



Ice Skating

Lessons for All Ages

Recreation eGuide

Fall 2018 and Winter 2019

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Preschool

*Schedules and fees may be subject to change.
Fees include HST.*

*Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details.
Starting from the registration date, you can add each class to your cart for easy registration!*

Instructional programs are advertised in the language in which they are offered.

Frosty Blades

Get acquainted with the ice, standing and shuffling. An adult on skates with some skating experience must accompany the toddler for each lesson. A CSA approved hockey helmet is mandatory for all skaters, including the adult. Full facemask is highly recommended.

Brewer Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Sun. | 2-2:25 pm |
| Jan 13-Mar 10 | \$44.25 | 1401743 |
| 2-4 years | Sun. | 2:25-2:50 pm |
| Jan 13-Mar 10 | \$44.25 | 1401766 |
| 2-4 years | Sat. | 3-3:25 pm |
| Oct 13-Dec 8 | \$44.25 | 1400429 |
| Jan 12-Mar 9 | \$44.25 | 1401609 |
| 2-4 years | Sat. | 3:25-3:50 pm |
| Oct 13-Dec 8 | \$44.25 | 1400430 |
| Jan 12-Mar 9 | \$44.25 | 1401615 |

Goulbourn – 613-580-2532

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Tue. | 5:15-5:40 pm |
| Sep 25-Dec 11 | \$59 | 1404836 |
| Jan 8-Mar 5 | \$44.25 | 1406952 |
| 2-4 years | Wed. | 3:40-4:05 pm |
| Sep 26-Dec 12 | \$59 | 1404846 |
| Jan 9-Mar 6 | \$44.25 | 1406956 |
| 2-4 years | Wed. | 4:15-4:40 pm |
| Sep 26-Dec 12 | \$59 | 1404845 |
| 2-4 years | Wed. | 4:40-5:05 pm |
| Jan 9-Mar 6 | \$44.25 | 1406958 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 2-4 years | Sat. | 11-11:25 am |
| Oct 13-Dec 8 | \$44.25 | 1400426 |
| Jan 12-Mar 9 | \$44.25 | 1401619 |
| 2-4 years | Sat. | 11:25-11:50 am |
| Oct 13-Dec 8 | \$44.25 | 1400427 |
| Jan 12-Mar 9 | \$44.25 | 1401623 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 2-4 years | Wed. | 4-4:25 pm |
| Oct 10-Dec 5 | \$44.25 | 1400413 |
| Jan 9-Mar 6 | \$44.25 | 1401526 |
| 2-4 years | Wed. | 4:25-4:50 pm |
| Oct 10-Dec 5 | \$44.25 | 1400414 |
| Jan 9-Mar 6 | \$44.25 | 1401528 |
| 2-4 years | Wed. | 5-5:25 pm |
| Oct 10-Dec 5 | \$44.25 | 1400488 |
| Jan 9-Mar 6 | \$44.25 | 1401531 |
| 2-4 years | Wed. | 5:25-5:50 pm |
| Oct 10-Dec 5 | \$44.25 | 1400489 |
| Jan 9-Mar 6 | \$44.25 | 1401533 |

Jim Durrell – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 2-4 years | Sun. | 9:30-9:55 am |
| May 5-Jun 23 | \$39.50 | 1406379 |
| 2-4 years | Sun. | 9:55-10:20 am |
| May 5-Jun 23 | \$39.50 | 1406383 |
| 2-4 years | Wed. | 4:30-4:55 pm |
| Oct 10-Dec 5 | \$44.25 | 1400415 |
| Jan 9-Mar 6 | \$44.25 | 1401554 |
| 2-4 years | Wed. | 4:55-5:20 pm |
| Oct 10-Dec 5 | \$44.25 | 1400416 |
| Jan 9-Mar 6 | \$44.25 | 1401558 |

Johnny Leroux Arena – 613-580-2424 ext. 20705

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Mon. | 10:30-10:55 am |
| Oct 15-Dec 10 | \$44.25 | 1402225 |
| Jan 14-Mar 25 | \$44.25 | 1403264 |
| 2-4 years | Mon. | 11-11:25 am |
| Oct 15-Dec 10 | \$44.25 | 1402237 |
| Jan 14-Mar 25 | \$44.25 | 1403256 |

McNabb – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Mon. | 5-5:25 pm |
| Oct 15-Dec 10 | \$44.25 | 1400400 |
| Jan 7-Mar 4 | \$44.25 | 1401513 |
| 2-4 years | Mon. | 5:25-5:50 pm |
| Oct 15-Dec 10 | \$44.25 | 1400402 |
| Jan 7-Mar 4 | \$44.25 | 1401516 |
| 2-4 years | Sat. | 2-2:25 pm |
| Oct 13-Dec 8 | \$44.25 | 1400432 |
| Jan 12-Mar 9 | \$44.25 | 1401652 |
| 2-4 years | Sat. | 2:25-2:50 pm |
| Oct 13-Dec 8 | \$44.25 | 1400434 |
| Jan 12-Mar 9 | \$44.25 | 1401657 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Mon. | 11-11:25 am |
| Oct 15-Dec 17 | \$49.25 | 1187805 |
| Jan 7-Mar 4 | \$39.50 | 1321470 |
| 2-4 years | Mon. | 11:25-11:50 am |
| Oct 15-Dec 17 | \$49.25 | 1187833 |
| Jan 7-Mar 4 | \$39.50 | 1321475 |
| 2-4 years | Mon. | 4:25-4:50 pm |
| Oct 15-Dec 17 | \$49.25 | 1187944 |
| Jan 7-Mar 4 | \$39.50 | 1345977 |
| 2-4 years | Mon. | 6-6:25 pm |
| Oct 15-Dec 17 | \$49.25 | 1188179 |
| Jan 7-Mar 4 | \$39.50 | 1399974 |
| 2-4 years | Mon. | 6:25-6:50 pm |
| Oct 15-Dec 17 | \$49.25 | 1188186 |
| Jan 7-Mar 4 | \$39.50 | 1399976 |
| 2-4 years | Wed. | 4-4:25 pm |
| Oct 17-Dec 19 | \$49.25 | 1320132 |
| Jan 9-Mar 6 | \$44.25 | 1400096 |
| 2-4 years | Wed. | 4:25-4:50 pm |
| Oct 17-Dec 19 | \$49.25 | 1320137 |
| Jan 9-Mar 6 | \$44.25 | 1400099 |
| 2-4 years | Wed. | 5-5:25 pm |
| Oct 17-Dec 19 | \$49.25 | 1320170 |
| Jan 9-Mar 6 | \$44.25 | 1400630 |
| 2-4 years | Wed. | 5:25-5:50 pm |
| Oct 17-Dec 19 | \$49.25 | 1320182 |
| Jan 9-Mar 6 | \$44.25 | 1400639 |

Nepean Sportsplex – 613-580-2828

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Tue. | 11-11:25 am |
| Oct 16-Dec 11 | \$44.25 | 1403507 |
| Jan 8-Mar 5 | \$44.25 | 1403524 |
| 2-4 years | Thu. | 11:25-11:50 am |
| Oct 18-Dec 13 | \$44.25 | 1404557 |
| Jan 10-Mar 7 | \$44.25 | 1404573 |
| 2-4 years | Sat. | 9:30-9:55 am |
| Oct 13-Dec 8 | \$44.25 | 1402266 |
| Jan 12-Mar 9 | \$44.25 | 1402271 |
| 2-4 years | Sat. | 9:55-10:20 am |
| Oct 13-Dec 8 | \$44.25 | 1402282 |
| Jan 12-Mar 9 | \$44.25 | 1402300 |
| 2-4 years | Sat. | 11:30-11:55 am |
| Jan 12-Mar 9 | \$44.25 | 1402302 |
| 2-4 years | Sat. | 11:30-11:55 am |
| Oct 13-Dec 8 | \$44.25 | 1402290 |

Pinecrest – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Sun. | noon-12:25 pm |
| Oct 14-Dec 9 | \$44.25 | 1400436 |
| Jan 13-Mar 10 | \$44.25 | 1401705 |
| 2-4 years | Sun. | 12:25-12:50 pm |
| Oct 14-Dec 9 | \$44.25 | 1400437 |
| Jan 13-Mar 10 | \$44.25 | 1401711 |
| 2-4 years | Thu. | 5-5:25 pm |
| Oct 11-Dec 6 | \$44.25 | 1400417 |
| Jan 10-Mar 7 | \$44.25 | 1401579 |
| 2-4 years | Thu. | 5:25-5:50 pm |
| Oct 11-Dec 6 | \$44.25 | 1400419 |
| Jan 10-Mar 7 | \$44.25 | 1401588 |
| 2-4 years | Sat. | 3-3:25 pm |
| Oct 13-Dec 8 | \$44.25 | 1400420 |
| Jan 12-Mar 9 | \$44.25 | 1401672 |
| 2-4 years | Sat. | 3:25-3:50 pm |
| Oct 13-Dec 8 | \$44.25 | 1400421 |
| Jan 12-Mar 9 | \$44.25 | 1401700 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Tue. | 4:30-4:55 pm |
| Sep 11-Oct 30 | \$39.50 | 1400648 |
| Nov 6-Dec 18 | \$34.50 | 1400655 |
| Jan 8-Mar 26 | \$54 | 1403309 |
| 2-4 years | Tue. | 5:30-5:55 pm |
| Sep 11-Oct 30 | \$39.50 | 1400659 |
| Nov 6-Dec 18 | \$34.50 | 1400661 |
| Jan 8-Mar 26 | \$54 | 1403324 |
| 2-4 years | Sat. | 10-10:25 am |
| Jan 12-Mar 30 | \$49.25 | 1403336 |
| 2-4 years | Sat. | 10:25-10:50 am |
| Jan 12-Mar 30 | \$49.25 | 1403339 |
| 2-4 years | Sat. | 11-11:25 am |
| Sep 15-Nov 3 | \$34.50 | 1400798 |
| Nov 10-Dec 22 | \$34.50 | 1400800 |
| Jan 12-Mar 30 | \$49.25 | 1403340 |
| 2-4 years | Sat. | 11:25-11:50 am |
| Sep 15-Nov 3 | \$34.50 | 1400804 |
| Nov 10-Dec 22 | \$34.50 | 1400806 |
| Jan 12-Mar 30 | \$49.25 | 1403345 |

Sandy Hill Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Sun. | 10-10:25 am |
| May 5-Jun 16 | \$34.50 | 1406391 |
| 2-4 years | Sun. | 10:25-10:50 am |
| May 5-Jun 16 | \$34.50 | 1406394 |
| 2-4 years | Sun. | noon-12:25 pm |
| Oct 14-Dec 9 | \$44.25 | 1400439 |
| Jan 13-Mar 10 | \$44.25 | 1401731 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|---------|-------------------------|
| 2-3 years | Wed. | 5-5:25 pm |
| Sep 26-Dec 12 | \$59 | 1402905 |
| Jan 16-Mar 6 | \$39.50 | 1402918 |
| 2-3 years | Wed. | 5:25-5:50 pm |
| Sep 26-Dec 12 | \$59 | 1402907 |
| Jan 16-Mar 6 | \$39.50 | 1402920 |
| 2-3 years | Sat. | 9-9:25 am |
| Sep 22-Dec 15 | \$59 | 1402882 |
| Jan 12-Mar 2 | \$39.50 | 1402912 |
| 2-3 years | Sat. | 10-10:25 am |
| Sep 22-Dec 15 | \$59 | 1402888 |
| Jan 12-Mar 2 | \$39.50 | 1402914 |
| 2-3 years | Sat. | 12:25-12:50 pm |
| Sep 22-Dec 15 | \$59 | 1402891 |
| Jan 12-Mar 2 | \$39.50 | 1402916 |

