview – 613-822-7887

| | | |
|-------------------|----------|-------------------------|
| 16 months-3 years | Sat. | 9:15-10 am |
| Sep 29-Dec 1 | \$176.25 | 1398575 |
| Jan 19-Mar 23 | \$176.25 | 1407300 |

Walter Baker – 613-580-2788

| | | |
|---------------|----------|-------------------------|
| 2-3 years | Thu. | 9:30-10:15 am |
| Jan 17-Mar 7 | \$141 | 1185872 |
| 2-3 years | Thu. | 10:15-11 am |
| Sep 20-Oct 25 | \$105.75 | 1409235 |
| Nov 8-Dec 13 | \$105.75 | 1400845 |

T-Ball – Parent & Child

Build skills together. Emphasis is on having fun while learning the fundamental movement skills and trying a variety of sport-based activities.

François Dupuis – 613-580-8080

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Tue. | 4:30-5:15 pm |
| Sep 18-Dec 11 | \$93.25 | 1321326 |
| Jan 15-Mar 26 | \$71.75 | 1403215 |
| 2-3 years | Thu. | 4:30-5:15 pm |
| Sep 20-Dec 13 | \$93.25 | 1321329 |
| Jan 17-Mar 28 | \$71.75 | 1403216 |

Rideauview – 613-822-7887

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Sun. | 9-9:45 am |
| Sep 30-Dec 2 | \$71.75 | 1398473 |
| Jan 20-Mar 24 | \$71.75 | 1402997 |

T-Ball

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Pat Clark – 613-748-1771

| | | |
|-------------|------|-------------------------|
| 4-6 years | Sat. | 1:30-2:30 pm |
| Jan 5-Mar 9 | \$86 | 1181051 |

Rideauview – 613-822-7887

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 9:45-10:30 am |
| Sep 30-Dec 2 | \$71.75 | 1398481 |
| Jan 20-Mar 24 | \$71.75 | 1403008 |

Tennis

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Heron – 613-247-4808

| | | |
|---------------|---------|-------------------------|
| 4-6 years | Sat. | 9:30-10:15 am |
| Sep 22-Nov 17 | \$76.50 | 1187881 |
| Jan 12-Mar 16 | \$95.50 | 1401252 |

South Fallingbrook – 613-824-0633

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sat. | 9-9:45 am |
| Sep 22-Dec 1 | \$95.50 | 1189122 |
| Jan 12-Mar 30 | \$95.50 | 1189130 |

General Interest

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Baby Sign and Songs

Babies understand language long before they can speak. Discover the benefits of using 'baby sign' to promote early communication with young children. Learn 50-75 of the most common signs.

Plant – 613-232-3000

| | | |
|------------------|---------|-------------------------|
| 5 months-2 years | Wed. | 10-10:45 am |
| Sep 19-Nov 14 | \$68.25 | 1404095 |
| Jan 9-Mar 6 | \$68.25 | 1408352 |
| 5 months-2 years | Wed. | 11-11:45 am |
| Sep 19-Nov 14 | \$68.25 | 1404105 |
| Jan 9-Mar 6 | \$68.25 | 1408360 |
| 5 months-2 years | Sat. | 10-10:45 am |
| Sep 22-Nov 24 | \$68.25 | 1404442 |
| Jan 12-Mar 9 | \$68.25 | 1408655 |
| 5 months-2 years | Sat. | 11-11:45 am |
| Sep 22-Nov 24 | \$68.25 | 1404456 |
| Jan 12-Mar 9 | \$68.25 | 1408658 |

Crafty Chefs

Create in the kitchen and craft room, some to eat and some to show.

