



March break camps

March 16 to 20, 2020

Recreation eGuide

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Registration for March break camps begins:
Online: January 15 at 9 pm
In person: January 16 during business hours

Arts centre camps

The Nepean Visual Arts Centre, the Nepean Creative Arts Centre and Shenkman Arts Centre, offer specialty arts programs to engage your child. An Arts Centre camp delivers focused arts instruction in customised studio spaces by accomplished artists – painters, actors, filmmakers, writers, photographers, musicians. It's camp with the art of inspiration and entertainment.

Schedules and fees may be subject to change. Fees include HST. Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration! Instructional programs are advertised in the language in which they are offered.

Full day camp activities operate from 9 am to 4 pm with an early check-in starting at 8 am and a late check-out until 5 pm.

Nepean Creative Arts Centre

35 Stafford Road, Bells Corners
613-596-5783

Animate this!

The world of animation comes to life - drawn, claymation, stop motion, cameraless, and painted film using video camera, still digital camera, and 16mm film. Create your very own animated short.

9-14 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$317.75	1520185

New Art of puppetry

Explore 'being' through creating and manipulating puppets of all sizes and materials – of your creation. Create characters and tell stories through these fascinating personas.

9-14 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$267	1530880

Artistic flight

Experience dance and acting routines, improvisation, storytelling, music-making, visual art, and performance.

5-8 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$267	1520180

New Bollywood dance

Move to the Bollywood beat – a modern East Indian style of dance. Discover basic hip, leg and upper body choreography while experiencing the wonders and glamour of India.

9-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$297.25	1530909

New Circus arts

Practice tumbling, acrobatics, and develop strength and flexibility in the art and performance of circus skills. Introduction of specialty techniques such as partner hand-balancing, contortion, juggling, and introductory aerial skills.

7-14 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$267	1530891

Musical theatre

From act one to curtain call! Learn vocal techniques, singing, choreography, acting, and a Broadway-style song and dance.

Nepean Creative Arts – 613-596-5783

7-13 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$317.75	1518905

Nepean Visual Arts Centre

1701 Woodroffe Avenue in Nepean Sportsplex
613-580-2828

Leonardo camp

Science and nature meet the visual arts – DaVinci style. Explore combinations of natural elements, science and arts activities. Creative inventions led by experienced fine arts professional.

Nepean Visual Arts – 613-580-2828

8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$321.50	1523111

Ready, set, create

Junior Picasso? Enjoy creating visual art pieces and explore sculpture, pottery, printmaking, painting and collage using artist grade art supplies. Exhibition on the last day. Taught by an established local artist.

Nepean Visual Arts – 613-580-2828

8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$321.50	1523146

Preschool

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Aquatics

Swim explorer junior

Enjoy a daily swim lesson, play active games to enhance your motor skills and get creative with crafts.

Brewer Pool – 613-580-2090

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$213	1539616

Ray Friel – 613-580-4765

4-6 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$213	1508244

Sawmill Creek – 613-521-4092

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$213	1538645

Walter Baker – 613-580-2788

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$213	1531548

General interest

Fun and friends – Energy – Daily

Creative play, songs, crafts, themes, and cooperative games offer activities and fun for making friends in your neighbourhood. One-day registration only.

South Fallingbrook – 613-824-0633

4-6 years	Mon.	8 am-5 pm
Mar 16	\$47.75	1530260
4-6 years	Tue.	8 am-5 pm
Mar 17	\$47.75	1530261
4-6 years	Thu.	8 am-5 pm
Mar 19	\$47.75	1530262
4-6 years	Fri.	8 am-5 pm
Mar 20	\$47.75	1530263

Fun and friends – Energy

Creative play, songs, crafts, themes, and cooperative games offer activities and fun for making friends in your neighbourhood.