Tom Brown Arena – 613-580-2596

| | | |
|--------------|------------|-------------------------|
| 2-4 years | Mon., Wed. | 6-6:25 pm |
| Apr 8-29 | \$34.50 | 1409056 |
| 2-4 years | Sat. | 9-9:25 am |
| Oct 13-Dec 8 | \$44.25 | 1400423 |
| Jan 12-Mar 9 | \$44.25 | 1401598 |
| 2-4 years | Sat. | 9:25-9:50 am |
| Oct 13-Dec 8 | \$44.25 | 1400424 |
| Jan 12-Mar 9 | \$44.25 | 1401601 |

Walter Baker – 613-580-2788

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Mon. | 9:30-9:55 am |
| Sep 24-Dec 10 | \$54 | 1400367 |
| Jan 14-Mar 4 | \$34.50 | 1182461 |
| 2-4 years | Thu. | 4:30-4:55 pm |
| Sep 27-Dec 13 | \$59 | 1401593 |
| Jan 17-Mar 7 | \$39.50 | 1185958 |

Just You and Me

Learn to skate for the non-skater. An adult on skates with some skating experience must accompany the child for the first three lessons. A CSA approved hockey helmet is mandatory for all skaters, including the adult. Full facemask is highly recommended.

Brewer Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sun. | 3-3:50 pm |
| Jan 13-Mar 10 | \$88.50 | 1402250 |
| 3-4 years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1406247 |
| Jan 12-Mar 9 | \$88.50 | 1402175 |
| 3-4 years | Sat. | 5-5:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1406249 |
| Jan 12-Mar 9 | \$88.50 | 1402179 |

Goulbourn – 613-580-2532

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Tue. | 5:15-6:05 pm |
| Sep 25-Dec 11 | \$118 | 1404904 |
| Jan 8-Mar 5 | \$88.50 | 1406984 |
| 3-4 years | Wed. | 4:15-5:05 pm |
| Sep 26-Dec 12 | \$118 | 1404908 |
| Jan 9-Mar 6 | \$88.50 | 1406986 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 3-4 years | Sat. | 11-11:50 am |
| Oct 13-Dec 8 | \$88.50 | 1406240 |
| Jan 12-Mar 9 | \$88.50 | 1402190 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 3-4 years | Wed. | 4-4:50 pm |
| Oct 10-Dec 5 | \$88.50 | 1406193 |
| Jan 9-Mar 6 | \$88.50 | 1402140 |

Jim Durrell – 613-580-2596

| | | |
|--------------|------------|-------------------------|
| 2-4 years | Sun. | 9:30-10:20 am |
| May 5-Jun 23 | \$78.75 | 1406421 |
| 2-4 years | Tue., Thu. | 6:30-7:20 pm |
| Mar 19-Apr 4 | \$59 | 1409051 |
| 3-4 years | Tue. | 4:30-5:20 pm |
| Oct 9-Dec 4 | \$88.50 | 1406182 |
| Jan 8-Mar 5 | \$88.50 | 1402114 |
| 3-4 years | Wed. | 4:30-5:20 pm |
| Oct 10-Dec 5 | \$88.50 | 1406200 |
| Jan 9-Mar 6 | \$88.50 | 1402148 |

McNabb – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Mon. | 5-5:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1406166 |
| Jan 7-Mar 4 | \$88.50 | 1402092 |
| 3-4 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1406257 |
| Jan 12-Mar 9 | \$88.50 | 1402211 |
| 3-4 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1406261 |
| Jan 12-Mar 9 | \$88.50 | 1402217 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Mon. | 5-5:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1188102 |
| Jan 7-Mar 4 | \$78.75 | 1399948 |
| 3-4 years | Wed. | 4-4:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1246952 |
| Jan 9-Mar 6 | \$88.50 | 1400063 |
| 3-4 years | Wed. | 6-6:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1320770 |
| Jan 9-Mar 6 | \$88.50 | 1400716 |

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|---------|-------------------------|
| 3-4 years | Sat. | 10:30-11:20 am |
| Oct 13-Dec 8 | \$88.50 | 1402593 |
| Jan 12-Mar 9 | \$88.50 | 1402594 |

Pinecrest – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Sun. | 1-1:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1406271 |
| Jan 13-Mar 10 | \$88.50 | 1402238 |
| 3-4 years | Tue. | 5-5:50 pm |
| Oct 9-Dec 4 | \$88.50 | 1406189 |
| Jan 8-Mar 5 | \$88.50 | 1402121 |
| 3-4 years | Thu. | 6-6:50 pm |
| Oct 11-Dec 6 | \$88.50 | 1406212 |
| Jan 10-Mar 7 | \$88.50 | 1402161 |
| 3-4 years | Sat. | 1-1:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1406220 |
| Jan 12-Mar 9 | \$88.50 | 1402223 |
| 3-4 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1406226 |
| Jan 12-Mar 9 | \$88.50 | 1402231 |

Sandy Hill Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 2-4 years | Sun. | 10-10:50 am |
| May 5-Jun 16 | \$68.75 | 1406412 |
| 3-4 years | Sun. | 1-1:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1406276 |
| Jan 13-Mar 10 | \$88.50 | 1402241 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Wed. | 5-5:25 pm |
| Sep 26-Dec 12 | \$59 | 1403335 |
| Jan 16-Mar 6 | \$39.50 | 1403370 |
| 3-4 years | Sat. | 9:25-9:50 am |
| Sep 22-Dec 15 | \$59 | 1403321 |
| Jan 12-Mar 2 | \$39.50 | 1403354 |
| 3-4 years | Sat. | 10:25-10:50 am |
| Sep 22-Dec 15 | \$59 | 1403325 |
| Jan 12-Mar 2 | \$39.50 | 1403358 |
| 3-4 years | Sat. | 11:25-11:50 am |
| Sep 22-Dec 15 | \$59 | 1403329 |
| Jan 12-Mar 2 | \$39.50 | 1403367 |

Tom Brown Arena – 613-580-2596

| | | |
|---------------|------------|-------------------------|
| 2-4 years | Mon., Wed. | 6-6:50 pm |
| Apr 8-29 | \$68.75 | 1409052 |
| 3-4 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1406176 |
| Jan 7-Mar 4 | \$88.50 | 1402103 |
| 3-4 years | Sat. | 9-9:50 am |
| Oct 13-Dec 8 | \$88.50 | 1406231 |
| Jan 12-Mar 9 | \$88.50 | 1402166 |

Kindergliders

Learn to skate program for children with limited skating experience. Work through 5 levels and receive a badge based on ability. Learn forward skating and stopping skills. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Brewer Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | 2-2:50 pm |
| Jan 13-Mar 10 | \$88.50 | 1399887 |
| 4-5 years | Tue. | 6-6:50 pm |
| Oct 9-Dec 4 | \$88.50 | 1246504 |
| Jan 8-Mar 5 | \$88.50 | 1246426 |
| 4-5 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246540 |
| Jan 12-Mar 9 | \$88.50 | 1246436 |
| 4-5 years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246543 |
| Jan 12-Mar 9 | \$88.50 | 1246437 |
| 4-5 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246546 |
| Jan 12-Mar 9 | \$88.50 | 1246438 |
| 4-5 years | Sat. | 5-5:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246551 |
| Jan 12-Mar 9 | \$88.50 | 1246439 |

Goulbourn – 613-580-2532

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Tue. | 5:15-6:05 pm |
| Sep 25-Dec 11 | \$118 | 1404913 |
| Sep 25-Dec 11 | \$118 | 1404914 |
| Jan 8-Mar 5 | \$88.50 | 1407033 |
| Jan 8-Mar 5 | \$88.50 | 1407035 |
| 4-5 years | Wed. | 4:15-5:05 pm |
| Sep 26-Dec 12 | \$118 | 1404916 |
| Sep 26-Dec 12 | \$118 | 1404918 |
| Jan 9-Mar 6 | \$88.50 | 1407038 |
| Jan 9-Mar 6 | \$88.50 | 1407040 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 4-5 years | Sat. | noon-12:50 pm |
| Jan 12-Mar 9 | \$88.50 | 1246435 |
| 4-5 years | Sat. | noon-12:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246535 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 4-5 years | Wed. | 4-4:50 pm |
| Oct 10-Dec 5 | \$88.50 | 1246507 |
| Jan 9-Mar 6 | \$88.50 | 1246427 |
| 4-5 years | Wed. | 6-6:50 pm |
| Oct 10-Dec 5 | \$88.50 | 1246510 |
| Jan 9-Mar 6 | \$88.50 | 1246428 |

Jim Durrell – 613-580-2596

| | | |
|--------------|------------|-------------------------|
| 4-5 years | Sun. | 9:30-10:20 am |
| May 5-Jun 23 | \$78.75 | 1406481 |
| 4-5 years | Sun. | 10:30-11:20 am |
| May 5-Jun 23 | \$78.75 | 1406487 |
| 4-5 years | Sun. | 11:30 am-12:20 pm |
| May 5-Jun 23 | \$78.75 | 1406491 |
| 4-5 years | Tue. | 4:30-5:20 pm |
| Oct 9-Dec 4 | \$88.50 | 1246493 |
| Jan 8-Mar 5 | \$88.50 | 1246424 |
| 4-5 years | Tue., Thu. | 6:30-7:20 pm |
| Mar 19-Apr 4 | \$59 | 1409053 |
| 4-5 years | Wed. | 4:30-5:20 pm |
| Oct 10-Dec 5 | \$88.50 | 1246514 |
| Jan 9-Mar 6 | \$88.50 | 1246429 |
| 4-5 years | Wed. | 5:30-6:20 pm |
| Oct 10-Dec 5 | \$88.50 | 1246515 |
| Jan 9-Mar 6 | \$88.50 | 1246430 |

Lansdowne Park – 613-580-2596

| | | |
|--------------|------|-------------------------|
| 4-5 years | Sun. | 11-11:50 am |
| Jan 6-Feb 10 | \$59 | 1399888 |

McNabb – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Mon. | 5-5:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1246492 |
| Jan 7-Mar 4 | \$88.50 | 1246423 |
| 4-5 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246557 |
| Jan 12-Mar 9 | \$88.50 | 1246440 |
| 4-5 years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246559 |
| Jan 12-Mar 9 | \$88.50 | 1246441 |
| 4-5 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246562 |
| Jan 12-Mar 9 | \$88.50 | 1246442 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Mon. | 4-4:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1187952 |
| Jan 7-Mar 4 | \$78.75 | 1366459 |
| 4-5 years | Mon. | 5-5:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1188143 |
| Jan 7-Mar 4 | \$78.75 | 1399965 |
| 4-5 years | Wed. | 4-4:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1246978 |
| Jan 9-Mar 6 | \$88.50 | 1400071 |
| 4-5 years | Wed. | 5-5:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1320193 |
| Jan 9-Mar 6 | \$88.50 | 1400647 |
| 4-5 years | Wed. | 6-6:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1320894 |
| Jan 9-Mar 6 | \$88.50 | 1400721 |