Albion Heatherington – 613-247-4828

| | | |
|---------------|---------|-------------------------|
| 4-6 years | Sun. | 10-10:45 am |
| Sep 23-Oct 28 | \$35.75 | 1401295 |
| Nov 4-Dec 9 | \$43 | 1401309 |
| Jan 20-Feb 10 | \$28.75 | 1402665 |
| Feb 17-Mar 10 | \$28.75 | 1402669 |

Greely – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Tue. | 9:30-10:15 am |
| Oct 16-Nov 6 | \$28.75 | 1405625 |
| Feb 19-Mar 19 | \$28.75 | 1407877 |

Manotick Arena – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Mon. | 10-10:45 am |
| Nov 26-Dec 17 | \$28.75 | 1405659 |
| 3-5 years | Sat. | 9-9:45 am |
| Jan 19-Mar 2 | \$43 | 1407879 |

Metcalfe – 613-580-2424 ext. 30235

| | | |
|--------------|---------|-------------------------|
| 2-4 years | Wed. | 9:45-10:30 am |
| Nov 14-Dec 5 | \$28.75 | 1405643 |

Pat Clark – 613-748-1771

| | | |
|-------------|---------|-------------------------|
| 3-4 years | Sat. | 10-11 am |
| Jan 5-Feb 2 | \$47.75 | 1181053 |
| Feb 9-Mar 9 | \$38.25 | 1181054 |

Queenswood Heights – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 5-7 years | Thu. | 5-5:45 pm |
| Sep 13-Oct 25 | \$50.25 | 1405656 |
| Nov 1-Dec 13 | \$50.25 | 1405666 |
| Jan 10-Feb 14 | \$43 | 1405678 |
| Feb 21-Mar 28 | \$35.75 | 1405684 |

Ray Friel – 613-580-4765

| | | |
|---------------|----------|-------------------------|
| 2-4 years | Wed. | 9:30-10:15 am |
| Sep 12-Dec 19 | \$100.25 | 1184626 |
| Jan 9-Mar 27 | \$78.75 | 1186851 |

Dinosaur Discovery!

Travel through time to explore the amazing and exciting world of dinosaurs! Dig for 'fossils', make RAWRsome crafts, and learn about new dinosaurs each week.

Aquaview – 613-824-0633

| | | |
|---------------|----------|-------------------------|
| 5-8 years | Thu. | 6-7 pm |
| Sep 27-Nov 15 | \$114.50 | 1184330 |

Rideauview – 613-822-7887

| | | |
|---------------|----------|-------------------------|
| 2-5 years | Sun. | 9-10 am |
| Sep 30-Dec 2 | \$138 | 1398561 |
| 2-5 years | Sun. | 9-10 am |
| Jan 27-Mar 24 | \$126.25 | 1409073 |

Kaleidoscope

Join us for a variety of interactive activities! Play games, create amazing crafts and explore the world around you with hands-on adventures!

Eva James – 613-271-0712

| | | |
|-------------|---------|-------------------------|
| 3-5 years | Tue. | 9:30-11 am |
| Jan 8-Mar 5 | \$77.25 | 1401800 |

Little Shakers and Music Makers

Does your child love to dance, listen to music and be creative? Includes creative movement, songs, games, instrument making and more!

Goulbourn – 613-580-2532

| | | |
|-------------------|---------|-------------------------|
| 18 months-4 years | Tue. | 10:30-11:15 am |
| Sep 18-Dec 4 | \$86 | 1405677 |
| Jan 15-Mar 5 | \$57.25 | 1405694 |

McNabb – 613-564-1070

| | | |
|-------------------|----------|-------------------------|
| 18 months-4 years | Tue. | 10:30-11:30 am |
| Sep 25-Dec 11 | \$114.50 | 1409492 |
| Jan 8-Mar 5 | \$86 | 1409544 |

Nepean Sportsplex – 613-580-2828

| | | |
|-------------------|----------|-------------------------|
| 18 months-4 years | Thu. | 10:30-11:30 am |
| Sep 20-Dec 6 | \$114.50 | 1403108 |
| Jan 10-Mar 7 | \$86 | 1407618 |

Muck and Mess

Get into your art with various projects, using lots of imagination and materials.

Hintonburg – 613-798-8874

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Sat. | 10:30-11:30 am |
| Oct 13-Dec 1 | \$57.25 | 1402682 |
| Jan 19-Mar 9 | \$57.25 | 1402691 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Tue. | 5:30-6 pm |
| Sep 11-Dec 18 | \$53.75 | 1184622 |
| Jan 8-Mar 26 | \$39.50 | 1186843 |

Muck and Mess – Parent and Tot

Get messy with your toddler. Various art projects using lots of imagination and materials.

