



Spring and
summer 2020

Classes and activities for

Preschool

(ages 16 months
to 6 years)

Recreation eGuide

Table of contents

Arts in your neighbourhood	2
Sports	8
General interest	16
Workshops	19



[fee support](#)



[facilities](#)

Arts in your neighbourhood

Schedules and fees may be subject to change. Fees include HST.

Each barcode is linked from the PDF directly to the page specific to the barcode in our registration system where you can view additional details. Starting from the registration date, you can add each class to your cart for easy registration!

Instructional programs are advertised in the language in which they are offered.

Dance

Ballet – Level 1

Introduce your little one to the world of creative movement. Simple exercises are structured to develop balance and coordination, while preschoolers learn the different movements and ballet basics.

Bob MacQuarrie-Orléans – 613-580-9600

3-5 years	Tue.	5:45-6:30 pm
Apr 14-Jun 16	\$71	1531447
3-5 years	Sat.	11:05-11:50 am
Apr 18-Jun 20	\$64	1531211

Chapman Mills – 613-822-7887

2-3 years	Fri.	4-4:30 pm
Mar 27-Jun 5	\$47.50	1536425
3-5 years	Fri.	4:30-5:15 pm
Mar 27-Jun 5	\$71	1536432
3-5 years	Fri.	5:15-6 pm
Mar 27-Jun 5	\$71	1536436

Eva James – 613-580-2442

3-5 years	Sat.	10:25-11:10 am
Mar 28-Jun 13	\$71	1529735
4-6 years	Sat.	11:15 am-noon
Mar 28-Jun 13	\$71	1529736



Fisher Park – 613-798-8945

3-5 years	Sat.	9:45-10:30 am
Apr 4-Jun 20	\$71	1530836

François Dupuis – 613-580-8080

3-5 years	Sun.	11:30 am-12:15 pm
Apr 5-Jun 7	\$57	1533782
3-5 years	Sat.	10:45-11:30 am
Apr 4-Jun 6	\$57	1533786
3-5 years	Sat.	12:15-1 pm
Apr 4-Jun 6	\$57	1533794

Fred Barrett Arena – 613-822-7887

3-5 years	Tue.	5-5:45 pm
Apr 7-May 26	\$57	1536495

Greely – 613-580-2424 ext. 30235

3-5 years	Thu.	6-6:45 pm
Apr 2-May 21	\$57	1540024

Heron – 613-247-4808

3-5 years	Wed.	5-5:45 pm
Mar 25-May 27	\$71	1525724

Hintonburg – 613-798-8874

3-4 years	Thu.	6:15-7 pm
Apr 2-Jun 4	\$71	1524486

Hunt Club-Riverside Park – 613-580-2990

3-4 years	Sat.	9-9:45 am
Mar 28-May 9	\$42.75	1539310
May 23-Jun 27	\$42.75	1539343
3-5 years	Mon.	6-6:45 pm
Mar 23-May 4	\$42.75	1539288
May 25-Jun 29	\$42.75	1539295
4-5 years	Sat.	10-10:45 am
Mar 28-May 9	\$42.75	1539315
May 23-Jun 27	\$42.75	1539347
5-6 years	Sat.	11-11:45 am
Mar 28-May 9	\$42.75	1539329
May 23-Jun 27	\$42.75	1539348

McNabb – 613-564-1070

18 months-5 years	Tue.	5-6 pm
Mar 24-Jun 9	\$113.75	1535896
18 months-5 years	Fri.	10-11 am
Mar 27-Jun 12	\$104.25	1535899
18 months-5 years	Sun.	9:45-10:45 am
Mar 29-Jun 14	\$94.75	1535908

Minto-Barrhaven – 613-727-2683

4-5 years	Tue.	4-4:45 pm
Apr 7-Jun 9	\$71	1518834
4-5 years	Sat.	11:15 am-noon
Mar 28-Jun 13	\$71	1518835

Nepean Sportsplex – 613-580-2828

4-5 years	Thu.	5:30-6 pm
Apr 2-Jun 4	\$47.50	1528074

Pat Clark – 613-748-1771

3-5 years	Mon.	5:30-6:15 pm
Apr 20-Jun 22	\$64	1525493
Jul 6-Aug 24	\$49.75	1531115

Pincrest – 613-580-9676

5-6 years	Tue.	6-6:45 pm
Mar 31-Jun 16	\$85.25	1520491

Plant – 613-232-3000

3-5 years	Wed.	6:10-6:55 pm
Apr 29-Jun 17	\$57	1536054
Jul 8-Aug 26	\$57	1539393
4-6 years	Mon.	6:05-6:50 pm
Apr 27-Jun 15	\$49.75	1531351

Ray Friel – 613-580-4765

2-3 years	Sat.	9-9:30 am
Apr 4-Jun 27	\$52.25	1533216
3-5 years	Sat.	9:30-10 am
Jul 4-Aug 29	\$38	1538975

Rideauview – 613-822-7887

2-3 years	Sat.	9:15-9:45 am
Apr 4-Jun 6	\$38	1536134
3-5 years	Sat.	9:45-10:30 am
Apr 4-Jun 6	\$57	1536152

Sandy Hill – 613-564-1062

3-5 years	Sat.	10-10:45 am
Mar 28-Jun 20	\$85.25	1539565
3-5 years	Sat.	10:45-11:30 am
Mar 28-Jun 20	\$85.25	1539567

Walter Baker – 613-580-2788

3-4 years	Wed.	5:40-6:10 pm
Apr 8-Jun 10	\$47.50	1533381
4-6 years	Mon.	5:25-5:55 pm
Apr 6-Jun 8	\$38	1533329
5-6 years	Wed.	6:15-7 pm
Apr 8-Jun 10	\$71	1533386

Ballet jazz – Level 1

Basic to intermediate ballet and jazz techniques will be practiced. Combination of contemporary movements and ballet techniques. Exercises are structured to develop strength, balance, flexibility and coordination. Learn choreography from both dance styles.

Bayshore Field House – 613-580-2424 ext. 33188

3-5 years	Mon.	5:30-6:30 pm
Apr 6-Jun 8	\$75.75	1537332

Eva James – 613-580-2442

3-5 years	Tue.	4-4:45 pm
Mar 31-Jun 16	\$85.25	1528658

François Dupuis – 613-580-8080

3-5 years	Sat.	11:30 am-12:15 pm
Apr 4-Jun 6	\$57	1533812

Nepean Sportsplex – 613-580-2828

3-4 years	Sun.	9:30-10 am
Apr 5-Jun 7	\$38	1525787
4-5 years	Sun.	10-10:40 am
Apr 5-Jun 7	\$50.50	1525791

St-Laurent – 613-742-6767

3-5 years	Sun., Sat.	10:15-11 am
Apr 19-Jun 13	\$57	1539926
3-5 years	Sat.	1:15-2 pm
Apr 18-Jun 13	\$57	1539917

Creative movement

A fun, casual approach to practicing basic and fine motor skills, in this introduction to the elements of movement to music.

Alexander – 613-798-8978

2-4 years	Sat.	9:30-10:15 am
Mar 21-May 9	\$46	1522774

Minto-Barrhaven – 613-727-2683

3-5 years	Sun.	9:45-10:30 am
Mar 29-Jun 14	\$60	1518906

Overbrook – 613-742-5147

3-5 years	Sat., Thu.	10-10:45 am
Mar 28-May 30	\$48	1534742

Creative movement – With parent

For our youngest students, this provides a fun, casual approach to practicing basic and fine motor skills, and a cooperative introduction to the elements of dance and space.

Carp Memorial – 613-580-9696

2-3 years	Sun.	9-9:30 am
Mar 29-Jun 21	\$33	1520161

Fisher Park – 613-798-8945

1-3 years	Sat.	9-9:45 am
Apr 4-Jun 20	\$45	1530989

Drama and dance

Moving, grooving and performing on stage! Various creative learning activities include basic jazz dance choreography, improvisation, character study, expressing emotion, performance skills and drama games. Open-house performance for friends and family on last day.

