



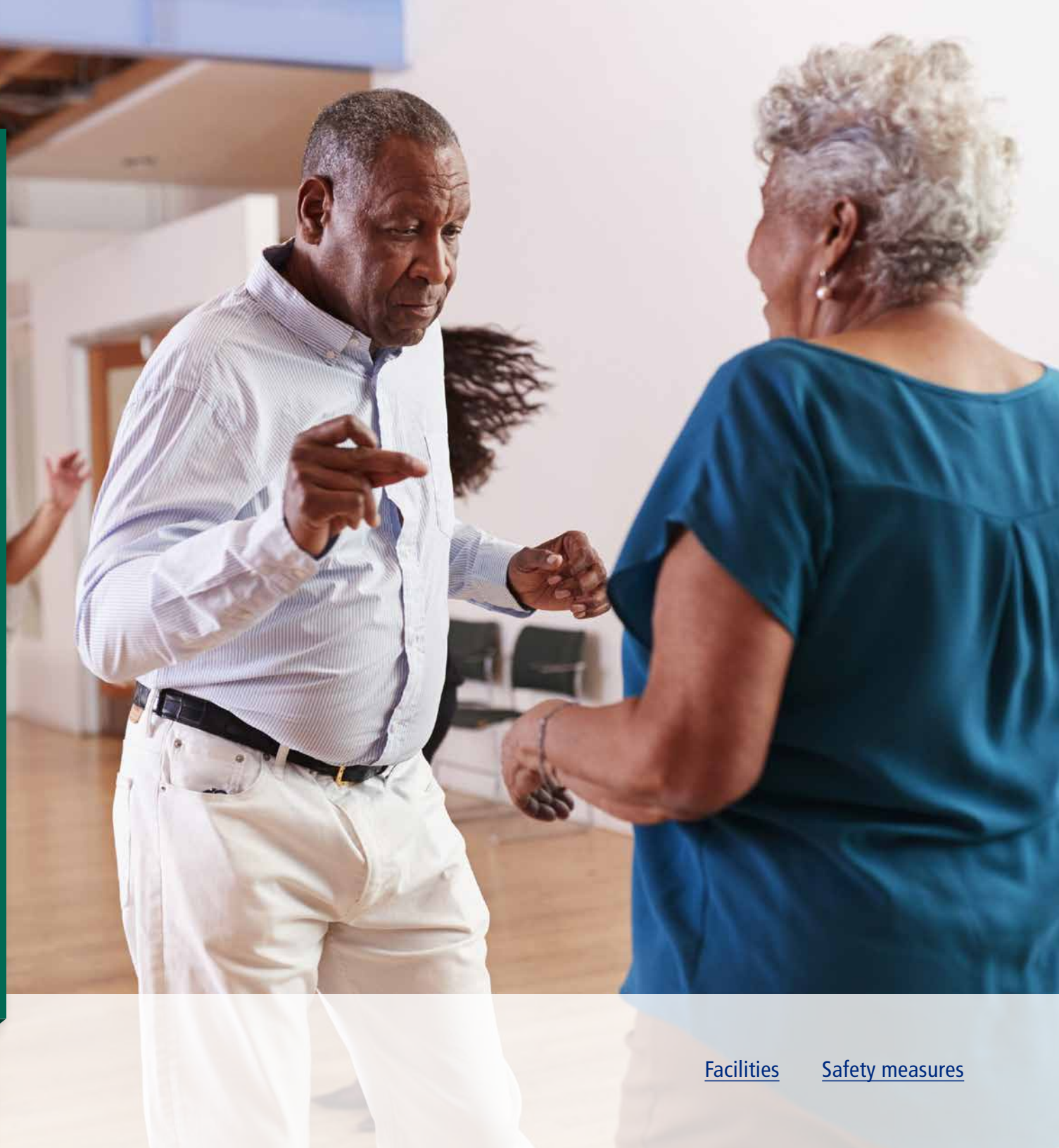
Spring
2022

Arts Centres

Recreation eGuide

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Arts Centres

Nepean Creative Arts Centre, Nepean Visual Arts Centre and Shenkman Arts Centre are destinations for specialized arts programming. Creative surroundings, purpose built studios and expert instructors combine to deliver inspirational programs and creative, dynamic experiences.