Nepean Sportsplex – 613-580-2828

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Tue. | 11-11:50 am |
| Oct 16-Dec 11 | \$88.50 | 1403542 |
| Jan 8-Mar 5 | \$88.50 | 1403548 |
| 4-5 years | Thu. | 1-1:50 pm |
| Oct 18-Dec 13 | \$88.50 | 1404635 |
| Jan 10-Mar 7 | \$88.50 | 1404642 |
| 4-5 years | Sat. | 9:30-10:20 am |
| Oct 13-Dec 8 | \$88.50 | 1402452 |
| Jan 12-Mar 9 | \$88.50 | 1402454 |
| 4-5 years | Sat. | 10:30-11:20 am |
| Oct 13-Dec 8 | \$88.50 | 1402517 |
| Jan 12-Mar 9 | \$88.50 | 1402500 |
| 4-5 years | Sat. | 11:30 am-12:20 pm |
| Oct 13-Dec 8 | \$88.50 | 1402520 |
| Jan 12-Mar 9 | \$88.50 | 1402511 |

Pincrest – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | noon-12:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1246565 |
| Jan 13-Mar 10 | \$88.50 | 1246444 |
| 4-5 years | Tue. | 5-5:50 pm |
| Oct 9-Dec 4 | \$88.50 | 1246498 |
| Jan 8-Mar 5 | \$88.50 | 1246425 |
| 4-5 years | Thu. | 5-5:50 pm |
| Oct 11-Dec 6 | \$88.50 | 1246520 |
| Jan 10-Mar 7 | \$88.50 | 1246431 |
| 4-5 years | Sat. | 1-1:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246529 |
| Jan 12-Mar 9 | \$88.50 | 1246433 |
| 4-5 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246531 |
| Jan 12-Mar 9 | \$88.50 | 1246434 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Tue. | 4:30-5:20 pm |
| Sep 11-Oct 30 | \$78.75 | 1400673 |
| Nov 6-Dec 18 | \$68.75 | 1400676 |
| Jan 8-Mar 26 | \$108 | 1403430 |
| 4-5 years | Tue. | 5:30-6:20 pm |
| Sep 11-Oct 30 | \$78.75 | 1400679 |
| Nov 6-Dec 18 | \$68.75 | 1400681 |
| Jan 8-Mar 26 | \$108 | 1403435 |
| 4-5 years | Sat. | 11-11:50 am |
| Sep 15-Nov 3 | \$68.75 | 1400823 |
| Nov 10-Dec 22 | \$68.75 | 1400825 |
| Jan 12-Mar 30 | \$98.25 | 1403444 |

Sandy Hill Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | 10-10:50 am |
| May 5-Jun 16 | \$68.75 | 1406504 |
| 4-5 years | Sun. | noon-12:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1246569 |
| Jan 13-Mar 10 | \$88.50 | 1246445 |
| 4-5 years | Sun. | 1-1:50 pm |
| May 5-Jun 16 | \$68.75 | 1406510 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Wed. | 5-5:50 pm |
| Sep 26-Dec 12 | \$118 | 1403519 |
| Jan 16-Mar 6 | \$78.75 | 1403692 |
| 4-5 years | Sat. | 9-9:50 am |
| Sep 22-Dec 15 | \$118 | 1403493 |
| Jan 12-Mar 2 | \$78.75 | 1403676 |
| 4-5 years | Sat. | 10-10:50 am |
| Sep 22-Dec 15 | \$118 | 1403502 |
| Jan 12-Mar 2 | \$78.75 | 1403686 |
| 4-5 years | Sat. | noon-12:50 pm |
| Sep 22-Dec 15 | \$118 | 1403511 |
| Jan 12-Mar 2 | \$78.75 | 1403689 |

Tom Brown Arena – 613-580-2596

| | | |
|--------------|------------|-------------------------|
| 4-5 years | Mon., Wed. | 6-6:50 pm |
| Apr 8-29 | \$68.75 | 1409054 |
| 4-5 years | Sat. | 9-9:50 am |
| Oct 13-Dec 8 | \$88.50 | 1246525 |
| Jan 12-Mar 9 | \$88.50 | 1246432 |

Walter Baker – 613-580-2788

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Tue. | 4-4:50 pm |
| Sep 25-Dec 11 | \$118 | 1400504 |
| Jan 15-Mar 5 | \$78.75 | 1183826 |
| 4-5 years | Thu. | 5-5:50 pm |
| Sep 27-Dec 13 | \$118 | 1401650 |
| Jan 17-Mar 7 | \$78.75 | 1186446 |

Kindergliders – Low Ratio

Learn to skate program for children with limited skating experience. Work through 5 levels and receive a badge based on ability. Learn forward skating and stopping skills. CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Brewer Arena – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Sun. | 3-3:50 pm |
| Jan 13-Mar 10 | \$191.25 | 1403189 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|----------|-------------------------|
| 4-5 years | Sat. | 11-11:50 am |
| Oct 13-Dec 8 | \$191.25 | 1405618 |
| Jan 12-Mar 9 | \$191.25 | 1403183 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|----------|-------------------------|
| 4-5 years | Wed. | 5-5:50 pm |
| Oct 10-Dec 5 | \$191.25 | 1405606 |
| Jan 9-Mar 6 | \$191.25 | 1403173 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 17 | \$212.25 | 1188261 |
| Jan 7-Mar 4 | \$170 | 1399980 |

Pincrest – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Sun. | 1-1:50 pm |
| Oct 14-Dec 9 | \$191.25 | 1405622 |
| Jan 13-Mar 10 | \$191.25 | 1403185 |
| 4-5 years | Thu. | 6-6:50 pm |
| Oct 11-Dec 6 | \$191.25 | 1405612 |
| Jan 10-Mar 7 | \$191.25 | 1403176 |
| 4-5 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$191.25 | 1405617 |
| Jan 12-Mar 9 | \$191.25 | 1403184 |

Ray Friel – 613-580-4765

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Sat. | 10-10:50 am |
| Jan 12-Mar 30 | \$212.25 | 1403704 |

Sandy Hill Arena – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Sun. | noon-12:50 pm |
| May 5-Jun 16 | \$148.75 | 1408984 |
| 4-5 years | Sun. | 2-2:50 pm |
| Oct 14-Dec 9 | \$191.25 | 1405626 |
| Jan 13-Mar 10 | \$191.25 | 1403186 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Wed. | 6-6:50 pm |
| Sep 26-Dec 12 | \$254.75 | 1403717 |
| Jan 16-Mar 6 | \$170 | 1403713 |

Tom Brown Arena – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | \$191.25 | 1405582 |
| Jan 7-Mar 4 | \$191.25 | 1403167 |

Snow Gliders

Learn to skate for children who are new to ice. Children should be comfortable without parental involvement. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Brewer Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | 2-2:25 pm |
| Jan 13-Mar 10 | \$44.25 | 1402007 |
| 4-5 years | Sun. | 2:25-2:50 pm |
| Jan 13-Mar 10 | \$44.25 | 1402066 |
| 4-5 years | Tue. | 6-6:25 pm |
| Oct 9-Dec 4 | \$44.25 | 1400459 |
| Jan 8-Mar 5 | \$44.25 | 1401815 |

| | | |
|--------------|---------|-------------------------|
| 4-5 years | Tue. | 6:25-6:50 pm |
| Oct 9-Dec 4 | \$44.25 | 1400461 |
| Jan 8-Mar 5 | \$44.25 | 1401819 |
| 4-5 years | Sat. | 4-4:25 pm |
| Oct 13-Dec 8 | \$44.25 | 1406103 |
| Jan 12-Mar 9 | \$44.25 | 1401853 |
| 4-5 years | Sat. | 4:25-4:50 pm |
| Oct 13-Dec 8 | \$44.25 | 1406106 |
| Jan 12-Mar 9 | \$44.25 | 1401857 |

Goulbourn – 613-580-2532

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Tue. | 5:40-6:05 pm |
| Sep 25-Dec 11 | \$59 | 1404894 |
| Jan 8-Mar 5 | \$44.25 | 1406972 |
| 4-5 years | Wed. | 3:40-4:05 pm |
| Sep 26-Dec 12 | \$59 | 1404896 |
| Jan 9-Mar 6 | \$44.25 | 1406973 |
| 4-5 years | Wed. | 4:15-4:40 pm |
| Jan 9-Mar 6 | \$44.25 | 1406978 |
| 4-5 years | Wed. | 4:40-5:05 pm |
| Sep 26-Dec 12 | \$59 | 1404897 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 4-5 years | Sat. | noon-12:25 pm |
| Oct 13-Dec 8 | \$44.25 | 1406096 |
| Jan 12-Mar 9 | \$44.25 | 1401859 |
| 4-5 years | Sat. | 12:25-12:50 pm |
| Oct 13-Dec 8 | \$44.25 | 1406098 |
| Jan 12-Mar 9 | \$44.25 | 1401862 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 4-5 years | Wed. | 5-5:25 pm |
| Oct 10-Dec 5 | \$44.25 | 1400465 |
| Jan 9-Mar 6 | \$44.25 | 1401828 |
| 4-5 years | Wed. | 5:25-5:50 pm |
| Oct 10-Dec 5 | \$44.25 | 1400467 |
| Jan 9-Mar 6 | \$44.25 | 1401833 |

Jim Durrell – 613-580-2596

| | | |
|--------------|------------|-------------------------|
| 4-5 years | Sun. | 10:30-10:55 am |
| May 5-Jun 23 | \$39.50 | 1409043 |
| 4-5 years | Sun. | 10:55-11:20 am |
| May 5-Jun 23 | \$39.50 | 1409044 |
| 4-5 years | Tue. | 4:30-4:55 pm |
| Oct 9-Dec 4 | \$44.25 | 1400455 |
| Jan 8-Mar 5 | \$44.25 | 1401801 |
| 4-5 years | Tue. | 4:55-5:20 pm |
| Oct 9-Dec 4 | \$44.25 | 1400456 |
| Jan 8-Mar 5 | \$44.25 | 1401805 |
| 4-5 years | Tue., Thu. | 6:30-6:55 pm |
| Mar 19-Apr 4 | \$29.50 | 1408972 |
| 4-5 years | Tue., Thu. | 6:55-7:20 pm |
| Mar 19-Apr 4 | \$29.50 | 1408973 |

| | | |
|--------------|---------|-------------------------|
| 4-5 years | Wed. | 5:30-5:55 pm |
| Oct 10-Dec 5 | \$44.25 | 1400470 |
| Jan 9-Mar 6 | \$44.25 | 1401836 |
| 4-5 years | Wed. | 5:55-6:20 pm |
| Oct 10-Dec 5 | \$44.25 | 1400471 |
| Jan 9-Mar 6 | \$44.25 | 1401840 |