Greenboro – 613-580-2805

3-5 years	Thu.	5-6 pm
Mar 26-May 14	\$75.75	1539010
May 21-Jul 9	\$75.75	1539012

Gotta dance

Introduction to the elements of dance and space. Practice fundamental large and fine motor skills through basic ballet and jazz steps.

Eva James – 613-580-2442

3-5 years	Mon.	5:20-6:05 pm
Mar 30-Jun 15	\$71	1527791
3-5 years	Tue.	4:50-5:35 pm
Mar 31-Jun 16	\$85.25	1527798

François Dupuis – 613-580-8080

3-5 years	Sun.	1:15-2 pm
Apr 5-Jun 7	\$57	1533749
3-5 years	Sun.	2-2:45 pm
Apr 5-Jun 7	\$57	1533740
3-5 years	Wed.	5-5:45 pm
Apr 1-Jun 10	\$78.25	1533322

Heron – 613-247-4808

3-5 years	Thu.	5-5:45 pm
Mar 26-May 28	\$71	1525796

Hunt Club-Riverside Park – 613-580-2990

3-4 years	Sun.	9-9:45 am
Mar 29-May 10	\$42.75	1539231
May 24-Jun 28	\$42.75	1539240
4-5 years	Sun.	10-10:45 am
Mar 29-May 10	\$42.75	1539234
May 24-Jun 28	\$42.75	1539241

Kanata Recreation – 613-580-2570

3-5 years	Sun.	9-9:45 am
Apr 19-Jun 21	\$64	1534000
3-5 years	Sun.	9:50-10:35 am
Apr 19-Jun 21	\$64	1533990

Richelieu-Vanier – 613-560-6030

3-5 years	Thu.	5:30-6:15 pm
Apr 9-May 28	\$57	1527255

Walter Baker – 613-580-2788

3-5 years	Sat.	9:30-10 am
Apr 4-Jun 13	\$42.75	1533497

Ottawa's Arts Centres

Inspiration starts here

Browse the new
Arts Centres digital guide.



New! Arts Centres guide

Ottawa's Arts Centres offer over 4,000 courses each year with instruction at every level. Professional artist instructors know exactly how to guide you through challenges and take your creations to the next level.

Be inspired by the magic of a creative, purpose-built arts environment.

Specialized arts programs at Ottawa's Arts Centres are now listed in a separate guide.



Find your inspiration!

Nepean Creative Arts Centre – Woodroffe Avenue, Nepean

Nepean Visual Arts Centre – Stafford Road, Bells Corners

Shenkman Arts Centre – Centrum Boulevard, Orléans

Instructional programming at Shenkman Arts Centre provided by:



Gloucester
POTTERY SCHOOL
ÉCOLE DE POTERIE
de Gloucester



Highland dance

Introduction to the art of Highland Dancing. Participants will learn various steps that combined form traditional dances such as the Highland Fling. Develop balance and coordination, as well as a love of this Scottish artform.

Fisher Park – 613-798-8945

5-7 years Sat. 10:30-11:15 am
Apr 4-May 23 \$57 1537425

Hip hop – Level 1

Hip hop, with its roots in urban dance, gets you moving to funky, up-beat tunes. Work on strength, flexibility and musicality through intricate and fast paced choreography. Create dynamic, stylish moves just like in the latest music videos.

François Dupuis – 613-580-8080

3-5 years Sun. 12:15-1 pm
Apr 5-Jun 7 \$63.25 1533762
3-5 years Sat. 1:15-2 pm
Apr 4-Jun 6 \$63.25 1533765
3-5 years Sat. 2-2:45 pm
Apr 4-Jun 6 \$63.25 1533965

Greenboro – 613-580-2805

3-5 years Fri. 5:30-6:30 pm
Mar 27-May 15 \$73.75 1540886
May 22-Jun 19 \$52.75 1540887

Kanata Recreation – 613-580-2570

3-5 years Sun. 10:40-11:25 am
Apr 19-Jun 21 \$71.25 1534015
3-5 years Sun. 11:30 am-12:15 pm
Apr 19-Jun 21 \$71.25 1534021

Minto-Barrhaven – 613-727-2683

3-4 years Fri. 5:15-5:45 pm
Mar 27-Jun 12 \$58 1518887
4-5 years Sun. 10:30-11:15 am
Mar 29-Jun 14 \$79.25 1518889
4-5 years Fri. 5:45-6:30 pm
Mar 27-Jun 12 \$87 1518888

Nepean Sportsplex – 613-580-2828

3-4 years Sat. 9:30-10 am
Apr 4-Jun 6 \$42.25 1525694
4-5 years Mon. 5:45-6:25 pm
Mar 30-Jun 8 \$63.25 1527981
4-5 years Sat. 10-10:40 am
Apr 4-Jun 6 \$56.25 1525710

Pat Clark – 613-748-1771

3-5 years Mon. 6:15-7 pm
Jul 6-Aug 24 \$55.50 1531299

Ray Friel – 613-580-4765

3-5 years Wed. 5:15-5:45 pm
Apr 8-Jun 24 \$63.25 1536437
3-5 years Sat. 10:45-11:15 am
Jul 4-Aug 29 \$42.25 1538983

St-Laurent – 613-742-6767

3-5 years Sun. 9:30-10:15 am
Apr 19-Jun 14 \$63.25 1539939
3-5 years Sun. 11-11:45 am
Apr 19-Jun 14 \$63.25 1539942

Hip hop – With parent

Parents join their little dancer for a good cardio workout to funky, upbeat tunes. Hip Hop is easy to learn in this energetic dance class.

Bob MacQuarrie-Orléans – 613-580-9600

3 months-4 years Sat. 10:15-11 am
Apr 18-Jun 20 \$71.25 1531159

François Dupuis – 613-580-8080

18 months-3 years Sat. 10-10:30 am
Apr 4-Jun 6 \$42.25 1534020

Minto-Barrhaven – 613-727-2683

1-3 years Fri. 4:45-5:15 pm
Mar 27-Jun 12 \$58 1518885

Nepean Sportsplex – 613-580-2828

18 months-3 years Sat. 9-9:30 am
Apr 4-Jun 6 \$42.25 1525603



Jazz – Level 1

Music, movement, and the basics of jazz dance. Exercises are structured to develop strength, balance, flexibility and coordination. Expand your creative scope and gain confidence.

Ray Friel – 613-580-4765

2-5 years Mon. 4-4:45 pm
Apr 6-Jun 22 \$71 1536154

Twinkling toes

Through creative movement with basic ballet and jazz, develop grace and creativity while allowing your personality to flourish. Performance at the final class.

CARDELREC (Goulbourn) – 613-580-2532

2-3 years Sat. 1:45-2:15 pm
Mar 28-Jun 13 \$40 1525998
4-6 years Sat. 2:15-3 pm
Mar 28-Jun 13 \$60 1526002

Carp Memorial – 613-580-9696

3-5 years Sun. 9:40-10:10 am
Mar 22-Jun 21 \$44 1520162
3-5 years Sun. 10:20-10:50 am
Mar 22-Jun 21 \$44 1520163

Chapman Mills – 613-822-7887

5-7 years	Fri.	6-7 pm
Mar 27-Jun 5	\$80	1536443

Eva James – 613-580-2442

2-3 years	Sat.	9-9:30 am
Mar 28-Jun 13	\$40	1527725
2-4 years	Mon.	4:30-5:15 pm
Mar 30-Jun 15	\$60	1527717
3-5 years	Sat.	9:35-10:20 am
Mar 28-Jun 13	\$60	1527730

Greenboro – 613-580-2805

3-5 years	Sun.	2-3 pm
Mar 29-May 17	\$56	1540900
May 24-Jun 21	\$40	1540901
3-5 years	Tue.	5-6 pm
Mar 24-May 12	\$64	1533267
May 19-Jun 16	\$40	1533276
3-5 years	Sat.	10-11 am
Mar 28-May 16	\$56	1537796
May 23-Jun 20	\$40	1537820

