



Winter 2022

Arts Centres

Arts classes

Recreation eGuide

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Arts Centres

Nepean Creative Arts Centre, Nepean Visual Arts Centre and Shenkman Arts Centre are destinations for specialized arts programming. Creative surroundings, purpose built studios and expert instructors combine to deliver inspirational programs and creative, dynamic experiences.

French programs at Shenkman Arts Centre can be found in Mon Cyberguide francophone des loisirs.



Nepean Visual Arts Centre
613-580-2828
1701 Woodroffe Avenue
(Entrance 3, Nepean Sportsplex)

Nepean Creative Arts Centre
613-596-5783
35 Stafford Road,
Bells Corners



Shenkman Arts Centre
613-580-2787
245 Centrum Boulevard, Orléans

"Creative surroundings, purpose-built studios and expert instructors combine to deliver inspirational programs and creative, dynamic, experiences".

Preschool

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Performing Arts

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility, and coordination. Learn choreography from both dance styles.

Shenkman Arts – 613-580-2787

3-4 years	Sat.	9:15-10 am
Jan 15-Mar 12	\$59.50	1605705
3-4 years	Sun.	9:15-10 am
Jan 16-Mar 13	\$59.50	1605752

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Nepean Creative Arts – 613-596-5783

4-5 years	Sat.	9:15-10 am
Jan 15-Mar 5	\$59.50	1604301
4-5 years	Sat.	10:20-11:05 am
Jan 15-Mar 5	\$59.50	1604303

Children

My Costume, My Fashion, My Style

A workshop for would-be costume or fashion designers. Conceptualize and construct your fashion or costume designs. With instruction from costume and puppetry maker Donna Bourgeault, create customized, affordable 'upcycled' styles. Materials will be provided.

Nepean Creative Arts – 613-596-5783

9-14 years	Sat.	10 am-4 pm
Feb 19-26	\$185	1604297

Dance

Acrobatic – Level 1

Free flowing class combines traditional dance styles with acrobatics. Think gymnastics but with no apparatus. Improve flexibility, strength, and dance techniques. Take dance to new heights!

Shenkman Arts – 613-580-2787

8-12 years	Tue.	7-8 pm
Jan 11-Mar 1	\$68	1605695

Ballet Jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility, and coordination. Learn choreography from both dance styles.

Shenkman Arts – 613-580-2787

4-5 years	Sat.	10:15-11 am
Jan 15-Mar 12	\$59.50	1605708
5-6 years	Sun.	10:15-11 am
Jan 16-Mar 13	\$59.50	1605754
5-6 years	Sat.	11:15 am-noon
Jan 15-Mar 12	\$59.50	1605710

Gotta Dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Nepean Creative Arts – 613-596-5783

6-8 years	Sat.	11:25 am-12:10 pm
Jan 15-Mar 5	\$59.50	1604305
6-8 years	Sat.	12:30-1:15 pm
Jan 15-Mar 5	\$59.50	1604306

Hip Hop – Level 1

Hip hop, with its roots in urban dance, gets you moving to funky, up-beat tunes. Work on strength, flexibility, and musicality through intricate and fast paced choreography. Create dynamic, stylish moves just like in the latest music videos.

Nepean Creative Arts – 613-596-5783

7-11 years	Tue.	6:15-7:15 pm
Jan 18-Feb 22	\$66.25	1604309
7-11 years	Tue.	7:35-8:35 pm
Jan 18-Feb 22	\$66.25	1604310

Shenkman Arts – 613-580-2787

7-9 years	Sun.	11:15 am-12:15 pm
Jan 16-Mar 13	\$88.25	1605757

Ottawa Valley Step Dancing – Level 1

There is Irish/Scottish influence in this dance dating from the 1800s in the Ottawa Valley. Routines focus on footwork, rhythms, and musicality. Progress within the same level from session to session.

Nepean Creative Arts – 613-596-5783

7-14 years	Fri.	6-6:45 pm
Jan 21-Mar 11	\$66.25	1604312

Urban – Level 1

This unique style of dance incorporates hip hop, break dancing, pop'n lock, and freestyle. Master the dance moves from each style in a fun and energetic class.