Berrigan School – 613-727-2683

199 Berrigan

3-5 years	Mon.-Fri.	9 am-noon
Mar 16-20	\$65.50	1539551

Bob MacQuarrie-Orléans – 613-580-9600

4-6 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1519281

CARDELREC (Goulbourn) -613-580-2532

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1534571

Carleton Heights – 613-226-2208

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1504538

Eva James – 613-580-2442

4-6 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1529737

Greenboro – 613-580-2805

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1529380

Hunt Club-Riverside Park – 613-580-2990

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1538649

Minto-Barrhaven – 613-727-2683

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1503666

Nepean Sportsplex – 613-580-2828

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1524494

Overbrook – 613-742-5147

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1539507

Pat Clark – 613-748-1771

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1533478

Pincrest – 613-580-9676

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1518473

Richcraft-Kanata – 613-580-9696

4-6 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1493959

Rideauview – 613-822-7887

4-5 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1543847

South Fallingbrook – 613-824-0633

4-6 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1530259

St-Laurent – 613-742-6767

4-6 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$190.50	1522689

Fun and friends – Adventure

A fun-filled, action-packed camp. Arts and crafts, games, sports, special events, outdoor activities, and an out-trip or special guest.

Greely – 613-580-2424 Extension 30235

4-5 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$236.50 [1494023](#)

Hintonburg – 613-798-8874

4-5 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$236.50 [1524913](#)

Manotick – 613-580-2424 Extension 30235

4-5 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$236.50 [1494020](#)

Sandy Hill – 613-564-1062

4-5 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$235.25 [1540236](#)



Children

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Aquatics

Swim explorer

Improve your skills and strokes with daily lessons from the Red Cross Swim Program and leisure swim time. Camp activities each day.

Brewer Pool – 613-580-2090

6-12 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$201.25 [1539595](#)

Nepean Sportsplex – 613-580-2828

6-8 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$201.25 [1524495](#)

Sawmill Creek – 613-521-4092

6-7 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$201.25 [1538625](#)
 8-12 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$201.25 [1538631](#)

Splash Wave Pool – 613-748-4222

6-7 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$201.25 [1543076](#)
 8-12 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$201.25 [1543075](#)

Arts

Hip hop

Floating, gliding, popping, and locking – Hip Hop is full of high energy moves. Wrap up with a performance on the last day! Other recreational activities included.

Walter Baker – 613-580-2788

7-13 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$190.50 [1531596](#)

Certification

Babysitting course – Canadian Safety Council

Earn some extra money. Learn good babysitting techniques with topics on rights and responsibilities, ages and stages, emergency procedures and introductory First Aid.

Kanata Leisure – 613-580-9677

12-14 years Fri. 9 am-5 pm
 Mar 20 \$71.75 [1538404](#)

Babysitter's camp

Are you looking forward to your first job? Is babysitting up your alley? We will help give you the skills required to be hired. Includes half-day instruction and regular camp activities.

Heron – 613-247-4808

11-14 years Mon.-Fri. 8 am-5 pm
 Mar 16-20 \$179.50 [1525712](#)



PARLEZ-NOUS!

Help us develop French recreation and culture programs that meet your needs.

Suggestions,
comments and
questions:

613-316-0630
loisirsetculture@ottawa.ca

Computer

3D maker

Design toys, characters or jewellery. Learn skills in CAD, 3D modeling and animation, and how a 3D printer works. Sketch ideas, then print your final designs. Use your characters and props in a 3D animated video. A \$10 supply fee. Half day of computer instruction and half day camp activities.

Berrigan School – 613-727-2683

199 Berrigan

10-14 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$286.50	1539545

EV3 Jr mania

Learn block-based EV3 Programming Environment transferable programming logic such as loops, if/else, operators, variables, electronic sensors and how they interface with the world around us.

Berrigan School – 613-727-2683

199 Berrigan

7-10 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$286.50	1539542

Game maker extreme

Create a complex, realistic video game with everything from health meters to collision detection. Perfect for aspiring video game designers. Half day of computer and half day camp activities.

Kanata Recreation – 613-580-2570

10-14 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$286.50	1529326

Minecraft® mania

Learn awesome computer skills in programming, animation, website creation and graphics! Create a Minecraft® themed game, website and comic book. Half day of computer instruction and half day camp activities.

