



Classes and Activities for Preschool Recreation eGuide Spring and Summer 2018

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Arts Centres

The City of Ottawa's Arts Centres are destinations for specialty arts programming in arts-specific studios offering the added benefit of specialized facilities and environment. The Nepean Visual Arts, the Nepean Creative Arts and Shenkman Arts Centres, offer specialty arts classes taught by accomplished artists – painters, actors, filmmakers, writers, photographers, musicians – in custom studio spaces for participants of all levels of ability. From preschool to adult, students experience a diversity of arts instruction in a creative and dynamic environment.

[Nepean Visual Arts Centre](#)
613-580-2828
1701 Woodroffe Avenue
(Entrance 3,
Nepean Sportsplex)



[Nepean Creative Arts Centre](#)
613-596-5783
35 Stafford Road,
Bells Corners



[Shenkman Arts Centre](#)
613-580-2787
245 Centrum Boulevard,
Orléans

What do arts centres offer preschoolers?

- High quality instruction in studios equipped for arts
- Dance on sprung floors, with barres and floor-to-ceiling mirrors
- Make beautiful music in soundproofed studios
- Create art with an artist

Learn life time art skills here.
Destination: arts experience.



Schedules and fees may be subject to change. Fees include HST. Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!
Instructional programs are advertised in the language in which they are offered.

Dance

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Shenkman Arts

3-4 years	Sun.	10-10:45 am
Apr 15-Jun 10	\$54.50	1140670
4-5 years	Sun.	10:45-11:30 am
Apr 15-Jun 10	\$54.50	1140672

Creative Movement – Parent and Tot

For our youngest students, this provides a fun, casual approach to practicing basic and fine motor skills, and a cooperative introduction to the elements of dance and space.

Nepean Creative Arts

18 months-3 years	Sat.	11:15 am-noon
Apr 7-Jun 2	\$34.50	1145217
18 months-3 years	Wed.	10-10:45 am
Apr 11-May 23	\$30.25	1139821

Shenkman Arts

2-3 years	Sun.	9:30-10 am
Apr 15-Jun 10	\$23	1140665

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Nepean Creative Arts

3-5 years	Sat.	9-9:45 am
Apr 7-Jun 2	\$54.50	1139975

Shenkman Arts

3-4 years	Sat.	10-10:45 am
Apr 14-Jun 9	\$54.50	1140470
3-5 years	Tue.	10:30-11:15 am
Apr 10-Jun 5	\$54.50	1140196
4-5 years	Sat.	10:45-11:30 am
Apr 14-Jun 9	\$54.50	1140475

Zumbini®

Nurture your child's love of movement and your inner child as well. Strengthen emotional development, cognitive and social skills, and your bond. Home kit must be purchased separately.

Nepean Creative Arts

18 months-3 years	Sat.	10:15-11 am
Apr 7-Jun 2	\$43.75	1156884

Music

Kindermusik® – Foundations

Babies and adults explore vocal play, singing, dancing, instruments, props and socializing. Discover new ways to interact with your baby and stimulate brain development. \$50 materials fee payable to the instructor.

Shenkman Arts

1-18 months	Wed.	11-11:45 am
Apr 4-Jun 13	\$120	1140218

Kindermusik® – Level 2

Toddlers and adults explore music through instruments, creative movement, and singing. Activities stimulate language development, social skills, confidence, curiosity, and self-control. Materials fees: \$50

Shenkman Arts

18-36 months	Wed.	10-10:45 am
Apr 4-Jun 13	\$120	1140211

Arts in Your Neighbourhood

Performing Arts

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Dance

Ballet – Level 1

Introduce your little one to the world of creative movement. Simple exercises are structured to develop balance and coordination, while preschoolers learn the different movements and ballet basics.

Bob MacQuarrie-Orléans – 613-580-9600

3-5 years	Tue.	5:45-6:30 pm
Apr 3-Jun 19	\$81.50	1150560
3-5 years	Sat.	12:45-1:30 pm
Apr 7-Jun 16	\$68	1150640

Carp Memorial – 613-580-9696

4-5 years	Sun.	10:15-11 am
Apr 8-Jun 10	\$61.25	1161459

Chapman Mills – 613-822-7887

3-5 years	Fri.	4:30-5 pm
Apr 6-Jun 15	\$50	1160081
3-5 years	Fri.	5-5:30 pm
Apr 6-Jun 15	\$50	1160082
3-5 years	Fri.	5:30-6 pm
Apr 6-Jun 15	\$50	1160083

Eva James – 613-271-0712

3-5 years	Sat.	11-11:45 am
Apr 7-Jun 16	\$68	114586

Fisher Park – 613-798-8945

3-5 years	Sat.	9:45-10:30 am
Apr 7-Jun 16	\$68	1143942

François Dupuis – 613-580-8080

3-5 years	Sat.	11:30 am-12:15 pm
Apr 7-Jun 9	\$61.25	1161023
3-5 years	Sat.	12:15-1 pm
Apr 7-Jun 9	\$61.25	1161028
3-5 years	Sun.	10:45-11:30 am
Apr 8-Jun 10	\$61.25	1161035
3-5 years	Sun.	11:30 am-12:15 pm
Apr 8-Jun 10	\$61.25	1161045

Greely – 613-580-2424 ext. 30235

3-5 years	Thu.	5:15-6 pm
Apr 5-May 24	\$54.50	1159119

Heron – 613-247-4808

3-5 years	Wed.	5-5:45 pm
Apr 4-May 30	\$61.25	1163154

Hintonburg – 613-798-8874

3-4 years	Thu.	6:15-7 pm
Apr 5-Jun 7	\$68	1159243

Hunt Club-Riverside Park – 613-260-1299

3-4 years	Sat.	9-9:45 am
Apr 7-Jun 23	\$74.75	1159396
3-5 years	Mon.	6-6:45 pm
Apr 9-Jun 18	\$68	1159404
4-5 years	Sat.	10-10:45 am
Apr 7-Jun 23	\$74.75	1159400

McNabb – 613-564-1070

18 months-3 years	Fri.	10-11 am
Apr 6-Jun 15	\$99.75	1145917
3-5 years	Sat.	9-10 am
Mar 24-Jun 16	\$99.75	1145945
3-5 years	Tue.	5-6 pm
Mar 27-Jun 12	\$108.75	1145906
3-5 years	Fri.	11 am-noon
Apr 6-Jun 15	\$99.75	1145925

Nepean Sportsplex – 613-580-2828

4-5 years	Sat.	1:45-2:30 pm
Apr 7-Jun 9	\$54.50	1149458
4-5 years	Thu.	5:30-6:15 pm
Apr 12-Jun 14	\$68	1149456

Osgoode – 613-580-2424 ext. 30235

3-5 years	Sun.	10-10:45 am
May 6-Jun 17	\$40.75	1159126

Pinecrest – 613-828-3118

3-5 years	Sun.	10-10:30 am
Apr 8-Jun 10	\$36.25	1160450
3-5 years	Sun.	10:30-11 am
Apr 8-Jun 10	\$36.25	1160480
3-5 years	Tue.	6-6:30 pm
Apr 3-Jun 5	\$45.50	1160431
3-5 years	Tue.	6:30-7 pm
Apr 3-Jun 5	\$45.50	1160383

Plant – 613-232-3000

3-5 years	Wed.	6:10-6:55 pm
Mar 21-Jun 20	\$95.25	1162633
Jul 4-Aug 22	\$54.50	1164203

Ray Friel – 613-580-4765

2-3 years	Sat.	8:30-9 am
Apr 14-Jun 16	\$40.75	1156158

Richcraft-Kanata – 613-580-9696

4-6 years	Tue.	5:15-6 pm
Jul 3-Aug 28	\$61.25	1162684
4-6 years	Thu.	4:30-5:15 pm
Jul 5-Aug 30	\$61.25	1162850

Rideauview – 613-822-7887

30 months-3 years	Sat.	9:15-9:45 am
Apr 7-Jun 16	\$45.50	1160476
3-4 years	Sat.	9:45-10:30 am
Apr 7-Jun 16	\$68	1160482
3-5 years	Thu.	5:45-6:30 pm
Mar 29-May 31	\$68	1160027
3-5 years	Thu.	6:30-7:15 pm
Mar 29-May 31	\$68	1160036
4-5 years	Sat.	10:30-11:15 am
Apr 7-Jun 16	\$68	1160488

Sandy Hill – 613-564-1062

3-5 years	Sat.	10-10:45 am
Apr 7-Jun 9	\$68	1162608
3-5 years	Sat.	10:45-11:30 am
Apr 7-Jun 9	\$68	1162615

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Metcalfe – 613-580-2424 ext. 30235

3-5 years	Sat.	9:50-10:35 am
Apr 7-May 26	\$54.50	1159348

Nepean Sportsplex – 613-580-2828

3-4 years	Sun.	9-9:30 am
Apr 8-Jun 10	\$36.25	1149465
3-4 years	Sun.	9:30-10:15 am
Apr 8-Jun 10	\$54.50	1149473

St-Laurent – 613-742-6767

3-5 years	Sat.	12:15-1 pm
Apr 7-Jun 2	\$54.50	1164225
3-5 years	Sun.	10:15-11 am
Apr 8-Jun 3	\$54.50	1164208

Creative Movement – Parent and Tot

For our youngest students, this provides a fun, casual approach to practicing basic and fine motor skills, and a cooperative introduction to the elements of dance and space.

Chapman Mills – 613-822-7887

18 months-3 years Tue. 5-5:30 pm
Apr 3-Jun 12 \$31.50 [1159410](#)

Eva James – 613-271-0712

18 months-3 years Sat. 9-9:30 am
Apr 7-Jun 16 \$28.75 [1139953](#)

Fisher Park – 613-798-8945

1 year-3 years Sat. 9-9:45 am
Apr 7-Jun 16 \$43 [1144612](#)

Creative Movement

A fun, casual approach to practicing basic and fine motor skills, in this introduction to the elements of movement to music.

Alexander – 613-798-8978

2-4 years Sat. 9:30-10:15 am
Apr 7-May 26 \$46 [1148278](#)

Greenboro – 613-580-2805

3-5 years Sat. 3-4 pm
Apr 7-Jun 2 \$61.25 [1162168](#)

Minto-Barrhaven – 613-727-2683

3-5 years Sun. 11:30 am-12:15 pm
Apr 8-Jun 17 \$57.25 [1145804](#)

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Chapman Mills – 613-822-7887

3-5 years Tue. 5:30-6 pm
Apr 3-Jun 12 \$50 [1159422](#)

3-5 years Tue. 6-6:30 pm
Apr 3-Jun 12 \$50 [1159425](#)

Eva James – 613-271-0712

3-5 years Mon. 5:20-6:05 pm
Apr 9-Jun 11 \$61.25 [1145818](#)

François Dupuis – 613-580-8080

3-5 years Sun. 1:15-2 pm
Apr 8-Jun 10 \$61.25 [1161157](#)

3-5 years Sun. 2-2:45 pm
Apr 8-Jun 10 \$61.25 [1161163](#)

Heron – 613-247-4808

3-5 years Sat. 9:30-10:15 am
Apr 7-Jun 2 \$54.50 [1163183](#)

Hunt Club-Riverside Park – 613-260-1299

3-5 years Sun. 10:15-11 am
Apr 22-Jun 24 \$61.25 [1157800](#)

Kanata Recreation – 613-580-2570

3-5 years Sun. 9-9:45 am

Apr 8-Jun 17 \$68 [1159258](#)

3-5 years Sun. 9:50-10:35 am

Apr 8-Jun 17 \$68 [1159268](#)

Hip Hop – Parent and Tot

Parents join their little dancer for a good cardio workout to funky, upbeat tunes. Hip Hop is easy to learn in this energetic dance class.