Johnny Leroux Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 3-4 years | Mon. | 10:30-10:55 am |
| Oct 15-Dec 10 | \$44.25 | 1403341 |
| Jan 14-Mar 25 | \$44.25 | 1403391 |
| 3-4 years | Mon. | 11-11:25 am |
| Oct 15-Dec 10 | \$44.25 | 1403346 |
| Jan 14-Mar 25 | \$44.25 | 1403398 |

McNabb – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Mon. | 5-5:25 pm |
| Oct 15-Dec 10 | \$44.25 | 1400447 |
| Jan 7-Mar 4 | \$44.25 | 1401778 |
| 4-5 years | Mon. | 5:25-5:50 pm |
| Oct 15-Dec 10 | \$44.25 | 1400448 |
| Jan 7-Mar 4 | \$44.25 | 1401781 |
| 4-5 years | Sat. | 3-3:25 pm |
| Oct 13-Dec 8 | \$44.25 | 1406110 |
| Jan 12-Mar 9 | \$44.25 | 1401867 |
| 4-5 years | Sat. | 3:25-3:50 pm |
| Oct 13-Dec 8 | \$44.25 | 1406112 |
| Jan 12-Mar 9 | \$44.25 | 1401868 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Mon. | 4-4:25 pm |
| Oct 15-Dec 17 | \$49.25 | 1187934 |
| Jan 7-Mar 4 | \$39.50 | 1343326 |
| 4-5 years | Mon. | 5:25-5:50 pm |
| Oct 15-Dec 17 | \$49.25 | 1188141 |
| Jan 7-Mar 4 | \$39.50 | 1399961 |
| 4-5 years | Wed. | 4-4:25 pm |
| Oct 17-Dec 19 | \$49.25 | 1246962 |
| Jan 9-Mar 6 | \$44.25 | 1400066 |
| 4-5 years | Wed. | 6-6:25 pm |
| Oct 17-Dec 19 | \$49.25 | 1320847 |
| Jan 9-Mar 6 | \$44.25 | 1400069 |
| 4-5 years | Wed. | 6:25-6:50 pm |
| Oct 17-Dec 19 | \$49.25 | 1320853 |
| Jan 9-Mar 6 | \$44.25 | 1400717 |

Nepean Sportsplex – 613-580-2828

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Tue. | 11-11:25 am |
| Oct 16-Dec 11 | \$44.25 | 1403571 |
| Jan 8-Mar 5 | \$44.25 | 1403584 |
| 4-5 years | Sat. | 10:30-10:55 am |
| Oct 13-Dec 8 | \$44.25 | 1402558 |
| Jan 12-Mar 9 | \$44.25 | 1402562 |

| | | |
|--------------|---------|-------------------------|
| 4-5 years | Sat. | 10:55-11:20 am |
| Oct 13-Dec 8 | \$44.25 | 1402581 |
| Jan 12-Mar 9 | \$44.25 | 1402571 |
| 4-5 years | Sat. | 11:55 am-12:20 pm |
| Oct 13-Dec 8 | \$44.25 | 1402585 |
| Jan 12-Mar 9 | \$44.25 | 1402577 |

Pinecrest – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | noon-12:25 pm |
| Oct 14-Dec 9 | \$44.25 | 1406115 |
| Jan 13-Mar 10 | \$44.25 | 1401988 |
| 4-5 years | Sun. | 12:25-12:50 pm |
| Oct 14-Dec 9 | \$44.25 | 1406116 |
| Jan 13-Mar 10 | \$44.25 | 1401989 |
| 4-5 years | Thu. | 5-5:25 pm |
| Oct 11-Dec 6 | \$44.25 | 1400473 |
| Jan 10-Mar 7 | \$44.25 | 1401846 |
| 4-5 years | Thu. | 5:25-5:50 pm |
| Oct 11-Dec 6 | \$44.25 | 1400474 |
| Jan 10-Mar 7 | \$44.25 | 1401848 |
| 4-5 years | Sat. | 1-1:25 pm |
| Oct 13-Dec 8 | \$44.25 | 1400478 |
| Jan 12-Mar 9 | \$44.25 | 1401925 |
| 4-5 years | Sat. | 1:25-1:50 pm |
| Oct 13-Dec 8 | \$44.25 | 1400480 |
| Jan 12-Mar 9 | \$44.25 | 1401961 |
| 4-5 years | Sat. | 4-4:25 pm |
| Oct 13-Dec 8 | \$44.25 | 1400482 |
| Jan 12-Mar 9 | \$44.25 | 1401969 |
| 4-5 years | Sat. | 4:25-4:50 pm |
| Oct 13-Dec 8 | \$44.25 | 1400484 |
| Jan 12-Mar 9 | \$44.25 | 1401975 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Tue. | 4:55-5:20 pm |
| Sep 11-Oct 30 | \$39.50 | 1400664 |
| Nov 6-Dec 18 | \$34.50 | 1400666 |
| Jan 8-Mar 26 | \$54 | 1403374 |
| 4-5 years | Tue. | 5:55-6:20 pm |
| Sep 11-Oct 30 | \$39.50 | 1400667 |
| Nov 6-Dec 18 | \$34.50 | 1400670 |
| Jan 8-Mar 26 | \$54 | 1403381 |
| 4-5 years | Sat. | 11-11:25 am |
| Sep 15-Nov 3 | \$34.50 | 1400811 |
| Nov 10-Dec 22 | \$34.50 | 1400814 |
| Jan 12-Mar 30 | \$49.25 | 1403392 |
| 4-5 years | Sat. | 11:25-11:50 am |
| Sep 15-Nov 3 | \$34.50 | 1400817 |
| Nov 10-Dec 22 | \$34.50 | 1400820 |
| Jan 12-Mar 30 | \$49.25 | 1403395 |

Sandy Hill Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Sun. | 11-11:25 am |
| May 5-Jun 16 | \$34.50 | 1408970 |
| 4-5 years | Sun. | 11:25-11:50 am |
| May 5-Jun 16 | \$34.50 | 1408971 |
| 4-5 years | Sun. | 1-1:25 pm |
| Oct 14-Dec 9 | \$44.25 | 1407956 |
| Jan 13-Mar 10 | \$44.25 | 1401996 |
| 4-5 years | Sun. | 1:25-1:50 pm |
| Oct 14-Dec 9 | \$44.25 | 1407959 |
| Jan 13-Mar 10 | \$44.25 | 1402001 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Wed. | 5:25-5:50 pm |
| Sep 26-Dec 12 | \$59 | 1403263 |
| Jan 16-Mar 6 | \$39.50 | 1403304 |
| 4-5 years | Sat. | 9:25-9:50 am |
| Sep 22-Dec 15 | \$59 | 1403253 |
| Jan 12-Mar 2 | \$39.50 | 1403295 |
| 4-5 years | Sat. | 10-10:25 am |
| Sep 22-Dec 15 | \$59 | 1403254 |
| Jan 12-Mar 2 | \$39.50 | 1403297 |
| 4-5 years | Sat. | 11-11:25 am |
| Sep 22-Dec 15 | \$59 | 1403259 |
| Jan 12-Mar 2 | \$39.50 | 1403300 |

Tom Brown Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Mon. | 6-6:25 pm |
| Oct 15-Dec 10 | \$44.25 | 1400451 |
| Jan 7-Mar 4 | \$44.25 | 1401787 |
| 4-5 years | Mon. | 6:25-6:50 pm |
| Oct 15-Dec 10 | \$44.25 | 1400452 |
| Jan 7-Mar 4 | \$44.25 | 1401794 |

Walter Baker – 613-580-2788

| | | |
|---------------|---------|-------------------------|
| 4-5 years | Thu. | 4:30-4:55 pm |
| Sep 27-Dec 13 | \$59 | 1401606 |
| Jan 17-Mar 7 | \$39.50 | 1185959 |

Snow Gliders – Low Ratio

Learn to skate for children who are new to ice. Children should be comfortable without parental involvement. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|----------|-------------------------|
| 4-5 years | Wed. | 4:25-4:50 pm |
| Oct 17-Dec 19 | \$106.25 | 1246971 |
| Jan 9-Mar 6 | \$95.75 | 1400093 |

Children

*Schedules and fees may be subject to change.
Fees include HST.*

*Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details.
Starting from the registration date, you can add each class to your cart for easy registration!*

Instructional programs are advertised in the language in which they are offered.

Introduction to Long Track Speed

Learn the basics of long track speed skating at the Brewer oval. Participants will work on technique and proper skating position. Participants should be comfortable skating forwards. CSA approved hockey helmet, thick gloves, and speed skates are mandatory. Neck guard, kneepads, and shin guards are highly recommended. Dress warmly!

Tom Brown Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 6-14 years | Sat. | 8-8:50 am |
| Oct 13-Dec 8 | \$88.50 | 1407784 |
| Jan 12-Mar 9 | \$88.50 | 1403241 |

Junior Intro to Ice

Learn to skate for children who are new to ice or have limited skating experience. Learn correct forward skating and stopping skills. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Brewer Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Sun. | 3-3:50 pm |
| Jan 13-Mar 10 | \$88.50 | 1399941 |
| 6-12 years | Tue. | 7-7:50 pm |
| Oct 9-Dec 4 | \$88.50 | 1319845 |
| Jan 8-Mar 5 | \$88.50 | 1320135 |
| 6-12 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1320002 |
| Jan 12-Mar 9 | \$88.50 | 1399896 |
| 6-12 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1320004 |
| Jan 12-Mar 9 | \$88.50 | 1399901 |

| | | |
|--------------|---------|-------------------------|
| 6-12 years | Sat. | 5-5:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1320008 |
| Jan 12-Mar 9 | \$88.50 | 1399904 |

Goulbourn – 613-580-2532

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Tue. | 5:15-6:05 pm |
| Sep 25-Dec 11 | \$118 | 1404849 |
| Sep 25-Dec 11 | \$118 | 1404880 |
| Jan 8-Mar 5 | \$88.50 | 1406962 |
| Jan 8-Mar 5 | \$88.50 | 1406963 |
| 6-12 years | Wed. | 4:15-5:05 pm |
| Sep 26-Dec 12 | \$118 | 1404885 |
| Jan 9-Mar 6 | \$88.50 | 1406966 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 6-12 years | Sat. | 11-11:50 am |
| Oct 13-Dec 8 | \$88.50 | 1319986 |
| Jan 12-Mar 9 | \$88.50 | 1399907 |
| 6-12 years | Sat. | noon-12:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1319993 |
| Jan 12-Mar 9 | \$88.50 | 1399910 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 6-12 years | Wed. | 5-5:50 pm |
| Oct 10-Dec 5 | \$88.50 | 1319912 |
| Jan 9-Mar 6 | \$88.50 | 1320142 |
| 6-12 years | Wed. | 6-6:50 pm |
| Oct 10-Dec 5 | \$88.50 | 1399946 |
| Jan 9-Mar 6 | \$88.50 | 1320145 |

