



Fall
2022

Lessons for

Ice Skating

(all ages)

Recreation eGuide

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New registration system coming soon

Online registration for Winter 2023 programs will look a bit different and have a few improvements. The new system will allow you to browse and filter program offerings, create a wishlist in advance, and improve wait times on registration nights.

Prepare for a smooth transition:

- Confirm your contact information is up to date by checking your online account or speaking with customer service staff next time you're in the facility.
- Subscribe to the [DiscoverRec e-newsletter](#). You'll receive instructions when it's time to create or access your new account.

Preschool

Schedules and fees may be subject to change. Fees include HST. Each barcode is linked directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration! Instructional programs are advertised in the language in which they are offered.

Frosty Blades

Get acquainted with the ice, standing and shuffling. An adult on skates with some skating experience must accompany the toddler for each lesson. A CSA-certified hockey helmet is required for all skaters, including the adult. A full cage is highly recommended.

Bernard Grandmaitre – 613-580-2854

2-4 years	Thu.	5-5:25 pm
Oct 13-Nov 24	\$49.25	1633410
Oct 13-Nov 24	\$49.25	1633411

Brewer Arena – 613-580-2596

2-4 years	Tue.	6-6:25 pm
Oct 11-Dec 6	\$49.25	1633386
2-4 years	Tue.	6:25-6:50 pm
Oct 11-Dec 6	\$49.25	1633388
2-4 years	Sat.	2-2:25 pm
Oct 15-Dec 10	\$49.25	1633393
2-4 years	Sat.	2:25-2:50 pm
Oct 15-Dec 10	\$49.25	1633394
2-4 years	Sat.	4-4:25 pm
Oct 15-Dec 10	\$49.25	1633397
2-4 years	Sat.	4:25-4:50 pm
Oct 15-Dec 10	\$49.25	1633400

CardelRec (Goulbourn) – 613-580-2532

2-4 years	Tue.	4:15-4:40 pm
Oct 4-Oct 25	\$22	1630872
Nov 1-Dec 13	\$38.50	1630910
2-4 years	Tue.	5:15-5:40 pm
Oct 4-Oct 25	\$22	1630905
Nov 1-Dec 13	\$38.50	1630915

J. A. Dulude Arena – 613-580-2596

2-4 years	Sat.	11-11:25 am
Oct 15-Dec 10	\$49.25	1633403
2-4 years	Sat.	11:25-11:50 am
Oct 15-Dec 10	\$49.25	1633404

Jack Charron Arena – 613-580-2854

2-4 years	Wed.	4-4:25 pm
Oct 12-Dec 7	\$49.25	1633406
2-4 years	Wed.	4:25-4:50 pm
Oct 12-Dec 7	\$49.25	1633408

Metcalfe – 613-580-2424 ext. 30235

2-4 years	Wed.	11-11:25 am
Oct 12-Nov 30	\$44	1633143

Nepean Sportsplex – 613-580-2828

2-4 years	Thu.	10-10:25 am
Sep 29-Dec 8	\$60.25	1634213
2-4 years	Sat.	9:15-9:40 am
Oct 1-Dec 3	\$44	1634210
2-4 years	Sat.	9:40-10:05 am
Oct 1-Dec 3	\$44	1634211
2-4 years	Sat.	11:15-11:40 am
Oct 1-Dec 3	\$44	1634212

Pinecrest – 613-580-2596

2-4 years	Tue.	5-5:25 pm
Oct 11-Dec 6	\$49.25	1634872
2-4 years	Tue.	5:25-5:50 pm
Oct 11-Dec 6	\$49.25	1634873
2-4 years	Thu.	5-5:25 pm
Oct 13-Dec 8	\$49.25	1634875
2-4 years	Thu.	5:25-5:50 pm
Oct 13-Dec 8	\$49.25	1634874
2-4 years	Sun.	12-12:25 pm
Oct 15-Dec 10	\$49.25	1633414
2-4 years	Sat.	1:25-1:50 pm
Oct 15-Dec 10	\$49.25	1633415

Ray Friel – 613-580-4765

2-4 years	Sat.	9-9:25 am
Sep 10-Oct 29	\$38.50	1634034
Nov 5-Dec 17	\$38.50	1634073
2-4 years	Sat.	9:25-9:50 am
Sep 10-Oct 29	\$38.50	1634035
Nov 5-Dec 17	\$38.50	1634074
2-4 years	Sat.	10-10:25 am
Sep 10-Oct 29	\$38.50	1634036
Nov 5-Dec 17	\$38.50	1634075
2-4 years	Sat.	10:25-10:50 am
Sep 10-Oct 29	\$38.50	1634037
Nov 5-Dec 17	\$38.50	1634077
2-4 years	Tue.	4-4:25 pm
Sep 13-Oct 25	\$38.50	1633895
Nov 1-Dec 13	\$38.50	1633928
2-4 years	Tue.	5-5:25 pm
Sep 13-Oct 25	\$38.50	1633897
Nov 1-Dec 13	\$38.50	1633929
2-4 years	Tue.	6-6:25 pm
Sep 13-Oct 25	\$38.50	1633898
Nov 1-Dec 13	\$38.50	1633930