Kanata Recreation – 613-580-2570

7-9 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$286.50	1529309

Rideauview – 613-822-7887

7-9 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$286.50	1543844
11-14 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$286.50	1543845

General interest

Camp Ottawa – Energy – Daily

Make new friends and have a blast. Join in the action with games, crafts, sports and camp activities. One day registration only.

South Fallingbrook – 613-824-0633

6-12 years	Mon.	8 am-5 pm
Mar 16	\$39	1530265
6-12 years	Tue.	8 am-5 pm
Mar 17	\$39	1530266
6-12 years	Thu.	8 am-5 pm
Mar 19	\$39	1530267
6-12 years	Fri.	8 am-5 pm
Mar 20	\$39	1530268

Camp Ottawa – Energy

Make new friends and have a blast. Join in the action with games, crafts, sports and camp activities. Contact your local centre for themes and details.

Bayshore Field House – 613-828-5103

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$155.75	1509246

Carleton Heights – 613-226-2208

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$155.75	1504445

François Dupuis – 613-580-8080

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$155.75	1541458

Kanata Recreation – 613-580-2570

6-10 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$155.75	1529117
8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$155.75	1529094

Pat Clark – 613-748-1771

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$155.75	1533492

Rideauview – 613-822-7887

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$155.75	1543846

Camp Ottawa – Adventure

Bring all your energy to camp for days of adventure and making friends. Sports, games, crafts, special events and of course, an out-trip! (Out-trip may include swimming).

Bob MacQuarrie-Orléans – 613-580-9600

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1519279

CARDELREC (Goulbourn) – 613-580-2532

6-7 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1534569
8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1534570

Hintonburg – 613-798-8874

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1524809

Hunt Club-Riverside Park – 613-580-2990

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1538620

McNabb – 613-564-1070

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1507281

Overbrook – 613-742-5147

8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1539492

Sandy Hill – 613-564-1062

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1540252

South Fallingbrook – 613-824-0633

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1530264

Camp Ottawa – Adventure and swim

Sports, games, crafts, cooking, swimming, special events, and an out-trip!

Minto-Barrhaven – 613-727-2683

6-8 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1503680
9-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1503684

Ray Friel – 613-580-4765

7-13 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1508236

St-Laurent – 613-742-6767

7-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1522686

Walter Baker – 613-580-2788

6-7 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1531581
8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1531590

Camp Ottawa – Adventure plus

Bring all your energy to camp for days of adventure and making friends. Sports, games, crafts, special events and two out-trips! (Out-trips may include swimming)

Greely – 613-580-2424 Extension 30235

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1494017

Greenboro – 613-580-2805

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1529341

Manotick – 613-580-2424 Extension 30235

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1494009

Chef camp

A sweet and savory week filled with slicing and dicing. Camp activities each day.

Heron – 613-247-4808

6-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1538078

Home alone

Be safe while home alone. Learn how to handle callers at the door and on the phone as well as when and how to call emergency numbers. Some courses are offered by the Ottawa Safety Council.

Kanata Leisure – 613-580-9677

10-14 years	Thu.	10 am-2 pm
Mar 19	\$80	1538313

LEGO® powered up and robotics

Learn Technic building skills, engineering principles, teamwork and organization. Hands-on projects bring machines to life using motors and gears. Introduction to building pre-programmed Mindstorms® robots and performing challenges. In collaboration with 'the LEGO® guy', Ian Dudley of Orange STEM Education.

Nepean Sportsplex – 613-580-2828

8-13 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$286.50	1524963

Nerf® and swim

Get your gear ready for our Nerf® Battle Academy. Cooperate and strategize for team battles, timed obstacle courses, tactical challenges and more. Create custom targets, build a rocket launcher and engineer a variety of bases to protect your team. All-out Nerf® battle on the last day. Bring your own launcher – darts and mandatory eye protection provided. Swimming throughout the week.

Ray Friel – 613-580-4765

7-13 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$201.25	1508229

No fixed address!

Explore new and different locations as you move around the Ottawa/Gatineau area. For those that love bus trips the best!

