



Spring and
summer 2020

Inclusive Recreation

Recreation eGuide

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Preschool

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Gymnastics

Learn basic recreational gymnastics skills on various gymnastics equipment. Intake/assessment required with Inclusive Recreation Unit before participation and re-assessment required on a yearly basis. A support person may be required to attend with your child.

Eva James – 613-580-2442

4-5 years	Sat.	noon-12:45 pm
Mar 28-Jun 13	\$107.75	1529733

Children

Gymnastics

Learn basic recreational gymnastics skills on various gymnastics equipment. Intake/assessment required with Inclusive Recreation Unit before participation and re-assessment required on a yearly basis. A support person may be required to attend with your child.

Eva James – 613-580-2442

6-12 years	Sat.	noon-12:45 pm
Mar 28-Jun 13	\$107.75	1529734

Minto-Barrhaven – 613-727-2683

5-10 years	Sun.	9:55-10:55 am
Mar 29-Jun 14	\$139	1518913

Inclusive Swim Kids 1

Swim lessons for children with developmental or cognitive disabilities. Builds on motor skills, communication, socialization, and survival skills in an aquatic environment. Two weeks prior to participation and on a yearly basis, participants must complete the following; enrolment form with appendix A, Inclusive Recreation intake form and in-water assessment. Parents are required to remain on site for the duration of the lesson.

Bob MacQuarrie-Orléans – 613-580-9600

6-8 years	Sun.	11:30 am-noon
Mar 29-Jun 21	\$171.50	1521948
6-8 years	Tue.	5:15-5:45 pm
Mar 31-Jun 16	\$171.50	1521944
6-8 years	Thu.	6:30-7 pm
Apr 2-Jun 18	\$171.50	1521946
6-8 years	Sat.	10:30-11 am
Mar 28-Jun 20	\$171.50	1521947
9-12 years	Sun.	12:30-1 pm
Mar 29-Jun 21	\$171.50	1521953
9-12 years	Tue.	6:45-7:15 pm
Mar 31-Jun 16	\$171.50	1521950
9-12 years	Thu.	7:30-8 pm
Apr 2-Jun 18	\$171.50	1521951
9-12 years	Sat.	11:30 am-noon
Mar 28-Jun 20	\$171.50	1521952

Brewer Pool – 613-247-4938

6-8 years	Sat.	10:30-11:15 am
Mar 28-Jun 13	\$193	1540036
9-12 years	Sat.	11:15 am-noon
Mar 28-Jun 20	\$214.50	1540071

Kanata Leisure – 613-580-9677

6-8 years	Sun.	8:30-9 am
Apr 19-Jun 21	\$128.75	1539703
9-12 years	Sun.	9-9:30 am
Apr 19-Jun 21	\$128.75	1539707

Katimavik Outdoor – 613-580-9677

6-8 years	Mon.	5:30-6 pm
Jun 29-Aug 10	\$85.75	1526684
9-12 years	Mon.	5:30-6 pm
Jun 29-Aug 10	\$85.75	1526688

Pincrest – 613-580-9676

6-8 years	Sat.	10:30-11 am
Mar 28-Jun 6	\$128.75	1535516
9-12 years	Sun.	11-11:30 am
Mar 29-Jun 7	\$128.75	1535525

Inclusive Swim Kids 2

Swim lessons for children with developmental or cognitive disabilities. Builds on swimming skills, motor skills, communication, socialization, and survival skills in an aquatic environment. Two weeks prior to participation and on a yearly basis, participants must complete the following; enrolment form with appendix A, Inclusive Recreation intake form and in-water assessment. Parents are required to remain on site for the duration of the lesson. Completion of Swim Kids 1 is required.

Bob MacQuarrie-Orléans – 613-580-9600

6-8 years	Sun.	noon-12:30 pm
Mar 29-Jun 21	\$171.50	1521960
6-8 years	Tue.	6:15-6:45 pm
Mar 31-Jun 16	\$171.50	1521955
6-8 years	Thu.	7-7:30 pm
Apr 2-Jun 18	\$171.50	1521956
6-8 years	Sat.	11-11:30 am
Mar 28-Jun 20	\$171.50	1521957

9-12 years	Sun.	11-11:30 am
Mar 29-Jun 21	\$171.50	1521965
9-12 years	Tue.	7:30-8 pm
Mar 31-Jun 16	\$171.50	1521961
9-12 years	Thu.	7:30-8 pm
Apr 2-Jun 18	\$171.50	1521962
9-12 years	Sat.	10-10:30 am
Mar 28-Jun 20	\$171.50	1521964