Greely – 613-580-2424 ext. 30235

| | | |
|--------------|---------|-------------------------|
| 2-4 years | Tue. | 9:30-10:15 am |
| Nov 13-Dec 4 | \$21.50 | 1405711 |

Greenboro – 613-580-2805

| | | |
|--------------|---------|-------------------------|
| 2-3 years | Sat. | 9:30-10:30 am |
| Oct 13-Dec 8 | \$57.25 | 1408988 |
| Jan 19-Mar 9 | \$57.25 | 1408992 |

Manotick Arena – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Mon. | 10-10:45 am |
| Jan 21-Feb 11 | \$21.50 | 1407908 |

Metcalfe – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Wed. | 9:45-10:30 am |
| Jan 23-Feb 13 | \$21.50 | 1407914 |

Nepean Sportsplex – 613-580-2828

| | | |
|-----------|---------|-------------------------|
| 3-5 years | Sat. | 9:30-11 am |
| Jan 19 | \$38.25 | 1407645 |

Pat Clark – 613-748-1771

| | | |
|-------------|---------|-------------------------|
| 1-3 years | Sat. | 9-9:45 am |
| Jan 5-Feb 2 | \$27 | 1181055 |
| Feb 9-Mar 9 | \$21.50 | 1181058 |

Loose Parts Playground – Parent & Me

Loose parts are materials that encourage children to invent, create, construct, and experiment. Preschoolers and their caregivers will explore early science and engineering concepts through play and exploration using unique large scale materials and equipment.

Lansdowne Park – 613-580-2424 ext. 17323

| | | |
|---------------|---------|-------------------------|
| 2-5 years | Mon. | 9:30-11 am |
| Oct 1-22 | \$38.25 | 1407729 |
| Nov 5-Dec 3 | \$47.75 | 1407734 |
| Jan 21-Mar 4 | \$57.25 | 1408218 |
| 2-5 years | Tue. | 4:30-5:30 pm |
| Jan 22-Feb 26 | \$38.25 | 1408572 |
| 2-6 years | Tue. | 4-5:30 pm |
| Oct 2-23 | \$38.25 | 1407991 |

Science Quests

Hands On science experiments! Experience science in a fun and interactive way.

Greely – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Tue. | 9:30-10:15 am |
| Jan 22-Feb 12 | \$21.50 | 1407890 |

Manotick Arena – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Mon. | 10-10:45 am |
| Feb 25-Mar 25 | \$21.50 | 1407901 |
| 3-5 years | Mon. | 5:15-6 pm |
| Jan 21-Mar 4 | \$32.25 | 1407896 |
| 3-5 years | Sat. | 9-9:45 am |
| Nov 10-Dec 15 | \$32.25 | 1405811 |

Walter Baker – 613-580-2788

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Sun. | 9-9:30 am |
| Sep 23-Nov 4 | \$21.50 | 1404110 |
| Nov 11-Dec 16 | \$21.50 | 1404120 |
| Jan 20-Mar 10 | \$28.75 | 1246851 |

Splash n Play

Come with your child and enjoy playtime, swim time, stories and crafts together. An opportunity to meet others in your community.

Nepean Sportsplex – 613-580-2828

| | | |
|-------------------|---------|-------------------------|
| 18 months-4 years | Mon. | 10-11:30 am |
| Sep 17-Dec 3 | \$85.50 | 1403112 |
| Jan 7-Mar 4 | \$62.25 | 1407621 |

The Great Outdoors – Parent and Me

With binoculars and magnifiers in hand, we will leave to discover the wonders of nature in your neighbourhood. Activities include hiking, orienteering, gardening, nature-inspired crafts and much more.

Greely – 613-580-2424 ext. 30235

| | | |
|--------------|---------|-------------------------|
| 3-5 years | Tue. | 9:30-10:15 am |
| Sep 18-Oct 9 | \$11.50 | 1405824 |

Manotick Arena – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Mon. | 10-10:45 am |
| Sep 17-Oct 15 | \$11.50 | 1405846 |
| 3-5 years | Sat. | 9-9:45 am |
| Sep 22-Nov 3 | \$17.25 | 1405854 |

Metcalfe – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Wed. | 9:45-10:30 am |
| Sep 19-Oct 10 | \$11.50 | 1405836 |



Duffer Doo

613-580-2424 extension 41243

A recreation preschool program for two to five year olds. Designed to encourage play and enhance development through crafts, songs, games, and weekly themes. Children learn to socialize and interact with caring staff and peers in a fun environment.

