Arts Centres

Arts classes

Recreation eGuide

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Preschool

Arts Centres

Nepean Creative Arts Centre, Nepean Visual Arts Centre and Shenkman Arts Centre are destinations for specialized arts programming. Creative surroundings, purpose-built studios and expert instructors combine to deliver inspirational programs and creative, dynamic experiences.

French programs at Shenkman Arts Centre can be found in Mon Cyberguide francophone des loisirs.

Performing Arts

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Dance

Ballet Jazz – Level 1
Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Shenkman Arts - 613-580-2787
3-4 years  Sat.  10:15-11 am
Jan 16-Mar 13  $59.50  1588575

Creative Movement – With parent
For our youngest students, this provides a fun, casual approach to practicing basic and fine motor skills, and a cooperative introduction to the elements of dance and space.

Shenkman Arts - 613-580-2787
2-3 years  Sat.  9:30-10 am
Jan 16-Mar 13  $25  1588565
**Digital arts**

Schedules and fees may be subject to change. Fees include HST.

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Instructional programs are advertised in the language in which they are offered.

**Virtual Animation**

A virtual animation course with NCAC movie making and digital arts instructor and experimental filmmaker. Learn how the world of animation comes to life using Blender Animation Software, creating 3D models, 2D animations, and exploring stop-motion animation techniques and video editing. Requires a personal electronic device with internet connection.

*Nepean Creative Arts - 613-596-5783*

9-14 years  Mon.  6:30-8:30 pm
Jan 18-Feb 22  $156.79  1588160

**Performing arts**

Schedules and fees may be subject to change. Fees include HST.

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Instructional programs are advertised in the language in which they are offered.

**Dance**

**Acrobatic – Level 1**

Free flowing class combines traditional dance styles with acrobatics. Think gymnastics but with no apparatus. Improve flexibility, strength and dance techniques. Take dance to new heights!

*Shenkman Arts - 613-580-2787*

8-12 years  Tue.  7-8 pm
Jan 12-Mar 2  $88.25  1588534

**Ballet Jazz – Level 1**

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

*Shenkman Arts - 613-580-2787*

5-6 years  Sat.  11:15 am-noon
Jan 16-Mar 13  $59.50  1588576

**Contemporary Hip Hop Combo**

Blending the modern dance techniques of suspension, release and emotion, with hip hop’s rhythms of the street, leads to innovative choreographed routines in a class led by an expert instructor. No experience required.

*Nepean Creative Arts - 613-596-5783*

9-12 years  Sat.  11:15 am-12:15 pm
Jan 23-Mar 13  $88.25  1588166

**Gotta Dance**

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

*Nepean Creative Arts - 613-596-5783*

6-8 years  Sat.  10:15-11 am
Jan 23-Mar 13  $59.50  1588139

**Hip Hop – Level 1**

Hip hop, with its roots in urban dance, gets you moving to funky, up-beat tunes. Work on strength, flexibility and musicality through intricate and fast paced choreography. Create dynamic, stylish moves just like in the latest music videos.

*Nepean Creative Arts - 613-596-5783*

7-11 years  Thu.  6:30-7:30 pm
Jan 21-Mar 11  $88.25  1588152

**Hip Hop and Jazz**

Emphasis on body placement, coordination and basic Jazz technique.

*Nepean Creative Arts - 613-596-5783*

7-10 years  Sat.  10-11 am
Jan 23-Mar 13  $88.25  1588153
Jazz – Level 1
High energy class that encourages rhythm, co-ordination, flexibility and execution. Introduction to different styles of jazz including theatrical, pop, and lyrical. Learn various moves, combinations of steps, and choreography.
Nepean Creative Arts - 613-596-5783
8-12 years Thu. 5:30-6:30 pm
Jan 21-Mar 11 $79.25 1588155

Ottawa Valley Step Dancing – Level 1
There is Irish/Scottish influence in this dance dating from the 1800s in the Ottawa Valley. Routines focus on footwork, rhythms, and musicality. Progress within the same level within the same level from session to session.
Nepean Creative Arts - 613-596-5783
7-12 years Mon. 6-6:45 pm
Jan 18-Mar 8 $58 1588113