Shenkman Arts – 613-580-2787

6-8 years	Tue.	5:45-6:45 pm
Jan 11-Mar 1	\$88.25	1605693

Visual Arts

Animate This

The world of animation comes to life – drawn, claymation, stop motion, cameraless and painted film using video camera, still digital camera, and 16 mm film. Create your very own animated short.

Nepean Creative Arts – 613-596-5783

9-14 years	Sun.	10 am-noon
Jan 30-Mar 6	\$185	1604316
9-14 years	Sun.	12:30-2:30 pm
Jan 30-Mar 6	\$185	1604317

Cartooning and Comics

A young and free imagination can give cartoons personality – so watch characters and comic strips come to life! Draw and animate characters through studying figures, facial expressions, actions, perspective and using specialized illustration techniques.

Nepean Visual Arts – 613-580-2828

9-12 years	Sat.	10:30 am-noon
Jan 15-Mar 5	\$185	1603570
9-12 years	Sat.	12:30-2 pm
Jan 15-Mar 5	\$185	1603572

Handbuilding – With parent

Get messy with your little ones! Create a unique pottery piece together using simple handbuilding forms and techniques. Discover coils, slabs, and pinching techniques. One child and parent pair per registration. Supplies will be provided.

Nepean Visual Arts – 613-580-2828

18+ years	Sat.	10:15 am-12:15 pm
Jan 15-Mar 5	\$176.25	1603002
18+ years	Sat.	12:45-2:45 pm
Jan 15-Mar 5	\$176.25	1603003

Visual Arts

Animate This

The world of animation comes to life – drawn, claymation, stop motion, cameraless and painted film using video camera, still digital camera, and 16 mm film. Create your very own animated short.

Nepean Creative Arts – 613-596-5783

15-17 years	Thu.	6:30-8:30 pm
Feb 3-Mar 10	\$209	1604318

Wheel – Level 1

Introduction to wheel throwing techniques. Create basic vessel forms such as cylinders and bowls. Glazing, decorative techniques and application of handles will be introduced.

Nepean Visual Arts – 613-580-2828

11-14 years	Sat.	10 am-noon
Jan 15-Mar 5	\$271.75	1603004
11-14 years	Sat.	1-3 pm
Jan 15-Mar 5	\$271.75	1603005

Adult

Fitness

Stretch and Strength

Combine strength training movements with flexibility to improve muscular strength and mobility.

Nepean Creative Arts – 613-596-5783

18+ years	Mon.	1-2 pm
Jan 31-Mar 28	\$72	1604012
18+ years	Fri.	1-2 pm
Jan 28-Mar 25	\$72	1604013

Yoga

The combined focus on mindfulness, breathing and slow physical movements, practiced regularly, increases strength and flexibility as well as decreasing stress.

Nepean Creative Arts – 613-596-5783

18+ years	Wed.	noon-1 pm
Feb 2-Mar 30	\$87.50	1604209

Performing Arts

Argentine Tango – Level 1

Embrace Argentina's signature dance, the Salon Style Tango. Discover the 8-count basico (basic step), walking, forward ochos, back ochos and molinete (windmill) and playful ganchos (hooks). Find excitement, passion, and drama with Tango! Register with a partner from your social circle.

Shenkman Arts – 613-580-2787

18+ years	Thu.	8:15-9:15 pm
Jan 13-Mar 3	\$99.75	1607068

Ballroom – Level 1

Ballroom is the perfect exercise for your mind and body. Move to the rhythm as you learn the foxtrot, waltz, cha cha, triple swing and merengue. Register with a partner from your social circle.

Shenkman Arts – 613-580-2787

18+ years	Thu.	7-8 pm
Jan 13-Mar 3	\$99.75	1607064

Ballroom – Level 2

Broaden your skills in ballroom. New footwork and timing are introduced as you become familiar with the rumba and the samba. Register with a partner from your social circle.

Shenkman Arts – 613-580-2787

18+ years	Wed.	7-8 pm
Jan 12-Mar 2	\$99.75	1607070

Belly Dance – Level 1

Explore fluidity, grace, and strength through this ancient and sensuous dance form developed in the Middle East. The fundamentals of posture, isolations, steps and accents of belly dance are stressed.

