



Winter
2022 / 2023

P.A. Days and Winter Camps

Recreation eGuide

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P.A. days

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Energy

When school's out, we're in for an action filled day of activities. Kids explore the world of physically distanced crafts, games, and special activities while developing new friendships.

CardelRec (Goulbourn) – 613-580-2532

| | | |
|------------|---------|-------------------------|
| 4-12 years | Mon. | 8 am-5 pm |
| Oct 24 | \$43.50 | 1630778 |
| 4-12 years | Fri. | 8 am-5 pm |
| Nov 25 | \$43.50 | 1630793 |

Minto-Barrhaven – 613-727-2683

| | | |
|------------|---------|-------------------------|
| 4-12 years | Fri. | 8 am-5 pm |
| Oct 7 | \$43.50 | 1634829 |
| Nov 4 | \$43.50 | 1634831 |
| Nov 18 | \$43.50 | 1634830 |
| Nov 25 | \$43.50 | 1634835 |

Overbrook – 613-742-5147

| | | |
|------------|---------|-------------------------|
| 4-12 years | Fri. | 8 am-5 pm |
| Oct 7 | \$43.50 | 1629246 |
| Nov 4 | \$43.50 | 1629247 |
| Nov 18 | \$43.50 | 1629248 |
| Nov 25 | \$43.50 | 1629249 |

Ray Friel – 613-580-4765

| | | |
|------------|---------|-------------------------|
| 4-12 years | Fri. | 8 am-5 pm |
| Oct 7 | \$43.50 | 1634143 |
| Nov 4 | \$43.50 | 1634144 |
| Nov 18 | \$43.50 | 1634145 |
| Nov 25 | \$43.50 | 1634146 |

Richcraft-Kanata – 613-580-9696

| | | |
|------------|---------|-------------------------|
| 4-12 years | Fri. | 8 am-5 pm |
| Oct 7 | \$43.50 | 1633541 |
| Nov 4 | \$43.50 | 1633542 |
| Nov 25 | \$43.50 | 1633543 |

Sandy Hill – 613-564-1062

| | | |
|------------|---------|-------------------------|
| 4-12 years | Fri. | 8 am-5 pm |
| Nov 25 | \$43.50 | 1633042 |

Walter Baker – 613-580-2788

| | | |
|------------|---------|-------------------------|
| 4-12 years | Fri. | 8 am-5 pm |
| Oct 7 | \$43.50 | 1630853 |
| Nov 4 | \$43.50 | 1630857 |
| Nov 18 | \$43.50 | 1630859 |
| Nov 25 | \$43.50 | 1630861 |

Hockey

Develop and improve your hockey skills on your day off in a fun and relaxed environment. Full hockey equipment mandatory. Not for Goalies.

Jim Durrell – 613-247-4811

| | | |
|------------|---------|-------------------------|
| 7-11 years | Fri. | 8 am-5 pm |
| Oct 7 | \$70.75 | 1634311 |
| Nov 4 | \$70.75 | 1634303 |
| Nov 18 | \$70.75 | 1634304 |
| Nov 25 | \$70.75 | 1634305 |

Hockey Goalie

Develop and improve your hockey skills on your day off in a fun and relaxed environment. Full hockey equipment mandatory. Goalies Only.

Jim Durrell – 613-247-4811

| | | |
|------------|---------|-------------------------|
| 7-11 years | Fri. | 8 am-5 pm |
| Oct 7 | \$70.75 | 1634312 |
| Nov 4 | \$70.75 | 1634313 |
| Nov 18 | \$70.75 | 1634314 |
| Nov 25 | \$70.75 | 1634315 |

Swim and Skate

When school's out, enjoy an action-filled day of activities with cool themes, games and crafts. Skates and a CSA certified hockey helmet are required for all skaters. A full cage is highly recommended.

Bob MacQuarrie-Orléans – 613-580-9600

| | | |
|------------|---------|-------------------------|
| 4-12 years | Fri. | 8 am-5 pm |
| Oct 7 | \$51.75 | 1633601 |
| Nov 4 | \$51.75 | 1633602 |
| Nov 18 | \$51.75 | 1633605 |
| Nov 25 | \$51.75 | 1633604 |

Winter camps

Energy

When school's out, we're in for an action filled day of activities. Kids explore the world of physically distanced crafts, games, and special activities while developing new friendships.