Fall session: September to December

Winter: January to March

NOTE – a 1 hour Duffer Doo for two year olds is now being offered at most locations.

How to register: The chart lists the locations, days, times and program codes numbers you will need to register. Make sure to update your email on your account.

Register early to avoid disappointment.

Registration for fall, winter and spring programs commences August 16.

No classes: HOLIDAYS

Orientation for Participants

Fall

Registered participants and parents are invited to visit their Duffer Doo Centre before the program begins to meet the staff and get acquainted. Parents will receive an email with the details.

Winter and spring

Newly registered participants are encouraged to arrange a visit with the program supervisor before the new session begins. Staff can be reached at the centre while the program is taking place.

Chapman Mills – 613-822-7887

| | | |
|---------------|----------|-------------------------|
| 2-3 years | Tue. | 9:15-10:15 am |
| Sep 25-Dec 11 | \$68.75 | 1398608 |
| Jan 8-Mar 26 | \$63 | 1407462 |
| 2-3 years | Wed. | 9:15-10:15 am |
| Sep 26-Dec 12 | \$68.75 | 1398611 |
| Jan 9-Mar 27 | \$63 | 1407463 |
| 2-3 years | Thu. | 9:15-10:15 am |
| Sep 27-Dec 13 | \$68.75 | 1398612 |
| Jan 10-Mar 28 | \$63 | 1407465 |
| 2-3 years | Fri. | 9:15-10:15 am |
| Sep 28-Dec 14 | \$68.75 | 1398614 |
| Jan 11-Mar 29 | \$63 | 1407468 |
| 3-5 years | Tue. | 9:15-11:15 am |
| Sep 25-Dec 11 | \$137.50 | 1398603 |
| Jan 8-Mar 26 | \$126 | 1407454 |
| 3-5 years | Wed. | 9:15-11:15 am |
| Sep 26-Dec 12 | \$137.50 | 1398605 |
| Jan 9-Mar 27 | \$126 | 1407456 |
| 3-5 years | Thu. | 9:15-11:15 am |
| Sep 27-Dec 13 | \$137.50 | 1398606 |
| Jan 10-Mar 28 | \$126 | 1407458 |
| 3-5 years | Fri. | 9:15-11:15 am |
| Sep 28-Dec 14 | \$137.50 | 1398607 |
| Jan 11-Mar 29 | \$126 | 1407459 |

Charlie Conacher

| | | |
|--------------|----------|-------------------------|
| 2-3 years | Wed. | 9:15-10:15 am |
| Oct 3-Dec 5 | \$57.25 | 1320190 |
| Jan 16-Mar 6 | \$46 | 1401042 |
| 3-5 years | Wed. | 9:15-11:15 am |
| Oct 3-Dec 5 | \$114.50 | 1246884 |
| Jan 16-Mar 6 | \$91.75 | 1400993 |

Larkin House

| | | |
|--------------|----------|-------------------------|
| 2-3 years | Tue. | 9:15-10:15 am |
| Oct 2-Dec 4 | \$57.25 | 1320283 |
| Jan 15-Mar 5 | \$46 | 1401036 |
| 2-3 years | Thu. | 9:15-10:15 am |
| Oct 4-Dec 6 | \$57.25 | 1320291 |
| Jan 17-Mar 7 | \$46 | 1401037 |
| 3-5 years | Tue. | 9:15-11:15 am |
| Oct 2-Dec 4 | \$114.50 | 1246866 |
| Jan 15-Mar 5 | \$91.75 | 1400989 |
| 3-5 years | Thu. | 9:15-11:15 am |
| Oct 4-Dec 6 | \$114.50 | 1246868 |
| Jan 17-Mar 7 | \$91.75 | 1400990 |