Brewer Pool – 613-247-4938

6-8 years	Sat.	10:30-11:15 am
Mar 28-Jun 13	\$193	1540057
9-12 years	Sat.	11:15 am-noon
Mar 28-Jun 20	\$214.50	1540092

Kanata Leisure – 613-580-9677

6-8 years	Sun.	8:30-9 am
Apr 19-Jun 21	\$128.75	1539711
9-12 years	Sun.	9-9:30 am
Apr 19-Jun 21	\$128.75	1539714

Katimavik Outdoor – 613-580-9677

6-8 years	Mon.	5:30-6 pm
Jun 29-Aug 10	\$85.75	1526691
9-12 years	Mon.	5:30-6 pm
Jun 29-Aug 10	\$85.75	1526696

Pinecrest – 613-580-9676

6-8 years	Sat.	11-11:30 am
Mar 28-Jun 6	\$128.75	1535538
9-12 years	Sun.	11-11:30 am
Mar 29-Jun 7	\$128.75	1535554

Youth and adult

Alumni in motion

A social recreational program for young adults with a physical disability. Participants must be able to self-propel and toilet independently. An intake meeting is required prior to the start of program for new participants.

Hintonburg – 613-798-8874

19-45 years	Fri.	6:30-9:30 pm
Apr 3-Jun 5	\$101.75	1518618

Alumni ventures

A social recreational program for young adults with a developmental disability who are ambulatory. Participants must be able to toilet independently. An intake meeting is required prior to the start of program for new participants.

Hintonburg – 613-798-8874

19-45 years	Fri.	6:30-9:30 pm
Apr 3-Jun 5	\$101.75	1518619

Aquafitness

An aquafit program designed for individuals with a developmental disability.

Jack Purcell – 613-564-1050

18+ years	Mon.	9:30-10:15 am
Apr 20-Jun 15	\$90	1527564

Art

An art class for youth and adults who have disabilities. Participants must be able to work in a 1:5 ratio.

Hintonburg – 613-798-8874

15-45 years	Wed.	5:30-7 pm
Apr 1-May 20	\$164	1518614

Arts centre black box theatre

Explore the world of theatre for youth/young adults with developmental disabilities. Develops their creativity and self-expression. Participants must be able to work in a 1:5 staff client ratio.

Nepean Creative Arts – 613-596-5783

15-46 years	Sun.	10:30 am-noon
Mar 29-Jun 14	\$184	1524883

Cardio pump

Group fitness class for adults with developmental disabilities. Activities include basic aerobic choreography, circuit workouts, strength and stretch exercises. Participants work at their own pace to tone and strengthen core muscles. Must be mobile and able to work in a 1:5 ratio. Assessment required prior to start of program.

Hintonburg – 613-798-8874

15-45 years	Tue.	5:30-6:30 pm
Mar 31-May 19	\$112.75	1518609

Pinecrest – 613-580-9676

18-50 years	Fri.	6-7 pm
Mar 27-Jun 5	\$141	1527154

Friday night two

A social recreational program for youth with multiple disabilities. Participants must be able to self-propel and toilet independently. An intake meeting is required prior to the start of program for new participants.

Bob MacQuarrie-Orléans – 613-580-9600

28-40 years	Fri.	6-9 pm
Apr 17-Jun 19	\$123.75	1537917

Friday night youth

A social recreational program for youth with multiple disabilities. Participants must be able to self-propel and toilet independently. An intake meeting is required prior to the start of program for new participants.

Bob MacQuarrie-Orléans – 613-580-9600

16-27 years	Fri.	6-9 pm
Apr 17-Jun 19	\$123.75	1537914

Hintonburg – 613-798-8874

15-21 years	Fri.	6:30-9:30 pm
Apr 3-Jun 5	\$101.75	1518617

Friends for fun

Therapeutic recreation program for individuals who have a developmental disability. The program is developed based on healthy lifestyles, physical activity and community integration.

Walter Baker – 613-580-2788

21-55 years	Tue.	7-9 pm
Apr 7-May 26	\$149.50	1531452

Hip hop

An energetic dance class for adults with developmental disabilities. Participants must be mobile and able to work in a 1:5 staff client ratio.