Shenkman Arts – 613-580-2787

18+ years	Mon.	7:15-8:15 pm
Jan 10-Mar 7	\$99.75	1605691

Belly Dance – Level 2

Explore more complicated arrangements. Layer movements and combinations. Prerequisite: Belly Dance Level 1.

Shenkman Arts – 613-580-2787

18+ years	Mon.	8:30-9:30 pm
Jan 10-Mar 7	\$99.75	1605692

Bollywood – Level 1

Learn to move to the Bollywood beat; a modern East Indian style of dance that will have your hips moving. Discover basic hip, leg, and upper body choreography while you experience the wonders of middle eastern glamour.

Shenkman Arts – 613-580-2787

18+ years	Mon.	6-7 pm
Jan 10-Mar 7	\$99.75	1605690

Hip Hop – Level 1

Look forward to an exciting cardio workout that combines basic hip hop dance principals with a fresh choreographed routine. You'll be energized while learning how to pop, lock and bounce like a pro.

Shenkman Arts – 613-580-2787

18+ years	Wed.	7:45-8:45 pm
Jan 12-Mar 2	\$99.75	1605698

Jazz – Level 1

Basics of jazz dance will improve your co-ordination, strength, and flexibility through dance combinations set to popular music.

Shenkman Arts – 613-580-2787

18+ years	Wed.	6:30-7:30 pm
Jan 12-Mar 2	\$99.75	1605697

Ottawa Valley Step Dancing – Level 1

There is Irish/Scottish influence in this dance dating from the 1800s in the Ottawa Valley. Routines focus on footwork, rhythms, and musicality. Progress within the same level from session to session.

Nepean Creative Arts – 613-596-5783

18+ years	Fri.	7:05-7:50 pm
Jan 21-Mar 11	\$74.75	1604315

Visual Arts

Drawing

Botanical Drawing

Botanical subjects are perfect for mastering fundamental art skills. Drawing from specimens, develop your skill and ability to create true-to-life drawings. Practical exercises and individual instruction ensure steady progress. Seasonal specimens will be used.

Nepean Creative Arts – 613-596-5783

18+ years	Wed.	noon-3 pm
Jan 12-Mar 2	\$298.75	1603577

Drawing – Level 1

Learn simple tips that make a big difference in the way you draw. Observational skills are built while studying perspective, values, understanding mass, line, contour drawing, shading and more. Suitable for beginners and intermediates. Pencil and minimal colour medium.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	6:30-9 pm
Jan 10-Mar 7	\$249	1603567

Adult

Painting

Oil and Acrylics – Level 1

Pick up a brush and give it a try! This introductory class explores painting in both oils and acrylics. Paint mixing, colour, value, form and techniques will be covered through the instructor's step-by-step demonstrations.

Nepean Visual Arts – 613-580-2828

18+ years	Wed.	10 am-1 pm
Jan 12-Mar 2	\$298.75	1602952
18+ years	Wed.	6:30-9 pm
Jan 12-Mar 2	\$249	1602953
18+ years	Thu.	1:30-4:30 pm
Jan 13-Mar 3	\$298.75	1602954
18+ years	Thu.	6:15-9:15 pm
Jan 13-Mar 3	\$298.75	1602955

Oil and Acrylics – Level 2

Choose your own adventure in advanced oils and acrylics. Explore complex techniques including working with perspective, colour mixing and brushstrokes. Try your personalized style using your own subject matter.

Nepean Visual Arts – 613-580-2828

18+ years	Wed.	1:30-4:30 pm
Jan 12-Mar 2	\$298.75	1602956

Mixed Media – The Basics

Develop a basic understanding of acrylic paints, inks, and mediums, colour theory, printing, collaging, layering, the use of dry media and an investigation of painting surfaces. No experience necessary, but some may be helpful!