Margaret Rywak

| | | |
|--------------|---------|-------------------------|
| 2-3 years | Mon. | 9:15-10:15 am |
| Oct 1-Dec 10 | \$57.25 | 1320181 |
| Jan 14-Mar 4 | \$40.25 | 1401044 |

| | | |
|--------------|----------|-------------------------|
| 2-3 years | Wed. | 9:15-10:15 am |
| Oct 3-Dec 5 | \$57.25 | 1320183 |
| Jan 16-Mar 6 | \$46 | 1401040 |
| 3-5 years | Mon. | 9:15-11:15 am |
| Oct 1-Dec 10 | \$114.50 | 1246874 |
| Jan 14-Mar 4 | \$80.25 | 1400994 |
| 3-5 years | Wed. | 9:15-11:15 am |
| Oct 3-Dec 5 | \$114.50 | 1246876 |
| Jan 16-Mar 6 | \$91.75 | 1400998 |

Minto-Barrhaven – 613-727-2683

| | | |
|--------------|----------|-------------------------|
| 2-3 years | Mon. | 9:15-10:15 am |
| Oct 1-Dec 10 | \$57.25 | 1246941 |
| Jan 14-Mar 4 | \$40.25 | 1401025 |
| 2-3 years | Mon. | 10:15-11:15 am |
| Oct 1-Dec 10 | \$57.25 | 1246945 |
| Jan 14-Mar 4 | \$40.25 | 1401028 |
| 2-3 years | Tue. | 9:15-10:15 am |
| Oct 2-Dec 4 | \$57.25 | 1246896 |
| Jan 15-Mar 5 | \$46 | 1401010 |
| 2-3 years | Tue. | 10:15-11:15 am |
| Oct 2-Dec 4 | \$57.25 | 1246904 |
| Jan 15-Mar 5 | \$46 | 1401016 |
| 2-3 years | Wed. | 9:15-10:15 am |
| Oct 3-Dec 5 | \$57.25 | 1246908 |
| Jan 16-Mar 6 | \$46 | 1401012 |
| 2-3 years | Wed. | 10:15-11:15 am |
| Oct 3-Dec 5 | \$57.25 | 1246909 |
| Jan 16-Mar 6 | \$46 | 1401017 |
| 2-3 years | Thu. | 9:15-10:15 am |
| Oct 4-Dec 6 | \$57.25 | 1246929 |
| Jan 17-Mar 7 | \$46 | 1401013 |
| 2-3 years | Thu. | 10:15-11:15 am |
| Oct 4-Dec 6 | \$57.25 | 1246931 |
| Jan 17-Mar 7 | \$46 | 1401018 |
| 2-3 years | Fri. | 9:15-10:15 am |
| Oct 5-Dec 7 | \$57.25 | 1246936 |
| Jan 18-Mar 8 | \$46 | 1401014 |
| 2-3 years | Fri. | 10:15-11:15 am |
| Oct 5-Dec 7 | \$57.25 | 1246938 |
| Jan 18-Mar 8 | \$46 | 1401019 |
| 3-5 years | Mon. | 9:15-11:15 am |
| Oct 1-Dec 10 | \$114.50 | 1246837 |
| Jan 14-Mar 4 | \$80.25 | 1401007 |
| 3-5 years | Tue. | 9:15-11:15 am |
| Oct 2-Dec 4 | \$114.50 | 1246815 |
| Jan 15-Mar 5 | \$91.75 | 1401000 |
| 3-5 years | Wed. | 9:15-11:15 am |
| Oct 3-Dec 5 | \$114.50 | 1246817 |
| Jan 16-Mar 6 | \$91.75 | 1401002 |



| | | |
|--------------|----------|-------------------------|
| 3-5 years | Thu. | 9:15-11:15 am |
| Oct 4-Dec 6 | \$114.50 | 1246821 |
| Jan 17-Mar 7 | \$91.75 | 1401003 |
| 3-5 years | Fri. | 9:15-11:15 am |
| Oct 5-Dec 7 | \$114.50 | 1246833 |
| Jan 18-Mar 8 | \$91.75 | 1401004 |