Bob MacQuarrie-Orléans – 613-580-9600

18 months-3 years Sat. 2:30-3:15 pm
Apr 7-Jun 16 \$75.75 [1150643](#)

François Dupuis – 613-580-8080

18 months-3 years Sat. 10-10:30 am
Apr 7-Jun 9 \$45.50 [1160819](#)

18 months-3 years Sun. 9:30-10 am

Apr 8-Jun 10 \$45.50 [1160825](#)

Minto-Barrhaven – 613-727-2683

18 months-3 years Fri. 4:30-5 pm
Apr 13-Jun 15 \$50.50 [1144699](#)

Nepean Sportsplex – 613-580-2828

18 months-3 years Sat. 10:30-11 am
Apr 7-Jun 9 \$40.50 [1149513](#)

Hip Hop – Level 1

Hip hop, with its roots in urban dance, gets you moving to funky, up-beat tunes. Work on strength, flexibility and musicality through intricate and fast paced choreography. Create dynamic, stylish moves just like in the latest music videos.

Aquaview – 613-824-0633 ext. 221

3-5 years Tue. 5:45-6:30 pm
Apr 10-Jun 12 \$75.75 [1146638](#)

François Dupuis – 613-580-8080

3-5 years Sun. 12:15-1 pm

Apr 8-Jun 10 \$68.25 [1161570](#)

Kanata Recreation – 613-580-2570

3-5 years Sun. 10:40-11:25 am

Apr 8-Jun 17 \$75.75 [1159531](#)

3-5 years Sun. 11:30 am-12:15 pm

Apr 8-Jun 17 \$75.75 [1159542](#)

McNabb – 613-564-1070

3-5 years Thu. 5-6 pm
Mar 29-Jun 14 \$110 [1145977](#)

Minto-Barrhaven – 613-727-2683

3-4 years Fri. 5-5:45 pm

Apr 13-Jun 15 \$75 [1144706](#)

4-5 years Sun. 12:15-1 pm

Apr 8-Jun 17 \$75 [1145899](#)

4-5 years Fri. 5:45-6:30 pm

Apr 13-Jun 15 \$75 [1144707](#)

Nepean Sportsplex – 613-580-2828

3-4 years Sat. 11-11:30 am

Apr 7-Jun 9 \$40.50 [1149492](#)

3-5 years Mon. 5:30-6 pm

Apr 9-Jun 11 \$45.50 [1149503](#)

4-5 years Sat. 11:30 am-12:15 pm

Apr 7-Jun 9 \$60.50 [1149497](#)

Ray Friel – 613-580-4765

4-6 years Thu. 5:30-6 pm

Apr 12-Jun 14 \$50.50 [1156303](#)

Ron Kolbus Lakeside – 613-828-4313

3-5 years Tue. 6-6:45 pm

Mar 20-Apr 24 \$45.50 [1156533](#)

Splash Wave Pool – 613-748-4222

3-5 years Thu. 5:30-6:15 pm

Apr 12-Jun 14 \$75.75 [1147545](#)

3-5 years Mon. 6-6:45 pm

Jul 9-Aug 27 \$53 [1160885](#)

St-Laurent – 613-742-6767

3-5 years Sun. 9:30-10:15 am

Apr 8-Jun 3 \$60.50 [1164197](#)

Twinkling Toes – Parent and Me

Join your little dancer to learn creative movement through basic ballet and jazz.

François Dupuis – 613-580-8080

18 months-3 years Sat. 9:30-10 am

Apr 7-Jun 9 \$34.50 [1160564](#)

18 months-3 years Sun. 10-10:30 am

Apr 8-Jun 10 \$34.50 [1160738](#)

Minto-Barrhaven – 613-727-2683

18 months-3 years Sat. 11:15-11:45 am

Apr 7-Jun 16 \$38.25 [1144759](#)

18 months-3 years Thu. 4:30-5 pm

Apr 12-Jun 14 \$38.25 [1144673](#)

Nepean Sportsplex – 613-580-2828

18 months-3 years Sat. 12:15-12:45 pm

Apr 7-Jun 9 \$30.75 [1149542](#)

18 months-3 years Tue. 5:15-5:45 pm

Apr 10-Jun 12 \$38.25 [1149530](#)

Twinkling Toes

Through creative movement with basic ballet and jazz, develop grace and creativity while allowing your personality to flourish. Performance at the final class.

Alfred Taylor – 613-489-3975

3-5 years Thu. 5:30-6:30 pm

May 10-Jun 14 \$46 [1148804](#)

Aquaview – 613-824-0633 ext. 221

3-5 years Wed. 5:45-6:30 pm

Apr 11-Jun 13 \$57.25 [1146637](#)

Carleton Heights – 613-226-2208

2-3 years Sat. 9:30-10:10 am

Apr 7-Jun 16 \$51 [1156611](#)

3-4 years Sat. 11:20 am-noon

Apr 7-Jun 16 \$51 [1156613](#)

4-6 years Sat. 10:20-11 am

Apr 7-Jun 16 \$51 [1156612](#)

Carp Memorial – 613-580-9696

3-5 years Sun. 9-9:30 am

Apr 8-Jun 10 \$34.50 [1161469](#)

3-5 years Sun. 9:40-10:10 am

Apr 8-Jun 10 \$34.50 [1161473](#)

Chapman Mills – 613-822-7887

3-5 years Fri. 6-6:30 pm

Apr 6-Jun 15 \$42 [1160091](#)

3-5 years Fri. 6:30-7 pm

Apr 6-Jun 15 \$42 [1160096](#)

Eva James – 613-271-0712

2-3 years Sat. 9:35-10:05 am

Apr 7-Jun 16 \$38.25 [1139411](#)

3-5 years Sat. 10:10-10:55 am

Apr 7-Jun 16 \$57.25 [1139412](#)

3-5 years Mon. 4:30-5:15 pm

Apr 9-Jun 11 \$51.75 [1139408](#)

Goulbourn – 613-580-2532

2-3 years Sat. 2:15-2:45 pm

Apr 7-Jun 2 \$30.75 [1160024](#)

4-6 years Sat. 2:45-3:30 pm

Apr 7-Jun 2 \$46 [1160025](#)

Kanata Recreation – 613-580-2570

30 months-3 years Sat. 9-9:30 am

Apr 7-Jun 16 \$38.25 [1158583](#)

30 months-3 years Sat. 10:05-10:35 am

Apr 7-Jun 16 \$38.25 [1158587](#)

3-5 years Wed. 5:30-6 pm

Apr 4-Jun 13 \$42 [1159679](#)

3-5 years Wed. 6:05-6:35 pm

Apr 4-Jun 13 \$42 [1159688](#)

3-5 years Sat. 10:40-11:10 am

Apr 7-Jun 16 \$38.25 [1158781](#)

Metcalfe – 613-580-2424 ext. 30235

2-3 years Sat. 9-9:45 am
Apr 7-Jun 2 \$46 [1159338](#)

Minto-Barrhaven – 613-727-2683

4-5 years Sat. 11:45 am-12:30 pm
Apr 7-Jun 16 \$57.25 [1144762](#)
4-5 years Tue. 4:15-5 pm
Apr 10-Jun 12 \$57.25 [1143963](#)
4-5 years Thu. 5-5:45 pm
Apr 12-Jun 14 \$57.25 [1144674](#)

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 1:15-1:45 pm
Apr 7-Jun 9 \$30.75 [1149522](#)
3-5 years Tue. 5:45-6:15 pm
Apr 10-Jun 12 \$38.25 [1149526](#)

Pinecrest – 613-828-3118

2-3 years Tue. 5:30-6 pm
Apr 3-Jun 5 \$38.25 [1160348](#)

Plant – 613-232-3000

3-5 years Mon. 5:15-6 pm
Mar 19-Jun 18 \$68.75 [1145806](#)
3-5 years Wed. 4:30-5:15 pm
Mar 21-Jun 20 \$80.25 [1162591](#)
Jul 4-Aug 22 \$46 [1164196](#)
3-5 years Wed. 5:20-6:05 pm
Mar 21-Jun 20 \$80.25 [1162605](#)
Jul 4-Aug 22 \$46 [1164198](#)
6-8 years Mon. 6:05-6:50 pm
Mar 19-Jun 18 \$68.75 [1145815](#)

Pretty Street – 613-580-2424 ext. 20705

2-4 years Sat. 9-10 am
Apr 14-Jun 23 \$76.50 [1148776](#)

Richcraft-Kanata – 613-580-9696

2-3 years Thu. 4:30-5 pm
Mar 22-Jun 28 \$57.25 [1163241](#)
2-3 years Tue. 4:45-5:15 pm
Jul 3-Aug 28 \$34.50 [1159666](#)
2-3 years Thu. 5:30-6 pm
Jul 5-Aug 30 \$34.50 [1159673](#)

Richmond Memorial –

613-580-2424 ext. 20705
2-3 years Wed. 4:30-5 pm
Mar 21-May 23 \$38.25 [1142521](#)
3-5 years Wed. 5-6 pm
Mar 21-May 23 \$76.50 [1142509](#)

St-Laurent – 613-742-6767

3-5 years Sat. 1-1:45 pm
Apr 7-Jun 2 \$46 [1164229](#)

Music

Kindermusik® – Level 2

Toddlers and adults explore music through instruments, creative movement, and singing. Activities stimulate language development, social skills, confidence, curiosity, and self-control. Materials fees: \$70

South Fallingbrook – 613-824-0633 ext. 221

18 months-3 years Tue. 10:15-11 am
Apr 10-Jun 12 \$117.50 [1161761](#)

Kindermusik® – Level 3

Small group activities stimulate creative musical development. Explore rhythm and beat, vocal expression and basic musical concepts. Develop social skills through interaction with peers. Drama, storytelling, instrument experimentation and more! Adults participate in the last 10-15 minutes. \$75 materials fee is payable to instructor.

South Fallingbrook – 613-824-0633 ext. 221

3-5 years Tue. 11:20 am-12:05 pm
Apr 10-Jun 12 \$117.50 [1161769](#)

Music for Young Children® Sunrise Program – Level 1

Sing, play, and learn! Quality music education blends the pleasure and joy of music making with sound instruction. Free for siblings under 22 months. Maximum two children per adult including sibling. \$36-52 materials fee payable to instructor at first class.