Kanata Recreation – 613-580-2570

3-5 years	Wed.	5:30-6 pm
Apr 15-Jun 17	\$40	1533663
3-5 years	Wed.	6-6:30 pm
Apr 15-Jun 17	\$40	1533666
3-5 years	Sat.	10-10:30 am
Apr 18-Jun 20	\$36	1533766
3-5 years	Sat.	10:35-11:05 am
Apr 18-Jun 20	\$36	1533753

Minto-Barrhaven – 613-727-2683

3-4 years	Sat.	10:45-11:15 am
Mar 28-Jun 13	\$40	1518903

Nepean Sportsplex – 613-580-2828

3-5 years	Mon.	5:15-5:45 pm
Mar 30-Jun 8	\$36	1527967
3-5 years	Sat.	10:45-11:15 am
Apr 4-Jun 6	\$32	1525723

Pinecrest – 613-580-9676

3-4 years	Tue.	5:30-6 pm
Mar 31-Jun 16	\$48	1520490

Plant – 613-232-3000

3-5 years	Mon.	5:15-6 pm
Apr 27-Jun 15	\$42	1531342
3-5 years	Wed.	5:20-6:05 pm
Apr 29-Jun 17	\$48	1536043
Jul 8-Aug 26	\$48	1539390

Richcraft-Kanata – 613-580-9696

3-5 years	Thu.	4:30-5 pm
Mar 26-Jun 18	\$52	1540125

Richmond – 613-580-2424 ext. 20705

2 years	Wed.	4:30-5 pm
Apr 8-Jun 10	\$40	1518953
3-5 years	Wed.	5-6 pm
Apr 8-Jun 10	\$80	1518954

Twinkling toes – With parent

Join your little dancer to learn creative movement through basic ballet and jazz.

François Dupuis – 613-580-8080

18 months-3 years	Sun.	9-9:30 am
Apr 5-Jun 7	\$32	1533868
18 months-3 years	Sun.	10-10:30 am
Apr 5-Jun 7	\$32	1533875
18 months-3 years	Sat.	9:30-10 am
Apr 4-Jun 6	\$32	1533883

Minto-Barrhaven – 613-727-2683

1-3 years	Sat.	10:15-10:45 am
Mar 28-Jun 13	\$40	1518902

Nepean Sportsplex – 613-580-2828

18 months-3 years	Sun.	9-9:30 am
Apr 5-Jun 7	\$32	1525775

Zumbini®

Nurture your child's love of movement and your inner child as well. Strengthen emotional development, cognitive and social skills, and your bond. Home kit must be purchased separately.

Ray Friel – 613-580-4765

1 month-4 years	Fri.	10-10:45 am
Apr 10-Jun 26	\$57.25	1536076

Music

Music for Young Children® – Sunrise program

Level 1

Sing, play, and learn! Quality music education blends the pleasure and joy of music making with sound instruction. Free for siblings under 22 months. Maximum two children per adult including sibling. Additional materials fee payable to instructor at first class.

Bob MacQuarrie-Orléans – 613-580-9600

2-4 years	Fri.	11-11:45 am
Apr 3-Jun 12	\$128	1528959

Chapman Mills – 613-822-7887

2-5 years	Mon.	9:45-10:45 am
Apr 6-Jun 15	\$170.50	1539740

Hunt Club-Riverside Park – 613-580-2990

2-5 years	Sat.	9-9:45 am
Apr 4-Jun 13	\$128	1538229

Rideauview – 613-822-7887

2-5 years	Sat.	10:30-11:30 am
Apr 4-Jun 20	\$170.50	1537559
2-5 years	Sat.	11:30 am-12:30 pm
Apr 4-Jun 20	\$170.50	1537605

Level 2

Children's music journey continues in this playful, pre-keyboard program with more songs, rhythm, and listening activities! Free for siblings under 22 months. Maximum two children per adult including sibling. Additional materials fee payable to instructor at first class. Recommended *prerequisite*: Sunrise One

Chapman Mills – 613-822-7887

2-5 years	Mon.	9:45-10:45 am
Apr 6-Jun 15	\$170.50	1539756

Rideauview – 613-822-7887

2-5 years	Sat.	10:30-11:30 am
Apr 4-Jun 20	\$170.50	1537586

Level 3

Buzz the Fly and friends lead children in spring themed songs and activities with rhythm instruments, puppets, and games. Free for siblings under 22 months. Maximum two children per adult including sibling. Additional materials fee payable to instructor at first class. **Prerequisite:** Sunrise 1 or Sunrise 2

Bob MacQuarrie-Orléans – 613-580-9600

2-4 years	Fri.	10-10:45 am
Apr 3-Jun 12	\$128	1528951

Chapman Mills – 613-822-7887

2-5 years	Mon.	10:45-11:45 am
Apr 6-Jun 15	\$170.50	1539767

Skating

Frosty blades

Get acquainted with the ice, standing and shuffling. An adult on skates with some skating experience must accompany the toddler for each lesson. A CSA-approved hockey helmet is mandatory for all skaters, including the adult. Full facemask is highly recommended.

CARDELREC (Goulbourn) – 613-580-2532

2-4 years	Tue.	5:15-5:40 pm
Mar 31-May 5	\$31	1540722
2-4 years	Tue.	6:15-6:40 pm
Mar 31-May 5	\$31	1540723
2-4 years	Wed.	4:15-4:40 pm
Mar 25-May 13	\$41.25	1540726

Jim Durrell – 613-580-2596

2-4 years	Mon., Wed.	6-6:25 pm
Jul 6-Aug 12	\$56.50	1520752
2-4 years	Mon., Wed.	6:25-6:50 pm
Jul 6-Aug 12	\$56.50	1520776

Minto-Barrhaven – 613-727-2683

2-4 years	Mon.	11-11:25 am
Apr 6-Jun 1	\$36	1524640
2-4 years	Mon.	4:25-4:50 pm
Apr 6-Jun 1	\$36	1525188
2-4 years	Mon.	6-6:25 pm
Apr 6-Jun 1	\$36	1524666
2-4 years	Mon.	6:25-6:50 pm
Apr 6-Jun 1	\$36	1524690
2-4 years	Wed.	4-4:25 pm
Apr 1-Jun 3	\$51.50	1524713
2-4 years	Wed.	4:25-4:50 pm
Apr 1-Jun 3	\$51.50	1524721
2-4 years	Wed.	5-5:25 pm
Apr 1-Jun 3	\$51.50	1524704
2-4 years	Wed.	5:25-5:50 pm
Apr 1-Jun 3	\$51.50	1524727
2-4 years	Sat.	9-9:25 am
Apr 4-Jun 6	\$41.25	1524734
2-4 years	Sat.	9:25-9:50 am
Apr 4-Jun 6	\$41.25	1524744
2-4 years	Sat.	11-11:25 am
Apr 4-Jun 6	\$41.25	1524759

Nepean Sportsplex – 613-580-2828

2-4 years	Thu.	10-10:25 am
Mar 26-Apr 30	\$31	1541207

Ray Friel – 613-580-4765

2-4 years	Tue.	5-5:25 pm
May 5-Jun 23	\$41.25	1527739
Jul 7-Aug 18	\$36	1527744
2-4 years	Tue.	6-6:25 pm
May 5-Jun 23	\$41.25	1527742
Jul 7-Aug 18	\$36	1527745

Just you and me

Learn to skate for the non-skater. An adult on skates with some skating experience must accompany the child for the first three lessons. A CSA-approved hockey helmet is mandatory for all skaters, including the adult. Full facemask is highly recommended.

CARDELREC (Goulbourn) – 613-580-2532

3-4 years	Tue.	5:15-6:05 pm
Mar 31-May 5	\$61.75	1540746
3-4 years	Tue.	6:15-7:05 pm
Mar 31-May 5	\$61.75	1540748
3-4 years	Wed.	4:15-5:05 pm
Mar 25-May 13	\$82.25	1540749

Minto-Barrhaven – 613-727-2683

2-4 years	Mon.	5-5:50 pm
Apr 6-Jun 1	\$72	1526604
2-4 years	Wed.	6-6:50 pm
Apr 1-Jun 3	\$102.75	1529766
2-4 years	Sat.	9-9:50 am
Apr 4-Jun 6	\$82.25	1529769

Kindergliders

Learn to skate program for children with limited skating experience. Work through 5 levels and receive a badge based on ability. Learn forward skating and stopping skills. A CSA-approved hockey helmet is mandatory. Full facemask is highly recommended.