Sandy Hill Arena – 613-580-2596

2-4 years	Sun.	12-12:25 pm
Oct 16-Dec 11	\$49.25	1633114
2-4 years	Sun.	12:25-12:50 pm
Oct 16-Dec 11	\$49.25	1633119

St-Laurent Complex – 613-742-6767

2-4 years	Wed.	4-4:25 pm
Sep 21-Nov 16	\$49.25	1633611
2-4 years	Sat.	10:25-10:50 am
Sep 17-Nov 19	\$49.25	1633608
2-4 years	Sat.	11:25-11:50 am
Sep 17-Nov 19	\$49.25	1633609

Preschool

Tom Brown – 613-798-8885

2-4 years	Mon.	6-6:25 pm
Oct 17-Dec 12	\$49.25	1634876
2-4 years	Mon.	6:25-6:50 pm
Oct 17-Dec 12	\$49.25	1634877
2-4 years	Sat.	8-8:25 am
Oct 15-Dec 10	\$49.25	1634878
2-4 years	Sat.	8:25-8:50 am
Oct 15-Dec 10	\$49.25	1634880

Just You and Me

Learn to skate for the non-skater. An adult on skates with some skating experience must accompany the child for the first 3 weeks. A CSA-certified hockey helmet is required for all skaters, including the adult. Full cage is highly recommended.

Bernard Grandmaitre – 613-580-2854

3-4 years	Thu.	5-5:50 pm
Oct 13-Nov 24	\$49.25	1633493

Brewer Arena – 613-580-2596

3-4 years	Tue.	6-6:50 pm
Oct 11-Dec 6	\$98.50	1633458
3-4 years	Sat.	2-2:50 pm
Oct 15-Dec 10	\$98.50	1633460
3-4 years	Sat.	4-4:50 pm
Oct 15-Dec 10	\$98.50	1633463

CardelRec (Goulbourn) – 613-580-2532

3-6 years	Tue.	4:15-5:05 pm
Oct 4-Oct 25	\$44	1631050
Nov 1-Dec 13	\$76.75	1631055
3-6 years	Tue.	5:15-6:05 pm
Oct 4-Oct 25	\$44	1631051
Nov 1-Dec 13	\$76.75	1631052

J. A. Dulude Arena – 613-580-2596

3-4 years	Sat.	11-11:50 am
Oct 15-Dec 10	\$98.50	1633472

Jack Charron Arena – 613-580-2854

3-4 years	Wed.	4-4:50 pm
Oct 12-Dec 7	\$98.50	1633475

Minto-Barrhaven – 613-727-2683

3-6 years	Mon.	4-4:50 pm
Sep 26-Dec 5	\$109.50	1631582
3-6 years	Wed.	4-4:50 pm
Sep 28-Dec 7	\$120.50	1631721
3-6 years	Wed.	5-5:50 pm
Sep 28-Dec 7	\$120.50	1631745

Nepean Sportsplex – 613-580-2828

3-4 years	Sat.	9:15-10:05 am
Oct 1-Dec 3	\$87.75	1634209

Pinecrest – 613-580-2596

3-4 years	Tue.	5-5:50 pm
Oct 11-Dec 6	\$98.50	1634904
3-4 years	Sun.	12-12:50 pm
Oct 16-Dec 11	\$98.50	1633508

St-Laurent Complex – 613-742-6767

3-6 years	Wed.	4-4:50 pm
Sep 21-Nov 16	\$98.50	1633642
3-6 years	Sat.	9-9:50 am
Sep 17-Nov 19	\$98.50	1633638

Tom Brown Arena - 613-798-8885

3-4 years	Mon.	6-6:50 pm
Oct 17-Dec 12	\$98.50	1634905

Kindergliders

Learn to skate program for children with limited skating experience. Work through 5 levels and receive a badge based on ability. Learn forward skating and stopping skills. A CSA-certified hockey helmet is required for all skaters. A full cage is highly recommended.

Bernard Grandmaitre – 613-580-2854

4-5 years	Thu.	5-5:50 pm
Oct 13-Nov 24	\$98.50	1634406

Brewer Arena – 613-580-2596

4-5 years	Tue.	6-6:50 pm
Oct 11-Dec 6	\$98.50	1634399
4-5 years	Sat.	2-2:50 pm
Oct 15-Dec 10	\$98.50	1634401
4-5 years	Sat.	4-4:50 pm
Oct 15-Dec 10	\$98.50	1634402

CardelRec (Goulbourn) – 613-580-2532

4-5 years	Tue.	4:15-5:05 pm
Oct 4-Oct 25	\$44	1630963
Nov 1-Dec 13	\$76.75	1630970
4-5 years	Tue.	5:15-6:05 pm
Oct 4-Oct 25	\$44	1630966
Nov 1-Dec 13	\$76.75	1631016