Hintonburg – 613-798-8874

15-45 years	Tue.	6-7 pm
Mar 31-May 19	\$101.75	1518610

MS exercise group

Meet weekly with an exercise specialist in the gym who customizes a workout routine geared to the individual's specific abilities. The group offers support and resource information as well as encouragement.

Jack Purcell – 613-564-1050

18+ years Wed. 1-2 pm
Apr 8-Jun 10 \$86.25 [1522703](tel:1522703)

Ready, set, cook

Improve confidence and independence in the kitchen, for adults with a developmental disability. Participants must be able to work in a 1:5 staff client ratio.

Hintonburg – 613-798-8874

15-45 years Tue. 6:30-8 pm
Mar 31-May 19 \$101.75 [1518613](tel:1518613)

Rehab walking

Walk in a safe supervised small group environment. Clients may bring their walking aids if required. In addition to walking, we offer seated stretching, strengthening and balancing exercises. The program goals are to improve walking independence, increase mobility, building stamina, balance and gaining confidence.

Jack Purcell – 613-564-1050

18+ years Tue. 1-2 pm
Apr 14-Jun 16 \$86.25 [1522891](tel:1522891)

Saturday social

An exciting program for adults with developmental delay. A social recreation program that includes cooking, crafts, off site excursions and much much more! Participants must be ambulatory.

McNabb – 613-564-1070

18-55 years Sat. 1-4 pm
Mar 28-Jun 13 \$133.75 [1536111](tel:1536111)



Social time – Youth

Recreational games and physical activity for youth with a diagnosis of autism spectrum disorder. Interact with peers in group activity. For youth who can follow instruction and safely participate in a ratio of 1:3 support environment.

Richcraft-Kanata – 613-580-9696

13-17 years Fri. 6:30-8 pm
Apr 3-May 22 \$174.75 [1531540](tel:1531540)



Spring nights

An evening activity program for adults with a physical disability. Activities include community events, dancing, films and workshops held throughout the Ottawa area.

Jack Purcell – 613-564-1050

35+ years Thu. 6-8:30 pm
Apr 16-Jun 18 \$150.50 [1535312](tel:1535312)
Jul 2-Aug 20 \$120 [1535319](tel:1535319)

Thursday nights rock

A social recreational program for adults with multiple disabilities. Participants must be able to self-propel and toilet independently. An intake meeting is required prior to the start of program for new participants.

Hintonburg – 613-798-8874

19-64 years Thu. 6-9 pm
Apr 2-May 21 \$101.75 [1518616](tel:1518616)

Total body workout

Designed for adults with visual impairment or low vision. Aerobic warm up followed by low and high cardio sets, control movement and strengthening exercises. Finishes with floor work, relaxation and stretching.

Jack Purcell – 613-564-1050

18+ years Fri. 5:30-6:30 pm
Apr 3-Jun 12 \$86.25 [1522878](tel:1522878)

Yoga

Ease tension and stress through supported yoga postures, relaxation and breath awareness. Participants should be able to get up and down from floor independently. No prior yoga experience is necessary.

Jack Purcell – 613-564-1050

18+ years Mon. 10:15-11:15 am
Apr 6-Jun 22 \$86.25 [1522860](tel:1522860)
18+ years Fri. 1:15-2:15 pm
Apr 10-Jun 12 \$86.25 [1522861](tel:1522861)

Hintonburg – 613-798-8874

15-45 years Sat. 10-11 am
Apr 4-Jun 6 \$101.75 [1518620](tel:1518620)

Zumba

Dance-fitness class with zesty Latin music: salsa, meringue and reggaeton. Easy to follow moves adapted to meet the needs of the class. Participants must be ambulatory and able to work in 1:5 ratio.

Hintonburg – 613-798-8874

15-45 years Wed. 7:15-8:15 pm
Apr 1-May 20 \$101.75 [1518615](tel:1518615)

Shared Care

Summer camp

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.



Shared Care
Soins partagés

Shared Care

Integration support for children with special needs to participate in the summer camp of their choice. Support will be offered for 2 weeks at the camp location of your choice. Camp participation criteria will be used to determine eligibility.

No camps on July 1 and August 3.

Please be advised that Shared Care is based on a first-come, first-served basis. There will be a limited number of spaces available. No last-minute or first-day of camp support services will be offered.