Jim Durrell – 613-580-2596

| | | |
|--------------|------------|-------------------------|
| 6-12 years | Sun. | 9:30-10:20 am |
| May 5-Jun 23 | \$78.75 | 1406552 |
| 6-12 years | Sun. | 10:30-11:20 am |
| May 5-Jun 23 | \$78.75 | 1406560 |
| 6-12 years | Sun. | 11:30 am-12:20 pm |
| May 5-Jun 23 | \$78.75 | 1406564 |
| 6-12 years | Tue. | 4:30-5:20 pm |
| Oct 9-Dec 4 | \$88.50 | 1319833 |
| 6-12 years | Tue., Thu. | 6:30-7:20 pm |
| Mar 19-Apr 4 | \$59 | 1409061 |
| 6-12 years | Tue., Thu. | 7:30-8:20 pm |
| Mar 19-Apr 4 | \$59 | 1409062 |
| 6-12 years | Wed. | 4:30-5:20 pm |
| Oct 10-Dec 5 | \$88.50 | 1319934 |
| Jan 9-Mar 6 | \$88.50 | 1320150 |
| 6-12 years | Wed. | 5:30-6:20 pm |
| Jan 9-Mar 6 | \$88.50 | 1320155 |
| Oct 10-Dec 5 | \$88.50 | 1399951 |
| 6-12 years | Wed. | 6:30-7:20 pm |
| Oct 10-Dec 5 | \$88.50 | 1319943 |
| Jan 9-Mar 6 | \$88.50 | 1320160 |

Lansdowne Park – 613-580-2596

| | | |
|--------------|------|-------------------------|
| 6-12 years | Sun. | 10-10:50 am |
| Jan 6-Feb 10 | \$59 | 1399942 |
| 6-12 years | Sun. | 11-11:50 am |
| Jan 6-Feb 10 | \$59 | 1399943 |

McNabb – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1319813 |
| Jan 7-Mar 4 | \$88.50 | 1320105 |
| 6-12 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1320033 |
| Jan 12-Mar 9 | \$88.50 | 1399914 |
| 6-12 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1320039 |
| Jan 12-Mar 9 | \$88.50 | 1399919 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Mon. | 4-4:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1187961 |
| Jan 7-Mar 4 | \$78.75 | 1399898 |
| 6-12 years | Mon. | 5-5:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1188144 |
| Jan 7-Mar 4 | \$78.75 | 1399966 |
| 6-12 years | Wed. | 4-4:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1246987 |
| Jan 9-Mar 6 | \$88.50 | 1400078 |
| 6-12 years | Wed. | 5-5:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1320322 |
| Jan 9-Mar 6 | \$88.50 | 1400657 |
| 6-12 years | Wed. | 6-6:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1320909 |
| Jan 9-Mar 6 | \$88.50 | 1400730 |

Nepean Sportsplex – 613-580-2828

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Thu. | 1-1:50 pm |
| Oct 18-Dec 13 | \$88.50 | 1404645 |
| Jan 10-Mar 7 | \$88.50 | 1404649 |
| 6-12 years | Sat. | 10:30-11:20 am |
| Oct 13-Dec 8 | \$88.50 | 1402379 |
| Jan 12-Mar 9 | \$88.50 | 1402413 |
| 6-12 years | Sat. | 11:30 am-12:20 pm |
| Oct 13-Dec 8 | \$88.50 | 1402402 |
| Jan 12-Mar 9 | \$88.50 | 1402381 |

Pinecrest – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Sun. | 1-1:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1320042 |
| Jan 13-Mar 10 | \$88.50 | 1399934 |
| 6-12 years | Tue. | 5-5:50 pm |
| Oct 9-Dec 4 | \$88.50 | 1319841 |
| Jan 8-Mar 5 | \$88.50 | 1320130 |
| 6-12 years | Thu. | 5-5:50 pm |

| | | |
|--------------|---------|-------------------------|
| Oct 11-Dec 6 | \$88.50 | 1319957 |
| Jan 10-Mar 7 | \$88.50 | 1399892 |
| 6-12 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1319973 |
| Jan 12-Mar 9 | \$88.50 | 1399922 |
| 6-12 years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1407941 |
| Jan 12-Mar 9 | \$88.50 | 1399924 |
| 6-12 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1319979 |
| Jan 12-Mar 9 | \$88.50 | 1399928 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Tue. | 4:30-5:20 pm |
| Sep 11-Oct 30 | \$78.75 | 1400688 |
| Nov 6-Dec 18 | \$68.75 | 1400689 |
| Jan 8-Mar 26 | \$108 | 1403466 |
| 6-12 years | Tue. | 5:30-6:20 pm |
| Sep 11-Oct 30 | \$78.75 | 1400692 |
| Nov 6-Dec 18 | \$68.75 | 1400695 |
| Jan 8-Mar 26 | \$108 | 1403473 |
| 6-12 years | Sat. | 10-10:50 am |
| Jan 12-Mar 30 | \$98.25 | 1403486 |

Sandy Hill Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Sun. | 10-10:50 am |
| May 5-Jun 16 | \$68.75 | 1406573 |
| 6-12 years | Sun. | 11-11:50 am |
| May 5-Jun 16 | \$68.75 | 1406576 |
| 6-12 years | Sun. | noon-12:50 pm |
| May 5-Jun 16 | \$68.75 | 1406580 |
| 6-12 years | Sun. | 1-1:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1320049 |
| Jan 13-Mar 10 | \$88.50 | 1399936 |
| 6-12 years | Sun. | 2-2:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1320055 |
| Jan 13-Mar 10 | \$88.50 | 1399938 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Wed. | 6-6:50 pm |
| Sep 26-Dec 12 | \$118 | 1404446 |
| Jan 16-Mar 6 | \$78.75 | 1404410 |
| 6-12 years | Wed. | 7-7:50 pm |
| Sep 26-Dec 12 | \$118 | 1404448 |
| Jan 16-Mar 6 | \$78.75 | 1404412 |
| 6-12 years | Sat. | 11-11:50 am |
| Sep 22-Dec 15 | \$118 | 1404438 |
| Jan 12-Mar 2 | \$78.75 | 1403866 |
| 6-12 years | Sat. | noon-12:50 pm |
| Sep 22-Dec 15 | \$118 | 1404440 |
| Jan 12-Mar 2 | \$78.75 | 1403882 |

Tom Brown Arena – 613-580-2596

| | | |
|---------------|------------|-------------------------|
| 6-12 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1319819 |
| Jan 7-Mar 4 | \$88.50 | 1320110 |
| 6-12 years | Mon., Wed. | 6-6:50 pm |
| Apr 8-29 | \$68.75 | 1409059 |
| 6-12 years | Mon. | 7-7:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1319826 |
| Jan 7-Mar 4 | \$88.50 | 1320123 |
| 6-12 years | Mon., Wed. | 7-7:50 pm |
| Apr 8-29 | \$68.75 | 1409060 |
| 6-12 years | Sat. | 9-9:50 am |
| Oct 13-Dec 8 | \$88.50 | 1319964 |
| Jan 12-Mar 9 | \$88.50 | 1399894 |

Junior Intro to Ice – Low Ratio

Learn to skate for children who are new to ice or have limited skating experience. Learn correct forward skating and stopping skills. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Brewer Arena – 613-580-2596

| | | |
|--------------|----------|-------------------------|
| 6-12 years | Tue. | 6-6:50 pm |
| Oct 9-Dec 4 | \$191.25 | 1405830 |
| Jan 8-Mar 5 | \$191.25 | 1403110 |
| 6-12 years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$191.25 | 1405852 |
| Jan 12-Mar 9 | \$191.25 | 1403114 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|----------|-------------------------|
| 6-12 years | Wed. | 4-4:50 pm |
| Oct 10-Dec 5 | \$191.25 | 1405837 |
| Jan 9-Mar 6 | \$191.25 | 1403111 |

Jim Durrell – 613-580-2596

| | | |
|-------------|----------|-------------------------|
| 6-12 years | Tue. | 4:30-5:20 pm |
| Jan 8-Mar 5 | \$191.25 | 1403109 |

McNabb – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 6-12 years | Mon. | 5-5:50 pm |
| Oct 15-Dec 10 | \$191.25 | 1405821 |
| Jan 7-Mar 4 | \$191.25 | 1403106 |
| 6-12 years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$191.25 | 1405855 |
| Jan 12-Mar 9 | \$191.25 | 1403117 |

Pincrest – 613-580-2596

| | | |
|--------------|----------|-------------------------|
| 6-12 years | Sat. | 1-1:50 pm |
| Oct 13-Dec 8 | \$191.25 | 1405843 |
| Jan 12-Mar 9 | \$191.25 | 1403119 |

Ray Friel – 613-580-4765

| | | |
|---------------|----------|-------------------------|
| 6-12 years | Sat. | 10-10:50 am |
| Jan 12-Mar 30 | \$212.25 | 1403726 |

Sandy Hill Arena – 613-580-2596

| | | |
|--------------|----------|-------------------------|
| 6-12 years | Sun. | 1-1:50 pm |
| May 5-Jun 16 | \$148.75 | 1408994 |

Junior Gliders

For children who can skate forward and beyond. Levels 1-5. Skills may include backwards skating, one foot gliding, and -two foot turns. A CSA approved hockey helmet is mandatory.

Brewer Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Sun. | 2-2:50 pm |
| Jan 13-Mar 10 | \$88.50 | 1403244 |
| 6-12 years | Tue. | 6-6:50 pm |
| Oct 9-Dec 4 | \$88.50 | 1187968 |
| Jan 8-Mar 5 | \$88.50 | 1188241 |
| 6-12 years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1188007 |
| Jan 12-Mar 9 | \$88.50 | 1188327 |
| 6-12 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1188010 |
| Jan 12-Mar 9 | \$88.50 | 1188332 |
| 6-12 years | Sat. | 5-5:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1188015 |
| Jan 12-Mar 9 | \$88.50 | 1188336 |
| 6-12 years | Sat. | 6-6:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1188018 |
| Jan 12-Mar 9 | \$88.50 | 1188339 |

Goulbourn – 613-580-2532

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Tue. | 5:15-6:05 pm |
| Sep 25-Dec 11 | \$118 | 1404925 |
| Sep 25-Dec 11 | \$118 | 1404927 |
| Jan 8-Mar 5 | \$88.50 | 1407047 |
| Jan 8-Mar 5 | \$88.50 | 1407048 |
| 6-12 years | Wed. | 4:15-5:05 pm |
| Sep 26-Dec 12 | \$118 | 1404930 |
| Sep 26-Dec 12 | \$118 | 1404931 |
| Jan 9-Mar 6 | \$88.50 | 1407050 |
| Jan 9-Mar 6 | \$88.50 | 1407051 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 6-12 years | Sat. | 11-11:50 am |
| Oct 13-Dec 8 | \$88.50 | 1187993 |
| Jan 12-Mar 9 | \$88.50 | 1188342 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 6-12 years | Wed. | 4-4:50 pm |
| Oct 10-Dec 5 | \$88.50 | 1187973 |
| Jan 9-Mar 6 | \$88.50 | 1188249 |
| 6-12 years | Wed. | 5-5:50 pm |
| Oct 10-Dec 5 | \$88.50 | 1187975 |
| Jan 9-Mar 6 | \$88.50 | 1188251 |