Tap Dance – Level 1
Learn the basics of tap dance through intricate dance combinations, expressive footwork and some simple choreography, with an emphasis on rhythm and clarity of step.
Shenkman Arts - 613-580-2787
6-8 years Sat. 12:15-1:15 pm
Jan 16-Mar 13 $88.25 1588578

Urban – Level 1
This unique style of dance incorporates hip hop, break dancing, pop’n lock, and freestyle. Master the dance moves from each style in a fun and energetic class.
Nepean Creative Arts - 613-596-5783
9-12 years Sun. 10:15-11 am
Jan 17-Mar 7 $66.25 1588114
Shenkman Arts - 613-580-2787
6-8 years Tue. 5:45-6:45 pm
Jan 12-Mar 2 $88.25 1588542

Drama and multi arts

Art of Puppetry
Explore ‘being’ through creating and manipulating puppets of all sizes and materials - of your creation. Create characters and tell stories through these fascinating personas.
Nepean Creative Arts - 613-596-5783
9-14 years Sat. 10 am-4 pm
Feb 27-Mar 6 $185 1588107

Circus Skills
Program will be modified to maintain physical distancing.
Nepean Creative Arts - 613-596-5783
7-14 years Fri. 6:30-7:15 pm
Jan 22-Mar 5 $98.50 1588110
7-14 years Fri. 7:30-8:15 pm
Jan 22-Mar 5 $98.50 1588760

My Costume, My Fashion, My Style
A workshop for would-be costume or fashion designers. Conceptualize and construct your fashion or costume designs. Instruction from costume and puppetry maker Donna Bourgeault. Create customized, affordable ‘upcycled’ styles. Materials will be provided.
Nepean Creative Arts – 613-596-5783
9-14 years Sun. 10 am-4 pm
Jan 31-Feb 7 $185 1588351

Live Wire Drama
Enter the exciting world of performance. Drama skills, theatrical techniques, improvisation, scene study, and performance.
Nepean Creative Arts - 613-596-5783
9-14 years Sun. 10 am-4 pm
Jan 31-Feb 7 $185 1588351

Music

Guitar – Level 1
Strengthen guitar skills while learning basic chords, strumming, picking and tuning. Recognize different strumming patterns and shuffle accompaniment. Bring your own guitar.
Shenkman Arts - 613-580-2787
10-14 years Sat. 9:45-10:45 am
Jan 16-Mar 13 $154.25 1588580

Guitar – Level 2
Once you have the basics through Guitar Level 1 or equivalent, you’re ready for more advanced music.
Shenkman Arts - 613-580-2787
10-14 years Sat. 11 am-noon
Jan 16-Mar 13 $154.25 1588581

Keyboard – Level 1
Love playing the electronic keyboard. Group instruction provides both practical and theory study including left- and right-hand placement, reading notes, learning scales in both treble and bass clef. Pre-requisite: a keyboard at home.
Nepean Creative Arts - 613-596-5783
6-9 years Thu. 5:15-5:55 pm
Jan 21-Feb 25 $156.75 1588835
6-9 years Thu. 6-6:40 pm
Jan 21-Feb 25 $156.75 1588836
6-9 years Thu. 6:45-7:25 pm
Jan 21-Feb 25 $156.75 1588837

Ukulele
Learn a unique instrument that is affordable, fun, and easy to learn.
Shenkman Arts - 613-580-2787
10-14 years Sat. 3-4 pm
Jan 16-Mar 13 $154.25 1588589
**Visual arts**

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**Mixed Media**

**Mixing It**

Your child’s creative imagination will run wild in this dynamic and creative class. Kids will explore different mediums like ink, pencil and paint; and artistic styles and techniques like drawing, painting, collage, three-dimensional work and more.

