



Classes and Activities for Youth

Recreation eGuide

Spring and Summer 2018

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Arts Centres

The City of Ottawa's Arts Centres are destinations for specialty arts programming in arts-specific studios offering the added benefit of specialized facilities and environment. The Nepean Visual Arts, the Nepean Creative Arts and Shenkman Arts Centres, offer specialty arts classes taught by accomplished artists – painters, actors, filmmakers, writers, photographers, musicians – in custom studio spaces for participants of all levels of ability. From preschool to adult, students experience a diversity of arts instruction in a creative and dynamic environment.

[Nepean Visual Arts Centre](#)

613-580-2828
1701 Woodroffe Avenue
(Entrance 3,
Nepean Sportsplex)



[Nepean Creative Arts Centre](#)

613-596-5783
35 Stafford Road,
Bells Corners



[Shenkman Arts Centre](#)
613-580-2787
245 Centrum Boulevard,
Orléans

What do arts centres offer youth?

- High quality instruction in studios equipped for arts
- Dance on sprung floors, with barres and floor-to-ceiling mirrors
- Perform your own monologues in a black box theatre
- Paint, draw, sculpt in specialized art studios
- Be in your own movie under the direction of successful movie producers

Learn life time art skills here.

Destination: arts experience.

Digital Arts

Schedules and fees may be subject to change. Fees include HST. Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Game Development – Introduction

Create your own mobile game! Using tools like Unity and Adobe Photoshop, develop animation skills and your very own video game.

Shenkman

12-18 years	Mon.	7-8:30 pm
Apr 9-May 28	\$108.75	1140172

Science of Movie Making

Dive into the world of digital media and explore the science of movie making. Take photos to create a flip-book animation series, produce a short film and uncover green screen technology using DIY special effects.

Nepean Creative Arts

Apr 12-May 24	Thu.	6:45-8:15 pm
11-14 years	\$148.25	1139867
15-16 years	\$167.50	1162372

Performing Arts

Dance

Contemporary – Level 1

A dance style that borrows from modern, ballet and jazz choreography. Study basic ballet and modern dance principles while advancing your steps. Uncover various moves, step combinations and new choreography. Create your own dance.

Nepean Creative Arts

Apr 7-Jun 2	Sat.	12:30-1:45 pm
11-14 years	\$101	1145228
15-18 years	\$114	1145272

Drama

Zombie 101

Ever wanted to be one of the walking dead? Learn the ropes from zombie film director Brett Kelly and his zombie coach. Walk, growl and have your face made up to scare the life out of slow walking humans!

Nepean Creative Arts

Apr 8	Sun.	11 am-3 pm
10-14 years	\$56.50	1145626
15-16 years	\$64	1145637

Music

Abba's Greatest Hits & Pop Performance

Experience performance through Abba and pop. Professional musician and teacher Peter Grant Mackechnie teaches singing ability, musicality and vocal projection, and performance skills through popular music. A series of workshops culminates in a combined performance.

Nepean Creative Arts

15-18 years	Sun.	10-11:30 am
Apr 29-Jun 10	\$102.25	1153714



Guitar

Strengthen guitar skills while learning basic chords, strumming, picking and tuning. Recognize different strumming patterns and shuffle accompaniment. Bring your own guitar.

Nepean Creative Arts

Level 1

Apr 11-May 23	Wed.	5:30-6:30 pm
10-14 years	\$123.50	1139829
15-16 years	\$139.50	1139842

Level 2

Apr 11-May 23	Wed.	6:30-7:30 pm
10-14 years	\$123.50	1139830
15-16 years	\$139.50	1139845

Level 3

Apr 11-May 23	Wed.	7:30-8:30 pm
10-14 years	\$123.50	1139834
15-16 years	\$139.50	1139848

Pottery

Wheel – Level 1

Introduction to wheel throwing techniques. Create basic vessel forms such as cylinders and bowls. Glazing, decorative techniques and application of handles will be introduced.