J. A. Dulude Arena – 613-580-2596

4-5 years	Sat.	11-11:50 am
Oct 15-Dec 10	\$98.50	1634403

Jack Charron Arena – 613-580-2854

4-5 years	Wed.	4-4:50 pm
Oct 12-Dec 7	\$98.50	1634405

Jim Durrell – 613-580-2596

4-5 years	Wed.	4:30-5:20 pm
Oct 12-Dec 7	\$98.50	1634406

McNabb – 613-564-1070

4-5 years	Mon.	5-5:50 pm
Oct 17-Dec 12	\$98.50	1635575
4-5 years	Sat.	2-2:50 pm
Oct 15-Dec 10	\$98.50	1635581

Minto-Barrhaven – 613-727-2683

4-5 years	Mon.	4-4:50 pm
Sep 26-Dec 5	\$109.50	1631584
4-5 years	Mon.	5-5:50 pm
Sep 26-Dec 5	\$109.50	1631608
4-5 years	Mon.	6-6:50 pm
Sep 26-Dec 5	\$109.50	1631627
4-5 years	Wed.	4-4:50 pm
Sep 28-Dec 7	\$120.50	1631722
4-5 years	Wed.	5-5:50 pm
Sep 28-Dec 7	\$120.50	1631749
4-5 years	Wed.	6-6:50 pm
Sep 28-Dec 7	\$120.50	1631761

Nepean Sportsplex – 613-580-2828

4-5 years	Sat.	9:15-10:05 am
Oct 1-Dec 3	\$87.75	1634206
4-5 years	Sat.	10:15-11:05 am
Oct 1-Dec 3	\$87.75	1634207
4-5 years	Sat.	11:15 am-12:05 pm
Oct 1-Dec 3	\$87.75	1634208

Preschool

Pinecrest – 613-580-2596

4-5 years	Tue.	5-5:50 pm
Oct 11-Dec 6	\$98.50	1634883
4-5 years	Sun.	12-12:50 pm
Oct 16-Dec 11	\$98.50	1633525
4-5 years	Sat.	3-3:50 pm
Oct 15-Dec 10	\$98.50	1634407

Ray Friel – 613-580-4765

4-5 years	Sat.	9-9:50 am
Sep 10-Oct 29	\$76.75	1634042
Nov 5-Dec 17	\$76.75	1634068
4-5 years	Tue.	4-4:50 pm
Sep 13-Oct 25	\$76.75	1633907
Nov 1-Dec 13	\$76.75	1633925
4-5 years	Tue.	5-5:50 pm
Sep 13-Oct 25	\$76.75	1633909
Nov 1-Dec 13	\$76.75	1633926

Sandy Hill Arena – 613-580-2596

4-5 years	Sun.	2-2:50 pm
Oct 16-Dec 11	\$98.50	1633530

St-Laurent Complex – 613-742-6767

4-5 years	Sat.	9-9:50 am
Sep 17-Nov 19	\$98.50	1633675
4-5 years	Sat.	10-10:50 am
Sep 17-Nov 19	\$98.50	1633676
4-5 years	Sat.	12-12:50 pm
Sep 17-Nov 19	\$98.50	1633677
4-5 years	Wed.	5-5:50 pm
Sep 21-Nov 16	\$98.50	1633678

Tom Brown – 613-798-8885

4-5 years	Mon.	6-6:50 pm
Oct 17-Dec 12	\$98.50	1634884

Kindergliders – Low ratio

Learn to skate program for children with limited skating experience. Work through 5 levels and receive a badge based on ability. Learn forward skating and stopping skills. A CSA certified hockey helmet is required for all skaters. A full cage is highly recommended. Due to Covid-19 all children must be able to skate independently to register in this program. Ratio of 1:5.

Ray Friel – 613-580-4765

4-5 years	Thu.	4-4:50 pm
Sep 15-Oct 27	\$165.75	1633986
Nov 3-Dec 15	\$165.75	1633987

Snow Gliders

Learn to skate for children who are new to ice. Children should be comfortable without parental involvement. A CSA certified hockey helmet is required for all skaters. A full cage is highly recommended.

Bernard Grandmaitre – 613-580-2854

4-5 years	Thu.	5:30-5:55 pm
Oct 13-Nov 24	\$49.25	1634480
4-5 years	Thu.	5:55-6:20 pm
Oct 13-Nov 24	\$49.25	1634481

Brewer Arena – 613-580-2596

4-5 years	Sat.	3-3:25 pm
Oct 15-Dec 10	\$49.25	1634449
4-5 years	Sat.	3:25-3:50
Oct 15-Dec 10	\$49.25	1634451

CardelRec (Goulbourn) – 613-580-2532

4-5 years	Tue.	4:40-5:05 pm
Oct 4-Oct 25	\$22	1630951
Nov 1-Dec 13	\$38.50	1630956
4-5 years	Tue.	5:40-6:05 pm
Oct 4-Oct 25	\$22	1630953
Nov 1-Dec 13	\$38.50	1630958