*Nepean Visual Arts - 613-580-2828*

<table>
<thead>
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<th>Days</th>
<th>Time</th>
<th>Dates</th>
<th>Fee</th>
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<tr>
<td>6-8 years</td>
<td>Sat.</td>
<td>10 am-noon</td>
<td>Jan 16-Mar 6</td>
<td>$246.75</td>
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**Pottery**

**Handbuilding – With parent**

Get messy with your little ones! Create a unique pottery piece together using simple handbuilding forms and techniques. Discover coils, slabs and pinching techniques. One child and parent pair per registration. Supplies will be provided.

*Nepean Visual Arts - 613-580-2828*

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<th>Dates</th>
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</thead>
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<tr>
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<td>Sat.</td>
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<td>12:45-2:45 pm</td>
<td>Jan 16-Mar 6</td>
<td>$302.75</td>
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**Painting**

**Big Scale Abstract Art**

No matter how big or how imaginative, artistic freedom is what abstract art is all about! Explore painting on a large-scale canvas, focusing on the use of colour, space, line, shape and texture.

*Nepean Visual Arts - 613-580-2828*

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Arts

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Instructional programs are advertised in the language in which they are offered.

Art of Puppetry
Explore ‘being’ through creating and manipulating puppets of all sizes and materials – of your creation. Create characters and tell stories through these fascinating personas.

Nepean Creative Arts – 613-596-5783
15-16 years Sat. 10 am-4 pm
Feb 27-Mar 6 $209 1588108

Pottery – Wheel – Level 1
Introduction to wheel throwing techniques. Create basic vessel forms such as cylinders and bowls. Glazing, decorative techniques and application of handles will be introduced.

Nepean Visual Arts - 613-580-2828
11-14 years Sat. 10 am-noon
Jan 16-Mar 6 $246.75 1588586
11-14 years Sat. 1-3 pm
Jan 16-Mar 6 $246.75 1588587

Virtual Animation
A virtual animation course with NCAC movie making and digital arts instructor and experimental filmmaker. Learn how the world of animation comes to life using Blender Animation Software, creating 3D models, 2D animations, and exploring stop-motion animation techniques and video editing. Requires a personal electronic device with internet connection.

Nepean Creative Arts - 613-596-5783
15-17 years Tue. 6:30-8:30 pm
Jan 19-Feb 23 $177.13 1588157
Performing arts

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Dance

Argentine Tango – Level 1
Embrace Argentina’s signature dance, the Salon Style Tango. Discover the 8-count basico (basic step), walking, forward ochos, back ochos and molinete (windmill) and playful ganchos (hooks). Find excitement, passion and drama with Tango! Register with a partner from your social circle.

Shenkman Arts - 613-580-2787
18+ years Thu. 8:45-9:45 pm
Jan 21-Mar 11 $99.75 1588557

Ballet Barre Fit
An energizing combination of ballet moves with an emphasis on posture and alignment. Develop lean muscle mass while improving your balance, flexibility, and range of motion.

Nepean Creative Arts - 613-596-5783
18+ years Thu. 10:00-10:50 am
Jan 21-Mar 11 $81 1588101

Ballroom – Level 1
Ballroom is the perfect exercise for your mind and body. Move to the rhythm as you learn the foxtrot, waltz, cha cha, triple swing and merengue. Register with a partner from your social circle.

Nepean Creative Arts - 613-596-5783
18+ years Tue. 7-8 pm
Jan 26-Mar 9 $87.25 1588102

Shenkman Arts - 613-580-2787
18+ years Thu. 6:15-7:15 pm
Jan 21-Mar 11 $99.75 1588553

Ballroom – Level 2
Broaden your skills in ballroom. New footwork and timing are introduced as you become familiar with the rumba and the samba. Register with a partner from your social circle.

Nepean Creative Arts - 613-596-5783
18+ years Tue. 8:15-9:15 pm
Jan 26-Mar 9 $87.25 1588104

Shenkman Arts - 613-580-2787
18+ years Thu. 7:30-8:30 pm
Jan 21-Mar 11 $99.75 1588555

Belly Dance – Level 1
Explore fluidity, grace, and strength through this ancient and sensuous dance form developed in the Middle East. The fundamentals of posture, isolations, steps and accents of belly dance are stressed.