Bob MacQuarrie-Orléans – 613-580-9600

2-4 years Tue. 11:15 am-noon
Apr 3-Jun 5 \$133 [1151210](#)
2-4 years Fri. 10-10:45 am
Apr 6-Jun 15 \$133 [1151211](#)

Chapman Mills – 613-822-7887

2-5 years Mon. 9:30-10:15 am
Apr 9-Jun 18 \$135.75 [1158846](#)

Hunt Club-Riverside Park – 613-260-1299

2-5 years Sat. 9:15-10 am
Apr 7-Jun 23 \$142.75 [1159451](#)

Manotick Arena – 613-580-2424 ext. 30235

2-5 years Wed. 11-11:45 am
Apr 4-Jun 6 \$135.75 [1156171](#)

Rideauview – 613-822-7887

2-5 years Sat. 11:30 am-12:15 pm
Mar 24-Jun 23 \$135.75 [1160544](#)

Music for Young Children® Sunrise Program – Level 2

Children's music journey continues in this playful, pre-keyboard program with more songs, rhythm, and listening activities! Free for siblings under 22 months. Maximum two children per adult including sibling. \$36 materials fee payable to instructor at first class. Recommended prerequisite: Sunrise One

Bob MacQuarrie-Orléans – 613-580-9600

2-4 years Tue. 9:45-10:30 am
Apr 3-Jun 5 \$133 [1151212](#)
2-4 years Fri. 11-11:45 am
Apr 6-Jun 15 \$133 [1151214](#)
Chapman Mills – 613-822-7887
2-5 years Mon. 11-11:45 am
Apr 9-Jun 18 \$135.75 [1158873](#)

Music for Young Children® Sunrise Program – Level 3

Buzz the Fly and friends lead children in spring themed songs and activities with rhythm instruments, puppets, and games. Free for siblings under 22 months. Maximum two children per adult including sibling. \$36 materials fee payable to instructor at first class. Prerequisite: Sunrise 1 or Sunrise 2

Bob MacQuarrie-Orléans – 613-580-9600

2-4 years Tue. 10:30-11:15 am
Apr 3-Jun 5 \$133 [1151215](#)
Chapman Mills – 613-822-7887
2-5 years Mon. 10:15-11 am
Apr 9-Jun 18 \$135.75 [1158887](#)

Hunt Club-Riverside Park – 613-260-1299

2-5 years Sat. 8:30-9:15 am
Apr 7-Jun 23 \$142.75 [1159444](#)

Rideauview – 613-822-7887

2-5 years Sat. 10:45-11:30 am
Mar 24-Jun 23 \$135.75 [1160604](#)

Playgroups

Schedules and fees may be subject to change. Fees include HST. Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

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Playgroup – Parent & Me

Parents and caregivers, come with your child to enjoy playtime, songs, stories and crafts together. An opportunity to meet and visit with others in your community.

Charlie Conacher – 613-727-2683

12-48 months Mon. 9:30-11 am
Mar 19-Jun 4 \$67.50 [1140450](#)

Eva James – 613-271-0712

2-3 years Thu. 9-10 am
Mar 29-Jun 14 \$49.25 [1139922](#)

Nepean Sportsplex – 613-580-2828

30 months-4 years Tue. 9:30-11:30 am
Apr 10-Jun 12 \$81.75 [1158711](#)
6 months-4 years Wed. 9:30-11:30 am
Apr 11-Jun 13 \$81.75 [1158714](#)

Sandy Hill – 613-564-1062

1-5 years Wed. 9:30-11:30 am
Mar 28-Jun 13 \$98.25 [1163248](#)
1-5 years Fri. 9:30-11:30 am
Apr 6-Jun 15 \$90 [1163249](#)

Wiggle & Giggle Baby

Strengthen your bond with your baby while stimulating physical and cognitive development using songs, movement, and sensory toys.

Nepean Sportsplex – 613-580-2828

1 month-4 years Fri. 9:30-10:30 am
Apr 13-Jun 15 \$54.75 [1158743](#)

Ray Friel – 613-580-4765

1-18 months Mon., Wed. 10:15-11 am
Apr 9-Jun 13 \$77.75 [1151647](#)

Wiggle & Giggle & Move!

Play, climb, jump and run. Explore the world of crafts, music and movement along with your child. Help develop their socialization, coordination and motor skills.

Alexander – 613-798-8978

2-4 years Sat. 10:30-11:15 am
Apr 7-May 26 \$43.25 [1148404](#)

Goulbourn – 613-580-2532

1-4 years Sun. 10:15-11:15 am
Apr 8-Jun 3 \$57.25 [1160026](#)

Hintonburg – 613-798-8874

6 months-5 years Thu. 9:15-11:15 am
Mar 29-Jun 7 \$145.50 [1159183](#)

Nepean Sportsplex – 613-580-2828

18 months-4 years Fri. 10:30-11:30 am
Apr 13-Jun 15 \$71.50 [1158752](#)

Richcraft-Kanata – 613-580-9696

1-4 years Wed. 10:30-11:30 am
Mar 21-Jun 27 \$107.25 [1163148](#)

Walter Baker – 613-580-2788

1-3 years Sat. 9-9:45 am
Apr 7-May 12 \$32.25 [1155858](#)

Skating

Schedules and fees may be subject to change. Fees include HST. Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Frosty Blades

Get acquainted with the ice, standing and shuffling. An adult on skates with some skating experience must accompany the toddler for each lesson. A CSA approved hockey helmet is mandatory for all skaters, including the adult. Full facemask is highly recommended.

Goulbourn – 613-580-2532

3-5 years Tue. 5:15-5:40 pm
Apr 3-May 15 \$34.50 [1160893](#)
3-5 years Wed. 4:15-4:40 pm
Apr 4-May 16 \$34.50 [1160958](#)

Jim Durrell – 613-580-2596

2-4 years Tue., Thu. 6:30-6:55 pm
Mar 20-Apr 5 \$29.50 [1151132](#)
2-4 years Tue., Thu. 6:55-7:20 pm
Mar 20-Apr 5 \$29.50 [1151138](#)
2-4 years Sun. 9:30-9:55 am
May 6-Jun 24 \$34.50 [1149810](#)

2-4 years Sun. 9:55-10:20 am
May 6-Jun 24 \$34.50 [1150037](#)

2-4 years Mon., Wed. 6-6:25 pm
Jul 9-Aug 15 \$54 [1152404](#)

2-4 years Mon., Wed. 6:25-6:50 pm
Jul 9-Aug 15 \$54 [1152405](#)

Minto-Barrhaven – 613-727-2683

2-4 years Mon. 11-11:25 am
Mar 26-May 28 \$39.50 [1143479](#)

2-4 years Mon. 4:25-4:50 pm
Mar 26-May 28 \$39.50 [1143485](#)

2-4 years Mon. 6-6:25 pm
Mar 26-May 28 \$39.50 [1143500](#)

2-4 years Mon. 6:25-6:50 pm
Mar 26-May 28 \$39.50 [1143503](#)

2-4 years Wed. 5-5:25 pm
Mar 28-May 30 \$49.25 [1143848](#)

2-4 years Wed. 5:25-5:50 pm
Mar 28-May 30 \$49.25 [1143850](#)

2-4 years Sat. 9-9:25 am
Apr 7-May 26 \$39.50 [1143874](#)

2-4 years Sat. 9:25-9:50 am
Apr 7-Jun 2 \$39.50 [1143876](#)

2-4 years Sat. 11-11:25 am
Apr 7-Jun 2 \$39.50 [1143878](#)

Ray Friel – 613-580-4765

2-4 years Tue. 5-5:25 pm
May 1-Jun 19 \$39.50 [1149423](#)
Jul 3-Aug 21 \$39.50 [1149427](#)

2-4 years Tue. 6-6:25 pm
May 1-Jun 19 \$39.50 [1149425](#)

Jul 3-Aug 21 \$39.50 [1149428](#)

Sandy Hill Arena – 613-580-2596

2-4 years Thu, Mon. 6-6:25 pm
Apr 5-19 \$24.75 [1151484](#)

2-4 years Thu, Mon. 6:25-6:50 pm
Apr 5-19 \$24.75 [1151489](#)

2-4 years Sun. 10-10:25 am
May 6-Jun 17 \$34.50 [1150058](#)

2-4 years Sun. 10:25-10:50 am
May 6-Jun 17 \$34.50 [1150061](#)

Just You and Me

Learn to skate for the non-skater. An adult on skates with some skating experience must accompany the child for the first three lessons. A CSA approved hockey helmet is mandatory for all skaters, including the adult. Full facemask is highly recommended.

Goulbourn – 613-580-2532

3-5 years Tue. 5:15-6:05 pm
Apr 3-May 15 \$68.75 [1160906](#)

3-5 years Wed. 4:15-5:05 pm
Apr 4-May 16 \$68.75 [1160973](#)

Jim Durrell – 613-580-2596

3-4 years Tue., Thu. 6:30-7:20 pm
Mar 20-Apr 5 \$59 [1151147](#)

3-4 years Sun. 9:30-10:20 am
May 6-Jun 24 \$68.75 [1150923](#)

Minto-Barrhaven – 613-727-2683

3-4 years Mon. 5-5:50 pm
Mar 26-May 28 \$78.75 [1143608](#)

3-4 years Wed. 4-4:50 pm
Mar 28-May 30 \$98.25 [1143802](#)

3-4 years Wed. 6-6:50 pm
Mar 28-May 30 \$98.25 [1143806](#)

3-4 years Sat. 9-9:50 am
Apr 7-Jun 2 \$78.75 [1143882](#)

Sandy Hill Arena – 613-580-2596

3-4 years Sun. 10-10:50 am
May 6-Jun 17 \$68.75 [1150071](#)

Snow Gliders

Learn to skate for children who are new to ice. Children should be comfortable without parental involvement. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Goulbourn – 613-580-2532

3-5 years Tue. 5:40-6:05 pm
Apr 3-May 15 \$34.50 [1160897](#)

3-5 years Wed. 3:40-4:05 pm
Apr 4-May 16 \$34.50 [1160963](#)

3-5 years Wed. 4:40-5:05 pm
Apr 4-May 16 \$34.50 [1160966](#)

Jim Durrell – 613-580-2596

4-5 years Sun. 10:30-10:55 am
May 6-Jun 24 \$34.50 [1150965](#)

4-5 years Sun. 10:55-11:20 am
May 6-Jun 24 \$34.50 [1150967](#)

4-5 years Mon., Wed. 6-6:25 pm
Jul 9-Aug 15 \$54 [1152469](#)

4-5 years Mon., Wed. 6:25-6:50 pm
Jul 9-Aug 15 \$54 [1152487](#)

Minto-Barrhaven – 613-727-2683

4-5 years Mon. 4-4:25 pm
Mar 26-May 28 \$39.50 [1143540](#)