How to register

1. Browse the Summer camps eGuide to find the camp you would like to register your child in
2. Check the camps location listing to identify the district location the camp is offered in (East/West/South/Central)
3. Choose the weeks you would like them to attend (maximum 2 weeks)
4. Registration is a two-step process:
 - a. Register and pay for the 2 weeks of your chosen camp using the correct barcode
 - b. You will also register under your district's shared care barcode (No cost)

5. Contact the Inclusive Recreation Coordinator for the district where you have registered your child in camp. Shared Care support will be offered at no additional cost to the families. For more information, please contact the Inclusive Recreation Coordinator in your district.

Please note the following:

- Registration is complete when you have paid the registration fees.
- There will be no camps on July 1 and August 3.
- Participants must register in advance for camp programs.
- Required forms are to be submitted on, or before, the first day of camp.
- Schedules and fees may be subject to change. Fees include HST.
- Instructional programs are advertised in the language in which they are offered.

Forms to complete:

- [Program Enrolment Form](#)
- [Medication Administration Request Form – Part 1](#) for summer camps
- [Medication Authorization – Part 2](#) for summer camps

Forms are also available for pick up at your recreation facility.

Central

613-580-2424 ext. 29292

Integration program for children with a disability to participate in various day camps, such as swim, sport, adventure and special interest. A child can only be registered for up to 2 weeks of shared care camp. For more information, please contact the Inclusive Recreation Coordinator in your district.

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jun 29-Jul 3	1525893	
Jul 6-10	1525896	
Jul 13-17	1525902	
Jul 20-24	1525906	
Jul 27-31	1525912	
Aug 4-7	1525917	
Aug 10-14	1525925	
Aug 17-21	1525937	

East

613-580-2424 ext. 29300

Integration program for children with a disability to participate in various day camps, such as swim, sport, adventure and special interest. A child can only be registered for up to 2 weeks of shared care camp. For more information, please contact the Inclusive Recreation Coordinator in your district.

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jun 29-Jul 3	1526151	
Jul 6-10	1526159	
Jul 13-17	1526161	
Jul 20-24	1526173	
Jul 27-31	1526175	
Aug 4-7	1526176	
Aug 10-14	1526178	
Aug 17-21	1526195	

Shared Care

South

613-580-2424 ext. 29291

Integration program for children with a disability to participate in various day camps, such as swim, sport, adventure and special interest. A child can only be registered for up to 2 weeks of shared care camp. For more information, please contact the Inclusive Recreation Coordinator in your district.

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jun 29-Jul 3	1526034	
Jul 6-10	1526039	
Jul 13-17	1526047	
Jul 20-24	1526058	
Jul 27-31	1526061	
Aug 4-7	1526074	
Aug 10-14	1526078	
Aug 17-21	1526082	

West

613-580-2424 ext. 41226

Integration program for children with a disability to participate in various day camps, such as swim, sport, adventure and special interest. A child can only be registered for up to 2 weeks of shared care camp. For more information, please contact the Inclusive Recreation Coordinator in your district.

6-12 years	Mon.-Fri.	8:30 am-4:30 pm
Jun 29-Jul 3	1529081	
Jul 6-10	1529085	
Jul 13-17	1529098	
Jul 20-24	1529104	
Jul 27-31	1529108	
Aug 4-7	1529116	
Aug 10-14	1529121	
Aug 17-21	1529127	

Summer camps

Schedules and fees may be subject to change. Fees include HST.

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No camps on July 1 and August 3.

Camp experience/adventures

Social/Recreation program for youth and young adults with disabilities.

Hintonburg – 613-798-8874

15-40 years	Mon.-Fri.	10 am-3 pm
Jun 29-Jul 3	\$135.75	1518624
Jul 6-10	\$151	1518625
Jul 13-17	\$151	1518626
Jul 20-24	\$151	1518627
Jul 27-31	\$151	1518628
Aug 4-7	\$135.75	1518629
Aug 10-14	\$151	1518630
Aug 17-21	\$151	1518631



Hintonburg's youth experience – Pre and post care

Youth must be ambulatory for this pre and post care service. Pick-up and drop-off will be at Hintonburg. For the out trips, bussing will be with O.C. Transpo accompanied by program staff. Youth may need to provide their own bus tickets.

