



Fall 2021

Arts Centres

Arts classes

Recreation eGuide

Table of contents

Preschool.....	2
Children.....	3
Youth.....	5
Adult.....	6



[safety measures](#)

[volunteering](#)

[employment](#)

[fee support](#)

[facilities](#)

Preschool

Performing Arts

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Preschool

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Shenkman Arts – 613-580-2787

3-4 years	Sun.	9:15-10 am
Oct 17-Dec 5	\$59.50	1600748
3-4 years	Sat.	9:15-10 am
Sep 25-Nov 20	\$59.50	1600731

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Nepean Creative Arts – 613-596-5783

4-5 years	Sat.	10:15-11 am
Oct 23-Dec 11	\$59.50	1600830

Arts Centres

Nepean Creative Arts Centre, Nepean Visual Arts Centre and Shenkman Arts Centre are destinations for specialized arts programming. Creative surroundings, purpose built studios and expert instructors combine to deliver inspirational programs and creative, dynamic experiences.

French programs at Shenkman Arts Centre can be found in Mon Cyberguide francophone des loisirs.



Nepean Visual Arts Centre

613-580-2828

**1701 Woodroffe Avenue
(Entrance 3, Nepean Sportsplex)**

Nepean Creative Arts Centre

613-596-5783

**35 Stafford Road,
Bells Corners**



Shenkman Arts Centre

613-580-2787

245 Centrum Boulevard, Orléans

“Creative surroundings, purpose-built studios and expert instructors combine to deliver inspirational programs and creative, dynamic, experiences”.

Children

Performing Arts

Acrobatic – Level 1

Free flowing class combines traditional dance styles with acrobatics. Think gymnastics but with no apparatus. Improve flexibility, strength and dance techniques. Take dance to new heights!

Shenkman Arts – 613-580-2787

8-12 years	Tue.	7-8 pm
Sep 28-Nov 16	\$68	1600708

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Shenkman Arts – 613-580-2787

4-5 years	Sat.	10:15-11 am
Sep 25-Nov 20	\$59.50	1600741
5-6 years	Sun.	10:15-11 am
Oct 17-Dec 5	\$59.50	1600743
5-6 years	Sat.	11:15 am-noon
Sep 25-Nov 20	\$59.50	1600742

Contemporary Hip Hop Combo

Blending the modern dance techniques of suspension, release and emotion, with Hip Hop's rhythms of the street, leads to innovative choreographed routines in a class led by an expert instructor. No experience required.

Nepean Creative Arts – 613-596-5783

9-12 years	Sat.	11:15 am-12:15 pm
Oct 23-Dec 11	\$88.25	1600815

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Nepean Creative Arts – 613-596-5783

6-8 years	Sat.	11:30 am-12:30 pm
Oct 23-Dec 11	\$79.25	1600816

Hip Hop – Level 1

Hip hop, with its roots in urban dance, gets you moving to funky, up-beat tunes. Work on strength, flexibility and musicality through intricate and fast paced choreography. Create dynamic, stylish moves just like in the latest music videos.

Nepean Creative Arts – 613-596-5783

7-11 years	Thu.	6:30-7:30 pm
Sep 23-Oct 28	\$66.25	1600833
Nov 11-Dec 16	\$66.25	1600834

Shenkman Arts – 613-580-2787

7-9 years	Sun.	11:15 am-12:15 pm
Oct 17-Dec 5	\$88.25	1600749

Hip Hop and Jazz

Emphasis on body placement, coordination and basic Jazz technique.

Nepean Creative Arts – 613-596-5783

8-9 years	Sat.	10-11 am
Oct 23-Dec 11	\$88.25	1600841

Jazz – Level 1

High energy class that encourages rhythm, co-ordination, flexibility and execution. Introduction to different styles of jazz including theatrical, pop, and lyrical. Learn various moves, combinations of steps, and choreography.

Nepean Creative Arts – 613-596-5783

8-12 years	Thu.	5:15-6:15 pm
Sep 23-Oct 28	\$59.50	1600842
Nov 11-Dec 16	\$59.50	1600844

Urban – Level 1

This unique style of dance incorporates hip hop, break dancing, pop'n lock, and freestyle. Master the dance moves from each style in a fun and energetic class.