J. A. Dulude – 613-580-2596

4-5 years	Sat.	12-12:25 pm
Oct 15-Dec 10	\$49.25	1634453
4-5 years	Sat.	12:25-12:50
Oct 15-Dec 10	\$49.25	1634454

McNabb – 613-564-1070

4-5 years	Sat.	4-4:25 pm
Oct 15-Dec 10	\$49.25	1635586
4-5 years	Sat.	4:25-4:50 pm
Oct 15-Dec 10	\$49.25	1635587

Nepean Sportsplex – 613-580-2828

4-5 years	Thu.	10:25-10:40 am
Sep 29-Dec 8	\$60.25	1634219
4-5 years	Sat.	10:15-10:40 am
Oct 1-Dec 3	\$44	1634215
4-5 years	Sat.	10:40-11:05 am
Oct 1-Dec 3	\$44	1634216
4-5 years	Sat.	11:40 am-12:05 pm
Oct 1-Dec 3	\$44	1634217

Pinecrest – 613-580-2596

4-5 years	Thu.	5-5:25 pm
Oct 13-Dec 8	\$49.25	1634897
4-5 years	Thu.	5:25-5:50 pm
Oct 13-Dec 8	\$49.25	1634898
4-5 years	Sat.	1-1:25 pm
Oct 15-Dec 10	\$49.25	1634457
4-5 years	Sat.	1:25-1:50 pm
Oct 15-Dec 10	\$49.25	1634459

Ray Friel – 613-580-4765

4-5 years	Sat.	9-9:25 am
Sep 10-Oct 29	\$38.50	1634038
Nov 5-Dec 17	\$38.50	1634086
4-5 years	Sat.	9:25-9:50 am
Sep 10-Oct 29	\$38.50	1634039
Nov 5-Dec 17	\$38.50	1634088
4-5 years	Sat.	10-10:25 am
Sep 10-Oct 29	\$38.50	1634040
Nov 5-Dec 17	\$38.50	1634089
4-5 years	Tue.	5:25-5:50 pm
Sep 13-Oct 25	\$38.50	1633904
Nov 1-Dec 13	\$38.50	1633931
4-5 years	Tue.	6:25-6:50 pm
Sep 13-Oct 25	\$38.50	1633905
Nov 1-Dec 13	\$38.50	1633932

Preschool

Sandy Hill Arena – 613-580-2596

4-5 years	Sun.	12-12:25 pm
Oct 16-Dec 11	\$49.25	1633177
4-5 years	Sun.	12:25-12:50 pm
Oct 16-Dec 11	\$49.25	1633179

St-Laurent Complex – 613-742-6767

4-5 years	Sat.	10-10:25 am
Sep 17-Nov 19	\$49.25	1633616
4-5 years	Sat.	11-11:25 am
Sep 17-Nov 19	\$49.25	1633617
4-5 years	Wed.	4:25-4:50 pm
Sep 21-Nov 16	\$49.25	1633621

Tom Brown – 613-798-8885

4-5 years	Sat.	8-8:25 am
Oct 15-Dec 10	\$49.25	1634946
4-5 years	Sat.	8:25-8:50 am
Oct 15-Dec 10	\$49.25	1634947

Children

Beginner

Learn to skate for teens who can skate forward and beyond. Skills include backward skating, one-foot gliding and two-foot turns. A CSA-certified hockey helmet is required for all skaters. A full cage is highly recommended.

Bernard Grandmaitre – 613-580-2854

13-14 years	Thu.	6:30-7:20 pm
Oct 13-Nov 24	\$98.50	1634463

Brewer Arena – 613-580-2596

13-14 years	Sat.	6-6:50 pm
Oct 15-Dec 10	\$98.50	1634460

Jack Charron Arena – 613-580-2854

13-14 years	Wed.	6-6:50 pm
Oct 12-Dec 7	\$98.50	1634462

Minto-Barrhaven – 613-727-2683

13-14 years	Mon.	7-7:50 pm
Sep 26-Dec 5	\$109.50	1631679
13-14 years	Wed.	7-7:50 pm
Sep 28-Dec 7	\$120.50	1631806

Pinecrest – 613-580-2596

13-14 years	Sat.	4-4:50 pm
Oct 15-Dec 10	\$98.50	1633092

Intro to Ice

A learn to skate program for teens who are new to ice or have limited skating experience. Learn how to fall and get up safely, skate forward and stop. A CSA certified hockey helmet is required for all skaters. A full cage is highly recommended.

Nepean Sportsplex – 613-580-2828

13-14 years	Sat.	11:15 am-12:05 pm
Oct 1-Dec 3	\$87.75	1634220

St-Laurent Complex – 613-742-6767

13-14 years	Wed.	5-5:50 pm
Sep 21-Nov 16	\$98.50	1633756

Junior Gliders

For children who can skate forward and beyond. Levels 1 – 5. Skills may include backwards skating, one foot gliding, and two foot turns. A CSA certified hockey helmet is required for all skaters. A full cage is highly recommended.