French programs at Shenkman Arts Centre can be found in Mon Cyberguide francophone des loisirs.



Nepean Visual Arts Centre

613-580-2828
1701 Woodroffe Avenue
(Entrance 3, Nepean Sportsplex)

Nepean Creative Arts Centre

613-596-5783
35 Stafford Road,
Bells Corners



Shenkman Arts Centre

613-580-2787
245 Centrum Boulevard, Orléans

“Creative surroundings, purpose-built studios and expert instructors combine to deliver inspirational programs and creative, dynamic, experiences”.

Preschool

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Shenkman Arts – 613-580-2787

3-4 years	Sun.	9:30-10:15 am
Apr 3-Jun 5	\$60.75	1611058
3-4 years	Sat.	9-9:45 am
Apr 2-Jun 4	\$60.75	1611045

Creative Movement – With Parent

For our youngest students, this provides a fun, casual approach to practicing basic and fine motor skills, and a cooperative introduction to the elements of dance and space.

Shenkman Arts – 613-580-2787

2-3 years	Sun.	9-9:30 am
Apr 3-Jun 5	\$25.50	1611115

Children

Dance

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility, and coordination. Learn choreography from both dance styles.

Shenkman Arts – 613-580-2787

5-6 years	Sun.	10:15-11 am
Apr 3-May 22	\$60.75	1611116
5-6 years	Sat.	9:45-10:30 am
Apr 2-Jun 4	\$60.75	1611063

Contemporary Hip Hop Combo

Blending the modern dance techniques of suspension, release and emotion, with Hip Hop's rhythms of the street, leads to innovative choreographed routines in a class led by an expert instructor. No experience required.

Nepean Creative Arts – 613-596-5783

7-10 years	Sat.	11:45 am-12:30 pm
Mar 26-Jun 4	\$76	1615845

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Nepean Creative Arts – 613-596-5783

6-9 years	Sat.	10:55-11:40 am
Mar 26-Jun 4	\$60.75	1615841

Hip Hop – Level 1

Hip hop, with its roots in urban dance, gets you moving to funky, up-beat tunes. Work on strength, flexibility and musicality through intricate and fast paced choreography. Create dynamic, stylish moves just like in the latest music videos.

Nepean Creative Arts – 613-596-5783

7-11 years	Thu.	6:15-7:15 pm
Mar 31-Jun 2	\$112.50	1614601

7-11 years	Thu.	7:35-8:35 pm
Mar 31-Jun 2	\$112.50	1614604
Shenkman Arts – 613-580-2787		
7-9 years	Sun.	11 am-noon
Apr 3-Jun 5	\$90	1611117
9-12 years	Sat.	11:45 am-12:45 pm
Apr 2-Jun 4	\$90	1611071

Jazz – Level 1

High energy class that encourages rhythm, co-ordination, flexibility and execution. Introduction to different styles of jazz including theatrical, pop, and lyrical. Learn various moves, combinations of steps, and choreography.

Nepean Creative Arts – 613-596-5783

8-12 years	Sat.	12:30-1:30 pm
Mar 26-Jun 4	\$91	1614171

Lyrical Dance – Level 1

Fusion of ballet and jazz, blended with contemporary dance techniques. Learn movements that express emotions allowing you to tell a story to music with lyrics.

Shenkman Arts – 613-580-2787

6-8 years	Thu.	6-7 pm
Apr 7-May 26	\$90	1610996
9-12 years	Thu.	7-8 pm
Apr 7-May 26	\$90	1610997

Tap Dance – Level 1

Learn the basics of tap dance through intricate dance combinations, expressive footwork and some simple choreography, with an emphasis on rhythm and clarity of step.