Jim Durrell – 613-580-2596

| | | |
|--------------|------------|-------------------------|
| 6-12 years | Sun. | 9:30-10:20 am |
| May 5-Jun 23 | \$78.75 | 1408976 |
| 6-12 years | Sun. | 10:30-11:20 am |
| May 5-Jun 23 | \$78.75 | 1409045 |
| 6-12 years | Sun. | 11:30 am-12:20 pm |
| May 5-Jun 23 | \$78.75 | 1408977 |
| 6-12 years | Tue. | 4:30-5:20 pm |
| Oct 9-Dec 4 | \$88.50 | 1187964 |
| Jan 8-Mar 5 | \$88.50 | 1188238 |
| 6-12 years | Tue., Thu. | 6:30-7:20 pm |
| Mar 19-Apr 4 | \$59 | 1408978 |
| 6-12 years | Tue., Thu. | 7:30-8:20 pm |
| Mar 19-Apr 4 | \$59 | 1408979 |
| 6-12 years | Wed. | 4:30-5:20 pm |
| Oct 10-Dec 5 | \$88.50 | 1187980 |
| Jan 9-Mar 6 | \$88.50 | 1188253 |
| 6-12 years | Wed. | 5:30-6:20 pm |
| Oct 10-Dec 5 | \$88.50 | 1187983 |
| Jan 9-Mar 6 | \$88.50 | 1188254 |
| 6-12 years | Wed. | 6:30-7:20 pm |
| Oct 10-Dec 5 | \$88.50 | 1187984 |
| Jan 9-Mar 6 | \$88.50 | 1188255 |

Lansdowne Park – 613-580-2596

| | | |
|--------------|------|-------------------------|
| 6-12 years | Sun. | 11-11:50 am |
| Jan 6-Feb 10 | \$59 | 1188418 |

McNabb – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Mon. | 5-5:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1187941 |
| Jan 7-Mar 4 | \$88.50 | 1188054 |
| 6-12 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1187949 |
| Jan 7-Mar 4 | \$88.50 | 1188056 |
| 6-12 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1187999 |
| Jan 12-Mar 9 | \$88.50 | 1188363 |
| 6-12 years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1188004 |
| Jan 12-Mar 9 | \$88.50 | 1188370 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Mon. | 11-11:50 am |
| Oct 15-Dec 17 | \$98.25 | 1187857 |
| Jan 7-Mar 4 | \$78.75 | 1321482 |
| 6-12 years | Mon. | 4-4:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1187966 |
| Jan 7-Mar 4 | \$78.75 | 1399903 |
| 6-12 years | Mon. | 5-5:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1188148 |
| Jan 7-Mar 4 | \$78.75 | 1399967 |

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1188276 |
| Jan 7-Mar 4 | \$78.75 | 1400000 |
| 6-12 years | Mon. | 7-7:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1188301 |
| Jan 7-Mar 4 | \$78.75 | 1400019 |
| 6-12 years | Wed. | 5-5:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1320342 |
| Jan 9-Mar 6 | \$88.50 | 1400662 |
| 6-12 years | Wed. | 6-6:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1320934 |
| Jan 9-Mar 6 | \$88.50 | 1400736 |
| 6-12 years | Wed. | 7-7:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1320946 |
| Jan 9-Mar 6 | \$88.50 | 1400763 |

Nepean Sportsplex – 613-580-2828

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Thu. | 1-1:50 pm |
| Oct 18-Dec 13 | \$88.50 | 1404655 |
| Jan 10-Mar 7 | \$88.50 | 1404657 |
| 6-12 years | Sat. | 9:30-10:20 am |
| Oct 13-Dec 8 | \$88.50 | 1402427 |
| Jan 12-Mar 9 | \$88.50 | 1402431 |
| 6-12 years | Sat. | 10:30-11:20 am |
| Oct 13-Dec 8 | \$88.50 | 1402440 |
| Jan 12-Mar 9 | \$88.50 | 1402435 |
| 6-12 years | Sat. | 11:30 am-12:20 pm |
| Oct 13-Dec 8 | \$88.50 | 1406538 |
| Jan 12-Mar 9 | \$88.50 | 1406582 |

Pincrest – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Sun. | 1-1:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1246483 |
| Jan 13-Mar 10 | \$88.50 | 1188400 |
| 6-12 years | Thu. | 5-5:50 pm |
| Oct 11-Dec 6 | \$88.50 | 1187986 |
| Jan 10-Mar 7 | \$88.50 | 1403235 |
| 6-12 years | Thu. | 6-6:50 pm |
| Oct 11-Dec 6 | \$88.50 | 1246464 |
| Jan 10-Mar 7 | \$88.50 | 1188263 |
| 6-12 years | Sat. | 1-1:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246473 |
| Jan 12-Mar 9 | \$88.50 | 1188383 |
| 6-12 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246476 |
| Jan 12-Mar 9 | \$88.50 | 1188389 |
| 6-12 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1246480 |
| Jan 12-Mar 9 | \$88.50 | 1188393 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Tue. | 4:30-5:20 pm |
| Sep 11-Oct 30 | \$78.75 | 1400700 |
| Nov 6-Dec 18 | \$68.75 | 1400701 |
| Jan 8-Mar 26 | \$108 | 1403505 |
| 6-12 years | Tue. | 5:30-6:20 pm |
| Sep 11-Oct 30 | \$78.75 | 1400703 |
| Nov 6-Dec 18 | \$68.75 | 1400705 |
| Jan 8-Mar 26 | \$108 | 1403513 |
| 6-12 years | Sat. | 10-10:50 am |
| Jan 12-Mar 30 | \$98.25 | 1403523 |
| 6-12 years | Sat. | 11-11:50 am |
| Sep 15-Nov 3 | \$68.75 | 1400827 |
| Nov 10-Dec 22 | \$68.75 | 1400831 |
| Jan 12-Mar 30 | \$98.25 | 1403535 |

Sandy Hill Arena – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Sun. | 11-11:50 am |
| May 5-Jun 16 | \$68.75 | 1408974 |
| 6-12 years | Sun. | 1-1:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1188031 |
| Jan 13-Mar 10 | \$88.50 | 1188406 |
| May 5-Jun 16 | \$68.75 | 1408975 |
| 6-12 years | Sun. | 2-2:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1188034 |
| Jan 13-Mar 10 | \$88.50 | 1188408 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Wed. | 5-5:50 pm |
| Sep 26-Dec 12 | \$118 | 1403751 |
| Jan 16-Mar 6 | \$78.75 | 1403765 |
| 6-12 years | Wed. | 6-6:50 pm |
| Sep 26-Dec 12 | \$118 | 1403753 |
| Jan 16-Mar 6 | \$78.75 | 1403766 |
| 6-12 years | Wed. | 7-7:50 pm |
| Sep 26-Dec 12 | \$118 | 1403755 |
| Jan 16-Mar 6 | \$78.75 | 1403767 |
| 6-12 years | Sat. | 9-9:50 am |
| Sep 22-Dec 15 | \$118 | 1403729 |
| Jan 12-Mar 2 | \$78.75 | 1403759 |
| 6-12 years | Sat. | 10-10:50 am |
| Sep 22-Dec 15 | \$118 | 1403746 |
| Jan 12-Mar 2 | \$78.75 | 1403760 |
| 6-12 years | Sat. | 11-11:50 am |
| Sep 22-Dec 15 | \$118 | 1403748 |
| Jan 12-Mar 2 | \$78.75 | 1403762 |
| 6-12 years | Sat. | noon-12:50 pm |
| Sep 22-Dec 15 | \$118 | 1403750 |
| Jan 12-Mar 2 | \$78.75 | 1403763 |

Tom Brown Arena – 613-580-2596

| | | |
|---------------|------------|-------------------------|
| 6-12 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1187953 |
| Jan 7-Mar 4 | \$88.50 | 1246408 |
| 6-12 years | Mon., Wed. | 6-6:50 pm |
| Apr 8-29 | \$68.75 | 1408981 |
| 6-12 years | Mon. | 7-7:50 pm |
| Oct 15-Dec 10 | \$88.50 | 1187957 |
| Jan 7-Mar 4 | \$88.50 | 1246409 |
| 6-12 years | Mon., Wed. | 7-7:50 pm |
| Apr 8-29 | \$68.75 | 1408982 |

Walter Baker – 613-580-2788

| | | |
|---------------|---------|-------------------------|
| 6-10 years | Tue. | 4-4:50 pm |
| Sep 25-Dec 11 | \$118 | 1400493 |
| Jan 15-Mar 5 | \$78.75 | 1182466 |
| 6-12 years | Thu. | 5-5:50 pm |
| Sep 27-Dec 13 | \$118 | 1401635 |
| Jan 17-Mar 7 | \$78.75 | 1186440 |

Junior Gliders – Low Ratio

For children who can skate forward and beyond. Levels 1-5. Skills may include backwards skating, one foot gliding, and two foot turns. A CSA approved hockey helmet is mandatory.

Brewer Arena – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 6-12 years | Sun. | 3-3:50 pm |
| Jan 13-Mar 10 | \$191.25 | 1403157 |
| 6-12 years | Tue. | 7-7:50 pm |
| Oct 9-Dec 4 | \$191.25 | 1405685 |
| Jan 8-Mar 5 | \$191.25 | 1403135 |
| 6-12 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$191.25 | 1405737 |
| Jan 12-Mar 9 | \$191.25 | 1403142 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|----------|-------------------------|
| 6-12 years | Sat. | noon-12:50 pm |
| Oct 13-Dec 8 | \$191.25 | 1405725 |
| Jan 12-Mar 9 | \$191.25 | 1403144 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|----------|-------------------------|
| 6-12 years | Wed. | 6-6:50 pm |
| Oct 10-Dec 5 | \$191.25 | 1405690 |
| Jan 9-Mar 6 | \$191.25 | 1403138 |

Lansdowne Park – 613-580-2596

| | | |
|--------------|----------|-------------------------|
| 6-12 years | Sun. | 10-10:50 am |
| Jan 6-Feb 10 | \$127.50 | 1403159 |

McNabb – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 6-12 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | \$191.25 | 1405654 |
| Jan 7-Mar 4 | \$191.25 | 1403130 |
| 6-12 years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$191.25 | 1405746 |
| Jan 12-Mar 9 | \$191.25 | 1403148 |

Pinecrest – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 6-12 years | Sun. | noon-12:50 pm |
| Oct 14-Dec 9 | \$191.25 | 1405755 |
| Jan 13-Mar 10 | \$191.25 | 1403152 |
| 6-12 years | Tue. | 5-5:50 pm |
| Oct 9-Dec 4 | \$191.25 | 1405682 |
| Jan 8-Mar 5 | \$191.25 | 1403134 |
| 6-12 years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$191.25 | 1405698 |
| Jan 12-Mar 9 | \$191.25 | 1403149 |

Sandy Hill Arena – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 6-12 years | Sun. | noon-12:50 pm |
| Oct 14-Dec 9 | \$191.25 | 1405761 |
| Jan 13-Mar 10 | \$191.25 | 1403154 |
| May 5-Jun 16 | \$148.75 | 1408985 |

Tom Brown Arena – 613-580-2596

| | | |
|---------------|----------|-------------------------|
| 6-12 years | Mon. | 7-7:50 pm |
| Oct 15-Dec 10 | \$191.25 | 1405668 |
| Jan 7-Mar 4 | \$191.25 | 1403132 |
| 6-12 years | Sat. | 9-9:50 am |
| Oct 13-Dec 8 | \$191.25 | 1405709 |
| Jan 12-Mar 9 | \$191.25 | 1403140 |

Senior Gliders

For skaters that have passed all the 5 levels of the Junior Gliders program. Skills may include backwards crosscuts, one foot turns and waltz jumps. CSA approved hockey helmet is mandatory.