Bernard Grandmaitre – 613-580-2854

6-12 years	Thu.	5-5:50 pm
Oct 13-Nov 24	\$98.50	1634426
6-12 years	Thu.	5:30-6:20 pm
Oct 13-Nov 24	\$98.50	1634427

Brewer Arena – 613-580-2596

6-12 years	Tue.	7-7:50 pm
Oct 11-Dec 6	\$98.50	1634419
6-12 years	Sat.	3-3:50 pm
Oct 15-Dec 10	\$98.50	1634420
6-12 years	Sat.	4-4:50 pm
Oct 15-Dec 10	\$98.50	1634421
6-12 years	Sat.	5-5:50 pm
Oct 15-Dec 10	\$98.50	1634422

CardelRec (Goulbourn) – 613-580-2532

6-10 years	Tue.	4:15-5:05 pm
Oct 4-Oct 25	\$44	1631024
Nov 1-Dec 13	\$76.75	1631028
6-10 years	Tue.	5:15-6:05 pm
Oct 4-Oct 25	\$44	1631027
Nov 1-Dec 13	\$76.75	1631030

J. A. Dulude Arena – 613-580-2596

6-12 years	Sat.	12-12:50 pm
Oct 15-Dec 10	\$98.50	1634423

Jack Charron Arena – 613-580-2854

6-12 years	Wed.	4-4:50 pm
Oct 12-Dec 7	\$98.50	1634424
6-12 years	Wed.	5-5:50 pm
Oct 12-Dec 7	\$98.50	1634425

McNabb – 613-564-1070

6-12 years	Mon.	5-5:50 pm
Oct 17-Dec 12	\$98.50	1635574
6-12 years	Sat.	2-2:50 pm
Oct 15-Dec 10	\$98.50	1635580
6-12 years	Sat.	4-4:50 pm
Oct 15-Dec 10	\$98.50	1635588

Minto-Barrhaven – 613-727-2683

6-12 years	Mon.	4-4:50 pm
Sep 26-Dec 5	\$109.50	1631586
6-12 years	Mon.	5-5:50 pm
Sep 26-Dec 5	\$109.50	1631614
6-12 years	Mon.	6-6:50 pm
Sep 26-Dec 5	\$109.50	1631628
6-12 years	Mon.	7-7:50 pm
Sep 26-Dec 5	\$109.50	1631672
6-12 years	Wed.	4-4:50 pm
Sep 28-Dec 7	\$120.50	1631725
6-12 years	Wed.	5-5:50 pm
Sep 28-Dec 7	\$120.50	1631750
6-12 years	Wed.	6-6:50 pm
Sep 28-Dec 7	\$120.50	1631763
6-12 years	Wed.	7-7:50 pm
Sep 28-Dec 7	\$120.50	1631773

Nepean Sportsplex – 613-580-2828

6-12 years	Sat.	9:15-10:05 am
Oct 1-Dec 3	\$87.75	1634197
6-12 years	Sat.	10:15-11:05 am
Oct 1-Dec 3	\$87.75	1634198
6-12 years	Sat.	11:15 am-12:05 pm
Oct 1-Dec 3	\$87.75	1634199

Children

Pinecrest – 613-580-2596

6-12 years	Tue.	6-6:50 pm
Oct 11-Dec 6	\$98.50	1634890
6-12 years	Thu.	5-5:50 pm
Oct 13-Dec 8	\$98.50	1634892
6-12 years	Thu.	6-6:50 pm
Oct 13-Dec 8	\$98.50	1634893
6-12 years	Sun.	1-1:50 pm
Oct 16-Dec 11	\$98.50	1633553
6-12 years	Sat.	2-2:50 pm
Oct 15-Dec 10	\$98.50	1634429

Ray Friel – 613-580-4765

6-12 years	Tue.	5-5:50 pm
Sep 13-Oct 25	\$76.75	1633914
Nov 1-Dec 13	\$76.75	1633919
6-12 years	Tue.	6-6:50 pm
Sep 13-Oct 25	\$76.75	1633915
Nov 1-Dec 13	\$76.75	1633920
6-12 years	Sat.	10-10:50 am
Sep 10-Oct 29	\$76.75	1634055
Nov 5-Dec 17	\$76.75	1634063
6-12 years	Sat.	11-11:50 am
Sep 10-Oct 29	\$76.75	1634056
Nov 5-Dec 17	\$76.75	1634064

Sandy Hill Arena – 613-580-2596

6-12 years	Sun.	1-1:50 pm
Oct 16-Dec 11	\$98.50	1633557

St-Laurent Complex – 613-742-6767

6-12 years	Wed.	4-4:50 pm
Sep 21-Nov 16	\$98.50	1633685
6-12 years	Wed.	6-6:50 pm
Sep 21-Nov 16	\$98.50	1633686
6-12 years	Sat.	9-9:50 am
Sep 17-Nov 19	\$98.50	1633682
6-12 years	Sat.	10-10:50 am
Sep 17-Nov 19	\$98.50	1633683
6-12 years	Sat.	12-12:50 pm
Sep 17-Nov 19	\$98.50	1633684

Tom Brown – 613-798-8885

6-12 years	Mon.	7-7:50 pm
Oct 17-Dec 12	\$98.50	1634902
6-12 years	Sat.	8-8:50 am
Oct 15-Dec 10	\$98.50	1634945
6-12 years	Sat.	9-9:50 am
Oct 15-Dec 10	\$98.50	1634901

Junior Gliders – Low ratio

For children who can skate forward and beyond. Levels 1 – 5. Skills may include backwards skating, one-foot gliding, and two-foot turns. A CSA-certified hockey helmet is required for all skaters. A full cage is highly recommended. Ratio of 1:5.