CARDELREC (Goulbourn) – 613-580-2532

4-5 years	Tue.	5:15-6:05 pm
Mar 31-May 5	\$61.75	1540750
Mar 31-May 5	\$61.75	1540751
4-5 years	Tue.	6:15-7:05 pm
Mar 31-May 5	\$61.75	1540752
Mar 31-May 5	\$61.75	1540753
4-5 years	Wed.	4:15-5:05 pm
Mar 25-May 13	\$82.25	1540754
Mar 25-May 13	\$82.25	1540755

Jim Durrell – 613-580-2596

4-5 years Mon., Wed. 6-6:50 pm
 Jul 6-Aug 12 \$113 [1520837](#)

Minto-Barrhaven – 613-727-2683

4-5 years Mon. 4-4:50 pm
 Apr 6-Jun 1 \$72 [1525213](#)
 4-5 years Mon. 5-5:50 pm
 Apr 6-Jun 1 \$72 [1526655](#)
 4-5 years Wed. 4-4:50 pm
 Apr 1-Jun 3 \$102.75 [1529740](#)
 4-5 years Wed. 5-5:50 pm
 Apr 1-Jun 3 \$102.75 [1529741](#)
 4-5 years Wed. 6-6:50 pm
 Apr 1-Jun 3 \$102.75 [1529742](#)
 4-5 years Sat. 9-9:50 am
 Apr 4-Jun 6 \$82.25 [1529770](#)
 4-5 years Sat. 10-10:50 am
 Apr 4-Jun 6 \$82.25 [1529772](#)

Nepean Sportsplex – 613-580-2828

4-5 years Thu. 10:30-11:20 am
 Mar 26-Apr 30 \$61.75 [1541218](#)

Ray Friel – 613-580-4765

4-5 years Tue. 5-5:50 pm
 May 5-Jun 23 \$82.25 [1527948](#)
 Jul 7-Aug 18 \$72 [1527958](#)
 4-5 years Tue. 6-6:50 pm
 May 5-Jun 23 \$82.25 [1527955](#)
 Jul 7-Aug 18 \$72 [1527959](#)

Kindergliders – Low Ratio

Learn to skate program for children with limited skating experience. Work through 5 levels and receive a badge based on ability. Learn forward skating and stopping skills. CSA-approved hockey helmet is mandatory. Full facemask is highly recommended.

Minto-Barrhaven – 613-727-2683

4-5 years Mon. 6-6:50 pm
 Apr 6-Jun 1 \$155.50 [1526679](#)

Ray Friel – 613-580-4765

4-5 years Mon. 5-5:50 pm
 May 4-Jun 22 \$155.50 [1528362](#)
 Jul 6-Aug 17 \$133.25 [1528367](#)

Snow gliders

Learn to skate for children who are new to ice. Children should be comfortable without parental involvement. A CSA-approved hockey helmet is mandatory. Full facemask is highly recommended.

CARDELREC (Goulbourn) – 613-580-2532

4-5 years Tue. 5:40-6:05 pm
 Mar 31-May 5 \$31 [1540757](#)
 4-5 years Tue. 6:40-7:05 pm
 Mar 31-May 5 \$31 [1540758](#)
 4-5 years Wed. 4:40-5:05 pm
 Mar 25-May 13 \$41.25 [1540761](#)

Jim Durrell – 613-580-2596

4-5 years Mon., Wed. 6-6:25 pm
 Jul 6-Aug 12 \$56.50 [1520795](#)
 4-5 years Mon., Wed. 6:25-6:50 pm
 Jul 6-Aug 12 \$56.50 [1520803](#)

Minto-Barrhaven – 613-727-2683

4-5 years Mon. 4-4:25 pm
 Apr 6-Jun 1 \$36 [1524968](#)
 4-5 years Mon. 5:25-5:50 pm
 Apr 6-Jun 1 \$36 [1524977](#)
 4-5 years Wed. 4-4:25 pm
 Apr 1-Jun 3 \$51.50 [1524997](#)
 4-5 years Wed. 6-6:25 pm
 Apr 1-Jun 3 \$51.50 [1525022](#)
 4-5 years Wed. 6:25-6:50 pm
 Apr 1-Jun 3 \$51.50 [1525028](#)
 4-5 years Sat. 10-10:25 am
 Apr 4-Jun 6 \$41.25 [1525039](#)
 4-5 years Sat. 10:25-10:50 am
 Apr 4-Jun 6 \$41.25 [1525046](#)
 4-5 years Sat. 11:25-11:50 am
 Apr 4-Jun 6 \$41.25 [1525049](#)

Ray Friel – 613-580-4765

4-5 years Tue. 5:25-5:50 pm
 May 5-Jun 23 \$41.25 [1527754](#)
 Jul 7-Aug 18 \$36 [1527759](#)
 4-5 years Tue. 6:25-6:50 pm
 May 5-Jun 23 \$41.25 [1527757](#)
 Jul 7-Aug 18 \$36 [1527760](#)

Snow gliders – Low Ratio

Learn to skate for children who are new to ice. Children should be comfortable without parental involvement. A CSA-approved hockey helmet is mandatory. Full facemask is highly recommended.

Minto-Barrhaven – 613-727-2683

4-5 years Wed. 4:25-4:50 pm
 Apr 1-Jun 3 \$111 [1529739](#)

Sports

Ball hockey

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport-based activities.

Minto-Barrhaven – 613-727-2683

4-5 years Thu. 5-5:45 pm
 Apr 2-Jun 11 \$66 [1518870](#)

Rideauview – 613-822-7887

4-6 years Sun. 11:15 am-noon
 Mar 29-May 31 \$48 [1536283](#)

Ball hockey – With parent

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport-based activities. Parent and child participate together.

Nepean Sportsplex – 613-580-2828

3-5 years Sun. 2:05-2:55 pm
 Mar 29-Jun 7 \$60 [1527878](#)

Ray Friel – 613-580-4765

2-4 years Sun. 9:45-10:30 am
 Apr 5-Jun 21 \$60 [1535827](#)

Rideauview – 613-822-7887

3-5 years Sun. 10:30-11:15 am
 Mar 29-May 31 \$48 [1536279](#)

Basketball

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport-based activities.

François Dupuis – 613-580-8080

4-5 years	Sat.	9:45-10:25 am
Apr 4-Jun 6	\$42.75	1533671

Heron – 613-247-4808

3-5 years	Sat.	12:30-1:15 pm
Mar 28-Jun 6	\$54	1525785

Kanata Recreation – 613-580-2570

3-5 years	Sat.	9-9:50 am
Apr 18-Jun 20	\$53.25	1533723
3-5 years	Sat.	10-10:50 am
Apr 18-Jun 20	\$53.25	1533700

Minto-Barrhaven – 613-727-2683

4-5 years	Tue.	5-6 pm
Mar 31-Jun 9	\$88	1518837

Richcraft-Kanata – 613-580-9696

4-6 years	Mon.	4:15-5 pm
Mar 23-Jun 15	\$66	1539689

South Fallingbrook – 613-824-0633

3-5 years	Sun.	1:30-2:15 pm
Apr 19-Jun 14	\$48	1530274



Karate

Learn respect for others, while emphasizing manners and physical fitness. Develop life skills including discipline, self-control, patience, confidence, and courage. Progress at your own rate in this non-competitive program.

Pinecrest – 613-580-9676

4-5 years	Sat.	1:45-2:30 pm
Mar 28-May 30	\$63.25	1520552
4-5 years	Sat.	2:30-3:15 pm
Mar 28-May 30	\$63.25	1520568

Karate – Goju Ryu

Traditional non-competitive hard/soft style. Basic techniques are taught where more complexity is added as the student progresses, fostering growth, self-discipline and respect, increasing self-confidence and coordination.