Ray Friel – 613-580-4765

| | | |
|---------------|----------|-------------------------|
| 2 years | Wed. | 10:30-11:30 am |
| Sep 12-Dec 19 | \$86 | 1184596 |
| Jan 9-Mar 27 | \$63 | 1186820 |
| 3-5 years | Tue. | 9:30-11:30 am |
| Sep 11-Dec 18 | \$171.75 | 1184592 |
| Jan 8-Mar 26 | \$126 | 1186800 |
| 3-5 years | Fri. | 9:30-11:30 am |
| Sep 14-Dec 21 | \$171.75 | 1184600 |
| Jan 11-Mar 29 | \$126 | 1186905 |

Richmond – 613-580-2424 ext. 20705

| | | |
|---------------|----------|-------------------------|
| 2 years | Mon. | 9:30-10:30 am |
| Sep 17-Nov 26 | \$57.25 | 1183194 |
| Jan 7-Mar 25 | \$57.25 | 1188286 |
| 3-5 years | Mon. | 9:15-11:15 am |
| Sep 17-Nov 26 | \$114.50 | 1183189 |
| Jan 7-Mar 25 | \$114.50 | 1188266 |

Southpointe

| | | |
|--------------|----------|-------------------------|
| 2-3 years | Tue. | 9:15-10:15 am |
| Oct 2-Dec 4 | \$57.25 | 1320178 |
| Jan 15-Mar 5 | \$46 | 1401031 |
| 2-3 years | Thu. | 9:15-10:15 am |
| Oct 4-Dec 6 | \$57.25 | 1320179 |
| Jan 17-Mar 7 | \$46 | 1401033 |
| 3-5 years | Tue. | 9:15-11:15 am |
| Oct 2-Dec 4 | \$114.50 | 1246860 |
| Jan 15-Mar 5 | \$91.75 | 1400987 |
| 3-5 years | Thu. | 9:15-11:15 am |
| Oct 4-Dec 6 | \$114.50 | 1246862 |
| Jan 17-Mar 7 | \$91.75 | 1400988 |

Play School

Experience independence, social interaction and learning with emphasis on language, pre-reading, counting, colour naming, dramatic play, themed crafts, music and movement. Children to bring their own nut free snack. No parent participation in this school-ready program.

Aquaview – 613-824-0633

| | | |
|---------------|------------------|-------------------------|
| 3-4 years | Mon., Wed., Fri. | 9:30-11:30 am |
| Sep 24-Dec 14 | \$334 | 1184313 |
| Jan 14-Mar 29 | \$276.75 | 1184315 |
| 3-4 years | Tue., Thu. | 9:30-11:30 am |
| Sep 25-Dec 13 | \$229.25 | 1184314 |
| Jan 15-Mar 28 | \$191 | 1184317 |

Carleton Heights – 613-226-2208

| | | |
|---------------|----------|-------------------------|
| 3-4 years | Mon. | 9:30-11:30 am |
| Sep 10-Dec 10 | \$124.25 | 1181832 |
| Jan 7-Mar 4 | \$76.50 | 1181867 |
| 3-4 years | Wed. | 9:30-11:30 am |
| Sep 12-Dec 12 | \$133.75 | 1181848 |
| Jan 9-Mar 6 | \$86 | 1181868 |
| 3-4 years | Fri. | 9:30-11:30 am |
| Sep 14-Dec 14 | \$133.75 | 1181861 |
| Jan 11-Mar 8 | \$86 | 1181869 |

Eva James – 613-271-0712

| | | |
|---------------|----------|-------------------------|
| 3-4 years | Mon. | 9-11 am |
| Sep 17-Dec 17 | \$124.25 | 1320950 |
| Jan 7-Mar 4 | \$76.50 | 1320957 |
| 3-4 years | Wed. | 9-11 am |
| Sep 19-Dec 19 | \$133.75 | 1320954 |
| Jan 9-Mar 6 | \$86 | 1320962 |