Brewer Arena – 613-580-2596

| | | |
|--------------|---------|-------------------------|
| 8-12 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$88.50 | 1407797 |
| Jan 12-Mar 9 | \$88.50 | 1403208 |

Jim Durrell – 613-580-2596

| | | |
|-------------|---------|-------------------------|
| 8-12 years | Wed. | 5:30-6:20 pm |
| Jan 9-Mar 6 | \$88.50 | 1403200 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|---------|-------------------------|
| 8-12 years | Mon. | 6-6:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1188282 |
| Jan 7-Mar 4 | \$78.75 | 1400002 |
| 8-12 years | Mon. | 7-7:50 pm |
| Oct 15-Dec 17 | \$98.25 | 1403188 |
| Jan 7-Mar 4 | \$78.75 | 1400020 |
| 8-12 years | Wed. | 7-7:50 pm |
| Oct 17-Dec 19 | \$98.25 | 1320948 |
| Jan 9-Mar 6 | \$88.50 | 1400771 |

Nepean Sportsplex – 613-580-2828

| | | |
|---------------|---------|-------------------------|
| 8-14 years | Thu. | 1-1:50 pm |
| Oct 18-Dec 13 | \$88.50 | 1404662 |
| Jan 10-Mar 7 | \$88.50 | 1404664 |

| | | |
|--------------|---------|-------------------------|
| 8-14 years | Sat. | 11:30 am-12:20 pm |
| Oct 13-Dec 8 | \$88.50 | 1406626 |
| Jan 12-Mar 9 | \$88.50 | 1406637 |

Pinecrest – 613-580-2596

| | | |
|---------------|---------|-------------------------|
| 8-12 years | Sun. | 1-1:50 pm |
| Oct 14-Dec 9 | \$88.50 | 1407800 |
| Jan 13-Mar 10 | \$88.50 | 1403210 |
| 8-12 years | Thu. | 6-6:50 pm |
| Oct 11-Dec 6 | \$88.50 | 1407803 |
| Jan 10-Mar 7 | \$88.50 | 1403205 |

Ray Friel – 613-580-4765

| | | |
|---------------|---------|-------------------------|
| 8-12 years | Sat. | 10-10:50 am |
| Jan 12-Mar 30 | \$98.25 | 1403694 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|---------|-------------------------|
| 6-12 years | Wed. | 7-7:50 pm |
| Sep 26-Dec 12 | \$118 | 1403801 |
| Jan 16-Mar 6 | \$78.75 | 1403783 |
| 6-12 years | Sat. | 11-11:50 am |
| Sep 22-Dec 15 | \$118 | 1403798 |
| Jan 12-Mar 2 | \$78.75 | 1403778 |

Tom Brown Arena – 613-580-2596

| | | |
|------------|------------|-------------------------|
| 8-12 years | Mon., Wed. | 7-7:50 pm |
| Apr 8-29 | \$68.75 | 1409055 |

Walter Baker – 613-580-2788

| | | |
|---------------|---------|-------------------------|
| 8-12 years | Thu. | 5-5:50 pm |
| Sep 27-Dec 13 | \$118 | 1401620 |
| Jan 17-Mar 7 | \$78.75 | 1186004 |



Youth

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Intro to Ice

A learn to skate program for teens who are new to ice or have limited skating experience. Learn how to fall and get up safely, skate forward and stop. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|------|---------------------------------|
| 13-14 years | Mon. | 7-7:50 pm |
| Oct 15-Dec 17 | | \$98.25 1188424 |
| Jan 7-Mar 4 | | \$78.75 1400028 |
| 13-14 years | Wed. | 7-7:50 pm |
| Oct 17-Dec 19 | | \$98.25 1320949 |
| Jan 9-Mar 6 | | \$88.50 1400772 |

Nepean Sportsplex – 613-580-2828

| | | |
|--------------|------|---------------------------------|
| 13-14 years | Sat. | 11:30-12:20 pm |
| Oct 13-Dec 8 | | \$88.50 1402347 |
| Jan 12-Mar 9 | | \$88.50 1402352 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|------|---------------------------------|
| 13-14 years | Wed. | 7-7:50 pm |
| Sep 26-Dec 12 | | \$118 1404450 |
| Jan 16-Mar 6 | | \$78.75 1404457 |

Beginner

Learn to skate for teens who can skate forward and beyond. Skills include backward skating, one foot gliding and two foot turns. A CSA approved hockey helmet is mandatory.

Brewer Arena – 613-580-2596

| | | |
|--------------|------|---------------------------------|
| 13-14 years | Tue. | 6-6:50 pm |
| Oct 9-Dec 4 | | \$88.50 1407744 |
| Jan 8-Mar 5 | | \$88.50 1403218 |
| 13-14 years | Sat. | 6-6:50 pm |
| Oct 13-Dec 8 | | \$88.50 1407754 |
| Jan 12-Mar 9 | | \$88.50 1403220 |

| | | |
|--------------|------|-------------------------------|
| 15-17 years | Tue. | 6-6:50 pm |
| Oct 9-Dec 4 | | \$100 1407765 |
| Jan 8-Mar 5 | | \$100 1403226 |
| 15-17 years | Sat. | 6-6:50 pm |
| Oct 13-Dec 8 | | \$100 1407773 |
| Jan 12-Mar 9 | | \$100 1403227 |

Pinecrest – 613-580-2596

| | | |
|--------------|------|---------------------------------|
| 13-14 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | | \$88.50 1407749 |
| Jan 12-Mar 9 | | \$88.50 1403222 |
| 15-17 years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | | \$100 1407771 |
| Jan 12-Mar 9 | | \$100 1403232 |

Intro to Ice

A learn to skate program for teens who are new to ice or have limited skating experience. Learn how to fall and get up safely, skate forward and stop. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|------|---------------------------------|
| 15-17 years | Mon. | 7-7:50 pm |
| Oct 15-Dec 17 | | \$111 1188445 |
| Jan 7-Mar 4 | | \$88.75 1400030 |
| 15-17 years | Wed. | 7-7:50 pm |
| Oct 17-Dec 19 | | \$111 1320951 |
| Jan 9-Mar 6 | | \$100 1400780 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|------|----------------------------------|
| 15-17 years | Wed. | 7-7:50 pm |
| Sep 26-Dec 12 | | \$133.25 1404460 |
| Jan 16-Mar 6 | | \$88.75 1404507 |

Adult

Intro to Ice

A learn to skate program for adults who are new to ice or have limited skating experience. Learn how to fall and get up safely, skate forward and stop. A CSA approved hockey helmet is mandatory.

Brewer Arena – 613-580-2596

| | | |
|---------------|------|-------------------------------|
| 18+ years | Sun. | 3-3:50 pm |
| Jan 13-Mar 10 | | \$108 1403316 |
| 18+ years | Tue. | 7-7:50 pm |
| Oct 9-Dec 4 | | \$108 1407694 |
| Jan 8-Mar 5 | | \$108 1403388 |

| | | |
|--------------|------|-------------------------------|
| 18+ years | Sat. | 6-6:50 pm |
| Oct 13-Dec 8 | | \$108 1407696 |
| Jan 12-Mar 9 | | \$108 1403299 |

Goulbourn – 613-580-2532

| | | |
|---------------|------|-------------------------------|
| 18+ years | Mon. | 9:15-10:05 am |
| Sep 24-Dec 10 | | \$132 1404820 |
| Jan 7-Mar 4 | | \$96 1406919 |
| 18+ years | Wed. | 4:15-5:05 pm |
| Sep 26-Dec 12 | | \$144 1404828 |
| Jan 9-Mar 6 | | \$108 1406929 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|------|-------------------------------|
| 18+ years | Sat. | noon-12:50 pm |
| Oct 13-Dec 8 | | \$108 1407695 |
| Jan 12-Mar 9 | | \$108 1403303 |

Jim Durrell – 613-580-2596

| | | |
|--------------|------------|-------------------------------|
| 18+ years | Sun. | 11:30 am-12:20 pm |
| May 5-Jun 23 | | \$96 1409046 |
| 18+ years | Tue., Thu. | 7:30-8:20 pm |
| Mar 19-Apr 4 | | \$72 1409048 |
| 18+ years | Wed. | 6:30-7:20 pm |
| Oct 10-Dec 5 | | \$108 1409064 |
| Jan 9-Mar 6 | | \$108 1403294 |

Lansdowne Park – 613-580-2596

| | | |
|--------------|------|------------------------------|
| 18+ years | Sun. | 10-10:50 am |
| Jan 6-Feb 10 | | \$72 1403322 |

McNabb – 613-580-2596

| | | |
|---------------|------|-------------------------------|
| 18+ years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | | \$108 1407688 |
| Jan 7-Mar 4 | | \$108 1403282 |
| 18+ years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | | \$108 1407697 |
| Jan 12-Mar 9 | | \$108 1403306 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|------|-------------------------------|
| 18+ years | Mon. | noon-12:50 pm |
| Oct 15-Dec 17 | | \$120 1187842 |
| Jan 7-Mar 4 | | \$96 1321492 |
| 18+ years | Mon. | 7-7:50 pm |
| Oct 15-Dec 17 | | \$120 1188380 |
| Jan 7-Mar 4 | | \$96 1400023 |
| 18+ years | Wed. | 7-7:50 pm |
| Oct 17-Dec 19 | | \$120 1320955 |
| Jan 9-Mar 6 | | \$108 1400786 |

Nepean Sportsplex – 613-580-2828

| | | |
|---------------|------|-------------------------------|
| 18+ years | Tue. | 10-10:50 am |
| Oct 16-Dec 11 | | \$108 1403350 |
| Jan 8-Mar 5 | | \$108 1403366 |
| 18+ years | Thu. | noon-12:50 pm |
| Oct 18-Dec 13 | | \$108 1404608 |
| Jan 10-Mar 7 | | \$108 1404613 |

Sandy Hill Arena – 613-580-2596

| | | |
|---------------|------|-------------------------------|
| 18+ years | Sun. | 2-2:50 pm |
| Oct 14-Dec 9 | | \$108 1407698 |
| Jan 13-Mar 10 | | \$108 1403312 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|------|-------------------------------|
| 18+ years | Wed. | 9-9:50 am |
| Jan 16-Mar 6 | | \$96 1404539 |
| 18+ years | Wed. | 7-7:50 pm |
| Sep 26-Dec 12 | | \$144 1404523 |
| 18+ years | Sat. | 9-9:50 am |
| Sep 22-Dec 15 | | \$144 1404519 |
| Jan 12-Mar 2 | | \$96 1404538 |

Tom Brown Arena – 613-580-2596

| | | |
|---------------|------------|-------------------------------|
| 18+ years | Mon. | 7-7:50 pm |
| Oct 15-Dec 10 | | \$108 1407690 |
| Jan 7-Mar 4 | | \$108 1403286 |
| 18+ years | Mon., Wed. | 7-7:50 pm |
| Apr 8-29 | | \$84 1409047 |

Intro to Ice – Low Ratio

Learn to skate for adults who are new to ice or have limited skating experience. Learn how to fall and get up safely, skate forward and stop. A CSA approved hockey helmet is mandatory. 1:5 ratio.