4-5 years Mon. 5-5:25 pm
Mar 26-May 28 \$39.50 [1143543](#)

4-5 years Wed. 4:25-4:50 pm
Mar 28-May 30 \$49.25 [1143813](#)

4-5 years Wed. 6-6:25 pm
Mar 28-May 30 \$49.25 [1143816](#)

4-5 years Wed. 6:25-6:50 pm
Mar 28-May 30 \$49.25 [1143825](#)

4-5 years Sat. 10-10:25 am
Apr 7-Jun 2 \$39.50 [1143909](#)

4-5 years Sat. 10:25-10:50 am
Apr 7-Jun 2 \$39.50 [1143911](#)

4-5 years Sat. 11:25-11:50 am
Apr 7-Jun 2 \$39.50 [1143913](#)

Ray Friel – 613-580-4765

4-5 years Tue. 5:25-5:50 pm
May 1-Jun 19 \$39.50 [1149460](#)

Jul 3-Aug 21 \$39.50 [1149468](#)

4-5 years Tue. 6:25-6:50 pm
May 1-Jun 19 \$39.50 [1149466](#)

Jul 3-Aug 21 \$39.50 [1149469](#)

Sandy Hill Arena – 613-580-2596

4-5 years Thu, Mon. 6-6:25 pm
Apr 5-19 \$24.75 [1151388](#)

4-5 years Thu, Mon. 6:25-6:50 pm
Apr 5-19 \$24.75 [1151463](#)

4-5 years Sun. 11-11:25 am
May 6-Jun 17 \$34.50 [1150151](#)

4-5 years Sun. 11:25-11:50 am
May 6-Jun 17 \$34.50 [1150148](#)

Snow Gliders Low Ratio

Learn to skate for children who are new to ice. Children should be comfortable without parental involvement. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Minto-Barrhaven – 613-727-2683

4-5 years Wed. 4-4:25 pm
Mar 28-May 30 \$106.25 [1143810](#)

Kindergliders

Learn to skate program for children with limited skating experience. Work through 5 levels and receive a badge based on ability. Learn forward skating and stopping skills. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Jim Durrell – 613-580-2596

4-5 years	Tue., Thu.	6:30-7:20 pm
Mar 20-Apr 5	\$59	1151249
4-5 years	Sun.	9:30-10:20 am
May 6-Jun 24	\$68.75	1150309
4-5 years	Sun.	11:30 am-12:20 pm
May 6-Jun 24	\$68.75	1150360
4-5 years	Mon., Wed.	6-6:50 pm
Jul 9-Aug 15	\$108	1152634

Minto-Barrhaven – 613-727-2683

4-5 years	Mon.	4-4:50 pm
Mar 26-May 28	\$78.75	1143559
4-5 years	Mon.	5-5:50 pm
Mar 26-May 28	\$78.75	1143563
4-5 years	Wed.	4-4:50 pm
Mar 28-May 30	\$98.25	1143829
4-5 years	Wed.	5-5:50 pm
Mar 28-May 30	\$98.25	1143830
4-5 years	Wed.	6-6:50 pm
Mar 28-May 30	\$98.25	1143832
4-5 years	Sat.	9-9:50 am
Apr 7-Jun 2	\$78.75	1143888
4-5 years	Sat.	10-10:50 am
Apr 7-Jun 2	\$78.75	1143889

Nepean Sportsplex – 613-580-2424 ext. 41238

4-5 years	Thu.	Noon-12:50 pm
Mar 22-Apr 26	\$59	1156229

Ray Friel – 613-580-4765

4-5 years	Tue.	5-5:50 pm
May 1-Jun 19	\$78.75	1149491
Jul 3-Aug 21	\$78.75	1149508
4-5 years	Tue.	6-6:50 pm
May 1-Jun 19	\$78.75	1149506
Jul 3-Aug 21	\$78.75	1149509

Sandy Hill Arena – 613-580-2596

4-5 years	Thu, Mon.	6-6:50 pm
Apr 5-19	\$49.25	1151569
4-5 years	Sun.	10-10:50 am
May 6-Jun 17	\$68.75	1150087
4-5 years	Sun.	1-1:50 pm
May 6-Jun 17	\$68.75	1152747

Kindergliders Low Ratio

Learn to skate program for children with limited skating experience. Work through 5 levels and receive a badge based on ability. Learn forward skating and stopping skills. CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Jim Durrell – 613-580-2596

4-5 years	Sun.	10:30-11:20 am
May 6-Jun 24	\$148.75	1150971

Minto-Barrhaven – 613-727-2683

4-5 years	Mon.	6-6:50 pm
Mar 26-May 28	\$170	1143632

Sandy Hill Arena – 613-580-2596

4-5 years	Sun.	noon-12:50 pm
May 6-Jun 17	\$148.75	1150177

Sports

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Ball Hockey – Parent and child

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities. Parent and child participate together.

Nepean Sportsplex – 613-580-2828

3-5 years	Sun.	1-1:45 pm
Apr 8-Jun 10	\$46	1142642

Rideauview – 613-822-7887

2-3 years	Sun.	2:45-3:30 pm
Apr 8-Jun 17	\$57.25	1157654

Ball Hockey

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Goulbourn – 613-580-2532

5-7 years	Sat.	11-11:50 am
Apr 7-Jun 2	\$51	1159980

Ray Friel – 613-580-4765

3-4 years	Mon.	5-5:45 pm
Apr 9-Jun 11	\$51.75	1156182

Rideauview – 613-822-7887

3-5 years	Sun.	3:30-4:15 pm
Apr 8-Jun 17	\$57.25	1157677

Basketball

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

François Dupuis – 613-580-8080

3-5 years	Sat.	9-10 am
Apr 7-Jun 9	\$68.75	1160484

Glen Cairn – 613-836-3121

3-5 years	Mon.	5:10-6 pm
Apr 9-Jun 4	\$57.25	1156547

3-5 years	Sat.	11-11:50 am
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Apr 14-Jun 16	\$57.25	1160291
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Heron – 613-247-4808

3-5 years	Sat.	12:30-1:15 pm
Apr 7-Jun 2	\$46	1161721

Kanata Recreation – 613-580-2570

3-5 years	Sat.	9-9:45 am
Apr 7-Jun 16	\$57.25	1158504

3-5 years	Sat.	10-10:45 am
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Apr 7-Jun 16	\$57.25	1158506
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Minto-Barrhaven – 613-727-2683

4-5 years	Tue.	5-6 pm
Apr 10-Jun 12	\$76.50	1144157

Richcraft-Kanata – 613-580-9696

4-6 years	Mon.	4:15-5 pm
Mar 19-Jun 25	\$74.50	1163141

South Fallingbrook – 613-824-0633 ext. 221

3-5 years	Sun.	1:30-2:15 pm
Apr 8-Jun 17	\$57.25	1153668

Cheerleading

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Walter Baker – 613-580-2788

3-5 years	Mon.	5:25-5:55 pm
Apr 9-Jun 11	\$34.50	1153797

Gymnastics

Gymnastics – Parent & Child

Basic gymnastic skills are taught through the assistance of a coach, and you, the parent. Apparatus will include a minimum of four of the following: balance beam, floor, mini-trampoline, bars, rings, uneven bars, vault.

Dempsey – 613-247-4846

2-3 years	Tue.	5:15-6 pm
Mar 20-May 22	\$71.75	1153349

2-3 years	Sat.	9-9:45 am
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Mar 24-Jun 2	\$71.75	1153370
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2-3 years	Sat.	10-10:45 am
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Mar 24-Jun 2	\$71.75	1153360
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2-3 years	Sat.	11-11:45 am
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Mar 24-Jun 2	\$71.75	1153365
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2-3 years	Sun.	9-9:45 am
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Mar 25-Jun 3	\$71.75	1153381
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Eva James – 613-271-0712

18 months-3 years	Sat.	9-9:45 am
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Apr 7-Jun 16	\$71.75	1139458
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18 months-3 years	Sat.	10:05-10:50 am
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Apr 7-Jun 16	\$71.75	1139460
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18 months-3 years	Tue.	5:15-6 pm
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Apr 10-Jun 12	\$71.75	1139457
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François Dupuis – 613-580-8080

18 months-3 years	Tue.	4:30-5:15 pm
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Apr 3-Jun 12	\$78.75	1159597
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18 months-3 years	Thu.	4:30-5:15 pm
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Apr 5-Jun 14	\$78.75	1159928
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Hunt Club-Riverside Park – 613-260-1299

18 months-3 years	Sat.	10-10:45 am
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Apr 7-Jun 23	\$78.75	1156060
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18 months-3 years	Sat.	11-11:45 am
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Apr 7-Jun 23	\$78.75	1156096
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**Jockvale School –
613-580-2424 ext. 41555
101 Malvern**

2-3 years	Sat.	9:15-10 am
Apr 7-Jun 9	\$71.75	1155364
2-3 years	Sat.	10:25-11:10 am
Apr 7-Jun 9	\$71.75	1155381
McNabb – 613-564-1070		
6 months-4 years	Sat.	9-9:45 am
Mar 24-Jun 16	\$78.75	1149472
6 months-4 years	Sat.	9:45-10:30 am
Mar 24-Jun 16	\$78.75	1149475
6 months-4 years	Sat.	10:30-11:15 am
Mar 24-Jun 16	\$78.75	1149480

Gymnastics – Playgym

Play, climb, roll, crawl and balance on our equipment with the assistance of mommy or daddy! Non-instructional creative gym activity for children to have indoor playtime with their parents!

Goulbourn – 613-580-2532

18 months-3 years	Sat.	10-10:45 am
Apr 7-Jun 2	\$43	1160004
3 months-4 years	Sat.	11-11:45 am
Apr 7-Jun 2	\$43	1160006
18 months-3 years	Sun.	2:30-3 pm
Apr 8-Jun 3	\$28.75	1160032

McNabb – 613-564-1070

6 months-4 years	Wed.	5:30-6:30 pm
Mar 28-Jun 13	\$86	1149446
6 months-4 years	Wed.	6:30-7:30 pm
Mar 28-Jun 13	\$86	1149435

Minto-Barrhaven – 613-727-2683

1-4 years	Sun.	9-9:45 am
Apr 8-Jun 17	\$53.75	1145376
1-4 years	Wed.	10:30-11:15 am
Apr 11-Jun 13	\$53.75	1144174
1-4 years	Wed.	4-4:45 pm
Apr 11-Jun 13	\$53.75	1144178

Gymnastics

Basic gymnastic skills are taught through the assistance of a coach on traditional equipment. Apparatus will/may include a minimum of four of the following: balance beam, floor, mini-trampoline, bars, rings, uneven bars, vault.