Nepean Sportsplex – 613-580-2828

4-5 years	Wed.	5:15-6 pm
Apr 1-Jun 3	\$79.25	1525496
4-5 years	Sat.	9-9:45 am
Mar 28-Jun 6	\$71.25	1525491

T-ball

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport-based activities.

Richmond School – 613-580-2400 ext. 20705 3499 McBean

2-3 years	Sat.	9:30-10:15 am
May 23-Jun 20	\$37.50	1543833
2-3 years	Sat.	10:30-11:15 am
May 23-Jun 20	\$37.50	1543834

Sandy Hill – 613-564-1062

4-5 years	Wed.	6-7 pm
May 27-Jul 8	\$60	1539585
Jul 15-Aug 19	\$60	1539638

South Fallingbrook – 613-824-0633

4-6 years	Sun.	2:30-3:30 pm
May 10-Jun 21	\$60	1530272
4-6 years	Sun.	3:45-4:45 pm
May 10-Jun 21	\$60	1530273

T-ball – With parent

Build skills together. Emphasis is on having fun while learning the fundamental movement skills and trying a variety of sport-based activities.

François Dupuis – 613-580-8080

2-3 years	Thu.	4:45-5:30 pm
Apr 2-Jun 11	\$82.50	1533562

Tae E. Lee Taekwondo

Develop discipline, confidence, focus and concentration in an exciting and positive atmosphere. No experience necessary. Offered in collaboration with Tae E. Lee Taekwondo.

Canterbury – 613-247-4865

3-5 years	Wed.	5:30-6 pm
Mar 25-May 27	\$73.75	1537005
3-5 years	Wed.	6-6:30 pm
Mar 25-May 27	\$73.75	1537009
3-5 years	Wed.	6:30-7 pm
Mar 25-May 27	\$73.75	1537014
3-5 years	Sat.	1-1:30 pm
Mar 21-May 23	\$59	1536994
3-5 years	Sat.	1:30-2 pm
Mar 21-May 23	\$59	1536999

Tennis

An active start to the sport. Emphasis is on participation and having fun while learning the fundamental movement skills and trying a variety of sport-based activities.

Heron – 613-247-4808

4-6 years	Sat.	9:30-10:15 am
Mar 28-Jun 6	\$90	1525773

Gymnastics

Gymnastics

Basic gymnastic skills are taught through the assistance of a coach on traditional equipment. Apparatus will/may include a minimum of four of the following: balance beam, floor, mini-trampoline, bars, rings, uneven bars, vault.

Bob MacQuarrie-Orléans – 613-580-9600

3-5 years	Sun.	10:55-11:40 am
Apr 19-Jun 21	\$67.50	1528894
3-5 years	Sun.	11:45 am-12:30 pm
Apr 19-Jun 21	\$67.50	1528897

Dempsey – 613-247-4846

4-5 years	Sun.	9-9:45 am
Apr 5-Jun 14	\$75	1537705
4-5 years	Sun.	10-10:45 am
Apr 5-Jun 14	\$75	1537716
4-5 years	Sun.	11-11:45 am
Apr 5-Jun 14	\$75	1537725
4-5 years	Tue.	5:15-6 pm
Mar 31-Jun 9	\$82.50	1537727
4-5 years	Sat.	9-9:45 am
Apr 4-Jun 13	\$75	1537735
4-5 years	Sat.	10-10:45 am
Apr 4-Jun 13	\$75	1537741
4-5 years	Sat.	11-11:45 am
Apr 4-Jun 13	\$75	1537746

Eva James – 613-580-2442

4-5 years	Tue.	5-6 pm
Mar 31-Jun 2	\$99.75	1528026
4-5 years	Sat.	8:45-9:45 am
Mar 28-Jun 13	\$99.75	1528039
4-5 years	Sat.	9:50-10:50 am
Mar 28-Jun 13	\$99.75	1528050
4-5 years	Sat.	10:55-11:55 am
Mar 28-Jun 13	\$99.75	1528057
4-5 years	Sat.	12:50-1:50 pm
Mar 28-Jun 13	\$99.75	1528066

François Dupuis – 613-580-8080

4-6 years	Mon.	5:45-6:40 pm
Mar 30-Jun 8	\$82.50	1532200

Jockvale School – 613-580-2788

101 Malvern

4-5 years	Sat.	9-10 am
Apr 4-Jun 13	\$90	1523040
4-5 years	Sat.	10:10-11:10 am
Apr 4-Jun 13	\$90	1523045

McNabb – 613-564-1070

3-5 years	Sat.	11:30 am-12:30 pm
Mar 28-Jun 20	\$109.75	1535949

Minto-Barrhaven – 613-727-2683

4-5 years	Sun.	9:55-10:55 am
Mar 29-Jun 14	\$99.75	1518859
4-5 years	Sun.	11 am-noon
Mar 29-Jun 14	\$99.75	1518860
4-5 years	Sun.	12:05-1:05 pm
Mar 29-Jun 14	\$99.75	1518861
4-5 years	Sun.	1:10-2:10 pm
Mar 29-Jun 14	\$99.75	1518862
4-5 years	Wed.	4:55-5:55 pm
Apr 8-Jun 10	\$99.75	1518856
4-5 years	Wed.	6-7 pm
Apr 8-Jun 10	\$99.75	1518857
4-5 years	Wed.	7:05-8:05 pm
Apr 8-Jun 10	\$99.75	1518858

Pat Clark – 613-748-1771

3-5 years	Sun.	9-9:45 am
Apr 19-Jun 21	\$67.50	1525604
3-5 years	Mon.	6-6:45 pm
Jul 6-Aug 24	\$52.50	1531324

Gymnastics – With parent

Basic gymnastic skills are taught through the assistance of a coach, and you, the parent. Apparatus will include a minimum of four of the following: balance beam, floor, mini-trampoline, bars, rings, uneven bars, vault.

Dempsey – 613-247-4846

2-3 years	Sun.	9-9:45 am
Apr 5-Jun 14	\$75	1537629
2-3 years	Tue.	5:15-6 pm
Mar 31-Jun 9	\$82.50	1537637

2-3 years	Sat.	9-9:45 am
Apr 4-Jun 13	\$75	1537641
2-3 years	Sat.	10-10:45 am
Apr 4-Jun 13	\$75	1537647

Eva James – 613-580-2442

18 months-3 years	Tue.	5:15-6 pm
Mar 31-Jun 2	\$75	1528004
18 months-3 years	Sat.	9-9:45 am
Mar 28-Jun 13	\$75	1528007
18 months-3 years	Sat.	10:05-10:50 am
Mar 28-Jun 13	\$75	1528013
18 months-3 years	Sat.	1:05-1:50 pm
Mar 28-Jun 13	\$75	1528016

François Dupuis – 613-580-8080

18 months-3 years	Mon.	5-5:40 pm
Mar 30-Jun 8	\$60	1532123

Hunt Club-Riverside Park – 613-580-2990

18 months-3 years	Sat.	10-10:45 am
Mar 28-May 9	\$45	1539440
May 23-Jun 27	\$45	1539441

Jockvale School – 613-580-2788

101 Malvern

2-3 years	Sat.	9:15-10 am
Apr 4-Jun 13	\$67.50	1522970
2-3 years	Sat.	10:25-11:10 am
Apr 4-Jun 13	\$67.50	1522991

McNabb – 613-564-1070

4 months-4 years	Sat.	9-9:45 am
Mar 28-Jun 20	\$82.50	1535923
4 months-4 years	Sat.	9:45-10:30 am
Mar 28-Jun 20	\$82.50	1535928
4 months-4 years	Sat.	10:30-11:15 am
Mar 28-Jun 20	\$82.50	1535935

Pat Clark – 613-748-1771

18 months-3 years	Sun.	9-9:45 am
Apr 19-Jun 21	\$67.50	1525594
18 months-3 years	Mon.	6-6:45 pm
Jul 6-Aug 24	\$52.50	1531313



PARLEZ-NOUS!

Help us develop French recreation and culture programs that meet your needs.