Ray Friel – 613-580-4765

6-12 years	Thu.	4-4:50 pm
Sep 15-Oct 27	\$165.75	1633996
Nov 3-Dec 15	\$165.75	1634001
6-12 years	Thu.	5-5:50 pm
Sep 15-Oct 27	\$165.75	1633998
Nov 3-Dec 15	\$165.75	1634000

Junior Intro to Ice

Learn to skate for children who are new to ice or have limited skating experience. Learn correct forward skating and stopping skills. A CSA-certified hockey helmet is required for all skaters. A full cage is highly recommended.

Bernard Grandmaitre – 613-580-2854

6-12 years	Thu.	5:30-6:20 pm
Oct 13-Nov 24	\$98.50	1634416

Brewer Arena – 613-580-2596

6-12 years	Tue.	6-6:50 pm
Oct 11-Dec 6	\$98.50	1634408
6-12 years	Sat.	2-2:50 pm
Oct 15-Dec 10	\$98.50	1634409
6-12 years	Sat.	3-3:50 pm
Oct 15-Dec 10	\$98.50	1634411
6-12 years	Sat.	5-5:50 pm
Oct 15-Dec 10	\$98.50	1634412

CardelRec (Goulbourn) – 613-580-2532

6-10 years	Tue.	4:15-5:05 pm
Oct 4-Oct 25	\$44	1631033
Nov 1-Dec 13	\$76.75	1631039
6-10 years	Tue.	5:15-6:05 pm
Oct 4-Oct 25	\$44	1631035
Nov 1-Dec 13	\$76.75	1631042

J. A. Dulude Arena – 613-580-2596

6-12 years	Sat.	11-11:50 am
Oct 15-Dec 10	\$98.50	1634413
6-12 years	Sat.	12-12:50 pm
Oct 15-Dec 10	\$98.50	1634414

Jack Charron Arena – 613-580-2854

6-12 years	Wed.	5-5:50 pm
Oct 12-Dec 7	\$98.50	1634415

McNabb – 613-564-1070

6-12 years	Mon.	5-5:50 pm
Oct 17-Dec 12	\$98.50	1635576
6-12 years	Mon.	6-6:50 pm
Oct 17-Dec 12	\$98.50	1635579
6-12 years	Sat.	2-2:50 pm
Oct 15-Dec 10	\$98.50	1635582
6-12 years	Sat.	3-3:50 pm
Oct 15-Dec 10	\$98.50	1635585

Nepean Sportsplex – 613-580-2828

6-12 years	Sat.	10:15-11:05 am
Oct 1-Dec 3	\$87.75	1634214
6-12 years	Sat.	11:15 am-12:05 pm
Oct 1-Dec 3	\$87.75	1634222

Pinecrest – 613-580-2596

6-12 years	Tue.	5-5:50 pm
Oct 11-Dec 6	\$98.50	1634885
6-12 years	Thu.	6-6:50 pm
Oct 13-Dec 8	\$98.50	1634886
6-12 years	Sat.	1-1:50 pm
Oct 15-Dec 10	\$98.50	1634417
6-12 years	Sat.	2-2:50 pm
Oct 15-Dec 10	\$98.50	1634418
6-12 years	Sun.	12-12:50 pm
Oct 16-Dec 11	\$98.50	1633148

Children

Ray Friel – 613-580-4765

6-10 years	Tue.	5-5:50 pm
Sep 13-Oct 25	\$76.75	1633911
Nov 1-Dec 13	\$76.75	1633922
6-10 years	Tue.	6-6:50 pm
Sep 13-Oct 25	\$76.75	1633912
Nov 1-Dec 13	\$76.75	1633923
6-10 years	Sat.	10-10:50 am
Sep 10-Oct 29	\$76.75	1634059
Nov 5-Dec 17	\$76.75	1634066
6-10 years	Sat.	11-11:50 am
Sep 10-Oct 29	\$76.75	1634060
Nov 5-Dec 17	\$76.75	1634067

Sandy Hill Arena – 613-580-2424

6-12 years	Sun.	12-12:50 pm
Oct 16-Dec 11	\$98.50	1633157
6-12 years	Sun.	1-1:50 pm
Oct 16-Dec 11	\$98.50	1633162

St-Laurent Complex – 613-742-6767

6-12 years	Wed.	5-5:50 pm
Sep 21-Nov 16	\$98.50	1633748
6-12 years	Wed.	6-6:50 pm
Sep 21-Nov 16	\$98.50	1633752
6-12 years	Sat.	11-11:50 am
Sep 17-Nov 19	\$98.50	1633744

Tom Brown – 613-798-8885

6-12 years	Mon.	6-6:50 pm
Oct 17-Dec 12	\$98.50	1634887
6-12 years	Sat.	9-9:50 am
Oct 15-Dec 10	\$98.50	1634888

Junior Intro to Ice – Low ratio

Learn to skate for children who are new to ice or have limited skating experience. Learn correct forward skating and stopping skills. A CSA-certified hockey helmet is required for all skaters. A full cage is highly recommended. Ratio of 1:5.