Bob MacQuarrie – 613-580-9600

3-5 years	Sun.	10:45-11:30 am
Apr 8-Jun 17	\$71.75	1150981

Dempsey – 613-247-4846

4-5 years	Tue.	5:15-6 pm
Mar 20-May 22	\$71.75	1153396
4-5 years	Sat.	9-9:45 am
Mar 24-Jun 2	\$71.75	1153419
4-5 years	Sat.	10-10:45 am
Mar 24-Jun 2	\$71.75	1153404
4-5 years	Sat.	11-11:45 am
Mar 24-Jun 2	\$71.75	1153408
4-5 years	Sun.	9-9:45 am
Mar 25-Jun 3	\$71.75	1153422
4-5 years	Sun.	10-10:45 am
Mar 25-Jun 3	\$71.75	1153425
4-5 years	Sun.	11-11:45 am
Mar 25-Jun 3	\$71.75	1153428

Eva James – 613-271-0712

4-5 years	Sat.	8:45-9:45 am
Apr 7-Jun 16	\$95.50	1139465
4-5 years	Sat.	9:50-10:50 am
Apr 7-Jun 16	\$95.50	1139468
4-5 years	Sat.	10:55-11:55 am
Apr 7-Jun 16	\$95.50	1139469
4-5 years	Tue.	5-6 pm
Apr 10-Jun 12	\$95.50	1139463

François Dupuis – 613-580-8080

4-5 years	Tue.	5:15-6 pm
Apr 3-Jun 12	\$78.75	1159606
4-5 years	Thu.	5:15-6 pm
Apr 5-Jun 14	\$78.75	1159944

Jockvale School –

613-580-2424 ext. 41555, 101 Malvern

4-5 years	Sat.	9-10 am
Apr 7-Jun 9	\$95.50	1155709
4-5 years	Sat.	10:10-11:10 am
Apr 7-Jun 9	\$95.50	1155716

McNabb – 613-564-1070

3-5 years	Sat.	11:30 am-12:30 pm
Mar 24-Jun 16	\$105	1149481
3-5 years	Wed.	5:30-6:30 pm
Mar 28-Jun 13	\$114.50	1149431

Minto-Barrhaven – 613-727-2683

4-5 years	Sun.	9:55-10:55 am
Apr 8-Jun 17	\$95.50	1145382
4-5 years	Sun.	11 am-noon
Apr 8-Jun 17	\$95.50	1145383
4-5 years	Wed.	4:55-5:55 pm
Apr 11-Jun 13	\$95.50	1144194
4-5 years	Wed.	6-7 pm
Apr 11-Jun 13	\$95.50	1144196
4-5 years	Wed.	7:05-8:05 pm
Apr 11-Jun 13	\$95.50	1144197

Gymnastics – Rhythmic

Contains the dynamics and flexibility of gymnastics, the technical knowledge of ballet, and the self-expression and rhythm of modern dance. Choreographed to music and accompanied by colourful hoops, balls, ropes and ribbons.

**Bob MacQuarrie-Orléans –
613-580-9600**

3-5 years	Sun.	12:30-1:15 pm
Apr 8-Jun 17	\$71.75	1150983

**Gymnastics – Tumble –
Parent & Child**

Introduction to gymnastics in a safe environment. Explore jumping, tumbling, rolling, games and more!

Fred Barrett Arena –

613-580-2424 ext. 30235

2-4 years	Sat.	9:30-10:15 am
Apr 7-May 12	\$43	1159282

Minto-Barrhaven – 613-727-2683

2-4 years	Sun.	9:55-10:55 am
Apr 8-Jun 17	\$95.50	1145378
2-4 years	Wed.	4:55-5:55 pm
Apr 11-Jun 13	\$95.50	1144189
2-4 years	Wed.	6-7 pm
Apr 11-Jun 13	\$95.50	1144191

Osgoode – 613-580-2424 ext. 30235

2-4 years	Sun.	9-9:45 am
May 6-Jun 17	\$43	1159275

Pincrest – 613-828-3118

1-3 years	Sat.	10:45-11:30 am
Apr 7-Jun 16	\$71.75	1160142

Richcraft-Kanata – 613-580-9696

2-3 years	Sun.	9-9:45 am
Mar 25-Jun 24	\$86	1163847

**South Fallingbrook –
613-824-0633 ext 221**

18 months-2 years	Sat.	9-9:45 am
Apr 21-Jun 16	\$57.25	1153704

St-Laurent Complex – 613-742-6767

1-3 years	Sat.	3-3:45 pm
Mar 24-Jun 23	\$86	1162328

Gymnastics – Tumble

Learn basic recreational gymnastics skills as you are introduced to various gymnastics equipment.

Goulbourn – 613-580-2532

3-4 years	Sun.	11:45 am-12:30 pm
Apr 8-Jun 3	\$57.25	1160030



**Hunt Club-Riverside Park –
613-260-1299**

3-5 years	Sat.	12:15-1 pm
Apr 7-Jun 23	\$78.75	1156256

Pincrest – 613-828-3118

2-4 years	Sat.	11:30 am-12:15 pm
Apr 7-Jun 16	\$71.75	1160141

Plant – 613-232-3000

3-5 years	Sun.	9:30-10:15 am
Mar 25-Jun 17	\$78.75	1163216
3-5 years	Sun.	10:20-11:05 am
Mar 25-Jun 17	\$78.75	1163219

Richcraft-Kanata – 613-580-9696

3-4 years	Sat.	9-9:45 am
Mar 24-Jun 23	\$86	1163845
4-6 years	Sat.	9:45-10:30 am
Mar 24-Jun 23	\$86	1163846

**South Fallingbrook –
613-824-0633 ext 221**

3-5 years	Sat.	10-11 am
Apr 21-Jun 16	\$76.50	1153713

Karate – Goju Ryu

Traditional non-competitive hard/soft style. Basic techniques are taught where more complexity is added as the student progresses, fostering growth, self-discipline and respect, increasing self-confidence and coordination.

Nepean Sportsplex – 613-580-2828

4-5 years	Sat.	9-9:45 am
Apr 7-Jun 9	\$60.50	1142665
4-5 years	Sat.	9:45-10:30 am
Apr 7-Jun 9	\$60.50	1142666
4-6 years	Wed.	5:15-6 pm
Apr 11-Jun 13	\$68.25	1142670

Pinecrest – 613-828-3118

4-5 years Sat. 1:30-2:15 pm
Apr 7-Jun 2 \$60.50 [1160317](#)

Multi Sport

Multi Sport – Parent & Me

Emphasis is on active participation and fun. Non-instructional play-based programming.

Eva James – 613-271-0712

2-3 years Sun. 9-9:45 am
Apr 8-Jun 10 \$64.50 [1138808](#)

Multi Sport

Emphasis is on participation and having fun while learning the fundamental movement skills. Try a variety of sport based activities.

Eva James – 613-271-0712

4-6 years Sun. 9:50-10:50 am
Apr 8-Jun 10 \$86 [1138810](#)

Hunt Club-Riverside Park – 613-260-1299

3-5 years Sat. 10:30-11:15 am
Apr 7-Jun 23 \$78.75 [1155909](#)

Minto-Barrhaven – 613-727-2683

4-5 years Thu. 5-6 pm
Apr 12-Jun 14 \$95.50 [1144099](#)

Nepean Sportsplex – 613-580-2828

3-5 years Wed. 5-5:45 pm
Apr 11-Jun 13 \$71.75 [1149714](#)

Richcraft-Kanata – 613-580-9696

4-6 years Wed. 2-3 pm
Mar 21-Jun 27 \$143.25 [1163159](#)

Walter Baker – 613-580-2788

3-5 years Sat. 9:55-10:40 am
Apr 7-May 12 \$43 [1155874](#)

Multi Sport – Soccer and T-Ball

Emphasis is on participation and having fun while learning the fundamental movement skills. Try a variety of sport based activities.

Albion Heatherington – 613-247-4828

3-5 years Sun. 11-11:45 am
Apr 8-Jun 24 \$86 [1151948](#)

François Dupuis – 613-580-8080

3-5 years Tue. 5:15-6:15 pm
Apr 3-Jun 12 \$105 [1159632](#)

3-5 years Thu. 5:15-6:15 pm
Apr 5-Jun 14 \$105 [1159951](#)

Kanata Recreation – 613-580-2570

3-5 years Sun. 1-2 pm
May 27-Jun 17 \$38.25 [1159131](#)

3-5 years Sun. 2-3 pm
May 27-Jun 17 \$38.25 [1159180](#)

3-5 years Sat. 11 am-noon
Apr 7-Jun 16 \$95.50 [1158507](#)

Nepean Sportsplex – 613-580-2828

3-5 years Mon. 4-4:45 pm
Apr 9-Jun 11 \$64.50 [1149723](#)

3-5 years Wed. 4:15-5 pm
Apr 11-Jun 6 \$64.50 [1150425](#)

Pinecrest Park – 613-828-3118

3-5 years Sat. 9-9:45 am
May 26-Jun 23 \$36 [1161306](#)

Plant – 613-232-3000

3-5 years Sun. 9:30-10:15 am
May 6-Jun 10 \$36 [1163187](#)

3-5 years Sun. 10:20-11:05 am
May 6-Jun 10 \$36 [1163207](#)

Soccer

Soccer – Parent & Me

An active start to the sport. Have fun while learning the fundamental movement skills and trying a variety of soccer based activities.

Bridlewood – 613-271-0712

2-3 years Sun. 9-9:30 am
Apr 8-Jun 10 \$34.50 [1138806](#)

Fisher Park – 613-798-8945

3-4 years Sat. 10:15-11 am
Apr 7-Jun 16 \$57.25 [1144621](#)

Fred Barrett Arena – 613-580-2424 ext. 30235

3-5 years Sat. 10:30-11:15 am
Apr 7-May 12 \$34.50 [1159267](#)

Greely – 613-580-2424 ext. 30235

3-5 years Wed. 5:15-6 pm
Apr 4-May 23 \$46 [1159245](#)

Heron – 613-247-4808

3-4 years Mon. 5:30-6:15 pm
Jul 9-Aug 20 \$34.50 [1163971](#)

Metcalfe – 613-580-2424 ext. 30235

3-5 years Sun. 9:30-10:15 am
Apr 8-Jun 3 \$46 [1159260](#)

Nepean Sportsplex – 613-580-2828

30 months-4 years Sat. 8:15-9 am
Apr 7-Jun 9 \$46 [1149626](#)

Walter Baker – 613-580-2788

2-3 years Sun. 9-9:45 am
Apr 8-May 13 \$34.50 [1155968](#)

3-4 years Sun. 9:50-10:35 am
Apr 8-May 13 \$34.50 [1155973](#)

Soccer

An active start to the sport. Have fun while learning the fundamental movement skills and trying a variety of soccer based activities.