Shenkman Arts – 613-580-2787

7-9 years	Sat.	10:45-11:45 am
Apr 2-Jun 4	\$90	1611067

Urban – Level 1

This unique style of dance incorporates hip hop, break dancing, pop'n lock, and freestyle. Master the dance moves from each style in a fun and energetic class.

Shenkman Arts – 613-580-2787

6-8 years	Tue.	6-7 pm
Apr 5-May 24	\$90	1610740

Digital Arts

Animate This

The world of animation comes to life – drawn, claymation, stop motion, cameraless and painted film using video camera, still digital camera, and 16 mm film. Create your very own animated short.

Nepean Creative Arts – 613-596-5783

9-14 years	Sun.	10 am-noon
Mar 27-May 8	\$188.75	1614623

Maker Studio: Micro:bit Coding and Animation

A level up for students who have done some animation and micro:bit work, or who are curious about 'Making'. Learn micro:bit coding, and create your own project, using special animation tools, micro:bit and a 3D printer.

Nepean Creative Arts – 613-596-5783

9-14 years	Sun.	12:30-2:30 pm
Mar 27-May 8	\$188.75	1615857

Children

Performing Arts

Acrobatic – Level 1

Free flowing class combines traditional dance styles with acrobatics. Think gymnastics but with no apparatus. Improve flexibility, strength, and dance techniques. Take dance to new heights!

Shenkman Arts – 613-580-2787

8-12 years	Tue.	7-8 pm
Apr 5-May 24	\$69.25	1610768

Guitar – Level 1

Strengthen guitar skills while learning basic chords, strumming, picking and tuning. Recognize different strumming patterns and shuffle accompaniment. Bring your own guitar.

Shenkman Arts – 613-580-2787

9-14 years	Sat.	1-2 pm
Apr 2-Jun 4	\$157.25	1611082

Ukulele

Learn a unique instrument that is affordable, fun, and easy to learn.

Shenkman Arts – 613-580-2787

9-14 years	Sat.	2-3 pm
Apr 2-Jun 4	\$157.25	1611084

Theatre Arts

Musical Theatre

Love to sing and dance? With proper direction, choreography and singing, learn good vocal techniques, the art of expressive movement, and staging for musical performance.

Nepean Creative Arts – 613-596-5783

7-12 years	Sun.	10-11:45 am
Mar 27-Jun 12	\$247.75	1614148

My Costume, My Fashion, My Style

A workshop for would-be costume or fashion designers. Conceptualize and construct your fashion or costume designs. Instruction from costume and puppet maker Donna Bourgeault. Create customized, affordable upcycled styles. Materials will be provided.

Nepean Creative Arts – 613-596-5783

9-14 years	Sat.	10 am-4 pm
Apr 30-May 7	\$188.75	1616139

Visual Arts

Cartooning and Comics

A young and free imagination can give cartoons personality – so watch characters and comic strips come to life! Draw and animate characters through studying figures, facial expressions, actions, perspective and using specialized illustration techniques.

Nepean Visual Arts – 613-580-2828

9-12 years	Sat.	10:30 am-noon
Apr 2-Jun 18	\$236	1609480
9-12 years	Sat.	12:30-2 pm
Apr 2-Jun 18	\$236	1609481

Handbuilding – With Parent

Get messy with your little ones! Create a unique pottery piece together using simple handbuilding forms and techniques. Discover coils, slabs and pinching techniques. Recommended one adult per child. Separate registration for each adult and child(ren).

Nepean Visual Arts – 613-580-2828

5-10 years	Sat.	10:15 am-12:15 pm
Apr 2-Jun 18	\$224.75	1609478
5-10 years	Sat.	12:45-2:45 pm
Apr 2-Jun 18	\$224.75	1609479

Youth

Wheel – Level 1

Introduction to wheel throwing techniques. Create basic vessel forms such as cylinders and bowls. Glazing, decorative techniques and application of handles will be introduced.