Goulbourn – 613-580-2532

| | | |
|---------------|----------|-------------------------|
| 3-4 years | Mon. | 9:30-11:30 am |
| Sep 17-Dec 10 | \$114.75 | 1398398 |
| Jan 14-Mar 4 | \$67 | 1398411 |
| 3-4 years | Tue. | 9:30-11:30 am |
| Sep 18-Dec 11 | \$124.25 | 1398400 |
| Jan 15-Mar 5 | \$76.50 | 1398412 |
| 3-4 years | Wed. | 9:30-11:30 am |
| Sep 19-Dec 12 | \$124.25 | 1398403 |
| Jan 16-Mar 6 | \$76.50 | 1398413 |
| 3-4 years | Thu. | 9:30-11:30 am |
| Sep 20-Dec 13 | \$124.25 | 1398405 |
| Jan 17-Mar 7 | \$76.50 | 1398414 |
| 3-4 years | Fri. | 9:30-11:30 am |
| Sep 21-Dec 14 | \$124.25 | 1398406 |
| Jan 18-Mar 8 | \$76.50 | 1398416 |



Greely – 613-580-2424 ext. 30235

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Thu. | 9:30-11:30 am |
| Oct 18-Dec 6 | \$76.50 | 1405579 |
| Jan 24-Mar 21 | \$76.50 | 1407868 |

Greenboro – 613-580-2805

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Mon. | 9-11 am |
| Sep 10-Oct 22 | \$57.50 | 1402974 |
| Oct 29-Dec 10 | \$67 | 1402988 |
| Jan 14-Mar 4 | \$67 | 1403002 |
| 3-5 years | Tue. | 9-11 am |
| Sep 11-Oct 23 | \$67 | 1402976 |
| Oct 30-Dec 11 | \$67 | 1402989 |
| Jan 15-Mar 5 | \$76.50 | 1403010 |
| 3-5 years | Wed. | 9-11 am |
| Sep 12-Oct 24 | \$67 | 1402978 |
| Oct 31-Dec 12 | \$67 | 1402990 |
| Jan 16-Mar 6 | \$76.50 | 1403013 |
| 3-5 years | Thu. | 9-11 am |
| Sep 13-Oct 25 | \$67 | 1402981 |
| Nov 1-Dec 13 | \$67 | 1402991 |
| Jan 17-Mar 7 | \$76.50 | 1403017 |
| 3-5 years | Fri. | 9-11 am |
| Sep 14-Oct 26 | \$67 | 1402983 |
| Nov 2-Dec 14 | \$67 | 1402992 |
| Jan 18-Mar 8 | \$76.50 | 1403021 |

Hintonburg – 613-798-8874

| | | |
|--------------|----------|-------------------------|
| 3-5 years | Mon. | 9:15-11:15 am |
| Sep 17-Dec 3 | \$105 | 1401220 |
| Jan 14-Mar 4 | \$67 | 1401248 |
| 3-5 years | Wed. | 9:15-11:15 am |
| Sep 19-Dec 5 | \$114.75 | 1401221 |
| Jan 16-Mar 6 | \$76.50 | 1401249 |
| 3-5 years | Fri. | 9:15-11:15 am |
| Sep 21-Dec 7 | \$95.50 | 1401222 |
| Jan 11-Mar 8 | \$67 | 1401250 |

Plant – 613-232-3000

| | | |
|---------------|------------|-------------------------|
| 3-5 years | Tue. | 9:30-11:30 am |
| Sep 18-Dec 11 | \$124.25 | 1401765 |
| Jan 8-Apr 9 | \$133.75 | 1408165 |
| 3-5 years | Tue., Thu. | 9:30-11:30 am |
| Sep 18-Dec 13 | \$248.25 | 1401771 |
| Jan 8-Apr 11 | \$267.25 | 1408171 |
| 3-5 years | Thu. | 9:30-11:30 am |
| Sep 20-Dec 13 | \$124.25 | 1404328 |
| Jan 10-Apr 11 | \$133.75 | 1408180 |