Avalon School – 613-824-0633 ext. 221 2080 Portobello

3-4 years Sat. 8-9 am
Apr 7-Jun 16 \$76.50 [1144201](#)

3-4 years Sat. 9-10 am
Apr 7-Jun 16 \$76.50 [1144202](#)

4-5 years Sat. 10-11 am
Apr 7-Jun 16 \$76.50 [1144208](#)

Blackburn Park – 613-580-2424

2-3 years Tue. 5-5:45 pm
May 15-Jun 19 \$34.50 [1151730](#)

4-5 years Wed. 5-5:45 pm
May 16-Jun 20 \$34.50 [1151731](#)

Bridlewood – 613-271-0712

4-5 years Sun. 9:35-10:20 am
Apr 8-Jun 10 \$51.75 [1138807](#)

Convent Glen School – 613-580-9600

1708 Grey Nuns

2-3 years Sat. 9-9:45 am
Apr 7-Jun 16 \$57.25 [1151726](#)

3-4 years Sat. 10-10:45 am
Apr 7-Jun 16 \$57.25 [1151727](#)

Glen Cairn – 613-836-3121

3-5 years Wed. 5:10-6 pm
Apr 4-Jun 13 \$70 [1157357](#)

3-5 years Sat. 9-9:50 am
Apr 14-Jun 16 \$57.25 [1160255](#)

Heron – 613-247-4808

3-5 years Tue. 4:45-5:30 pm
Apr 3-May 29 \$51.75 [1161814](#)

Hintonburg Park – 613-798-8874

3-4 years Tue. 6-6:45 pm
May 15-Jun 12 \$28.75 [1159076](#)

Kanata Recreation – 613-580-2570

3-4 years Sun. 1-1:30 pm
Apr 8-Jun 17 \$38.25 [1159609](#)

4-5 years Sun. 1:35-2:05 pm
Apr 8-Jun 17 \$38.25 [1159617](#)

McCarthy Park – 613-260-1299

4-5 years Wed., Mon. 6-6:45 pm
Jul 4-Aug 22 \$80.25 [1149173](#)

McNabb – 613-564-1070

3-5 years Sun. 11 am-noon
Mar 25-Jun 17 \$84 [1145858](#)

Minto-Barrhaven – 613-727-2683

4-5 years Fri. 5-6 pm
Apr 13-Jun 15 \$76.50 [1144749](#)

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 8:15-9 am
Apr 7-Jun 9 \$46 [1149636](#)

3-5 years Sat. 9-9:45 am
Apr 7-Jun 9 \$46 [1149640](#)

3-5 years Mon. 4:30-5 pm
Apr 9-Jun 11 \$34.50 [1149648](#)

Overbrook – 613-742-5147

4-5 years Wed. 6-6:45 pm
Mar 21-May 2 \$24.50 [1162893](#)

Richcraft-Kanata – 613-580-9696

3-4 years Mon. 4:30-5 pm
Jul 2-Aug 27 \$30.75 [1159318](#)

3-4 years Tue. 4:30-5 pm
Jul 3-Aug 28 \$34.50 [1159322](#)

3-4 years Wed. 4-4:30 pm
Jul 4-Aug 29 \$34.50 [1159327](#)

3-4 years Thu. 4-4:30 pm
Jul 5-Aug 30 \$34.50 [1159415](#)

Ray Friel Park – 613-580-4765

2-3 years Tue. 4:45-5:45 pm
Apr 10-Jun 12 \$76.50 [1156338](#)

3-4 years Wed. 4:45-5:45 pm
Apr 11-Jun 13 \$76.50 [1156339](#)

4-5 years Thu. 4:45-5:45 pm
Apr 12-Jun 14 \$76.50 [1156340](#)



South Fallingbrook – 613-824-0633 ext. 221

3-4 years	Sun.	10-11 am
Apr 8-Jun 17	\$76.50	1144210
3-4 years	Tue.	5:30-6:30 pm
Jun 26-Aug 14	\$61.25	1145406
3-4 years	Wed.	5:30-6:30 pm
Jun 27-Aug 15	\$61.25	1144212
3-4 years	Thu.	5:30-6:30 pm
Jun 28-Aug 16	\$61.25	1144215
3-4 years	Thu.	6:30-7:30 pm
Jun 28-Aug 16	\$61.25	1144216
3-4 years	Tue.	9:30-10:30 am
Jul 3-Aug 14	\$53.50	1144211
3-4 years	Thu.	9:30-10:30 am
Jul 5-Aug 16	\$53.50	1144213

South March School – 613-580-9696 1032 Klondike

4-6 years	Sat.	9-10 am
Apr 7-Jun 2	\$61.25	1161369

St-Laurent – 613-742-6767

3-5 years	Sat.	9:30-10:15 am
Mar 24-Jun 23	\$68.75	1162332

Walter Baker – 613-580-2788

4-5 years	Sun.	10:40-11:25 am
Apr 8-May 13	\$34.50	1155981

Soccer League – Just Kickin' it

Recreational league focusing on fair play. Volunteer coaches required. Short skills and drills warm up followed by game.

Carleton Heights – 613-580-2424

4-6 years	Tue., Thu.	6:30-7:30 pm
May 29-Jun 28	\$41.25	1156589
Jul 10-Aug 9	\$41.25	1156595

Sandy Hill – 613-564-1062

3-5 years	Mon.-Tue., Thu.	6-7 pm
May 7-Jun 14	\$48.50	1163296
Jun 25-Aug 2	\$48.50	1163311

Sportball® – Junior

In collaboration with Sportball® www.sportball.ca. Children and parents are introduced to sports, creative games, songs, rhymes, stories, bubble time and much more! Learn the FUNdamentals of soccer, hockey, basketball, baseball, volleyball, tennis and golf.

Ray Friel – 613-580-4765

16-24 months	Thu.	9:30-10:15 am
Apr 12-May 31	\$140.50	1156346

Walter Baker – 613-580-2788

16-24 months	Thu.	9:30-10:15 am
Apr 12-May 31	\$140.50	1153977

Sportball® – Multi-Sport

In collaboration with Sportball® www.sportball.ca. learn the FUNdamentals of soccer, hockey, basketball, baseball, volleyball, tennis and golf. Games and skills are taught in a non-competitive and supportive environment

Carleton Heights – 613-226-2208

3-4 years	Sat.	12:30-1:30 pm
Apr 7-Jun 2	\$148	1159223
4-6 years	Sat.	1:30-2:30 pm
Apr 7-Jun 2	\$148	1159222

Chapman Mills – 613-822-7887

3-5 years	Sun.	10-11 am
Apr 8-Jun 17	\$173.50	1157517

Greely School – 613-580-2424 ext. 30235 7066 Parkway

3-5 years	Sat.	9:45-10:45 am
Apr 14-May 12	\$86.75	1159370

Hunt Club-Riverside Park – 613-260-1299

3-5 years	Sun.	9:30-10:30 am
Apr 8-Jun 24	\$168.50	1159162
4-6 years	Sun.	10:30-11:30 am
Apr 8-Jun 24	\$168.50	1159172

Osgoode – 613-580-2424 ext. 30235

3-5 years	Thu.	4-5 pm
Apr 12-May 24	\$121.50	1159361

Ray Friel – 613-580-4765

3-5 years	Thu.	11 am-noon
Apr 12-May 31	\$140.50	1156348

Richelieu-Vanier – 613-560-6030

3-5 years	Sun.	10-11 am
Apr 15-Jun 17	\$159.25	1139958

Rideauview – 613-822-7887

3-5 years	Sat.	10-11 am
Apr 7-Jun 16	\$173.50	1169555

Walter Baker – 613-580-2788

3-5 years	Thu.	11 am-noon
Apr 12-May 31	\$140.50	1154020
5-7 years	Tue.	5:15-6:15 pm
Apr 10-May 29	\$140.50	1153925

Sportball® – Soccer and T-ball – Parent and Child

In collaboration with Sportball®. You and your child are introduced to the basics of Soccer and T-ball. Games and skills are non-competitive, focusing on success and building confidence.

Greely – 613-580-2424 ext. 30235

2-3 years	Thu.	4:30-5:15 pm
Jul 12-Aug 23	\$121.50	1159511

Queenswood Heights Park – 613-580-4765

2-3 years	Mon.	4:30-5:15 pm
Jul 9-Aug 27	\$123.50	1156544

Richelieu-Vanier – 613-560-6030

2-3 years	Thu.	4:45-5:30 pm
Jul 5-Aug 23	\$141.25	1141891

Sportball® – Parent and Tot

In collaboration with Sportball® www.sportball.ca. Parents and children are introduced to soccer, hockey, basketball, baseball, volleyball, tennis and golf. Games and skills are non-competitive, focusing on success and confidence.

Chapman Mills – 613-822-7887

2-3 years	Sun.	9-10 am
Apr 8-Jun 17	\$173.50	1157423
2-3 years	Sun.	9-9:45 am
Jul 8-Aug 19	\$121.50	1161989

Greely School – 613-580-2424 ext. 30235 7066 Parkway

2-3 years	Sat.	9-9:45 am
Apr 14-May 12	\$86.75	1159389

Hunt Club-Riverside Park – 613-260-1299

2-3 years	Sun.	8:45-9:30 am
Apr 8-Jun 24	\$168.50	1159263

Ray Friel – 613-580-4765

2-3 years	Thu.	10:15-11 am
Apr 12-May 31	\$140.50	1156347

Richelieu-Vanier – 613-560-6030

2-3 years	Sun.	9:15-10 am
Apr 15-Jun 17	\$159.25	1139957

Rideauview – 613-822-7887

16 months-3 years	Sat.	9-10 am
Apr 7-Jun 16	\$173.50	1169554

Walter Baker – 613-580-2788

2-3 years	Thu.	10:15-11 am
Apr 12-May 31	\$140.50	1154015

Sportball® – Indoor Soccer

In collaboration with Sportball® www.sportball.ca. Children gain knowledge and the ability to play soccer with confidence through skill development and non-competitive games.

Walter Baker – 613-580-2788

3-5 years	Tue.	4:15-5:15 pm
Apr 10-May 29	\$140.50	1153913

Sportball® – Outdoor Soccer

In collaboration with Sportball® www.sportball.ca. Children gain knowledge and the ability to play soccer with confidence through skill development and non-competitive games.

Chapman Mills – 613-822-7887

3-5 years	Sun.	10:30-11:30 am
Jul 8-Aug 19	\$121.50	1162002

Queenswood Heights Park – 613-580-4765

3-5 years	Mon.	5:15-6:15 pm
Jul 9-Aug 27	\$123.50	1161123

Richelieu-Vanier – 613-560-6030

3-5 years	Thu.	5:30-6:30 pm
Jul 5-Aug 23	\$141.25	1141893

Sportball® – Outdoor Soccer – Parent & Tot

In collaboration with Sportball® www.sportball.ca. Parents are instructed how to correctly assist their children in learning the FUNdamentals of soccer. Focus is on success through participation.

Chapman Mills – 613-822-7887

2-3 years	Sun.	9:45-10:30 am
Jul 8-Aug 19	\$121.50	1161997

T-Ball – Parent & Child

Build skills together. Emphasis is on having fun while learning the fundamental movement skills and trying a variety of sport-based activities.