Nepean Visual Arts – 613-580-2828

11-14 years	Sat.	10 am-noon
Apr 2-Jun 18	\$346.50	1609482
11-14 years	Sat.	1-3 pm
Apr 2-Jun 18	\$346.50	1609483

Adult

Dance

Argentine Tango – Level 1

Embrace Argentina's signature dance, the Salon Style Tango. Discover the 8-count basico (basic step), walking, forward ochos, back ochos and molinete (windmill) and playful ganchos (hooks). Find excitement, passion and drama with Tango!

Shenkman Arts – 613-580-2787

19+ years	Thu.	9-10 pm
Apr 7-May 26	\$101.75	1610995

Ballroom – Level 1

Ballroom is the perfect exercise for your mind and body. Move to the rhythm as you learn the foxtrot, waltz, cha cha, triple swing and merengue. Register with a partner.

Shenkman Arts Centre – 613-580-2787

19+ years	Thu.	7-8 pm
Apr 7-May 26	\$101.75	1610794

Ballroom – Level 2

Broaden your skills in ballroom. New footwork and timing are introduced as you become familiar with the rumba and the samba. Register with a partner.

Shenkman Arts Centre – 613-580-2787

19+ years	Thu.	8-9 pm
Apr 7-May 26	\$101.75	1610780

Ballroom – Level 3

Further develop your foundation, learn new moves and perfect technique as you advance in Level three. Register with a partner.

Shenkman Arts – 613-580-2787

19+ years	Wed.	7-8 pm
Apr 6-May 25	\$101.75	1610784

Belly Dance – Level 1

Explore fluidity, grace, and strength through this ancient and sensuous dance form developed in the Middle East. The fundamentals of posture, isolations, steps and accents of belly dance are stressed.

Shenkman Arts Centre – 613-580-2787

19+ years	Mon.	7-8 pm
Apr 4-Jun 6	\$101.75	1610717

Belly Dance – Level 2

Explore more complicated arrangements. Layer movements and combinations. Prerequisite: Belly Dance Level 1.

Shenkman Arts – 613-580-2787

19+ years	Mon.	8-9 pm
Apr 4-Jun 6	\$101.75	1610726

Bollywood – Level 1

Learn to move to the Bollywood beat; a modern East Indian style of dance that will have your hips moving. Discover basic hip, leg and upper body choreography while you experience the wonders of middle-eastern glamour.

Shenkman Arts – 613-580-2787

19+ years	Mon.	6-7 pm
Apr 4-Jun 6	\$101.75	1610684

Hip Hop – Level 1

Look forward to an exciting cardio workout that combines basic hip hop dance principals with a fresh choreographed routine. You'll be energized while learning how to pop, lock and bounce like a pro.

Shenkman Arts – 613-580-2787

19+ years	Wed.	7:30-8:30 pm
Apr 6-May 25	\$101.75	1610758

Jazz – Level 1

Basics of jazz dance will improve your co-ordination, strength, and flexibility through dance combinations set to popular music.

Shenkman Arts Centre – 613-580-2787

19+ years	Wed.	6:30-7:30 pm
Apr 6-May 25	\$101.75	1610752

Food

A Taste of Mexico

Make delicious Mexican dishes in a fun, relaxed atmosphere. Sit with your classmates to enjoy the meal you've prepared.

Shenkman Arts – 613-580-2787

19+ years	Mon.	6-9 pm
Apr 25	\$57.50	1610731

A Taste of Turkey

Make delicious Turkish dishes in a fun, relaxed atmosphere. Sit with your classmates to enjoy the meal you've prepared.

Shenkman Arts – 613-580-2787

19+ years	Mon.	6-9 pm
May 30	\$57.50	1610734

Visual Arts

Botanical Art 2

Introduction to materials and watercolour techniques to true to life botanical studies. Exercises on colour and techniques, combined with demonstrations and painting practices of leaves and flowers. Suitable for students with Botanical Art 1 or equivalent drawing experience.

Nepean Visual Arts – 613-580-2828

18+ years	Wed.	10 am-1 pm
Mar 30-Jun 1	\$380.75	1612531

Coloured Pencils – Level 1

Drawing and painting come together with this adaptable medium. Learn how to draw portraits, landscapes, seascapes, animals and still life. Learn about pencil brands, paper surfaces, layering, crosshatching, stippling, mixing, and lifting colour as well as burnishing and embossing.