St-Laurent – 613-742-6767

| | | |
|------------|-----------|-------------------------|
| 4-12 years | Mon.-Fri. | 8 am-5 pm |
| Jan 2- 6 | \$217.50 | 1634175 |
| 4-12 years | Tue.-Fri. | 8 am-5 pm |
| Dec 27-30 | \$174 | 1634174 |

Walter Baker – 613-580-2788

| | | |
|------------|-----------|-------------------------|
| 4-7 years | Mon.-Fri. | 8 am-5 pm |
| Jan 2- 6 | \$217.50 | 1631733 |
| 4-7 years | Tue.-Fri. | 8 am-5 pm |
| Dec 27-30 | \$174 | 1631729 |
| 8-12 years | Mon.-Fri. | 8 am-5 pm |
| Jan 2- 6 | \$217.50 | 1631734 |
| 8-12 years | Tue.-Fri. | 8 am-5 pm |
| Dec 27-30 | \$174 | 1631731 |

Hockey

Develop and improve your hockey skills on your day off in a fun and relaxed environment. Full hockey equipment mandatory. Not for goalies.

Jim Durrell – 613-247-4811

| | | |
|------------|-----------|-------------------------|
| 7-11 years | Tue. | 8 am-5 pm |
| Jan 3 | \$70.75 | 1634321 |
| 7-11 years | Tue.-Fri. | 8 am-5 pm |
| Jan 3- 6 | \$283 | 1634326 |
| 7-11 years | Wed. | 8 am-5 pm |
| Dec 28 | \$70.75 | 1634318 |
| Jan 4 | \$70.75 | 1634322 |
| 7-11 years | Wed.-Fri. | 8 am-5 pm |
| Dec 28-30 | \$212.25 | 1634325 |
| 7-11 years | Thu. | 8 am-5 pm |
| Dec 29 | \$70.75 | 1634319 |
| Jun 8 | \$70.75 | 1634323 |
| 7-11 years | Fri. | 8 am-5 pm |
| Dec 30 | \$70.75 | 1634320 |
| Jan 6 | \$70.75 | 1634324 |

Hockey – Goalie

Develop and improve your hockey skills on your day off in a fun and relaxed environment. Full hockey equipment mandatory. Goalies only.

Jim Durrell – 613-247-4811

| | | |
|------------|-----------|-------------------------|
| 7-11 years | Tue. | 8 am-5 pm |
| Jan 3 | \$70.75 | 1634330 |
| 7-11 years | Tue.-Fri. | 8 am-5 pm |
| Jan 3- 6 | \$283 | 1634335 |
| 7-11 years | Wed. | 8 am-5 pm |
| Dec 28 | \$70.75 | 1634327 |
| Jan 4 | \$70.75 | 1634331 |
| 7-11 years | Wed.-Fri. | 8 am-5 pm |
| Dec 28-30 | \$212.25 | 1634334 |
| 7-11 years | Thu. | 8 am-5 pm |
| Dec 29 | \$70.75 | 1634328 |
| Jan 5 | \$70.75 | 1634332 |
| 7-11 years | Fri. | 8 am-5 pm |
| Dec 30 | \$70.75 | 1634329 |
| Jan 6 | \$70.75 | 1634333 |

Skate and swim

Children learn basic skating skills in a fun, small group setting. Participants are grouped according to their age and skill level. Swim time throughout the week! Skates and a CSA-certified hockey helmet are required for all skaters. A full cage is highly recommended.

Bob MacQuarrie-Orléans – 613-580-9600

| | | |
|------------|---------|-------------------------|
| 4-12 years | Mon. | 8 am-5 pm |
| Jan 2 | \$45.25 | 1633584 |
| 4-12 years | Tue. | 8 am-5 pm |
| Dec 27 | \$45.25 | 1633576 |
| Jan 3 | \$45.25 | 1633587 |
| 4-12 years | Wed. | 8 am-5 pm |
| Dec 28 | \$45.25 | 1633577 |
| Jan 4 | \$45.25 | 1633590 |
| 4-12 years | Thu. | 8 am-5 pm |
| Dec 29 | \$45.25 | 1633579 |
| Jan 5 | \$45.25 | 1633591 |
| 4-12 years | Fri. | 8 am-5 pm |
| Dec 30 | \$45.25 | 1633580 |
| Jan 6 | \$45.25 | 1633594 |