Rideauview – 613-822-7887

2-3 years	Sun.	9-9:45 am
Apr 8-Jun 17	\$71.75	1157585

T-Ball

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Richmond School – 613-580-2424 ext. 20705
3499 McBean St

2-3 years Sat. 9:30-10:15 am
 May 26-Jun 23 \$36 [1148740](#)
 4-5 years Sat. 10:30-11:15 am
 May 26-Jun 23 \$36 [1148742](#)

Rideauview – 613-822-7887

3-5 years Sun. 9:45-10:30 am
 Apr 8-Jun 17 \$71.75 [1157624](#)

Sandy Hill – 613-564-1062

4-5 years Wed. 6-7 pm
 May 9-Jun 13 \$57.25 [1162625](#)
 Jun 20-Jul 25 \$57.25 [1162632](#)

South Fallingbrook – 613-824-0633 ext 221

4-6 years Thu. 5:30-6:30 pm
 May 24-Jun 28 \$57.25 [1153624](#)
 4-6 years Sun. 9-10 am
 May 27-Jun 24 \$47.75 [1153607](#)
 4-6 years Sun. 10:15-11:15 am
 May 27-Jun 24 \$47.75 [1153614](#)

Tae E. Lee Taekwondo

Develop discipline, confidence, focus and concentration in an exciting and positive atmosphere. No experience necessary. Offered in collaboration with Tae E. Lee Taekwondo.

Canterbury – 613-247-4869

3-5 years Wed. 5:30-6 pm
 Mar 14-May 9 \$62.75 [1143730](#)
 3-5 years Wed. 6-6:30 pm
 Mar 14-May 9 \$62.75 [1143731](#)
 3-5 years Wed. 6:30-7 pm
 Mar 14-May 9 \$62.75 [1143732](#)
 3-5 years Sat. noon-12:30 pm
 Mar 17-May 12 \$62.75 [1143727](#)
 3-5 years Sat. 12:30-1 pm
 Mar 17-May 12 \$62.75 [1143729](#)

Tennis

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport based activities.

Heron – 613-247-4808

4-6 years Sat. 9:30-10:15 am
 Apr 7-Jun 2 \$76.50 [1161758](#)

Pinecrest – 613-828-3118

4-5 years Sun. 10:45-11:45 am
 Apr 8-May 13 \$63.75 [1160551](#)

Pinecrest Park – 613-828-3118

4-5 years Sun. 10-11 am
 May 27-Jun 24 \$63.75 [1161156](#)

South Fallingbrook – 613-824-0633 ext 221

4-5 years Sat. 9-9:45 am
 Apr 21-Jun 16 \$76.50 [1153556](#)

General Interest

Schedules and fees may be subject to change. Fees include HST. Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Baby Sign and Songs

Babies understand language long before they can speak. Discover the benefits of using ‘baby sign’ to promote early communication with young children. Learn 50-75 of the most common signs.

Plant – 613-232-3000

5 months-2 years Wed. 10-10:45 am
 Mar 21-May 9 \$60.50 [1162545](#)
 5 months-2 years Wed. 11-11:45 am
 Mar 21-May 9 \$60.50 [1162547](#)
 5 months-2 years Sat. 10-10:45 am
 Apr 7-Jun 9 \$60.50 [1163101](#)
 5 months-2 years Sat. 11-11:45 am
 Apr 7-Jun 9 \$60.50 [1163107](#)

Crafty Chefs

Create in the kitchen and craft room, some to eat and some to show.

Albion Heatherington – 613-247-4828

4-6 years Sat. 10:30-11:30 am
 Mar 31-May 5 \$57.25 [1160063](#)
 May 12-Jun 16 \$57.25 [1160073](#)

Greely – 613-580-2424 ext. 30235

4-5 years Thu. 5:15-6 pm
 Apr 5-26 \$28.75 [1154899](#)

Manotick Arena – 613-580-2424 ext. 30235

2-4 years Mon. 5:15-6 pm
 May 28-Jun 18 \$28.75 [1154898](#)

Osgoode – 613-580-2424 ext. 30235

2-4 years Thu. 5:30-6:15 pm
 Apr 12-May 17 \$35.75 [1154897](#)

Queenswood Heights – 613-580-4765

4-6 years Thu. 5:15-6 pm
 Apr 12-May 10 \$35.75 [1156317](#)
 May 17-Jun 14 \$35.75 [1156336](#)

Ray Friel – 613-580-4765

2-4 years Wed. 9:45-10:30 am
 Apr 11-Jun 13 \$71.50 [1151523](#)

Dinosaur Discovery

Travel through time to explore the amazing and exciting world of dinosaurs! Dig for ‘fossils’, make RAWRsome crafts, and learn about new dinosaurs each week.

Rideauview – 613-822-7887

2-5 years Wed. 9:30-10:30 am
 May 2-Jun 20 \$114.50 [1162990](#)

Kaleidoscope

Join us for a variety of interactive activities! Play games, create amazing crafts and explore the world around you with hands-on adventures!

Eva James – 613-271-0712

3-5 years Tue. 9:30-11 am
 Mar 27-Jun 12 \$103 [1139505](#)

Little Shakers and Music Makers

Does your child love to dance, listen to music and be creative? Includes creative movement, songs, games, instrument making and more!

Kanata Recreation – 613-580-2570

10 months-3 years Tue. 10-10:45 am
 Apr 10-Jun 12 \$71.50 [1159757](#)

2-4 years Sun. 11:15 am-noon
 Apr 8-Jun 17 \$71.50 [1159701](#)
Nepean Sportsplex – 613-580-2828
 2-4 years Thu. 10:30-11:30 am
 Apr 12-Jun 14 \$95.50 [1158725](#)

Loose Parts Playground – Parent & Me

Loose parts are materials that encourage children to invent, create, construct, and experiment. Preschoolers and their caregivers will explore early science and engineering concepts through play and exploration using unique large scale materials and equipment.

Lansdowne Park – 613-580-2424 ext. 17323

2-5 years Mon. 9:30-11 am
 Apr 9-30 \$38.25 [1155642](#)
 May 7-Jun 18 \$57.25 [1155646](#)
 2-5 years Tue. 9:30-11 am
 Apr 3-May 1 \$38.25 [1155719](#)
 May 8-Jun 19 \$67 [1155731](#)

Muck and Mess – Parent and Tot

Get messy with your toddler. Various art projects using lots of imagination and materials.

Greely – 613-580-2424 ext. 30235

2-4 years Wed. 4:30-5:15 pm
 Apr 4-25 \$21.50 [1155176](#)

Kanata Recreation – 613-580-2570

3-5 years Sun. 10-11 am
 Apr 8-Jun 17 \$71.50 [1159571](#)

Metcalf – 613-580-2424 ext. 30235

2-4 years Sun. 10:30-11:15 am
 May 6-27 \$21.50 [1155920](#)

Minto-Barrhaven – 613-727-2683

2-5 years Tue. 9:30-11 am
 Mar 27-May 29 \$107.25 [1140452](#)

2-5 years Thu. 9:30-11 am
 Mar 29-May 31 \$107.25 [1140453](#)

Muck and Mess

Get into your art with various projects, using lots of imagination and materials.

Greely – 613-580-2424 ext. 30235

4-5 years Wed. 4:30-5:15 pm
 May 9-30 \$21.50 [1156024](#)

Hintonburg – 613-798-8874

3-5 years Sat. 10:30-11:30 am
 Apr 7-Jun 2 \$57.25 [1159255](#)

Manotick Arena –

613-580-2424 ext. 30235

4-5 years Tue. 5:30-6:15 pm
 May 22-Jun 19 \$27 [1155668](#)

Science Quests

Hands-on science experiments! Experience science in a fun and interactive way.

Greely – 613-580-2424 ext. 30235

2-4 years Tue. 9:30-10:15 am
 Apr 3-May 1 \$21.50 [1165017](#)

4-5 years Wed. 5:30-6:15 pm

Apr 4-25 \$21.50 [1156006](#)

Manotick Arena –

613-580-2424 ext. 30235

4-5 years Tue. 5:30-6:15 pm
 Apr 17-May 15 \$27 [1155130](#)

Metcalf – 613-580-2424 ext. 30235

4-5 years Sun. 10:30-11:15 am
 Apr 8-29 \$21.50 [1155115](#)

Osgoode – 613-580-2424 ext. 30235

4-5 years Thu. 5:30-6:15 pm
 May 24-Jun 21 \$27 [1155073](#)

Walter Baker – 613-580-2788

3-5 years Sun. 9-9:30 am
 Apr 15-Jun 3 \$25.25 [1155906](#)



Duffer Doo

A recreational preschool program for two to five year olds. Designed to encourage play and enhance development with crafts, songs, games and theme related activities. Children socialize with caring staff and peers in a fun environment.

Chapman Mills –

613-580-2424 ext 41243

2-3 years Tue. 9:15-10:15 am
 Mar 20-Jun 5 \$68.75 [1159118](#)
 3-5 years Tue. 9:15-11:15 am
 Mar 20-Jun 5 \$137.50 [1159146](#)
 2-3 years Wed. 9:15-10:15 am
 Mar 21-Jun 6 \$68.75 [1159124](#)
 3-5 years Wed. 9:15-11:15 am
 Mar 21-Jun 6 \$137.50 [1159149](#)
 2-3 years Thu. 9:15-10:15 am
 Mar 22-Jun 7 \$68.75 [1159125](#)
 3-5 years Thu. 9:15-11:15 am
 Mar 22-Jun 7 \$137.50 [1159151](#)
 2-3 years Fri. 9:15-10:15 am
 Mar 23-Jun 8 \$63 [1159128](#)
 3-5 years Fri. 9:15-11:15 am
 Mar 23-Jun 8 \$126 [1159156](#)

2-3 years Tue.-Fri. 9:15-10:15 am
 Aug 7-10 \$23 [1164579](#)
 3-5 years Tue.-Fri. 9:15-11:15 am
 Aug 7-10 \$46 [1142653](#)

Charlie Conacher – 613-727-2683

20 months-3 years Wed. 9:15-10:15 am
 Mar 21-Jun 6 \$68.75 [1140436](#)
 3-5 years Wed. 9:15-11:15 am
 Mar 21-Jun 6 \$137.50 [1140394](#)
 2-3 years Mon.-Fri. 9:15-10:15 am
 Jul 9-13 \$28.75 [1164580](#)
 Jul 30-Aug 3 \$28.75 [1164583](#)
 3-5 years Mon.-Fri. 9:15-11:15 am
 Jul 9-13 \$57.25 [1142655](#)
 Jul 30-Aug 3 \$57.25 [1142658](#)

Larkin House – 613-580-2424 ext 41243

20 months-3 years Mon. 9:15-10:15 am
 Mar 19-Jun 4 \$63 [1156083](#)
 20 months-3 years Tue. 9:15-10:15 am
 Mar 20-Jun 5 \$68.75 [1140426](#)
 20 months-3 years Wed. 9:15-10:15 am
 Mar 21-Jun 6 \$68.75 [1140424](#)
 3-5 years Mon. 9:15-11:15 am
 Mar 19-Jun 4 \$126 [1156085](#)
 3-5 years Tue. 9:15-11:15 am
 Mar 20-Jun 5 \$137.50 [1140381](#)
 3-5 years Wed. 9:15-11:15 am
 Mar 21-Jun 6 \$137.50 [1140382](#)