Hintonburg – 613-798-8874

15-40 years	Mon.-Fri.	9-10 am
Jun 29-Jul 3	\$36.75	1518632
Jul 6-10	\$46.25	1518633
Jul 13-17	\$46.25	1518634
Jul 20-24	\$46.25	1518635
Jul 27-31	\$46.25	1518636
Aug 4-7	\$36.75	1518637
Aug 10-14	\$46.25	1518638
Aug 17-21	\$46.25	1518639

Rock, rattle and roll

A fun summer camp for individuals requiring physical and or medical support. Participants may be required to bring a support person.

Fallingbrook School – 613-580-2424 ext. 29300

679 Deancourt

18-35 years	Mon.-Fri.
Jun 29-Jul 3	9 am-5 pm
Jul 6-10	9 am-5 pm

Walter Baker – 613-580-2424 ext. 29291

18-35 years	Mon.-Fri.
Aug 24-28	9 am-5 pm

Spirit

The City of Ottawa and the Children’s Hospital of Eastern Ontario (CHEO) offer this therapeutic recreation program for children who are medically fragile/technologically dependent. Referrals are made through Children’s Hospital of Eastern Ontario (CHEO).

Fallingbrook School – 613-580-2424 ext. 29320

679 Deancourt

7-18 years Mon.-Fri.
 Jul 13-17 9 am-5 pm
 Jul 20-24 9 am-5 pm
 Jul 27-31 9 am-5 pm

Walter Baker – 613-580-2424 ext. 29320

7-18 years Mon.-Fri.
 Aug 10-14 9 am-4 pm
 Aug 17-21 9 am-4 pm
 7-18 years Tue.-Fri.
 Aug 4-7 9 am-4 pm

Summer sizzler – Youth

This is an interactive summer camp for youth with developmental disabilities. Participants will be encouraged to plan a variety of activities; sports, games, cooking and crafts. An intake meeting is required prior to the start of program for new participants.

Earl Armstrong Arena – 613-580-2424 ext. 29300

13-17 years Mon.-Fri. 9 am-3 pm
 Jul 27-31 \$180.50 [1529019](#)
 Aug 4-7 \$144.50 [1529022](#)

Earl of March School – 613-580-2424 ext. 41226

4 The Parkway

13-17 years Mon.-Fri. 9 am-3 pm
 Jul 27-31 \$180.50 [1529238](#)
 Aug 4-7 \$144.50 [1529245](#)



Summer plus – Adult

This is an interactive therapeutic recreation summer camp for adults with developmental disabilities. Participants will be encouraged to help plan a variety of activities; sports, games, cooking, and crafts. An intake meeting is required prior to the start of program for new participants.

Earl Armstrong Arena – 613-580-2424 ext. 29300

18-45 years Mon. 9 am-3 pm
 Jun 29 \$68 [1526208](#)
 Jul 6 \$68 [1526219](#)
 Jul 13 \$68 [1526234](#)
 Jul 20 \$68 [1526250](#)
 18-45 years Tue. 9 am-3 pm
 Jun 30 \$68 [1526211](#)
 Jul 7 \$68 [1526225](#)
 Jul 14 \$68 [1526237](#)
 Jul 21 \$68 [1526252](#)

18-45 years Wed. 9 am-3 pm
 Jul 8 \$68 [1526228](#)
 Jul 15 \$68 [1526238](#)
 Jul 22 \$68 [1526254](#)
 18-45 years Thu. 9 am-3 pm
 Jul 2 \$68 [1526214](#)
 Jul 9 \$68 [1526230](#)
 Jul 16 \$68 [1526245](#)
 Jul 23 \$68 [1526256](#)
 18-45 years Fri. 9 am-3 pm
 Jul 3 \$68 [1526216](#)
 Jul 10 \$68 [1526232](#)
 Jul 17 \$68 [1526248](#)
 Jul 24 \$68 [1526257](#)

Earl of March School – 613-580-2424 ex 41226

4 The Parkway

18-45 years	Mon.	9 am-3 pm
Jun 29	\$68	1529158
Jul 6	\$68	1529184
Jul 13	\$68	1529201
Jul 20	\$68	1529214
18-45 years	Tue.	9 am-3 pm
Jun 30	\$68	1529163
Jul 7	\$68	1529188
Jul 14	\$68	1529205
Jul 21	\$68	1529216
18-45 years	Wed.	9 am-3 pm
Jul 8	\$68	1529192
Jul 15	\$68	1529207
Jul 22	\$68	1529221
18-45 years	Thu.	9 am-3 pm
Jul 2	\$68	1529168
Jul 9	\$68	1529195
Jul 16	\$68	1529209
Jul 23	\$68	1529223
18-45 years	Fri.	9 am-3 pm
Jul 3	\$68	1529180
Jul 10	\$68	1529199
Jul 17	\$68	1529212
Jul 24	\$68	1529227