Nepean Visual Arts

11-14 years	Sat.	10 am-noon
Apr 7-Jun 16	\$260.50	1144982
11-14 years	Sat.	1-3 pm
Apr 7-Jun 16	\$260.50	1144983

Arts in your Neighbourhood

Digital Arts

Intro to Game Development

Create your own mobile game! Using tools like Unity and Adobe Photoshop, develop animation skills and your very own video game.

Plant – 613-232-3000

12-18 years	Sun.	2:30-4:30 pm
Mar 25-Jun 17	\$220	1163908

Performing Arts

Guitar – Level 1

Strengthen guitar skills while learning basic chords, strumming, picking and tuning. Recognize different strumming patterns and shuffle accompaniment. Bring your own guitar.

Heron – 613-247-4808

15-17 years	Sun.	2-2:45 pm
Apr 8-Jun 3	\$119.75	1163217

Visual Arts

Drawing and Painting

Discover mixed media as you learn to paint with watercolours and acrylics, and draw with charcoal, conte and pastels. Advanced techniques and learning opportunities available.

Eva James – 613-271-0712

15-17 years	Wed.	5:45-6:45 pm
Mar 28-Jun 13	\$163	1139664

Manotick Arena –

613-580-2424 ext. 30235

15-18 years	Wed.	6-7 pm
Apr 4-May 9	\$95.75	1155895
May 16-Jun 20	\$95.75	1155899

Minto-Barrhaven – 613-727-2683

15-17 years	Mon.	7-8 pm
Apr 9-Jun 18	\$142.25	1143929

Certification

Babysitting Course – Canadian Safety Council

Earn some extra money. Learn good babysitting techniques with topics on rights and responsibilities, ages and stages, emergency procedures and introductory first aid.

Ben Franklin Place –

613-580-2424 ext. 41238

15-16 years	Sun.	8:30 am-4:30 pm
Mar 18	\$77.50	1161661
Apr 8	\$77.50	1155853

Nepean Sportsplex –

613-580-2424 ext. 41238

15-16 years	Sun.	8:30 am-4:30 pm
Mar 11	\$77.50	1155871
15-16 years	Fri.	8:30 am-4:30 pm
Apr 27	\$77.50	1155872
Jun 8	\$77.50	1155877

Babysitting Course – Red Cross

Earn some extra money. Learn good babysitting techniques with topics on rights and responsibilities, ages and stages, emergency procedures and introductory first aid.

Splash – 613-748-4222

15-18 years	Fri.	8:30 am-4:30 pm
May 18	\$77.50	1164329

Red Cross Standard First Aid/ CPR Level C/AED

Includes one and two rescuer adult, child and infant CPR and Automated External Defibrillator training. Meets the requirements of First Aid Attendant under WSIB legislation. Successful participants receive Standard First Aid Certificate, CPR level 'C' and AED Certificate.

Fred Barrett Arena –

613-580-2424 ext. 30235

15-18 years	Sat.-Sun.	8:30 am-4:30 pm
May 26-27	\$138.50	1160642

Greely – 613-580-2424 ext. 30235

15-18 years	Sat.-Sun.	8:30 am-4:30 pm
Apr 14-15	\$138.50	1160635

Martial Arts

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Karate

Learn respect for others, while emphasizing manners and physical fitness. Develop life skills including discipline, self-control, patience, confidence, and courage. Progress at your own rate in this non-competitive program.

Eva James – 613-271-0712

15-16 years	Wed.	7:05-8:05 pm
Apr 4-Jun 13	\$125.25	1139515

Heron – 613-247-4808

15-17 years	Sat.	11:15 am-12:15 pm
Apr 7-Jun 2	\$67.25	1161811

Queenswood Heights – 613-580-4765

15-18 years	Mon., Wed.	7:30-8:30 pm
Mar 19-May 16	\$135	1156534

Karate – Goju Ryu

Traditional non-competitive hard/soft style. Basic techniques are taught where more complexity is added as the student progresses, fostering growth, self-discipline and respect, increasing self-confidence and coordination.

