



Spring and
summer 2020

Classes and activities for Families

Recreation eGuide

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Ottawa's Arts Centres

Inspiration starts here

Browse the new
Arts Centres digital guide.



New! Arts Centres guide

Ottawa's Arts Centres offer over 4,000 courses each year with instruction at every level. Professional artist instructors know exactly how to guide you through challenges and take your creations to the next level.

Be inspired by the magic of a creative, purpose-built arts environment.

Specialized arts programs at Ottawa's Arts Centres are now listed in a separate guide.



Find your inspiration!

Nepean Creative Arts Centre – Woodroffe Avenue, Nepean

Nepean Visual Arts Centre – Stafford Road, Bells Corners

Shenkman Arts Centre – Centrum Boulevard, Orléans

Instructional programming at Shenkman Arts Centre provided by:



Gloucester
POTTERY SCHOOL
ÉCOLE DE POTERIE
de Gloucester



Visual arts

Schedules and fees may be subject to change.
Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Digital arts

Maker studio – Crafty builds

This Maker Family workshop brings Art and Science together in fun and exciting ways. Imagine, design, craft and build creative projects using a wide variety of materials.

Lansdowne Park – 613-580-2424 ext. 17323

Apr 19-26	Sun.	1-3 pm
3-5 years	\$59	1541302
6-14 years	\$59	1541304
15-18 years	\$66.75	1541310
19+ years	\$66.75	1541313
Jun 2-23	Tue.	6-7:30 pm
3-5 years	\$88.50	1541350
6-14 years	\$88.50	1541351
15-18 years	\$100	1541352
19+ years	\$100	1541353

Maker studio – Electrical gizmos

This Maker Family workshop involves playing with simple circuits to create imaginative and exciting gizmos like mini-bots, and stuffed critters that light up when squeezed.

Lansdowne Park – 613-580-2424 ext. 17323

Apr 7-14	Tue.	6-7:30 pm
3-5 years	\$44.25	1537649
6-14 years	\$44.25	1537658
15-18 years	\$50	1537677
19+ years	\$50	1537690

Maker studio – Light and sound

This Maker Family workshop explores the world of light and sound through exciting and inventive projects.

Lansdowne Park – 613-580-2424 ext. 17323

May 12-19	Tue.	6-7:30 pm
3-5 years	\$44.25	1538005
6-14 years	\$44.25	1538011
15-18 years	\$50	1538019
19+ years	\$50	1538023

Maker studio – Things that go!

This Maker Family workshop will have you designing and building a variety of projects from flying machines to crazy cars.

Lansdowne Park – 613-580-2424 ext. 17323

Apr 21-28	Tue.	6-7:30 pm
3-5 years	\$44.25	1537966
6-14 years	\$44.25	1537972
15-18 years	\$50	1537982
19+ years	\$50	1537993



Martial arts

Taekwondo

Learn together. Any combination of four participants, which must include one adult. Participants must register separately.

Earl Armstrong Arena – 613-748-1771

Apr 1-Jun 24	Wed.	7-8 pm
6-14 years	\$137	1525812
15-18 years	\$155	1525818
19+ years	\$155	1525823
Jul 8-Aug 26	Wed.	7-8 pm
6-14 years	\$84.50	1532464
15-18 years	\$95.25	1532467
19+ years	\$95.25	1532469
Mar 28-Jun 27	Sat.	11 am-noon
6-14 years	\$116	1533609
15-18 years	\$131	1533611
19+ years	\$131	1533543
Jul 4-Aug 29	Sat.	11 am-noon
6-14 years	\$84.50	1532535
15-18 years	\$95.25	1532570
19+ years	\$95.25	1532576

Sports

Badminton – Game play

Emphasis is on active participation and fun. Non-instructional game play for the whole family. Individual registrations required.

Bridlewood School – 613-580-2442

63 Bluegrass

Apr 17-Jun 19	Fri.	6:30-7:30 pm
6-14 years	\$42.75	1527290
15-18 years	\$48.50	1527220
19+ years	\$48.50	1526303
Apr 17-Jun 19	Fri.	7:30-8:30 pm
6-14 years	\$42.75	1527292
15-18 years	\$48.50	1527223
19+ years	\$48.50	1527195



PARLEZ-NOUS!

Help us develop French recreation and culture programs that meet your needs.