Suggestions,
comments and
questions:

613-316-0630
loisirsetculture@ottawa.ca

Playgym

Play, climb, roll, crawl and balance on our equipment with the assistance of mommy or daddy! Non instructional creative gym activity for children to have indoor playtime with their parents!

CARDELREC (Goulbourn) – 613-580-2532

1-4 years	Sat.	10-11 am
Mar 28-Jun 13	\$74.75	1525822

Minto-Barrhaven – 613-727-2683

1-4 years	Sun.	9-9:45 am
Mar 29-Jun 14	\$56.25	1518850
1-4 years	Wed.	10-10:45 am
Apr 8-Jun 10	\$56.25	1518849

Rhythmic

Contains the dynamics and flexibility of gymnastics, the technical knowledge of ballet, and the self-expression and rhythm of modern dance. Choreographed to music and accompanied by colourful hoops, balls, ropes and ribbons.

Bob MacQuarrie-Orléans – 613-580-9600

3-5 years	Sun.	2:05-2:50 pm
Apr 19-Jun 21	\$67.50	1528911

Rideauview – 613-822-7887

4-5 years	Sat.	12:30-1:30 pm
Mar 28-May 9	\$60	1536213

Tumble

Learn basic recreational gymnastics skills as you are introduced to various gymnastics equipment.

CARDELREC (Goulbourn) – 613-580-2532

3-4 years	Sun.	12:30-1:15 pm
Mar 29-Jun 14	\$67.50	1530754

Hunt Club-Riverside Park – 613-580-2990

4-5 years	Sat.	11-11:45 am
Mar 28-May 9	\$45	1539473
May 23-Jun 27	\$45	1539475

Overbrook – 613-742-5147

3-5 years	Thu.	6-7 pm
Apr 2-May 21	\$60	1534745

Pinecrest – 613-580-9676

4-5 years	Sat.	11:45 am-12:30 pm
Mar 28-May 30	\$60	1520528

Plant – 613-232-3000

3-5 years	Sun.	9:30-10:15 am
May 3-Jun 21	\$52.50	1538158
3-5 years	Sun.	10:20-11:05 am
May 3-Jun 21	\$52.50	1538162

South Fallingbrook – 613-824-0633

3-5 years	Sat.	9:30-10:15 am
Apr 18-Jun 13	\$60	1530278

Tumble – With parent

Introduction to gymnastics in a safe environment. Explore jumping, tumbling, rolling, games and more!

Greely – 613-580-2424 ext. 30235

18 months-4 years	Thu.	9:30-10:15 am
Apr 2-May 7	\$45	1539841
18 months-4 years	Sat.	9:30-10:15 am
Apr 4-May 23	\$45	1539845

Minto-Barrhaven – 613-727-2683

2-4 years	Sun.	9:55-10:55 am
Mar 29-Jun 14	\$99.75	1518854
2-4 years	Sun.	11 am-noon
Mar 29-Jun 14	\$99.75	1518855
2-4 years	Wed.	11 am-noon
Apr 8-Jun 10	\$99.75	1518851
2-4 years	Wed.	4:55-5:55 pm
Apr 8-Jun 10	\$99.75	1518852
2-4 years	Wed.	6-7 pm
Apr 8-Jun 10	\$99.75	1518853

Pinecrest – 613-580-9676

1-3 years	Sat.	11-11:45 am
Mar 28-May 30	\$60	1520526

South Fallingbrook – 613-824-0633

2-3 years	Sat.	9-9:30 am
Apr 18-Jun 13	\$40	1530277

St-Laurent – 613-742-6767

1-3 years	Sat.	3-3:45 pm
Apr 4-Jun 20	\$82.50	1538995

Multi-sport

Multi-sport

Emphasis is on participation and having fun while learning the fundamental movement skills. Try a variety of sport-based activities.

Eva James – 613-580-2442

4-6 years	Wed.	5:35-6:20 pm
Apr 1-Jun 17	\$90	1528937

Hunt Club-Riverside Park – 613-580-2990

3-5 years	Sat.	10:30-11:15 am
Mar 28-May 9	\$45	1538157
May 23-Jun 27	\$45	1538169

Minto-Barrhaven – 613-727-2683

4-5 years	Mon.	5-5:45 pm
Mar 30-Jun 15	\$75	1518819

Nepean Sportsplex – 613-580-2828

3-5 years	Wed.	4:30-5 pm
Apr 1-Jun 3	\$50	1528910

Richcraft-Kanata – 613-580-9696

4-6 years	Wed.	2-3 pm
Mar 25-Jun 17	\$129.75	1540114

Multi-sport – With parent

Emphasis is on active participation and fun. Non-instructional play-based programming.

Eva James – 613-580-2442

2-3 years	Wed.	5-5:30 pm
Apr 1-Jun 17	\$60	1528923

Ray Friel – 613-580-4765

2-3 years	Sun.	9-9:45 am
Apr 5-Jun 21	\$75	1535987

Multi-sport – Soccer and T-ball

Emphasis is on participation and having fun while learning the fundamental movement skills. Try a variety of sport-based activities.

François Dupuis – 613-580-8080

4-5 years	Thu.	5:30-6:30 pm
Apr 2-Jun 11	\$109.75	1533575

Kanata Recreation – 613-580-2570

3-5 years	Sun.	1-2 pm
Apr 19-Jun 21	\$90	1534083
3-5 years	Sun.	2-3 pm
Apr 19-Jun 21	\$90	1534109
3-5 years	Sat.	11 am-noon
Apr 18-Jun 20	\$80	1533738

Pinecrest Park – 613-580-9676

3-5 years	Sun.	9:15-10 am
May 24-Jun 21	\$37.50	1520619
3-5 years	Sun.	10-10:45 am
May 24-Jun 21	\$37.50	1520620

Plouffe Park – 613-580-9676

3-5 years	Sun.	9:30-10:15 am
May 3-Jun 7	\$37.50	1538134
3-5 years	Sun.	10:20-11:05 am
May 3-Jun 7	\$37.50	1538146

Rideauview – 613-822-7887

2-3 years	Sun.	9-9:45 am
Mar 29-May 31	\$60	1536262

Soccer

Soccer

An active start to the sport. Have fun while learning the fundamental movement skills and trying a variety of soccer-based activities.

Avalon School – 613-824-0633

2080 Portobello

3-4 years	Sat.	8-9 am
Apr 4-May 23	\$48	1529410
3-4 years	Sat.	9-10 am
Apr 4-May 23	\$48	1529415
4-5 years	Sat.	10-11 am
Apr 4-May 23	\$48	1529420

Blackburn Park – 613-580-9600 ext. 32850

2-3 years	Tue.	5-5:45 pm
May 19-Jun 23	\$36	1529217
4-5 years	Wed.	5-5:45 pm
May 20-Jun 24	\$36	1529219

Bridlewood School – 613-580-2442

63 Bluegrass

4-5 years	Sun.	9:35-10:20 am
Mar 29-Jun 14	\$60	1526226

Glen Cairn – 613-580-2570

3-5 years	Mon.	5:30-6 pm
Apr 20-Jun 15	\$28	1533879
3-5 years	Sat.	10-10:50 am
Apr 18-Jun 20	\$60	1533332

Heron – 613-247-4808

3-5 years	Tue.	5-5:45 pm
Mar 24-May 26	\$60	1525789

Hintonburg – 613-798-8874

3-4 years	Tue.	6-6:45 pm
May 12-Jun 9	\$30	1524488

Hunt-Club Riverside Park – 613-580-2990

4-5 years	Mon., Wed.	6-6:45 pm
Jul 6-Aug 31	\$96	1537131

Kanata Recreation – 613-580-2570

3-5 years	Sun.	1-1:30 pm
Apr 19-Jun 21	\$36	1533028
3-5 years	Sun.	1:30-2 pm
Apr 19-Jun 21	\$36	1533904