Margaret Rywak –

613-580-2424 ext 41243

20 months-3 years Wed. 9:15-10:15 am
 Mar 21-Jun 6 \$68.75 [1140432](#)
 2-3 years Mon.-Fri. 9:15-10:15 am
 Jul 16-20 \$28.75 [1164581](#)

2-3 years Mon.-Fri. 9:15-11:15 am
 Aug 13-17 \$28.75 [1164584](#)
 3-5 years Wed. 9:15-11:15 am
 Mar 21-Jun 6 \$137.50 [1140389](#)
 3-5 years Mon.-Fri. 9:15-11:15 am
 Jul 16-20 \$57.25 [1142656](#)
 Aug 13-17 \$57.25 [1142659](#)

Minto – 613-580-2424 ext. 41243

20 months-3 years Mon. 9:15-10:15 am
 Mar 19-Jun 4 \$63 [1140405](#)
 20 months-3 years Mon. 10:15-11:15 am
 Mar 19-Jun 4 \$63 [1140407](#)
 20 months-3 years Wed. 9:15-10:15 am
 Mar 21-Jun 6 \$68.75 [1140411](#)
 20 months-3 years Wed. 10:15-11:15 am
 Mar 21-Jun 6 \$68.75 [1140415](#)
 20 months-3 years Fri. 9:15-10:15 am
 Mar 23-Jun 8 \$63 [1140420](#)
 20 months-3 years Fri. 10:15-11:15 am
 Mar 23-Jun 8 \$63 [1140423](#)
 3-5 years Mon. 9:15-11:15 am
 Mar 19-Jun 4 \$126 [1140371](#)
 3-5 years Tue. 9:15-11:15 am
 Mar 20-Jun 5 \$137.50 [1140375](#)
 3-5 years Wed. 9:15-11:15 am
 Mar 21-Jun 6 \$137.50 [1140378](#)
 3-5 years Thu. 9:15-11:15 am
 Mar 22-Jun 7 \$137.50 [1140379](#)
 3-5 years Fri. 9:15-11:15 am
 Mar 23-Jun 8 \$126 [1140373](#)

Ray Friel – 613-580-4765

3-5 years Tue. 9:30-11:30 am
 Apr 10-May 29 \$91.75 [1156390](#)
 3-5 years Fri. 9:30-11:30 am
 Apr 13-Jun 8 \$91.75 [1156623](#)

Richmond – 613-580-2424 ext 20705

3-4 years Mon. 9:15-11:15 am
 Mar 19-Jun 4 \$114.50 [1141673](#)
 3-4 years Wed. 9:30-10:30 am
 Mar 21-May 23 \$57.25 [1141675](#)

Southpointe – 613-580-2424 ext. 41243

20 months-3 years Tue. 9:15-10:15 am
 Mar 20-Jun 5 \$68.75 [1140427](#)
 20 months-3 years Thu. 9:15-10:15 am
 Mar 22-Jun 7 \$68.75 [1140430](#)
 2-3 years Tue.-Fri. 9:15-10:15 am
 Jul 3- 6 \$23 [1164578](#)
 2-3 years Mon.-Fri. 9:15-10:15 am
 Jul 23-27 \$28.75 [1164582](#)
 3-5 years Tue. 9:15-11:15 am
 Mar 20-Jun 5 \$137.50 [1140385](#)
 3-5 years Thu. 9:15-11:15 am
 Mar 22-Jun 7 \$137.50 [1140386](#)
 3-5 years Tue.-Fri. 9:15-11:15 am
 Jul 3- 6 \$46 [1142650](#)
 3-5 years Mon.-Fri. 9:15-11:15 am
 Jul 23-27 \$57.25 [1142657](#)

Trend-Arlington –

613-580-2424 ext 41243

20 months-3 years Tue. 9:15-10:15 am
 Mar 20-Jun 5 \$68.75 [1148021](#)
 20 months-3 years Thu. 9:15-10:15 am
 Mar 22-Jun 7 \$68.75 [1140434](#)
 3-5 years Tue. 9:15-11:15 am
 Mar 20-Jun 5 \$137.50 [1148022](#)
 3-5 years Thu. 9:15-11:15 am
 Mar 22-Jun 7 \$137.50 [1140391](#)

Play School

Experience independence, social interaction and learning with emphasis on language, pre-reading, counting, colour naming, dramatic play, themed crafts, music and movement. Children to bring their own nut free snack. No parent participation in this school-ready program.

Aquaview – 613-824-0633 ext. 221

3-4 years Tue., Thu. 9:30-11:30 am
 Apr 3-Jun 14 \$210 [1146631](#)
 3-4 years Wed., Fri.,
 Mon. 9:30-11:30 am

Carleton Heights – 613-226-2208

3-4 years Mon. 9:30-11:30 am
 Mar 19-Jun 11 \$105 [1156625](#)
 3-4 years Wed. 9:30-11:30 am
 Mar 21-Jun 13 \$124.25 [1156626](#)

3-4 years Fri. 9:30-11:30 am
 Mar 23-Jun 8 \$105 [1156627](#)

Eva James Memorial – 613-271-0712

3-4 years Wed. 9-11 am
 Mar 28-Jun 13 \$114.75 [1139306](#)
 3-4 years Fri. 9-11 am
 Apr 6-Jun 15 \$105 [1139307](#)
 3-4 years Mon. 9-11 am
 Apr 9-Jun 11 \$86 [1139305](#)

Goulbourn – 613-580-2532

3-4 years Mon. 9:30-11:30 am
 Mar 26-Jun 11 \$95.50 [1158508](#)
 3-4 years Tue. 9:30-11:30 am
 Mar 27-Jun 12 \$114.75 [1158610](#)
 3-4 years Wed. 9:30-11:30 am
 Mar 28-Jun 13 \$114.75 [1158611](#)
 3-4 years Thu. 9:30-11:30 am
 Mar 29-Jun 14 \$114.75 [1158615](#)
 3-4 years Fri. 9:30-11:30 am
 Apr 6-Jun 15 \$105 [1158621](#)

Greely – 613-580-2424 ext. 30235

3-4 years Thu. 9-11 am
 Apr 19-Jun 21 \$86 [1155810](#)

Greenboro – 613-580-2805

3-5 years Mon. 9-11 am
 Mar 19-Apr 30 \$57.50 [1162668](#)
 3-5 years Tue. 9-11 am
 Mar 20-May 1 \$67 [1162688](#)
 3-5 years Wed. 9-11 am
 Mar 21-May 2 \$67 [1162695](#)
 3-5 years Fri. 9-11 am
 Mar 23-Apr 27 \$57.50 [1162730](#)
 3-5 years Thu. 9-11 am
 Mar 22-May 3 \$67 [1162718](#)

Hintonburg – 613-798-8874

3-5 years Mon. 9:15-11:15 am
 Apr 9-Jun 11 \$85.75 [1159082](#)
 3-5 years Wed. 9:15-11:15 am
 Apr 4-Jun 13 \$104.75 [1159083](#)
 3-5 years Fri. 9:15-11:15 am
 Apr 6-Jun 1 \$76.25 [1159084](#)

Plant – 613-232-3000

3-5 years Tue. 9:30-11:30 am
 Mar 20-Jun 19 \$133.75 [1158957](#)
 3-5 years Tue., Thu. 9:30-11:30 am
 Mar 20-Jun 21 \$267.25 [1158947](#)
 3-5 years Thu. 9:30-11:30 am
 Mar 22-Jun 21 \$133.75 [1158962](#)

Richcraft-Kanata – 613-580-9696

3-4 years Mon. 9:30-11:30 am
 Mar 19-Jun 25 \$124.25 [1152254](#)
 3-4 years Tue. 9:30-11:30 am
 Mar 20-Jun 26 \$143.25 [1152255](#)
 3-4 years Tue. 12:30-2:30 pm
 Mar 20-Jun 26 \$143.25 [1152256](#)
 3-4 years Wed. 9:30-11:30 am
 Mar 21-Jun 27 \$143.25 [1152257](#)
 3-4 years Wed. 12:30-2:30 pm
 Mar 21-Jun 27 \$143.25 [1152258](#)
 3-4 years Thu. 9:30-11:30 am
 Mar 22-Jun 28 \$143.25 [1152259](#)
 3-4 years Thu. 12:30-2:30 pm
 Mar 22-Jun 28 \$143.25 [1152260](#)
 3-4 years Fri. 9:30-11:30 am
 Mar 23-Jun 29 \$143.25 [1152261](#)

Rideauview – 613-822-7887

3-5 years Mon. 9:15-11:15 am
 Mar 19-Jun 18 \$114.75 [1158945](#)
 Jun 25-Aug 27 \$76.50 [1162010](#)
 3-5 years Thu. 9:15-11:15 am
 Mar 22-Jun 21 \$133.75 [1159963](#)
 Jun 28-Aug 30 \$95.50 [1162011](#)

Sawmill – 613-521-4092

3-5 years Wed. 9:30-11:30 am
 Mar 21-Jun 6 \$114.75 [1164453](#)
 3-5 years Fri. 9:30-11:30 am
 Mar 30-Jun 15 \$114.75 [1164454](#)
 Jul 6-Aug 31 \$86 [1164462](#)
 3-5 years Tue. 9:30-11:30 am
 Mar 20-Jun 5 \$114.75 [1164450](#)
 Jul 3-Aug 28 \$86 [1164458](#)
 Jul 4-Aug 29 \$86 [1164460](#)

Workshops

Schedules and fees may be subject to change. Fees include HST. Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Easter Craft

Work on a special craft and get ready for Easter.

Eva James – 613-271-0712

3-6 years Sun. 1-2 pm
 Mar 25 \$32.25 [1164547](#)

Father's Day Craft

Calling all parents! Join us to make a special project to take home with your child.

Eva James – 613-271-0712

3-6 years Sun. 1-2 pm
 Jun 10 \$32.25 [1159328](#)

Mother's Day Craft

Calling all parents! Make a special project with your child.

Eva James – 613-271-0712

3-6 years Sun. 1-2 pm
 May 6 \$32.25 [1159344](#)

Muck n' Mess

Create various messy art projects with your child, using your imagination and a variety of materials!

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
 Mar 31 \$38.25 [1158807](#)

Ooey, Goopy Science

Calling all parents! Join us to make a special project to take home with your child.

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
 Apr 21 \$38.25 [1158806](#)

Parent n' Me: Spring Gardening

Calling all parents! Join us to make a special project to take home with your child.

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
 May 26 \$38.25 [1158813](#)

Parent n' Me Woodworking

Calling all parents! Join us to make a special project to take home with your child.

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-11 am
 Jun 16 \$38.25 [1158817](#)

Drop In Activities

You can now search for up to date drop-in activities at your local facility using our [search tool](#).