Suggestions,
comments and
questions:

613-316-0630
loisirsetculture@ottawa.ca

Eva James – 613-580-2442

Mar 29-Jun 14	Sun.	4-5 pm
6-14 years	\$42.75	1527237
15-18 years	\$48.50	1527214
19+ years	\$48.50	1526289
Mar 29-Jun 14	Sun.	5-6 pm
6-14 years	\$42.75	1527287
15-18 years	\$48.50	1527216
19+ years	\$48.50	1526296

Greenboro – 613-580-2805

Apr 5-Jun 14	Sun.	3-4 pm
10-14 years	\$42.75	1541120
18+ years	\$48.50	1541121

Overbrook – 613-742-5147

Mar 23-May 25	Mon.	6-7 pm
9-14 years	\$34.25	1535258
15-17 years	\$38.75	1535288
18+ years	\$38.75	1534891

Richcraft-Kanata – 613-580-9696

Mar 29-Jun 21	Sun.	10-11 am
10-14 years	\$47	1540327
15-17 years	\$53.25	1543787
18+ years	\$53.25	1540316
Mar 29-Jun 21	Sun.	11 am-noon
10-14 years	\$47	1540328
15-17 years	\$53.25	1543788
18+ years	\$53.25	1540317

St. Michael's School – Fitzroy – 613-580-9494

159 Kedey

Mar 25-May 13	Wed.	7-9 pm
6-14 years	\$68.50	1533555
16+ years	\$77.25	1533546

Nerf® tag

Engage in various Nerf® Tag battles and cooperative games like Capture the Flag, Target Challenges and Nerf® Castles, for fun and fair play.

Greely – 613-580-2424 30235

Apr 17	Fri.	6:30-7:30 pm
8-14 years	\$6	1540074
19+ years	\$7	1540081



May 22	Fri.	6:30-7:30 pm
8-14 years	\$6	1540076
19+ years	\$7	1540082
Jun 12	Fri.	6:30-7:30 pm
8-14 years	\$6	1540079
19+ years	\$7	1540084

Ray Friel – 613-580-4765

Apr 6-Jun 22	Mon.	7-8 pm
6-14 years	\$60	1536247
18+ years	\$67.75	1536258

Rideauview – 613-822-7887

Apr 17-Jun 19	Fri.	6:30-7:30 pm
6-8 years	\$60	1535918
18+ years	\$67.75	1535933

Rollerskating

Open roller skate

Want a blast from the past? Join us for roller disco for fun on eight wheels. Bring your own quad skates or inline skates.

Lansdowne Park – 613-580-2424 ext. 17323

Apr 7-May 19	Tue.	7-8:30 pm
6-14 years	\$38.50	1538039
15-18 years	\$43.50	1538045
19+ years	\$43.50	1538055
Jun 2-23	Tue.	7-8:30 pm
6-14 years	\$25.75	1541357
15-18 years	\$29	1541358
19+ years	\$29	1541361

Fitness

Yoga

The combined focus on mindfulness, breathing and slow physical movements, practiced regularly, increases strength and flexibility as well as decreasing stress.

Plant – 613-232-3000

May 2-Jun 20	Sat.	11:30 am-12:30 pm
6-14 years	\$61	1538036
15-17 years	\$69	1538051
18+ years	\$73.25	1538046
Jul 11-Aug 29	Sat.	11:30 am-12:30 pm
6-14 years	\$61	1539466
15-18 years	\$69	1539493
19+ years	\$73.25	1539488

Ray Friel – 613-580-4765

May 10	Sun.	9:30-10:30 am
7-12 years	\$8.75	1540016
19+ years	\$10.50	1540010

Richcraft-Kanata – 613-580-9696

Mar 29-Jun 28	Sun.	10:30-11:30 am
6-14 years	\$104.50	1524433
15-17 years	\$118	1524432
18+ years	\$125.50	1524431

Yoga and pilates

Incorporates the principles of yoga and pilates.

Dempsey – 613-247-4846

15+ years	Wed.	7-8 pm
Apr 1-Jun 10	\$115	1539498
Jun 24-Aug 19	\$83.75	1539541

Zumba®

Inspired by Latin and International dance, this is a great cardio fitness class with focus on fun and sweating. You'll be blasting calories through salsa, merengue, samba, belly dance, reggaeton, and hip-hop without even thinking about it!

Walter Baker – 613-580-2788

Apr 7-May 26	Tue.	7:15-8:15 pm
11-13 years	\$56.75	1532407
15-18 years	\$64	1532390
18+ years	\$69	1532385