Nepean Visual Arts – 613-580-2828

18+ years	Wed.	6:30-9 pm
Mar 30-Jun 1	\$317.25	1609488

Adult

Drawing – Level 1

Learn simple tips that make a big difference in the way you draw. Observational skills are built while studying perspective, values, understanding mass, line, contour drawing, shading and more. Suitable for beginners and intermediates. Pencil and minimal colour medium.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	6:30-9 pm
Mar 28-Jun 13	\$317.25	1609217

Mixed Media – The Basics

Develop a basic understanding of acrylic paints, inks and mediums, colour theory, printing, collaging, layering, the use of dry media and an investigation of painting surfaces. No experience necessary, but some may be helpful!

Nepean Visual Arts – 613-580-2828

18+ years	Tue.	6:30-9 pm
Mar 29-May 31	\$317.25	1609227

Oil and Acrylics – Level 1

Pick up a brush and give it a try! This introductory class explores painting in both oils and acrylics. Paint mixing, colour, value, form and techniques will be covered through the instructor's step-by-step demonstrations.

Nepean Visual Arts – 613-580-2828

18+ years	Wed.	10 am-1 pm
Mar 30-Jun 1	\$380.75	1609236
18+ years	Wed.	6:15-9:15 pm
Mar 30-Jun 1	\$380.75	1609262
18+ years	Thu.	1:30-4:30 pm
Mar 31-Jun 2	\$380.75	1609238
18+ years	Thu.	6:15-9:15 pm
Mar 31-Jun 2	\$380.75	1609258

Oil and Acrylics – Level 2

Choose your own adventure in advanced oils and acrylics. Explore complex techniques including working with perspective, colour mixing and brushstrokes. Try your personalized style using your own subject matter.

Nepean Visual Arts – 613-580-2828

18+ years	Wed.	1:30-4:30 pm
Mar 30-Jun 1	\$380.75	1609265

Oil and Acrylics Studio

No instruction. Bring your own subject matter or still life to paint. Please use only odourless solvents.

Nepean Visual Arts – 613-580-2828

18+ years	Fri.	10 am-1 pm
Apr 1-Jun 3	\$99.25	1609268

Portraiture Studio

This supportive studio group is dedicated to portraiture in its many forms. No instruction is involved. All levels of skill are welcome. Studio members share the cost of the model.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	10 am-12:30 pm
Mar 28-Jun 13	\$72	1612510

Traditional Oil Techniques

Learn age-old methods of painting with oils. Using Vermeer's painting Girl with the Pearl Earring as inspiration, explore a traditional approach to oil painting. Various skills and materials such as colour, under-painting, over-painting, glazing, etc will be looked at.

Nepean Visual Arts – 613-580-2828

18+ years	Tue.	1:30-4:30 pm
Mar 29-May 31	\$380.75	1609484

Watercolours Studio

No instruction. Bring your own subject matter or still life to paint.

Nepean Visual Arts – 613-580-2828

16+ years	Fri.	10 am-1 pm
Apr 1-Jun 10	\$99.25	1609269
18+ years	Thu.	10 am-3 pm
Mar 31-Jun 2	\$165.50	1610992

Pottery Studio – Handbuilding

No instruction provided. Previous experience in any Nepean Visual Arts Centre pottery class is required. Participants must bring their own clay and tools. All clay MUST be purchased at the NVAC for a per bag fee.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	2-5 pm
Mar 28-Jun 13	\$156.75	1609270
18+ years	Tue.	10:15 am-1:15 pm
Mar 29-May 31	\$156.75	1609433
18+ years	Tue.	2-5 pm
Mar 29-May 31	\$156.75	1609422
18+ years	Tue.	5:30-8:30 pm
Mar 29-May 31	\$156.75	1609443
18+ years	Wed.	10:15 am-1:15 pm
Mar 30-Jun 1	\$156.75	1609436
18+ years	Wed.	2-5 pm
Mar 30-Jun 1	\$156.75	1609427
18+ years	Thu.	10:15 am-1:15 pm
Mar 31-Jun 2	\$156.75	1609439
18+ years	Thu.	2-5 pm
Mar 31-Jun 2	\$156.75	1609429
18+ years	Fri.	5-8 pm
Apr 1-Jun 3	\$156.75	1609449