École de la Découverte – 613-824-0633 ext. 221

866 Scala

Level 1

15-18 years	Tue., Thu.	6:30-7:30 pm
Apr 3-Jun 21	\$166	1147781

Level 2

15-18 years	Tue., Thu.	7:30-8:30 pm
Apr 3-Jun 21	\$166	1155982

Taekwondo

Korean martial art, teaches self defence and discipline and promotes confidence. Progress at your rate by testing held throughout the term. Additional fees may apply for uniform and testing.

Notre Dame Des Champs – 613-824-0819

3659 Navan

15-18 years	Mon., Wed.	6:30-7:30 pm
Mar 19-Jun 20	\$221	1150158
15-18 years	Mon., Wed.	7:30-8:30 pm
Mar 19-Jun 20	\$221	1150160
15-18 years	Tue., Thu.	6:30-7:30 pm
Mar 20-Jun 21	\$238	1150159
15-18 years	Mon., Wed.	6:30-7:30 pm
Jun 25-Aug 29	\$114.75	1165117

Sports

Badminton

Practice techniques to improve your skills. Develop a better understanding of the sport. Includes skill development and fun games.

Hintonburg – 613-798-8874

15-18 years	Sat.	2:30-4:30 pm
Apr 7-Jun 9	\$116.75	1160023

Minto-Barrhaven – 613-727-2683

15-17 years	Thu.	8-9 pm
Apr 12-Jun 14	\$86.25	1144689

Badminton – Game Play

Emphasis is on active participation and fun. Games are at a recreational level.

Eva James – 613-271-0712

15-17 years	Mon.	4:45-5:45 pm
Apr 9-Jun 11	\$41.75	1139207

Basketball

Practice techniques to improve your skills. Develop a better understanding of the sport. Includes skill development and fun games.

St-Laurent – 613-742-6767

15-17 years	Thu.	7:30-8:30 pm
Mar 22-Jun 7	\$98.75	1164183
Jul 5-Aug 30	\$74	1164544

Basketball – Above the Rim

Develop your skills through instruction, drills, competition and scrimmages. Players of all ability welcome. Instruction provided by professionals from abovetherimbasketballschoo.com.

Eva James – 613-271-0712

15-16 years	Mon.	7:30-9 pm
Apr 9-Jun 4	\$147	1139256

Rideauview – 613-822-7887

15-18 years	Wed.	8-9 pm
Apr 4-Jun 20	\$147	1159759

Basketball – Game Play

Emphasis is on active participation and fun. Games are at a recreational level.

Jockvale School – 613-580-2424 ext. 41238

101 Malvern

15-18 years	Fri.	8:30-10 pm
Jul 6-Aug 17	\$41.75	1157613

South March School – 613-580-9696
1032 Klondike

15-18 years	Fri.	7:15-8:15 pm
Apr 6-Jun 1	\$37	1161347

Hockey Development Skills

Clinics are open to house league and competitive players. Full Hockey equipment mandatory. Not for Goalies.

Jim Durrell – 613-247-4811

(Midget)

15-17 years	Mon.-Fri.	3-4:50 pm
Aug 20-24	\$197	1143219

Nepean Sportsplex – 613-580-2828

15-17 years	Mon.-Fri.	12:30-2:20 pm
Aug 27-31	\$230	1161751

Hockey Development Skills – Goalie

Clinics are open to house league and competitive players. Goaltenders are integrated with regular players during this clinic.

Jim Durrell – 613-247-4811

(Midget)

15-17 years	Mon.-Fri.	3-4:50 pm
Aug 20-24	\$141	1143241

Intro to Ice

A learn to skate program for teens who are new to ice or have limited skating experience. Learn how to fall and get up safely, skate forward and stop. A CSA approved hockey helmet is mandatory. Full facemask is highly recommended.