Shenkman Arts – 613-580-2787

6-8 years	Tue.	5:45-6:45 pm
Sep 28-Nov 16	\$88.25	1600706

Visual Arts

Animate This

The world of animation comes to life – drawn, claymation, stop motion, cameraless and painted film using video camera, still digital camera, and 16 mm film. Create your very own animated short.

Nepean Creative Arts – 613-596-5783

9-14 years	Sun.	11 am-1 pm
Sep 26-Oct 31	\$185	1600848
Nov 14-Dec 19	\$185	1600849

My Costume, My Fashion, My Style

A workshop for would-be costume or fashion designers. Conceptualize and construct your fashion or costume designs. With instruction from costume and puppetry maker Donna Bourgeault, create customized, affordable 'upcycled' styles. Materials will be provided.

Nepean Creative Arts – 613-596-5783

9-14 years	Sat.	10 am-4 pm
Nov 27-Dec 4	\$185	1600857

Pottery

Handbuilding – With parent

Get messy with your little ones! Create a unique pottery piece together using simple handbuilding forms and techniques. Discover coils, slabs and pinching techniques. One child and parent pair per registration. Supplies will be provided.

Nepean Visual Arts – 613-580-2828

18+ years	Sat.	10:15 am-12:15 pm
Sep 25-Dec 4	\$220.25	1600813
18+ years	Sat.	12:45-2:45 pm
Sep 25-Dec 4	\$220.25	1600814

Youth

Visual Arts

Animate This

The world of animation comes to life – drawn, claymation, stop motion, cameraless and painted film using video camera, still digital camera, and 16 mm film. Create your very own animated short.

Nepean Creative Arts – 613-596-5783

15-17 years	Thu.	6:30-8:30 pm
Sep 23-Oct 28	\$209	1600852
Nov 11-Dec 16	\$209	1600853

Pottery – Wheel – Level 1

Introduction to wheel throwing techniques. Create basic vessel forms such as cylinders and bowls. Glazing, decorative techniques and application of handles will be introduced.

Nepean Visual Arts – 613-580-2828

11-14 years	Sat.	10 am-noon
Sep 25-Dec 4	\$339.75	1600797
11-14 years	Sat.	1-3 pm
Sep 25-Dec 4	\$339.75	1600799

Adult

Performing Arts

Argentine Tango – Level 1

Embrace Argentina’s signature dance, the Salon Style Tango. Discover the 8-count basico (basic step), walking, forward ochos, back ochos and molinete (windmill) and playful ganchos (hooks). Find excitement, passion and drama with Tango! Register with a partner from your social circle.

Shenkman Arts – 613-580-2787

18+ years	Thu.	8:15-9:15 pm
Sep 9-Oct 28	\$99.75	1601406

Ballroom – Level 1

Ballroom is the perfect exercise for your mind and body. Move to the rhythm as you learn the foxtrot, waltz, cha cha, triple swing and merengue. Register with a partner from your social circle.

Shenkman Arts – 613-580-2787

18+ years	Thu.	7-8 pm
Sep 9-Oct 28	\$99.75	1601402

Barre Fit

An energizing combination of ballet moves with an emphasis on posture and alignment. Develop lean muscle mass while improving your balance, flexibility, and range of motion.

Nepean Creative Arts – 613-596-5783

18+ years	Tue.	12:10-12:50 pm
Sep 21-Oct 26	\$50	1600805
Nov 2-Dec 7	\$50	1600807

Belly Dance – Level 1

Explore fluidity, grace, and strength through this ancient and sensuous dance form developed in the Middle East. The fundamentals of posture, isolations, steps and accents of belly dance are stressed.

Shenkman Arts – 613-580-2787

18+ years	Mon.	7:15-8:15 pm
Sep 27-Nov 22	\$99.75	1600702

Belly Dance – Level 2

Explore more complicated arrangements. Layer movements and combinations. Prerequisite: Belly Dance Level 1.