Bob MacQuarrie-Orléans – 613-580-9600

8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$268.75	1519280

Scientific discovery adventure

Hands-on messy fun will allow you to explore your inner scientist through games, crafts and experiments! Science isn't only for adults! Camp activities may include special guest or outing.

François Dupuis – 613-580-8080

8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1541443

Nepean Sportsplex – 613-580-2828

8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$179.50	1524958

Sports

Basketball – Above the rim

Basketball fundamentals like shooting, ball handling, rebounds, passing and team play from trained, experienced instructors. Competitions, contests and tournaments. For more information: abovetherimbasketballschool.com.

Bridlewood School – 613-580-2442

63 Bluegrass

7-14 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$238	1529738

Sir Robert Borden School – 613-580-2424 Extension 41238

131 Greenbank

7-14 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$238	1520179

Hockey development

Develop skating and individual hockey skills. During on or off-ice instruction sportsmanship and teamwork will be the foundation. Not for goalies.

Jim Durrell – 613-247-4811

6-8 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$329	1499278
9-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$329	1499280

Hockey development – Goalies

Whether during on-ice instruction or off-ice activities, sportsmanship and teamwork will be the foundation of your child’s hockey camp experience.

Jim Durrell – 613-247-4811

6-8 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$329	1499284
9-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$329	1499285

Hockey game play and swim

No instruction, just game play. Camp activities and swimming throughout the week. Full equipment including CSA-approved hockey helmet required.

Ray Friel – 613-580-4765

7-13 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$212.25	1508242

Skate and swim

Children learn basic skating skills in a fun, small group setting. Participants are grouped according to their age and skill level. Skates and a CSA-approved hockey helmet required! Swim time throughout the week!

Minto-Barrhaven – 613-727-2683

6-10 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$212.25	1503706

Nepean Sportsplex – 613-580-2828

6-8 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$212.25	1524533
9-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$212.25	1524536

Skates, runners and swim

Tie up your skates, slip on some runners and dive into a week filled with ice, land and water fun!

Pinecrest – 613-580-9676

6-8 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$212.25	1518441
9-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$212.25	1518442

Sports and swim

Skills, drills and strategies! Enjoy action-packed days full of your favorite sports. Camp activities plus swimming each day!

Richcraft-Kanata – 613-580-9696

6-7 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$212.25	1493964
8-12 years	Mon.-Fri.	8 am-5 pm
Mar 16-20	\$212.25	1493965

Youth

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Certification

National Lifeguard (NLS)

Prerequisites: 16 years of age by the last day of the course, Bronze Cross, and Standard First Aid (Lifesaving Society, Canadian Red Cross, St. John Ambulance, Canadian Ski Patrol, Premergency Inc. recognized). Nationally recognized award emphasizing teamwork, leadership, communication, accident prevention, and management of aquatic emergencies. Additional 2-hour candidate assignment required. Manual required at additional cost.

Kanata Leisure – 613-580-9677

16+ years	Mon.-Sat.	9 am-5 pm
Mar 16-21	\$164	1542234

Inclusive recreation

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Children

Shared care



Shared Care
Soins partagés

Integration program for children with a developmental disability to participate in various day camps, such as swim, sport, adventure and special interest. A child can only be registered for up to 2 weeks of shared care camp. For more information, please contact the Inclusive Recreation Coordinator in your district.

Central – 613-580-2424 Extension 29292

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Mar 16-20	\$199	1529310

East – 613-580-2424 Extension 29300

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Mar 16-20	\$199	1528848

South – 613-580-2424 Extension 29320

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Mar 16-20	\$199	1528946

West – 613-580-2424 Extension 41226

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Mar 16-20	\$199	1529275

March break camps

Adult

March break sizzler

March Break camp for adults with developmental disabilities. Participants take part in a variety of social, recreational and leisure programs. An intake/assessment with Inclusive Recreation Unit before participation is required.

Routhier – 613-580-2424 Extension 29292

18-45 years	Mon.-Fri.	8:30 am-2:30 pm
Mar 16-20	\$226.25	1529320