McNabb – 613-580-2424 ext. 29292

18-45 years	Mon.	8:30 am-2:30 pm
Jun 29	\$68	1528767
Jul 6	\$68	1528779
Jul 13	\$68	1528792
Jul 20	\$68	1528805
18-45 years	Tue.	8:30 am-2:30 pm
Jun 30	\$68	1528769
Jul 7	\$68	1528780
Jul 14	\$68	1528801
Jul 21	\$68	1528807
18-45 years	Wed.	8:30 am-2:30 pm
Jul 8	\$68	1528781
Jul 15	\$68	1528795
Jul 22	\$68	1528810

18-45 years	Thu.	8:30 am-2:30 pm
Jul 2	\$68	1528775
Jul 9	\$68	1528785
Jul 16	\$68	1528799
Jul 23	\$68	1528816
18-45 years	Fri.	8:30 am-2:30 pm
Jul 3	\$68	1528777
Jul 10	\$68	1528789
Jul 17	\$68	1528803
Jul 24	\$68	1528818
Routhier – 613-580-2424 ext. 29292		
18-45 years	Mon.	8:30 am-2:30 pm
Jun 29	\$68	1528540
Jul 6	\$68	1528722
Jul 13	\$68	1528745
Jul 20	\$68	1528751

18-45 years	Tue.	8:30 am-2:30 pm
Jun 30	\$68	1528701
Jul 7	\$68	1528725
Jul 14	\$68	1528746
Jul 21	\$68	1528755
18-45 years	Wed.	8:30 am-2:30 pm
Jul 8	\$68	1528729
Jul 15	\$68	1528747
Jul 22	\$68	1528757
18-45 years	Thu.	8:30 am-2:30 pm
Jul 2	\$68	1528716
Jul 9	\$68	1528735
Jul 16	\$68	1528748
Jul 23	\$68	1528760





18-45 years	Fri.	8:30 am-2:30 pm
Jul 3	\$68	1528720
Jul 10	\$68	1528742
Jul 17	\$68	1528750
Jul 24	\$68	1528762

Walter Baker – 613-580-2424 ext. 29291

18-55 years	Mon.	9 am-3 pm
Jun 29	\$68	1526743
Jul 6	\$68	1526764
Jul 13	\$68	1526943
Jul 20	\$68	1526966

18-55 years	Tue.	9 am-3 pm
Jun 30	\$68	1526747
Jul 7	\$68	1526769
Jul 14	\$68	1526948
Jul 21	\$68	1526970

18-55 years	Wed.	9 am-3 pm
Jul 8	\$68	1526772
Jul 15	\$68	1526955
Jul 22	\$68	1526979

18-55 years	Thu.	9 am-3 pm
Jul 2	\$68	1526757
Jul 9	\$68	1526777
Jul 16	\$68	1526957
Jul 23	\$68	1527028

18-55 years	Fri.	9 am-3 pm
Jul 3	\$68	1526761
Jul 10	\$68	1526782
Jul 17	\$68	1526962
Jul 24	\$68	1527043

Travel training adventures

Designed to teach people 18 years of age and older with a developmental disability how to use Ottawa public transit independently. Designed for clients with a higher level of independence, and the overall goal of achieving full independence and integration. Clients must be able to work in a 1:5 ratio.

Hintonburg – 613-798-8874

18-45 years	Mon.	10 am-3 pm
Aug 24	\$180.50	1518532

French / Français

Été plus

Ce camp d'été interactif propose des loisirs thérapeutiques aux personnes qui présentent une déficience intellectuelle. Les participants seront invités à participer à la planification d'activités variées, notamment des sports, des jeux et des activités culinaires et de bricolage. Un entretien préliminaire avec les nouveaux participants est requis avant le début du programme.