Shenkman Arts – 613-580-2787

18+ years	Mon.	8:30-9:30 pm
Sep 27-Nov 22	\$99.75	1600703

Bollywood – Level 1

Learn to move to the Bollywood beat; a modern East Indian style of dance that will have your hips moving. Discover basic hip, leg and upper body choreography while you experience the wonders of middle-eastern glamour.

Shenkman Arts – 613-580-2787

18+ years	Mon.	6-7 pm
Sep 27-Nov 22	\$99.75	1600686

Hawaiian Dance

Dance Hawaiian style to Don Ho, Andy Williams, and Elvis Presley. Hawaiian arm movements help arthritic fingers. Sway in your style, standing or seated.

Nepean Creative Arts – 613-596-5783

18+ years	Fri.	7-8 pm
Oct 15-Nov 26	\$87.25	1600812

Hip Hop – Level 1

Look forward to an exciting cardio workout that combines basic hip hop dance principals with a fresh choreographed routine. You’ll be energized while learning how to pop, lock and bounce like a pro.

Shenkman Arts – 613-580-2787

18+ years	Wed.	7:45-8:45 pm
Sep 29-Nov 17	\$99.75	1600711

Jazz – Level 1

Basics of jazz dance will improve your co-ordination, strength, and flexibility through dance combinations set to popular music.

Shenkman Arts – 613-580-2787

18+ years	Wed.	6:30-7:30 pm
Sep 29-Nov 17	\$99.75	1600710

Visual Arts

My Costume, My Fashion, My Style

A workshop for would-be costume or fashion designers. Conceptualize and construct your fashion or costume designs. Instruction from costume and puppetry maker Donna Bourgeault. Create customized, affordable 'upcycled' styles. Materials will be provided.

Nepean Creative Arts – 613-596-5783

18+ years	Fri.	6:30-9:30 pm
Nov 12-19	\$104.50	1600810

Drawing

Botanical Art – Coloured Pencils

Using coloured pencils, create paintings of beautiful botanical subjects. Work from live specimens to match the pencil's colours to recreate colours found in nature. New techniques each week.

Nepean Visual Arts – 613-580-2828

18+ years	Tue.	10 am-1 pm
Sep 21-Nov 23	\$373.25	1600780

Botanical Drawing

Botanical subjects are perfect for mastering fundamental art skills. Drawing from specimens, develop your skill and ability to create true-to-life drawings. Practical exercises and individual instruction ensure steady progress. Seasonal specimens will be used.

Nepean Creative Arts – 613-596-5783

18+ years	Wed.	noon-3 pm
Sep 22-Nov 24	\$373.25	1600779

Coloured Pencils – Level 1

Drawing and painting come together with this adaptable medium. Learn how to draw portraits, landscapes, seascapes, animals and still life. Learn about pencil brands, paper surfaces, layering, crosshatching, stippling, mixing and lifting colour as well as burnishing and embossing.

Nepean Visual Arts – 613-580-2828

18+ years	Tue.	6:30-9 pm
Sep 21-Nov 23	\$311	1600785

Drawing – Level 1

Learn simple tips that make a big difference in the way you draw. Observational skills are built while studying perspective, values, understanding mass, line, contour drawing, shading and more. Suitable for beginners and intermediates. Pencil and minimal colour medium.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	6:30-9 pm
Sep 20-Nov 29	\$311	1600806

Painting

Oil and Acrylics – Level 1

Pick up a brush and give it a try! This introductory class explores painting in both oils and acrylics. Paint mixing, colour, value, form and techniques will be covered through the instructor's step-by-step demonstrations.

Nepean Visual Arts – 613-580-2828

18+ years	Wed.	10 am-1 pm
Sep 22-Nov 24	\$373.25	1600825
18+ years	Wed.	6:30-9 pm
Sep 22-Nov 24	\$311	1600829
18+ years	Thu.	1:30-4:30 pm
Sep 23-Nov 25	\$373.25	1600826
18+ years	Thu.	6:15-9:15 pm
Sep 23-Nov 25	\$373.25	1600827

Oil and Acrylics – Level 2

Choose your own adventure in advanced oils and acrylics. Explore complex techniques including working with perspective, colour mixing and brushstrokes. Try your personalized style using your own subject matter.