McNabb – 613-564-1070

3-4 years	Sun.	11 am-noon
Mar 22-Jun 21	\$96	1535966

Minto-Barrhaven – 613-727-2683

4-5 years	Fri.	5-6 pm
Mar 27-Jun 12	\$88	1518899

Nepean Sportsplex – 613-580-2828

3-5 years	Mon.	4:30-5 pm
Mar 30-Jun 8	\$36	1524775
4-5 years	Sat.	9-9:50 am
Mar 28-Jun 6	\$60	1524679

Overbrook – 613-742-5147

3-5 years	Wed.	6-6:45 pm
Mar 25-May 6	\$54.50	1534755

Overbrook Park – 613-742-5147

3-5 years	Wed.	6-6:45 pm
May 13-Jun 17	\$36	1534769

Pat Clark – 613-748-1771

3-5 years	Wed.	6-6:45 pm
Apr 22-Jun 17	\$54	1525538

Ray Friel Park – 613-580-4765

2-3 years	Tue.	4:45-5:45 pm
May 19-Jun 23	\$48	1533139
4-6 years	Tue.	4:45-5:45 pm
May 19-Jun 23	\$48	1535738

Ray Friel – 613-580-4765

4-6 years	Sat.	8:30-9:15 am
Apr 4-Jun 27	\$66	1543836
4-6 years	Sat.	10:15-11 am
Apr 4-Jun 27	\$66	1533148

Richcraft-Kanata – 613-580-9696

3-4 years	Mon.	4:30-5 pm
May 11-Jun 22	\$24	1540331
3-4 years	Tue.	4:30-5 pm
May 12-Jun 23	\$28	1540332
3-4 years	Wed.	4-4:30 pm
May 13-Jun 24	\$28	1540333
3-4 years	Thu.	4-4:30 pm
May 14-Jun 25	\$28	1540334

Rideauview – 613-822-7887

3-6 years	Sun.	9:45-10:30 am
Mar 29-May 31	\$48	1536270

Sandy Hill – 613-564-1062

3-5 years	Tue.	6-7 pm
May 26-Jun 30	\$48	1539615
Jul 14-Aug 18	\$48	1539629
3-5 years	Thu.	6-7 pm
May 28-Jul 2	\$48	1539666
Jul 16-Aug 20	\$48	1539687
3-5 years	Fri.	4-4:45 pm
Mar 27-May 8	\$36	1539976
3-5 years	Sat.	10-10:45 am
Mar 28-May 9	\$36	1539990

South Fallingbrook – 613-824-0633

3-4 years	Sun.	10-11 am
Apr 5-Jun 14	\$72	1529429
3-4 years	Tue.	9:30-10:30 am
Jun 30-Aug 18	\$64	1529437
3-4 years	Tue.	5:30-6:30 pm
Jun 30-Aug 18	\$64	1529446
3-4 years	Wed.	5:30-6:30 pm
Jun 24-Aug 19	\$64	1529451
3-4 years	Thu.	9:30-10:30 am
Jul 2-Aug 20	\$64	1529440
3-4 years	Thu.	5:30-6:30 pm
Jul 2-Aug 20	\$64	1529458
3-4 years	Thu.	6:30-7:30 pm
Jul 2-Aug 20	\$64	1529463

St-Laurent – 613-742-6767

3-5 years	Sat.	9:15-10 am
Apr 4-Jun 20	\$66	1538996

Walter Baker – 613-580-2788

4-5 years	Sun.	9:50-10:35 am
Apr 5-Jun 14	\$54	1533569

Soccer – With parent

An active start to the sport. Have fun while learning the fundamental movement skills and trying a variety of soccer-based activities.

Bridlewood School – 613-580-2442

63 Bluegrass

2-3 years	Sun.	9-9:30 am
Mar 29-Jun 14	\$40	1526210

Fisher Park – 613-798-8945

3-4 years	Sat.	10:15-11 am
Apr 4-Jun 20	\$60	1531288

Nepean Sportsplex – 613-580-2828

2-4 years	Sat.	8:15-9 am
Mar 28-Jun 6	\$54	1524661

Walter Baker – 613-580-2788

2-3 years	Sun.	9-9:45 am
Apr 5-Jun 14	\$54	1533560

Soccer League Just Kickin' it

Recreational league focusing on fair play. Volunteer coaches required. Short skills and drills warm up followed by game.

Carleton Heights Park – 613-226-2208

4-6 years	Tue., Thu.	6:30-7:30 pm
May 26-Jun 25	\$43.50	1539712
Jul 7-Aug 6	\$43.50	1539731

Sportball®

Sportball® – Junior

In collaboration with Sportball (www.sportball.ca). Children and parents are introduced to sports, creative games, songs, rhymes, stories, bubble time and much more! Learn the FUNdamentals of soccer, hockey, basketball, baseball, volleyball, tennis and golf.

Chapman Mills – 613-822-7887

16 months-2 years	Sun.	9-9:45 am
Mar 29-May 10	\$110.75	1536450
May 24-Jun 28	\$110.75	1537635

Fallingbrook School – 613-580-4765

679 Deancourt

16 months-2 years	Sat.	9-9:45 am
Apr 25-Jun 20	\$147.50	1535680

Manotick – 613-580-2424 ext. 30235

16 months-2 years	Sun.	8:45-9:30 am
Mar 29-May 10	\$110.75	1537181

Rideauview – 613-822-7887

16 months-2 years	Sat.	9-9:45 am
Mar 28-May 9	\$110.75	1535973
May 23-Jun 27	\$110.75	1537614

Walter Baker – 613-580-2788

16 months-2 years	Thu.	9:30-10:15 am
Apr 2-May 7	\$110.75	1535157
May 14-Jun 18	\$110.75	1535159
16 months-2 years	Sat.	9-9:45 am
Apr 4-May 9	\$110.75	1535188
May 23-Jun 27	\$110.75	1535191

Sportball® – With parent

In collaboration with Sportball (www.sportball.ca). Parents and children are introduced to soccer, hockey, basketball, baseball, volleyball, tennis and golf. Games and skills are non-competitive, focusing on success and confidence.

Chapman Mills – 613-822-7887

2-3 years	Sun.	9:45-10:30 am
Mar 29-May 10	\$110.75	1536458
May 24-Jun 28	\$110.75	1537640

Fallingbrook School – 613-580-4765

679 Deancourt

2-4 years	Sat.	9:45-10:30 am
Apr 25-Jun 20	\$147.50	1535684

Fred Barrett Arena – 613-822-7887

2-3 years	Sun.	9:15-10 am
Apr 19-May 31	\$110.75	1537236

Greely School – 613-580-2424 ext. 30235

7066 Parkway

2-3 years	Sat.	9-9:45 am
Apr 4-May 23	\$110.75	1539883

Hunt Club-Riverside Park. – 613-580-2990

2-3 years	Sun.	8:45-9:30 am
Mar 29-May 10	\$110.75	1538240
May 24-Jun 28	\$110.75	1538246

Manotick – 613-580-2424 ext. 30235

2-3 years	Sun.	8-8:45 am
Mar 29-May 10	\$110.75	1537187

Richelieu-Vanier – 613-560-6030

2-3 years	Sun.	9:15-10 am
Apr 19-Jun 14	\$147.50	1526347

Rideauview – 613-822-7887

2-3 years	Sat.	9:45-10:30 am
Mar 28-May 9	\$110.75	1535981
May 23-Jun 27	\$110.75	1537617

Walter Baker – 613-580-2788

2-3 years	Thu.	10:15-11 am
Apr 2-May 7	\$110.75	1535169
May 21-Jun 25	\$110.75	1535173
2-3 years	Sat.	9:50-10:35 am
Apr 4-May 9	\$110.75	1535198
May 23-Jun 27	\$110.75	1535202

Sportball® – Multi-sport

In collaboration with Sportball (www.sportball.ca). Learn the FUNdamentals of soccer, hockey, basketball, baseball, volleyball, tennis and golf. Games and skills are taught in a non-competitive and supportive environment

Carleton Heights – 613-226-2208

3-4 years	Sat.	12:30-1:30 pm
Apr 18-Jun 13	\$146.50	1539305
4-6 years	Sat.	1:30-2:30 pm
Apr 18-Jun 13	\$146.50	1539306