Sir Wilfrid Laurier – 613-580-2424 ext. 29300

1515 Tenth Line

18-45 ans	lun.	9 h-15 h
29 juin	\$68	1527393
6 juil.	\$68	1527447
13 juil.	\$68	1527693
20 juil.	\$68	1527707
18-45 ans	mar.	9 h-15 h
30 juin	\$68	1527409
7 juil.	\$68	1527451
14 juil.	\$68	1527699
21 juil.	\$68	1527712
18-45 ans	mer.	9 h-15 h
8 juil.	\$68	1527463
15 juil.	\$68	1527703
22 juil.	\$68	1527718
18-45 ans	jeu.	9 h-15 h
2 juil.	\$68	1527421
9 juil.	\$68	1527686
16 juil.	\$68	1527704
23 juil.	\$68	1527723
18-45 ans	ven.	9 h-15 h
3 juil.	\$68	1527438
10 juil.	\$68	1527689
17 juil.	\$68	1527705
24 juil.	\$68	1527727

Soins partagés

Camps d'été



Shared Care
Soins partagés

Les programmes de Soins partagés

Il n'y a pas de camp le 1 juillet et le 3 août.

Les programmes de Soins partagés offrent gratuitement aux enfants ayant des besoins spéciaux une aide à l'intégration au camp d'été de leur choix. L'enfant bénéficie d'une aide pendant deux semaines au camp d'été de son choix. La participation au programme est conditionnelle à certains critères.

L'inscription est obligatoire et se fait selon le principe du premier arrivé, premier servi. Le nombre de places est limité. Aucun service de soutien de dernière minute ou le premier jour du camp ne sera offert.

Les programmes éducatifs sont offerts dans la langue dans laquelle ils sont annoncés, mais les employés du programme de Soins partagés parlent anglais et français.

Comment s'inscrire

1. Parcourez le Summer camps eGuide (en anglais) pour trouver le camp où vous souhaitez inscrire votre enfant.
2. Repérez dans quel district se déroulera le camp que vous avez choisi (Est, Ouest, Sud, Centre).
3. Choisissez les semaines où vous souhaitez inscrire votre enfant (deux semaines maximum).

4. L'inscription se fait en trois étapes :
 - a. [Inscrivez votre enfant](#) au camp et réglez le montant dû en cliquant sur le code numérique correspondant.
 - b. Puis, inscrivez gratuitement votre enfant au programme de soins partagés du district en cliquant sur le code numérique correspondant, à la page quatre du Mon cyberguide des loisirs inclusifs printemps et été (en anglais).
 - c. Communiquez avec [le coordonnateur des loisirs inclusifs du district où vous avez inscrit votre enfant](#).

Est

613-580-2424 poste 29300

Programme d'intégration pour les enfants ayant une déficience afin qu'ils puissent participer à différents camps de jour, comme ceux de natation, de sports, d'aventure et d'intérêts spéciaux. Un enfant ne peut pas être inscrit à un camp offrant des soins partagés pour une période de plus de deux semaines. Pour un complément d'information, veuillez communiquer avec le coordonnateur des loisirs inclusifs de votre district.

6-12 ans lun.-ven. 8 h 30-16 h 30
22-26 juin [1526147](#)

Sud

613-580-2424 poste 29291

Programme d'intégration pour les enfants ayant une déficience afin qu'ils puissent participer à différents camps de jour, comme ceux de natation, de sports, d'aventure et d'intérêts spéciaux. Un enfant ne peut pas être inscrit à un camp offrant des soins partagés pour une période de plus de deux semaines. Pour un complément d'information, veuillez communiquer avec le coordonnateur des loisirs inclusifs de votre district.

6-12 ans lun.-ven. 8 h 30-16 h 30
22-26 juin [1526025](#)

Ouest

613-580-2424 poste 41226

Programme d'intégration pour les enfants ayant une déficience afin qu'ils puissent participer à différents camps de jour, comme ceux de natation, de sports, d'aventure et d'intérêts spéciaux. Un enfant ne peut pas être inscrit à un camp offrant des soins partagés pour une période de plus de deux semaines. Pour un complément d'information, veuillez communiquer avec le coordonnateur des loisirs inclusifs de votre district.

6-12 ans lun.-ven. 8 h 30-16 h 30
22-26 juin [1544937](#)

Centre

613-580-2424 poste 29292

Programme d'intégration pour les enfants ayant une déficience afin qu'ils puissent participer à différents camps de jour, comme ceux de natation, de sports, d'aventure et d'intérêts spéciaux. Un enfant ne peut pas être inscrit à un camp offrant des soins partagés pour une période de plus de deux semaines. Pour un complément d'information, veuillez communiquer avec le coordonnateur des loisirs inclusifs de votre district.

6-12 ans lun.-ven. 8 h 30-16 h 30
22-26 juin [1526008](#)