Ray Friel – 613-580-4765

6-10 years	Thu.	5-5:50 pm
Sep 15-Oct 27	\$165.75	1633991
Nov 3-Dec 15	\$165.75	1633992

Tom Brown – 613-798-8885

6-12 years	Mon.	6-6:50 pm
Oct 17-Dec 12	\$98.50	1634887
6-12 years	Sat.	9-9:50 am
Oct 15-Dec 10	\$98.50	1634888

Senior Gliders

For skaters that have passed all the 5 levels of the Junior Gliders program. Skills may include backwards crosscuts, one-foot turns and waltz jumps. A CSA-certified hockey helmet is required for all skaters. A full cage is highly recommended.

Brewer Arena – 613-580-2596

8-12 years	Sat.	5-5:50 pm
Oct 15-Dec 10	\$98.50	1633205

Jack Charron Arena – 613-580-2854

8-12 years	Wed.	5-5:50 pm
Oct 12-Dec 7	\$98.50	1633207

Minto-Barrhaven – 613-727-2683

8-12 years	Mon.	6-6:50 pm
Sep 26-Dec 5	\$109.50	1631649
8-12 years	Mon.	7-7:50 pm
Sep 26-Dec 5	\$109.50	1631674
8-12 years	Wed.	6-6:50 pm
Sep 28-Dec 7	\$120.50	1631766
8-12 years	Wed.	7-7:50 pm
Sep 28-Dec 7	\$120.50	1632170

Nepean Sportsplex – 613-580-2828

8-14 years	Sat.	11:15 am-12:05 pm
Oct 1-Dec 3	\$87.75	1634223

Pinecrest – 613-580-2596

8-12 years	Tue.	6-6:50 pm
Oct 11-Dec 6	\$98.50	1634896
8-12 years	Sat.	3-3:50 pm
Oct 15-Dec 10	\$98.50	1633382

Ray Friel – 613-580-4765

8-12 years	Tue.	5-5:50 pm
Sep 13-Oct 25	\$76.75	1633917
Nov 1-Dec 13	\$76.75	1633918
8-12 years	Sat.	11-11:50 am
Sep 10-Oct 29	\$76.75	1634061
Nov 5-Dec 17	\$76.75	1634062

Sandy Hill Arena – 613-580-2596

8-12 years	Sun.	2-2:50 pm
Oct 16-Dec 11	\$98.50	1633201

St-Laurent Complex – 613-742-6767

8-12 years	Wed.	5-5:50 pm
Sep 21-Nov 16	\$98.50	1633737
8-12 years	Sat.	11-11:50 am
Sep 17-Nov 19	\$98.50	1633733

Tom Brown – 613-798-8885

8-12 years	Mon.	7-7:50 pm
Oct 17-Dec 12	\$98.50	1634903

Youth

Beginner

Learn to skate for teens who can skate forward and beyond. Skills include backward skating, one-foot gliding and two-foot turns. A CSA-certified hockey helmet is required for all skaters. A full cage is highly recommended.

Bernard Grandmaitre – 613-580-2854

15-17 years	Thu.	6:30-7:20 pm
Oct 13-Nov 24	\$111.25	1634468

Brewer Arena – 613-580-2596

15-17 years	Sat.	6-6:50 pm
Oct 15-Dec 10	\$111.25	1634465

Jack Charron Arena – 613-580-2854

15-17 years	Wed.	6-6:50 pm
Oct 12-Dec 7	\$111.25	1634466

Minto-Barrhaven – 613-727-2683

15-17 years	Mon.	7-7:50 pm
Sep 26-Dec 5	\$123.75	1631681
15-17 years	Wed.	7-7:50 pm
Sep 28-Dec 7	\$136	1631807

Pinecrest – 613-580-2596

15-17 years	Sat.	4-4:50 pm
Oct 15-Dec 10	\$111.25	1633096

Intro to Ice

A learn to skate program for teens who are new to ice or have limited skating experience. Learn how to fall and get up safely, skate forward and stop. A CSA certified hockey helmet is required for all skaters. A full cage is highly recommended.

Nepean Sportsplex – 613-580-2828

15-17 years	Sat.	11:15 am-12:05 pm
Oct 1-Dec 3	\$87.75	1634221

St-Laurent Complex – 613-742-6767

15-18 years	Wed.	5-5:50 pm
Sep 21-Nov 16	\$111.25	1633761

Adult

Beginner

For adults who can skate forward and beyond. Skills include backward skating, one-foot gliding and two-foot turns. A CSA-certified hockey helmet is required.