Jack Charron Arena – 613-580-2596

| | | |
|--------------|------|-------------------------------|
| 18+ years | Wed. | 6-6:50 pm |
| Oct 10-Dec 5 | | \$216 1407817 |
| Jan 9-Mar 6 | | \$216 1403569 |

Pinecrest – 613-580-2596

| | | |
|---------------|------|-------------------------------|
| 18+ years | Sun. | 1-1:50 pm |
| Oct 14-Dec 9 | | \$216 1407814 |
| Jan 13-Mar 10 | | \$216 1403590 |
| 18+ years | Thu. | 6-6:50 pm |
| Oct 11-Dec 6 | | \$216 1407820 |
| Jan 10-Mar 7 | | \$216 1403578 |
| 18+ years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | | \$216 1407823 |
| Jan 12-Mar 9 | | \$216 1403587 |

Sandy Hill Arena – 613-580-2596

| | | |
|--------------|------|-------------------------------|
| 18+ years | Sun. | noon-12:50 pm |
| May 5-Jun 16 | | \$168 1408986 |

Beginner

For adults who can skate forward and beyond. Skills include backward skating, one foot gliding and two foot turns. A CSA approved hockey helmet is mandatory.

Brewer Arena – 613-580-2596

| | | |
|---------------|-------|-------------------------|
| 18+ years | Sun. | 2-2:50 pm |
| Jan 13-Mar 10 | \$108 | 1403407 |
| 18+ years | Tue. | 7-7:50 pm |
| Jan 8-Mar 5 | \$108 | 1403252 |
| 18+ years | Sat. | 6-6:50 pm |
| Oct 13-Dec 8 | \$108 | 1407709 |
| Jan 12-Mar 9 | \$108 | 1403393 |

J. A. Dulude Arena – 613-580-2596

| | | |
|--------------|-------|-------------------------|
| 18+ years | Sat. | noon-12:50 pm |
| Oct 13-Dec 8 | \$108 | 1407705 |
| Jan 12-Mar 9 | \$108 | 1403394 |

Jim Durrell – 613-580-2596

| | | |
|--------------|------------|-------------------------|
| 18+ years | Sun. | 11:30 am-12:20 pm |
| May 5-Jun 23 | \$96 | 1408989 |
| 18+ years | Tue., Thu. | 7:30-8:20 pm |
| Mar 19-Apr 4 | \$72 | 1408990 |
| 18+ years | Wed. | 6:30-7:20 pm |
| Oct 10-Dec 5 | \$108 | 1409065 |
| Jan 9-Mar 6 | \$108 | 1403267 |

Lansdowne Park – 613-580-2596

| | | |
|--------------|------|-------------------------|
| 18+ years | Sun. | 10-10:50 am |
| Jan 6-Feb 10 | \$72 | 1403273 |

McNabb – 613-580-2596

| | | |
|---------------|-------|-------------------------|
| 18+ years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | \$108 | 1407700 |
| Jan 7-Mar 4 | \$108 | 1403249 |
| 18+ years | Sat. | 4-4:50 pm |
| Oct 13-Dec 8 | \$108 | 1407714 |
| Jan 12-Mar 9 | \$108 | 1403269 |

Minto-Barrhaven – 613-727-2683

| | | |
|---------------|-------|-------------------------|
| 18+ years | Mon. | noon-12:50 pm |
| Oct 15-Dec 17 | \$120 | 1187868 |
| Jan 7-Mar 4 | \$96 | 1321521 |
| 18+ years | Mon. | 7-7:50 pm |
| Oct 15-Dec 17 | \$120 | 1188421 |
| Jan 7-Mar 4 | \$96 | 1400024 |
| 18+ years | Wed. | 7-7:50 pm |
| Oct 17-Dec 19 | \$120 | 1320952 |
| Jan 9-Mar 6 | \$108 | 1400782 |

Nepean Sportsplex – 613-580-2828

| | | |
|---------------|-------|-------------------------|
| 18+ years | Tue. | 10-10:50 am |
| Oct 16-Dec 11 | \$108 | 1403262 |
| Jan 8-Mar 5 | \$108 | 1403265 |

| | | |
|---------------|-------|-------------------------|
| 18+ years | Thu. | noon-12:50 pm |
| Oct 18-Dec 13 | \$108 | 1404615 |
| Jan 10-Mar 7 | \$108 | 1404618 |

Pinecrest – 613-580-2596

| | | |
|--------------|-------|-------------------------|
| 18+ years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$108 | 1407703 |
| Jan 12-Mar 9 | \$108 | 1403271 |

Sandy Hill Arena – 613-580-2596

| | | |
|--------------|------|-------------------------|
| 18+ years | Sun. | 1-1:50 pm |
| May 5-Jun 16 | \$84 | 1408987 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|-------|-------------------------|
| 18+ years | Wed. | 7-7:50 pm |
| Sep 26-Dec 12 | \$144 | 1404556 |
| Jan 16-Mar 6 | \$96 | 1404564 |
| 18+ years | Sat. | 10-10:50 am |
| Sep 22-Dec 15 | \$144 | 1404551 |
| Jan 12-Mar 2 | \$96 | 1404563 |

Tom Brown Arena – 613-580-2596

| | | |
|---------------|------------|-------------------------|
| 18+ years | Mon. | 7-7:50 pm |
| Oct 15-Dec 10 | \$108 | 1407701 |
| Jan 7-Mar 4 | \$108 | 1403250 |
| 18+ years | Mon., Wed. | 7-7:50 pm |
| Apr 8-29 | \$84 | 1408991 |

Walter Baker – 613-580-2788

| | | |
|---------------|-------|-------------------------|
| 18+ years | Wed. | 1-1:50 pm |
| Jan 16-Mar 6 | \$96 | 1185331 |
| 19+ years | Wed. | 1-1:50 pm |
| Sep 26-Dec 12 | \$144 | 1400569 |

Beginner – Low Ratio

For adults who can skate forward and beyond. Skills include backward skating, one foot gliding and two foot turns. A CSA approved hockey helmet is mandatory. Ratio of 1:6

Brewer Arena – 613-580-2596

| | | |
|-------------|-------|-------------------------|
| 18+ years | Tue. | 7-7:50 pm |
| Oct 9-Dec 4 | \$216 | 1407846 |

Jack Charron Arena – 613-580-2596

| | | |
|--------------|-------|-------------------------|
| 18+ years | Wed. | 6-6:50 pm |
| Oct 10-Dec 5 | \$216 | 1407849 |
| Jan 9-Mar 6 | \$216 | 1403610 |

Pinecrest – 613-580-2596

| | | |
|---------------|-------|-------------------------|
| 18+ years | Sun. | noon-12:50 pm |
| Oct 14-Dec 9 | \$216 | 1407842 |
| Jan 13-Mar 10 | \$216 | 1403624 |
| 18+ years | Thu. | 6-6:50 pm |
| Oct 11-Dec 6 | \$216 | 1407851 |
| Jan 10-Mar 7 | \$216 | 1403617 |

Intermediate

For skaters who have mastered the basic skills. Emphasis placed on increased technical skills (e.g. forward crosscuts, backward crosscuts and one foot turns). A CSA approved hockey helmet is mandatory.

Brewer Arena – 613-580-2596

| | | |
|--------------|-------|-------------------------|
| 18+ years | Tue. | 7-7:50 pm |
| Oct 9-Dec 4 | \$108 | 1407736 |
| Jan 8-Mar 5 | \$108 | 1403355 |
| 18+ years | Sat. | 6-6:50 pm |
| Oct 13-Dec 8 | \$108 | 1407738 |
| Jan 12-Mar 9 | \$108 | 1403361 |

Lansdowne Park – 613-580-2596

| | | |
|--------------|------|-------------------------|
| 18+ years | Sun. | 11-11:50 am |
| Jan 6-Feb 10 | \$72 | 1403384 |

McNabb – 613-580-2596

| | | |
|---------------|-------|-------------------------|
| 18+ years | Mon. | 6-6:50 pm |
| Oct 15-Dec 10 | \$108 | 1407717 |
| Jan 7-Mar 4 | \$108 | 1403342 |

Nepean Sportsplex – 613-580-2828

| | | |
|---------------|-------|-------------------------|
| 18+ years | Tue. | 10-10:50 am |
| Oct 16-Dec 11 | \$108 | 1403404 |
| Jan 8-Mar 5 | \$108 | 1403410 |
| 18+ years | Thu. | noon-12:50 pm |
| Oct 18-Dec 13 | \$108 | 1404622 |
| Jan 10-Mar 7 | \$108 | 1404626 |

Sandy Hill Arena – 613-580-2596

| | | |
|--------------|------|-------------------------|
| 18+ years | Sun. | 1-1:50 pm |
| May 5-Jun 16 | \$84 | 1408993 |

St-Laurent Complex – 613-742-6767

| | | |
|---------------|-------|-------------------------|
| 18+ years | Wed. | 7-7:50 pm |
| Sep 26-Dec 12 | \$144 | 1404577 |
| Jan 16-Mar 6 | \$96 | 1404582 |

Tom Brown Arena – 613-580-2596

| | | |
|---------------|-------|-------------------------|
| 18+ years | Mon. | 7-7:50 pm |
| Oct 15-Dec 10 | \$108 | 1407720 |
| Jan 7-Mar 4 | \$108 | 1403348 |

Intermediate – Low Ratio

For skaters who have mastered the basic skills. Emphasis placed on increased technical skills (e.g. forward crosscuts, backward crosscuts and one foot turns). A CSA approved hockey helmet is mandatory. Ratio of 1:5.

McNabb – 613-580-2596

| | | |
|--------------|-------|-------------------------|
| 18+ years | Sat. | 3-3:50 pm |
| Oct 13-Dec 8 | \$216 | 1407865 |
| Jan 12-Mar 9 | \$216 | 1403647 |

Pinecrest – 613-580-2596

| | | |
|--------------|-------|-------------------------|
| 18+ years | Sat. | 2-2:50 pm |
| Oct 13-Dec 8 | \$216 | 1407857 |
| Jan 12-Mar 9 | \$216 | 1403651 |

Introduction to Long Track Speed

Learn the basics of long track speed skating at the Brewer Oval. Participants will work on technique and proper skating position. Participants should be comfortable skating forwards. CSA approved hockey helmet, thick gloves, and speed skates are mandatory. Neck guard, kneepads, and shin guards are highly recommended. Dress warmly!

Tom Brown Arena – 613-580-2596

| | | |
|--------------|-------|-------------------------|
| 15+ years | Sat. | 8-8:50 am |
| Oct 13-Dec 8 | \$108 | 1407790 |
| Jan 12-Mar 9 | \$108 | 1403243 |