Shenkman Arts - 613-580-2787
18+ years Mon. 7:15-8:15 pm
Jan 11-Mar 8 $99.75 1588532

Belly Dance – Level 2
Explore more complicated arrangements. Layer movements and combinations. Prerequisite: Belly Dance Level 1.

Shenkman Arts - 613-580-2787
18+ years Mon. 8:30-9:30 pm
Jan 11-Mar 8 $99.75 1588533

Bollywood – Level 1
Learn to move to the Bollywood beat; a modern East Indian style of dance that will have your hips moving. Discover basic hip, leg and upper body choreography while you experience the wonders of middle eastern glamour.

Shenkman Arts - 613-580-2787
18+ years Mon. 6:15-7:15 pm
Jan 11-Mar 8 $99.75 1588530

Hawaiian Dance
Dance Hawaiian style to Don Ho, Andy Williams, and Elvis Presley. Hawaiian arm movements help arthritic fingers. Sway in your style, standing or seated.

Nepean Creative Arts - 613-596-5783
18+ years Fri. 7-8 pm
Jan 29-Mar 12 $87.25 1588106

Hip Hop – Level 1
Look forward to an exciting cardio workout that combines basic hip hop dance principals with a fresh choreographed routine. You’ll be energized while learning how to pop, lock and bounce like a pro.

Shenkman Arts - 613-580-2787
18+ years Wed. 7:45-8:45 pm
Jan 13-Mar 3 $99.75 1588546

Jazz – Level 1
Basics of jazz dance will improve your co-ordination, strength, and flexibility through dance combinations set to popular music.

Nepean Creative Arts - 613-596-5783
18+ years Sun. 9:15-10 am
Jan 17-Mar 7 $74.75 1588532

Shenkman Arts - 613-580-2787
18+ years Wed. 6:30-7:30 pm
Jan 13-Mar 3 $99.75 1588545
**Nia**
Shape the way you feel, look, think and live! Discover your body's way of self-healing using the gentle and powerful movements of the Nia Technique. Great workout using nine movements from dance, martial, and healing arts, suitable for all.
**Nepean Creative Arts - 613-596-5783**
18+ years Tues. 11 am-noon
Jan 19-Mar 2 $76.50 1588099

**Ottawa Valley Step Dancing – Level 1**
There is Irish/Scottish influence in this dance dating from the 1800s in the Ottawa Valley. Routines focus on footwork, rhythms, and musicality. Progress within the same level from session to session.
**Nepean Creative Arts - 613-596-5783**
18+ years Mon. 7-7:45 pm
Jan 18-Mar 8 $65.50 1588174

**Fitness**

**Stretch and Strength**
Combine strength training movements with flexibility to improve muscular strength and mobility.
**Nepean Creative Arts - 613-596-5783**
18+ years Mon. 1-2 pm
Jan 18-Mar 22 $72 1588100

**Yoga**
The combined focus on mindfulness, breathing and slow physical movements, practiced regularly, increases strength and flexibility as well as decreasing stress.
**Nepean Creative Arts - 613-596-5783**
18+ years Wed. 10-11 am
Jan 20-Mar 10 $87.50 1588168

**Multi arts**

**My Costume, My Fashion, My Style**
A workshop for would-be costume or fashion designers. Conceptualize and construct your fashion or costume designs. Instruction from costume and puppetry maker Donna Bourgeault. Create customized, affordable ‘upcycled’ styles. Materials will be provided.
**Nepean Creative Arts - 613-596-5783**
18+ years Tue.-Wed. 6:30-9:30 pm
Feb 9-10 $104.50 1588105

**Music**

**Guitar – Level 1**
Strengthen guitar skills while learning basic chords, strumming, picking and tuning. Recognize different strumming patterns and shuffle accompaniment. Bring your own guitar.
**Shenkman Arts - 613-580-2787**
18+ years Sat. 12:30-1:30 pm
Jan 16-Mar 13 $174.25 1588583