Bernard Grandmaitre – 613-580-2854

18+ years Thu. 6:30-7:20 pm
Oct 13-Nov 24 \$120.50 [1634447](#)

Brewer Arena – 613-580-2596

18+ years Tue. 7-7:50 pm
Oct 11-Dec 6 \$120.50 [1634441](#)
18+ years Sat. 6-6:50 pm
Oct 15-Dec 10 \$120.50 [1634444](#)

Jack Charron Arena – 613-580-2854

18+ years Wed. 6-6:50 pm
Oct 12-Dec 7 \$120.50 [1634445](#)

McNabb – 613-564-1070

18+ years Mon. 6-6:50 pm
Oct 17-Dec 12 \$120.50 [1635578](#)
18+ years Sat. 3-3:50 pm
Oct 15-Dec 10 \$120.50 [1635584](#)

Minto-Barrhaven – 613-727-2683

18+ years Mon. 11-11:50 am
Sep 26-Dec 5 \$133.75 [1631545](#)
18+ years Mon. 7-7:50 pm
Sep 26-Dec 5 \$133.75 [1631687](#)
18+ years Wed. 7-7:50 pm
Sep 28-Dec 7 \$147.25 [1631814](#)

Nepean Sportsplex – 613-580-2828

18+ years Thu. 11-11:50 am
Sep 29-Dec 8 \$147.25 [1634227](#)

Pinecrest – 613-580-2596

18+ years Sun. 1-1:50 pm
Oct 16-Dec 11 \$120.50 [1633068](#)
18+ years Sat. 4-4:50 pm
Oct 15-Dec 10 \$120.50 [1633060](#)

St-Laurent Complex – 613-742-6767

18+ years Wed. 6-6:50 pm
Sep 21-Nov 16 \$120.50 [1633798](#)
18+ years Sat. 11-11:50 am
Sep 17-Nov 19 \$120.50 [1633797](#)

Tom Brown – 613-798-8885

18+ years Sat. 9-9:50 am
Oct 15-Dec 10 \$120.50 [1634900](#)

Intermediate

For skaters who have mastered the basic skills. Emphasis placed on increased technical skills (e.g., forward crosscuts, backward crosscuts and one-foot turns). A CSA-certified hockey helmet is required for all skaters.

Bernard Grandmaitre – 613-580-2854

18+ years Thu. 6:30-7:20 pm
Oct 13-Nov 24 \$120.50 [1634477](#)

Jack Charron Arena – 613-580-2854

18+ years Wed. 6-6:50 pm
Oct 12-Dec 7 \$120.50 [1634475](#)

Pinecrest – 613-580-2596

18+ years Sat. 4-4:50 pm
Oct 15-Dec 10 \$120.50 [1633086](#)

St-Laurent Complex – 613-742-6767

18+ years Wed. 6-6:50 pm
Sep 21-Nov 16 \$120.50 [1633801](#)

Intro to Ice

A learn to skate program for adults who are new to ice or have limited skating experience. Learn how to fall and get up safely, skate forward and stop. A CSA-certified hockey helmet is required for all skaters.

Bernard Grandmaitre – 613-580-2854

18+ years Thu. 6:30-7:20 pm
Oct 13-Nov 24 \$120.50 [1634438](#)

Brewer Arena – 613-580-2596

18+ years Tue. 7-7:50 pm
Oct 11-Dec 6 \$120.50 [1634432](#)
18+ years Sat. 6-6:50 pm
Oct 15-Dec 10 \$120.50 [1634434](#)

Jack Charron Arena – 613-580-2854

18+ years Wed. 6-6:50 pm
Oct 12-Dec 7 \$120.50 [1634436](#)

McNabb – 613-564-1070

18+ years Mon. 6-6:50 pm
Oct 17-Dec 12 \$120.50 [1635577](#)
18+ years Sat. 3-3:50 pm
Oct 15-Dec 10 \$120.50 [1635583](#)

Nepean Sportsplex – 613-580-2828

18+ years Thu. 11-11:50 am
Sep 29-Dec 8 \$147.25 [1634226](#)

Pinecrest – 613-580-2596

18+ years Tue. 6-6:50 pm
Oct 11-Dec 6 \$120.50 [1634894](#)
18+ years Sun. 1-1:50 pm
Oct 16-Dec 11 \$120.50 [1633072](#)
18+ years Sat. 4-4:50 pm
Oct 15-Dec 10 \$120.50 [1633034](#)

St-Laurent Complex – 613-742-6767

18+ years Wed. 5-5:50 pm
Sep 21-Nov 16 \$120.50 [1633788](#)
18+ years Sat. 12-12:50 pm
Sep 17-Nov 19 \$120.50 [1633787](#)

Tom Brown – 613-798-8885

18+ years Mon. 7-7:50 pm
Oct 17-Dec 12 \$120.50 [1634895](#)