Adult

Pottery Studio – Wheel

No instruction provided. Previous experience in any Nepean Visual Arts Centre pottery class is required. Participants must bring their own clay and tools. All clay MUST be purchased at the NVAC for a per bag fee.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	2-5 pm
Mar 28-Jun 13	\$156.75	1609456
18+ years	Tue.	2-5 pm
Mar 29-May 31	\$156.75	1609458
18+ years	Tue.	5:30-8:30 pm
Mar 29-May 31	\$156.75	1609463
18+ years	Wed.	10:15 am-1:15 pm
Mar 30-Jun 1	\$156.75	1609466
18+ years	Wed.	2-5 pm
Mar 30-Jun 1	\$156.75	1609459
18+ years	Thu.	10:15 am-1:15 pm
Mar 31-Jun 2	\$156.75	1609467
18+ years	Thu.	2-5 pm
Mar 31-Jun 2	\$156.75	1609461
18+ years	Fri.	5-8 pm
Apr 1-Jun 10	\$156.75	1609464

Wheel – Level 1

Create basic vessel forms such as cylinders and bowls. Glazing, decorative techniques and application of handles will be introduced. For beginner or early-stage potters only.

Nepean Visual Arts Centre – 613-580-2828

18+ years	Tue.	10:30 am-1 pm
Mar 29-May 31	\$317.25	1609473
18+ years	Wed.	6:30-9 pm
Mar 30-Jun 1	\$317.25	1609474
18+ years	Thu.	6:30-9 pm
Mar 31-Jun 2	\$317.25	1609475
18+ years	Fri.	12:30-3 pm
Apr 1-Jun 10	\$317.25	1609476

Wheel – Level 2

Create pieces such as cylinders, plates, and bowls. More advanced techniques: forming lids, surface decoration (carving and painting) with underglaze techniques, will be introduced.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	10 am-1 pm
Mar 28-May 30	\$380.75	1611072
18+ years	Mon.	6:15-9:15 pm
Mar 28-Jun 13	\$380.75	1609477

Adult 50+

Dance

Line Dancing – Level 1

Learn a variety of line dances. No experience necessary. Dance for fun and get exercise as a bonus!

Nepean Creative Arts – 613-596-5783

50+ years	Fri.	11 am-noon
Mar 25-Jun 24	\$165	1611973

Line Dancing – Level 2

Prerequisite: Level 1

Nepean Creative Arts – 613-596-5783

50+ years	Mon.	11 am-noon
Mar 21-Jun 6	\$152.50	1611983

Tap Dance – Level 1

Basics of tap dance through enjoyable dance combinations and simple choreography. Emphasis on rhythm and clarity of step. Keep on tapping!

Nepean Creative Arts – 613-596-5783

50+ years	Thu.	noon-1 pm
Mar 24-Jun 23	\$177.75	1611995

Tap Dance – Level 2

Learn more difficult steps, combined into intricate yet easy-to-follow choreography.

Nepean Creative Arts – 613-596-5783

50+ years	Thu.	1:30-2:30 pm
Mar 24-Jun 23	\$177.75	1612023

Tap Dance Performance Group

Experienced tapper itching to show your stuff? Join singers in daytime performances to senior groups around town.

Nepean Creative Arts – 613-596-5783

50+ years	Tue.	1:30-2:30 pm
Mar 22-Jun 21	\$177.75	1612008

Performing Arts

Singing Performance Group

Like to sing for an appreciative audience? Learn songs from words and recorded music and perform with tap dancers. Performances are daytime, weekdays.

Nepean Creative Arts – 613-596-5783

50+ years	Tue.	noon-1 pm
Mar 22-Jun 21	\$177.75	1611992