Nepean Visual Arts – 613-580-2828

18+ years	Wed.	1:30-4:30 pm
Sep 22-Nov 24	\$373.25	1600828

Pottery

Abstract Mixed Media – Studio

Work spontaneously and intuitively on your own mixed media pieces in this supportive and creative studio setting.

Nepean Creative Arts – 613-596-5783

18+ years	Tue.	1-4 pm
Sep 21-Nov 23	\$72.75	1600811

Oil and Acrylics Studio

No instruction. Bring your own subject matter or still life to paint. Please use only odourless solvents.

Nepean Visual Arts – 613-580-2828

18+ years	Fri.	12:30-3:30 pm
Sep 24-Nov 26	\$72.75	1600809

Pottery Studio – Handbuilding

No instruction provided. Previous experience in any Nepean Visual Arts pottery class is required. Participants must bring their own clay and tools. All clay MUST be purchased at the NVAC for a per bag fee.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	2-5 pm
Sep 20-Nov 29	\$153.50	1600762
18+ years	Tue.	10:15 am-1:15 pm
Sep 21-Nov 23	\$153.50	1600763
18+ years	Tue.	2-5 pm
Sep 21-Nov 23	\$153.50	1600764

18+ years	Tue.	5:30-8:30 pm
Sep 21-Nov 23	\$153.50	1600765
18+ years	Wed.	10:15 am-1:15 pm
Sep 22-Nov 24	\$153.50	1600766
18+ years	Wed.	2-5 pm
Sep 22-Nov 24	\$153.50	1600767
18+ years	Thu.	10:15 am-1:15 pm
Sep 23-Nov 25	\$153.50	1600768
18+ years	Thu.	2-5 pm
Sep 23-Nov 25	\$153.50	1600769
18+ years	Fri.	5-8 pm
Sep 24-Nov 26	\$153.50	1600770

Pottery Studio – Wheel

No instruction provided. Previous experience in any Nepean Visual Arts pottery class is required. Participants must bring their own clay and tools. All clay MUST be purchased at the NVAC for a per bag fee.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	2-5 pm
Sep 20-Nov 29	\$153.50	1600771
18+ years	Tue.	2-5 pm
Sep 21-Nov 23	\$153.50	1600772
18+ years	Tue.	5:30-8:30 pm
Sep 21-Nov 23	\$153.50	1600773
18+ years	Wed.	10:15 am-1:15 pm
Sep 22-Nov 24	\$153.50	1600774
18+ years	Wed.	2-5 pm
Sep 22-Nov 24	\$153.50	1600775
18+ years	Thu.	10:15 am-1:15 pm
Sep 23-Nov 25	\$153.50	1600776
18+ years	Thu.	2-5 pm
Sep 23-Nov 25	\$153.50	1600777
18+ years	Fri.	5-8 pm
Sep 24-Nov 26	\$153.50	1600778

Watercolours Studio

No instruction. Bring your own subject matter or still life to paint.

Nepean Visual Arts – 613-580-2828

18+ years	Tue.	1:30-4:30 pm
Sep 21-Nov 23	\$72.75	1600804

Wheel – Level 1

Create basic vessel forms such as cylinders and bowls. Glazing, decorative techniques and application of handles will be introduced. For beginner or early stage potters only.

Nepean Visual Arts – 613-580-2828

18+ years	Tue.	10:30 am-1 pm
Sep 21-Nov 23	\$311	1600786
18+ years	Wed.	6:30-9 pm
Sep 22-Nov 24	\$311	1600788
18+ years	Thu.	6:30-9 pm
Sep 23-Nov 25	\$311	1600790
18+ years	Fri.	12:30-3 pm
Sep 24-Nov 26	\$311	1600791

Wheel – Level 2

Create pieces such as cylinders, plates and bowls. More advanced techniques: forming lids, surface decoration (carving and painting) with underglaze techniques, will be introduced.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	6:15-9:15 pm
Sep 20-Nov 29	\$373.25	1600793