**Guitar – Level 2**
Once you have the basics through Guitar Level 1 or equivalent, you’re ready for more advanced music.
**Shenkman Arts - 613-580-2787**
18+ years Sat. 1:45-2:45 pm
Jan 16-Mar 13 $174.25 1588584

**Drawing – Level 1**
Learn simple tips that make a big difference in the way you draw. Observational skills are built while studying perspective, values, understanding mass, line, contour drawing, shading and more. Suitable for beginners and intermediates. Pencil and minimal colour medium.
**Nepean Visual Arts - 613-580-2828**
18+ years Thu. 7-9:30 pm
Jan 14-Mar 4 $249 1588692

**Drawing – Coloured Pencils – Level 1**
Drawing and painting come together with this adaptable medium. Learn how to draw portraits, landscapes, seascapes, animals and still life. Learn about pencil brands, paper surfaces, layering, crosshatching, stippling, mixing and lifting colour as well as burnishing and embossing.
**Nepean Visual Arts - 613-580-2828**
18+ years Wed. 6:45-9:15 pm
Jan 13-Mar 3 $249 1588494
**Print Making**
Learn different methods of relief printmaking such as linocut, woodcut, and collagraphy with a special emphasis on using line, tone, and texture. Develop skills in the technical applications of printmaking; including use of tools, presses, inks and paper as well as plate preparation and registration. Beginners to experienced students welcome.

**Nepean Visual Arts - 613-580-2828**
18+ years Tue. 1:30-4:30 pm
Jan 12-Mar 2 $298.75 1588609

**Reverse glass painting**
A Naïve Folk art form consisting of applying paint to the underside of a piece of glass. Made with colours prepared by hand from powdered dried pigments and linseed oil. The frame is made from wood that is carved and painted with traditional geometric patterns.

**Nepean Visual Arts - 613-580-2828**
18+ years Tue. 10 am-1 pm
Jan 12-Mar 2 $298.75 1588613

**Painting**

**Big Scale Abstract Art**
Artistic freedom is what abstract painting is all about. Explore painting on a large-scale canvas, create a composition focusing on the use of colour, space, line, shape and texture.

**Nepean Visual Arts - 613-580-2828**
18+ years Mon. 6:45-9:15 pm
Jan 11-Mar 1 $249 1588496

**Intro to Abstract Painting – Workshop**
Be introduced to the world of abstract art. Explore the principles and elements of design starting by creating a variety of small sheets of collage paper using tissue, paint and stamps. Finish by creating a 10" x 10" piece you can frame at home. Supplies included.

**Nepean Visual Arts - 613-580-2828**
18+ years Sat. 10 am-4 pm
Feb 20 $138.50 1588663

**Landscape in watercolours**
Paint a simple watercolour landscape using wet on wet watercolour blending techniques. No experience required.

**Nepean Visual Arts - 613-580-2828**
18+ years Thu. 6:45-9:15 pm
Feb 18 $75.75 1588654

**Mixed Media – The Basics**
Develop a basic understanding of acrylic paints, inks and mediums, colour theory, printing, collaging, layering, the use of dry media and an investigation of painting surfaces. No experience necessary, but some may be helpful!

**Nepean Visual Arts - 613-580-2828**
18+ years Sat. 10 am-4 pm
Jan 30 $138.50 1588588

**Oil and Acrylics – Level 1**
Pick up a brush and give it a try! This introductory class explores painting in both oils and acrylics. Paint mixing, colour, value, form and techniques will be covered through the instructor’s step-by step demonstrations.

**Nepean Visual Arts Centre - 613-580-2828**
18+ years Thu. 10 am-12:30 pm
Jan 14-Mar 4 $249 1588618

**Watercolours – Level 1**
Watercolour is a soft and beautiful form of expression. Through exercise and demonstrations, learn to create a colour wheel and apply washes to paper while exploring realism, abstraction and non-representation.