Richcraft-Kanata – 613-580-9696

| | | |
|---------------|----------|-------------------------|
| 3-4 years | Mon. | 9:30-11:30 am |
| Sep 24-Dec 17 | \$114.75 | 1320705 |
| Jan 7-Mar 4 | \$76.50 | 1320738 |
| 3-4 years | Tue. | 9:30-11:30 am |
| Sep 25-Dec 18 | \$124.25 | 1320708 |
| Jan 8-Mar 5 | \$86 | 1320740 |
| 3-4 years | Tue. | 12:30-2:30 pm |
| Sep 25-Dec 18 | \$124.25 | 1320712 |
| Jan 8-Mar 5 | \$86 | 1320744 |
| 3-4 years | Wed. | 9:30-11:30 am |
| Sep 26-Dec 19 | \$124.25 | 1320714 |
| Jan 9-Mar 6 | \$86 | 1320746 |
| 3-4 years | Thu. | 9:30-11:30 am |
| Sep 27-Dec 20 | \$124.25 | 1320716 |
| Jan 10-Mar 7 | \$86 | 1320750 |
| 3-4 years | Thu. | 12:30-2:30 pm |
| Sep 27-Dec 20 | \$124.25 | 1320717 |
| Jan 10-Mar 7 | \$86 | 1320754 |
| 3-4 years | Fri. | 9:30-11:30 am |
| Sep 28-Dec 21 | \$124.25 | 1320721 |
| Jan 11-Mar 8 | \$86 | 1320756 |

Rideauview – 613-822-7887

| | | |
|---------------|----------|-------------------------|
| 3-5 years | Mon. | 9:15-11:15 am |
| Sep 10-Dec 10 | \$124.25 | 1398506 |
| Jan 7-Mar 25 | \$95.50 | 1404960 |
| 3-5 years | Thu. | 9:15-11:15 am |
| Sep 13-Dec 13 | \$133.75 | 1398507 |
| Jan 10-Mar 28 | \$105 | 1404961 |

Sawmill Creek – 613-521-4092

| | | |
|---------------|---------|-------------------------|
| 3-5 years | Tue. | 9:30-11:30 am |
| Sep 11-Oct 30 | \$76.50 | 1409153 |
| Nov 6-Dec 18 | \$67 | 1409154 |
| Jan 8-Mar 5 | \$76.50 | 1409159 |
| 3-5 years | Wed. | 9:30-11:30 am |
| Sep 12-Oct 31 | \$76.50 | 1409155 |
| Nov 7-Dec 19 | \$67 | 1409156 |
| Jan 9-Mar 6 | \$76.50 | 1409160 |
| 3-5 years | Fri. | 9:30-11:30 am |
| Sep 14-Nov 2 | \$76.50 | 1409157 |
| Nov 9-Dec 21 | \$67 | 1409158 |
| Jan 11-Mar 8 | \$76.50 | 1409161 |



Gingerbread House Building

Calling all parents! Join us to make a special project to take home with your child.

Aquaview – 613-824-0633

4-5 years Tue. 5:45-7:15 pm
Dec 4 \$38.25 [1184359](#)

Eva James – 613-271-0712

3-6 years Sun. 10-11:30 am
Dec 9 \$38.25 [1320932](#)

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
Dec 15 \$38.25 [1407627](#)

Rideauview – 613-822-7887

3-5 years Sat. 9:30-11 am
Dec 8 \$38.25 [1401792](#)

Ooey, Goopy Science

Calling all parents! Join us to make a special project to take home with your child.

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
Oct 20 \$38.25 [1407623](#)

Parent n' Me Woodworking

Calling all parents! Join us to make a special project to take home with your child.

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
Nov 3 \$38.25 [1407624](#)

Pumpkin Patch

Work on a special craft and get ready for Thanksgiving or Hallowe'en!

Eva James – 613-271-0712

3-6 years Sun. 10-11 am
Oct 28 \$32.25 [1320936](#)

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
Oct 6 \$38.25 [1407622](#)

Santa Claus is Coming to Town!

Want to make sure your list gets to Santa? Make crafts for each of Santa's reindeer. Parents participate!

Aquaview – 613-824-0633

5-8 years Wed. 5:45-7:15 pm
Dec 5 \$38.25 [1184369](#)

Goulbourn – 613-580-2532

3-5 years Sun. 10-11:30 am
Dec 16 \$38.25 [1409004](#)

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
Nov 24 \$38.25 [1407626](#)

Sweet Hearts

Work on a special project for someone you love and get ready for Valentine's Day!

Goulbourn – 613-580-2532

3-5 years Sat. 10-11:30 am
Feb 9 \$38.25 [1409003](#)

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
Feb 9 \$38.25 [1407646](#)



Workshops

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.