Nepean Visual Arts – 613-580-2828

18+ years	Tue.	6:30-9 pm
Jan 11-Mar 1	\$249	1603568

Pottery

Pottery Studio – Handbuilding

No instruction provided. Previous experience in any Nepean Visual Arts pottery class is required. Participants must bring their own clay and tools. All clay MUST be purchased at the NVAC for a per bag fee.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	2-5 pm
Jan 10-Mar 7	\$123	1602959
18+ years	Tue.	10:15 am-1:15 pm
Jan 11-Mar 1	\$123	1602960
18+ years	Tue.	2-5 pm
Jan 11-Mar 1	\$123	1602961
18+ years	Tue.	5:30-8:30 pm
Jan 11-Mar 1	\$123	1602962
18+ years	Wed.	10:15 am-1:15 pm
Jan 12-Mar 2	\$123	1602963
18+ years	Wed.	2-5 pm
Jan 12-Mar 2	\$123	1602964
18+ years	Thu.	10:15 am-1:15 pm
Jan 13-Mar 3	\$123	1602965
18+ years	Thu.	2-5 pm
Jan 13-Mar 3	\$123	1602966
18+ years	Fri.	5-8 pm
Jan 14-Mar 4	\$123	1602969

Pottery Studio – Wheel

No instruction provided. Previous experience in any Nepean Visual Arts pottery class is required. Participants must bring their own clay and tools. All clay MUST be purchased at the NVAC for a per bag fee.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	2-5 pm
Jan 10-Mar 7	\$123	1602970
18+ years	Tue.	2-5 pm
Jan 11-Mar 1	\$123	1602971
18+ years	Tue.	5:30-8:30 pm
Jan 11-Mar 1	\$123	1602972
18+ years	Wed.	10:15 am-1:15 pm

Jan 12-Mar 2	\$123	1602992
18+ years	Wed.	2-5 pm
Jan 12-Mar 2	\$123	1602993
18+ years	Thu.	10:15 am-1:15 pm
Jan 13-Mar 3	\$123	1602994
18+ years	Thu.	2-5 pm
Jan 13-Mar 3	\$123	1602995
18+ years	Fri.	5-8 pm
Jan 14-Mar 4	\$123	1602996

Wheel – Level 1

Create basic vessel forms such as cylinders and bowls. Glazing, decorative techniques and application of handles will be introduced. For beginner or early-stage potters only.

Nepean Visual Arts – 613-580-2828

18+ years	Tue.	10:30 am-1 pm
Jan 11-Mar 1	\$249	1602997
18+ years	Wed.	6:30-9 pm
Jan 12-Mar 2	\$249	1602998
18+ years	Thu.	6:30-9 pm
Jan 13-Mar 3	\$249	1602999
18+ years	Fri.	12:30-3 pm
Jan 14-Mar 4	\$249	1603000

Wheel – Level 2

Create pieces such as cylinders, plates, and bowls. More advanced techniques: forming lids, surface decoration (carving and painting) with underglaze techniques, will be introduced.

Nepean Visual Arts – 613-580-2828

18+ years	Mon.	6:15-9:15 pm
Jan 10-Mar 7	\$298.75	1603001

Adult

Studio

Abstract Mixed Media – Studio

Work spontaneously and intuitively on your own mixed media pieces in this supportive and creative studio setting.

Nepean Creative Arts – 613-596-5783

18+ years	Tue.	1-4 pm
Jan 11-Mar 1	\$58.25	1602951

Oil and Acrylics – Studio

No instruction. Bring your own subject matter or still life to paint. Please use only odourless solvents.

Nepean Visual Arts – 613-580-2828

18+ years	Fri.	12:30-3:30 pm
Jan 14-Mar 4	\$58.25	1602957

Watercolours – Studio

No instruction. Bring your own subject matter or still life to paint.

Nepean Visual Arts – 613-580-2828

18+ years	Tue.	1:30-4:30 pm
Jan 11-Mar 1	\$58.25	1602958

Adult 50+

Line Dancing – Level 1

Learn a variety of line dances. No experience necessary.

Dance for fun and get exercise as a bonus!

Nepean Creative Arts – 613-596-5783

50+ years Mon. 11 am-noon
Jan 10-Feb 28 \$99.75 [1603678](#)

Line Dancing – Level 2

Prerequisite: Level 1

Nepean Creative Arts – 613-596-5783

50+ years Fri. 11 am-noon
Jan 10-Mar 7 \$99.75 [1608655](#)

Line Dancing – Level 3

Prerequisite: Level 2

Nepean Creative Arts – 613-596-5783

50+ years Fri. 11 am-noon
Jan 14-Mar 11 \$112 [1603680](#)