**Nepean Visual Arts - 613-580-2828**
18+ years Tue. 1-3:30 pm
Jan 12-Mar 2 $249 1588606

**Watercolour Sketchbook**
Using 3 colours of paint, learn basic ink and wash techniques while filling your sketchbook with amazing art. Some experience with watercolour is recommended.

**Nepean Visual Arts - 613-580-2828**
18+ years Thu. 6:45-9:15 pm
Jan 21-Feb 4 $93.50 1588625

**Pottery**

**Handbuilding Combo**
Learn Wheel 1 throwing techniques and explore a variety of handbuilding methods like the slab roller and coils, to make functional forms. Surface decoration and glazing techniques will be covered.

**Nepean Visual Arts - 613-580-2828**
18+ years Fri. 12:30-3 pm
Jan 15-Mar 5 $262 1588531

**Functional Handbuilding**
Create unique, functional and beautiful clay pieces for your home! Serving dishes, lamp bases, planters, jewelry boxes, vases, birdfeeders – the possibilities are endless. Learn basic handbuilding techniques: coil, slab and pinch pot methods. All levels welcome.

**Nepean Visual Arts - 613-580-2828**
18+ years Mon. 6:30-9 pm
Jan 11-Mar 1 $262 1588528
18+ years Wed. 6:30-9 pm
Jan 13-Mar 3 $262 1588529
**Wheel – Level 1**
Create basic vessel forms such as cylinders and bowls. Glazing, decorative techniques and application of handles will be introduced. For beginner or early stage potters only.

*Nepean Visual Arts - 613-580-2828*

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<tr>
<td>18+</td>
<td>Tue.</td>
<td>Jan 12-Mar 2 10 am-12:30 pm</td>
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<tr>
<td>18+</td>
<td>Wed.</td>
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<tr>
<td>18+</td>
<td>Thu.</td>
<td>Jan 14-Mar 4 6:30-9 pm</td>
<td>$262</td>
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**Wheel – Level 2**
Create pieces such as cylinders, plates and bowls. More advanced techniques: forming lids, surface decoration (carving and painting) with underglaze techniques will be introduced.

*Nepean Visual Arts - 613-580-2828*

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<tr>
<td>18+</td>
<td>Mon.</td>
<td>Jan 11-Mar 1 6:15-9:15 pm</td>
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**Pottery Studios**

**Handbuilding**
No instruction provided. Previous experience in any Nepean Visual Arts Centre pottery class is required. Participants must bring their own clay and tools. All clay MUST be purchased at the NVAC for a per bag fee.

*Nepean Visual Arts - 613-580-2828*

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<td>18+</td>
<td>Mon.</td>
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<td>18+</td>
<td>Tue.</td>
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<tr>
<td>18+</td>
<td>Wed.</td>
<td>Jan 13-Mar 3 2-5 pm</td>
<td>$123</td>
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<tr>
<td>18+</td>
<td>Thu.</td>
<td>Jan 14-Mar 4 10:15 am-1:15 pm</td>
<td>$123</td>
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**Oil and Acrylics**
No instruction. Bring your own subject matter or still life to paint. Please use only odourless solvents.

*Nepean Visual Arts - 613-580-2828*

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<td>18+</td>
<td>Wed.</td>
<td>Jan 13-Mar 3 1-4 pm</td>
<td>$58.25</td>
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**Wheel**
No instruction provided. Previous experience in any Nepean Visual Arts Centre pottery class is required. Participants must bring their own clay and tools. All clay MUST be purchased at the NVAC for a per bag fee.

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<td>Mon.</td>
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<td>18+</td>
<td>Tue.</td>
<td>Jan 15-Mar 5 2-5 pm</td>
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**Watercolours**
No instruction. Bring your own subject matter or still life to paint.

*Nepean Visual Arts - 613-580-2828*

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<td>Jan 14-Mar 4 9 am-noon</td>
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**Abstract Mixed Media – Studio**
Work spontaneously and intuitively on your own mixed media pieces in this supportive and creative studio setting.

*Nepean Visual Arts - 613-580-2828*

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**Studios**

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