

Household Waste Diary

Pick a week and start recording! When in doubt about how to dispose of an item, go to ottawa.ca/wasteexplorer.

Category	Number of Item(s)	Bin I chose: blue, black, green or garbage	Recyclable?	Compostable?	Reusable?	Special disposal required?
Paper						
Cardboard						
Glass						
Aluminum						
Metal						
Hard plastic						
Film plastic, e.g. bags, wrappers						
Styrofoam						
Food waste						
Other organic material						
Other waste, e.g. furniture, electronics						
Totals						