Jim Durrell – 613-580-2596

13-14 years	Sun.	10:30-11:20 am
May 6-Jun 24	\$68.75	1150977

15-17 years	Sun.	10:30-11:20 am
May 6-Jun 24	\$77.75	1155058

Minto-Barrhaven – 613-727-2683

13-14 years	Mon.	7-7:50 pm
Mar 26-May 28	\$78.75	1143657

15-17 years	Mon.	7-7:50 pm
Mar 26-May 28	\$88.75	1143666

Sandy Hill Arena – 613-580-2956

13-14 years	Thu., Mon.	7-7:50 pm
Apr 5-19	\$49.25	1151641

15-17 years	Thu., Mon.	7-7:50 pm
Apr 5-19	\$55.50	1151658

Shinny Hockey

Emphasis is on active participation and fun. Games are at a recreational level. Played with a shinny puck. Certified multi-impact helmet with full facemask, gloves, neck protector, skates and stick are mandatory.

Fred G. Barrett Arena – 613-580-2595

15-17 years	Wed.	5:30-6:20 pm
Jun 6-Jul 11	\$19.25	1163162

Sandy Hill Arena – 613-580-2956

15-17 years	Fri.	6-6:50 pm
May 4-Jun 15	\$19.25	1163099

Soccer – Game Play

Emphasis is on active participation and fun. Non-instructional game play.

Minto-Barrhaven – 613-727-2683

18-25 years	Sun.	10-11:30 am
Apr 15-Jun 24	\$55.50	1143073

Volleyball

Practice the techniques to improve your skills. Develop a better understanding of the sport. Program includes skill development and fun games.

Eva James – 613-271-0712

15 years	Sun.	1-2 pm
Apr 8-Jun 10	\$77.75	1138813

Goulbourn – 613-580-2532

15-17 years	Thu.	7:30-8:30 pm
Apr 5-May 31	\$86.25	1159367

Minto-Barrhaven – 613-727-2683

15-17 years	Mon.	7-8 pm
Apr 9-Jun 18	\$86.25	1143912

South March School – 613-580-9696

1032 Klondike

15-18 years	Sat.	1:40-2:40 pm
Apr 7-Jun 2	\$69	1161319

General Interest

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Dinner and a Movie

You will prepare a new 'theme meal' each week to dazzle your taste buds. Then we sit back to be dazzled by the stars. Come and enjoy a night out with friends!

Albion Heatherington – 613-247-4828

10-14 years	Fri.	5-8 pm
Mar 30-May 4	\$103	1160086
May 11-Jun 15	\$103	1160092

Healthy Cooking

Functional recipes, friendly experiences and fresh food! Includes meal plans for those with limited budgets, space or time. Taught by knowledgeable staff, using fresh, local and tasty ingredients to keep costs low and taste buds dancing.

Albion Heatherington – 613-247-4828

Thu.	4-5:30 pm	
Apr 26	\$17.25	1160128
May 24	\$17.25	1160129
Jun 21	\$17.25	1160132

Magic Club 2

Learn the art of magic the way professionals perform, from card magic to how big illusions work, and everything in between. Discover the mystery!

Richelieu-Vanier – 613-560-6030

15-18 years	Thu.	6-9 pm
Apr 26-Jun 14	\$271.25	1157121

Writing for Enjoyment

Get motivated and inspired to write - anecdotes, poetry, mystery and various topics. Participants are encouraged to set their own goals and write what they wish. No experience necessary in a supportive, friendly environment.

Greenboro – 613-580-2805

15-17 years	Sat.	10-11:30 am
Apr 7-May 12	\$79.75	1162156

Youth Social

Everybody welcome! Make new friends and enjoy different activities, games or sports each week.

Rideauview – 613-822-7887

14-18 years	Fri.	8:30-10 pm
Mar 23	\$0	1160298
Apr 6	\$0	1160299
Apr 13	\$0	1160300
Apr 20	\$0	1160301
May 4	\$0	1160302
May 11	\$0	1160304
May 25	\$0	1160305
Jun 1	\$0	1160306
9-13 years	Fri.	6-8:30 pm
Mar 23	\$0	1160232
Apr 6	\$0	1160233
Apr 13	\$0	1160235
Apr 20	\$0	1160236
May 4	\$0	1160237
May 11	\$0	1160239
May 25	\$0	1160240
Jun 1	\$0	1160241

Drop In Activities

You can now search for up to date drop-in activities at your local facility using our [search tool](#).