



Disclaimer – Route(s) are on both multiuse trails and shared roadways and all cyclists are responsible for their own safety, must use both trails and streets with caution and do so at their own risk. Always wear the proper safety gear when cycling, ride sensibly and abide by all laws. Although routes and attractions were up-to-date at the time of printing, you may find that map content, traffic and/or actual conditions differ from the information shown on this map. The City of Ottawa does not assume any liability whatsoever for cyclists using this information and travelling upon suggested route(s).

Date: April 18, 2017



0	0 km	Starting at the Navan Memorial Centre and Arena turn Right onto Colonial Road
	1 km	Left onto Frank Kenny Road
	5.3 km	Right onto French Hill Road
	6.7 km	Left onto O'Toole Road
	10.9 km	Right onto Willhaven Drive
9	12 km	Left onto Quigley Hill Road
9	12.4 km	Left to stay on Quigley Hill Road
	13.2 km	Right onto Old Montreal Road through the Village of Cumberland (food options)
	17.2 km	Right onto Kinsella Drive
	18.1 km	Right onto Quillivan Drive
	18.5 km	Left onto Royal Orchard Drive
	19.7 km	Right onto Wilhaven Drive
	24.6 km	Right onto O'Toole Road
	28.8 km	Left onto French Hill Road
	32.9 km	Right onto Sarsfield Road (note Village of Sarsfield at Colonial Road)
	39.1 km	Left onto Watson Road
	41.9 km	Right onto Birchgrove Road
	46.3 km	Right onto Russell Road
	46.6 km	Left onto Saumure Road
	49.8 km	Right onto Devine Road
	56.6 km	Right onto Rockdale Road
	65.9 km	Left onto Colonial Road
0	68.3 km	Finish at Arena and Fairgrounds (food options in Navan)
	0 0000000 00000000 00000000 0	1 km 5.3 km 6.7 km 10.9 km 12 km 12.4 km 13.2 km 13.2 km 18.1 km 18.5 km 19.7 km 24.6 km 28.8 km 28.8 km 32.9 km 39.1 km 41.9 km 41.9 km 46.3 km 46.6 km 49.8 km 56.6 km 56.6 km

Shorter Route

0.0 km	Starting in the Village of Cumberland follow Dunning Road North to Old Montreal Road
🕞 0.0 km	Right onto Old Montreal Road
2.2 km	Right onto Kinsella Drive
3.1 km	Right onto Quillivan Drive
3.5 km	Left onto Royal Orchard Drive
4.6 km	Right onto Wilhaven Drive
4.9 km	Left onto Sarsfield Road
🔁 8.0 km	Right onto French Hill Road
🔁 12.1 km	Right onto O'Toole Road
🔁 16.3 km	Right onto Wilhaven Drive
<table-cell-rows> 17.4 km</table-cell-rows>	Left onto Quigley Hill Road
<table-cell-rows> 17.8 km</table-cell-rows>	Left to stay on Quigley Hill Road
18.6 km	Right onto Old Montreal Road
20.1 km	Left onto Cameron Street down to Ferry to Quebec . Return back to Old Montreal Road
21.0 km	Left onto Old Montreal Road
21.3 km	Right onto Dunning Road
21.7 km	Cumberland Arena and Farmers' Market

Route Surface: Paved country roads

Stops Enroute:

Cumberland Village Heritage Museum

🚺 Black Walnut Bakery Café

Proulx Farm

MORE INFORMATION: -

www.ottawatourism.ca

www.ontariobybike.ca/ottawa

ottawa.ca/selfguidedbicycletours