Chapman Mills – 613-822-7887

3-5 years	Sun.	10:30-11:30 am
Mar 29-May 10	\$110	1536463
May 24-Jun 28	\$110	1537646

Fallingbrook School – 613-580-4765

679 Deancourt

2-3 years	Sat.	11:30 am-12:30 pm
Apr 25-Jun 20	\$146.50	1535706
3-5 years	Sat.	10:30-11:30 am
Apr 25-Jun 20	\$146.50	1535688

Fred Barrett Arena – 613-822-7887

3-5 years	Sun.	10-11 am
Apr 19-May 31	\$110	1537254

Greely School – 613-580-2424 ext. 30235

7066 Parkway

3-5 years	Sat.	9:45-10:45 am
Apr 4-May 23	\$110	1539891

Hunt Club-Riverside Park – 613-580-2990

3-5 years	Sun.	9:30-10:30 am
Mar 29-May 10	\$110	1538256
May 24-Jun 28	\$110	1538260
4-6 years	Sun.	10:30-11:30 am
Mar 29-May 10	\$110	1538265
May 24-Jun 28	\$110	1538270

Manotick – 613-580-2424 ext. 30235

3-5 years	Sun.	9:30-10:30 am
Mar 29-May 10	\$110	1537177
3-5 years	Mon.	5:30-6:15 pm
Mar 30-May 11	\$82.50	1537161
5-7 years	Mon.	6:15-7:15 pm
Mar 30-May 11	\$110	1537166

Richelieu-Vanier – 613-560-6030

3-5 years	Sun.	10-11 am
Apr 19-Jun 14	\$146.50	1526350

Rideauview – 613-822-7887

3-5 years	Sat.	10:30-11:30 am
Mar 28-May 9	\$110	1535997
May 23-Jun 27	\$110	1537625

Walter Baker – 613-580-2788

3-5 years	Tue.	4:15-5:15 pm
Mar 31-May 5	\$110	1535134
May 19-Jun 23	\$110	1535140
3-5 years	Thu.	11 am-noon
Apr 2-May 7	\$110	1535178
May 21-Jun 25	\$110	1535181
3-5 years	Sat.	10:40-11:40 am
Apr 4-May 9	\$110	1535206
May 23-Jun 27	\$110	1535209
5-7 years	Tue.	5:15-6:15 pm
Mar 31-May 5	\$110	1535145
May 19-Jun 23	\$110	1535150

Sportball® – Outdoor soccer

In collaboration with Sportball (www.sportball.ca). Children gain knowledge and the ability to play soccer with confidence through skill development and non-competitive games.

Fred Barrett Arena – 613-822-7887

3-5 years	Sun.	10-11 am
Jun 7-Jul 12	\$110	1539708

Greely – 613-580-2424 ext. 30235

3-5 years	Thu.	5:15-6:15 pm
Jul 9-Aug 27	\$146.50	1539936

Queenswood Heights Centennial Park – 613-580-4765

3-5 years	Mon.	5:15-6:15 pm
Jul 6-Aug 24	\$128.25	1538937
6-8 years	Mon.	6:15-7:15 pm
Jul 6-Aug 24	\$128.25	1538942

Richelieu-Vanier – 613-560-6030

3-5 years	Thu.	5:30-6:30 pm
Jul 2-Aug 20	\$146.50	1527862

Sportball® – Outdoor soccer – With parent

In collaboration with Sportball (www.sportball.ca). Parents are instructed how to correctly assist their children in learning the FUNdamentals of soccer. Focus is on success through participation.

Fred Barrett Arena – 613-822-7887

2-3 years	Sun.	9:15-10 am
Jun 7-Jul 12	\$110.75	1539693

Sportball® – Soccer and T-ball – With parent

In collaboration with Sportball®. You and your child are introduced to the basics of Soccer and T-ball. Games and skills are non-competitive, focusing on success and building confidence.

Greely – 613-580-2424 ext. 30235

2-3 years	Thu.	4:30-5:15 pm
Jul 9-Aug 27	\$147.50	1539932

Queenswood Heights Centennial Park – 613-580-4765

2-3 years	Mon.	4:30-5:30 pm
Jul 6-Aug 24	\$172	1538947

Richelieu-Vanier – 613-560-6030

2-3 years	Thu.	4:45-5:30 pm
Jul 2-Aug 20	\$147.50	1527833



General interest

Baby sign and songs

Babies understand language long before they can speak. Discover the benefits of using 'baby sign' to promote early communication with young children. Learn 50-75 of the most common signs.

Plant – 613-232-3000

5 months-2 years	Wed.	10-10:45 am
Apr 29-Jun 17	\$63.25	1534240
5 months-2 years	Wed.	11-11:45 am
Apr 29-Jun 17	\$63.25	1534243
5 months-2 years	Wed.	noon-12:45 pm
Apr 29-Jun 17	\$63.25	1534252
5 months-2 years	Sat.	10-10:45 am
May 2-Jun 20	\$55.50	1538029
5 months-2 years	Sat.	11-11:45 am
May 2-Jun 20	\$55.50	1538026

Crafty chefs

Create in the kitchen and craft room, some to eat and some to show.

Greely – 613-580-2424 ext. 30235

3-5 years	Thu.	6-6:45 pm
Apr 2-30	\$37.50	1539991

Ray Friel – 613-580-4765

4-6 years	Sun.	10-10:45 am
Apr 5-Jun 21	\$75	1535782
4-6 years	Sat.	10-10:45 am
Jul 4-Aug 29	\$60	1538961

Dinosaur discovery!

Travel through time to explore the amazing and exciting world of dinosaurs! Dig for 'fossils', make RAWRsome crafts, and learn about new dinosaurs each week.

Rideauview – 613-822-7887

2-5 years	Sun.	9:15-10 am
May 3-Jun 28	\$95.25	1536300



3 to 5 year programs run 2 hours and are offered from 9:15 am to 11:15 am. 2 year old programs are 1 hour and run from 9:15 am to 10:15 am. Ages are strictly enforced due to the new Provincial Early Years Act.

Orientation for participants

Registered participants and parents are invited to visit their Duffer Doo Centre before the program begins to meet the staff and get acquainted. Information will be distributed by email after registration. For more information call the Duffer Doo Coordinator at **613-580-2424 ext. 15258**.

Duffer doo

A recreational preschool program for two to five year olds. Designed to encourage play and enhance development with crafts, songs, games and theme related activities. Children socialize with caring staff and peers in a fun environment.

Chapman Mills – 613-822-7887

2-3 years	Tue.	9:15-10:15 am
Apr 7-Jun 16	\$66	1536382
2-3 years	Wed.	9:15-10:15 am
Apr 8-Jun 17	\$66	1536396
2-3 years	Thu.	9:15-10:15 am
Apr 9-Jun 18	\$66	1536401
2-3 years	Fri.	9:15-10:15 am
Apr 17-Jun 19	\$60	1536404
3-5 years	Tue.	9:15-11:15 am
Apr 7-Jun 16	\$131.75	1536407
3-5 years	Wed.	9:15-11:15 am
Apr 8-Jun 17	\$131.75	1536409

3-5 years	Thu.	9:15-11:15 am
Apr 9-Jun 18	\$131.75	1536412
3-5 years	Fri.	9:15-11:15 am
Apr 17-Jun 19	\$119.75	1536413

Larkin House – 613-727-2683

2-3 years	Mon.	9:15-10:15 am
Mar 23-Jun 8	\$60	1529857
2-3 years	Wed.	9:15-10:15 am
Mar 25-Jun 10	\$72	1535297
3-5 years	Mon.	9:15-11:15 am
Mar 23-Jun 8	\$119.75	1529852
3-5 years	Wed.	9:15-11:15 am
Mar 25-Jun 10	\$143.75	1535296

Margaret Rywak – 613-727-2683

2-3 years	Tue.	9:15-10:15 am
Mar 24-Jun 9	\$72	1535310
2-3 years	Thu.	9:15-10:15 am
Mar 26-Jun 11	\$72	1535308
3-5 years	Tue.	9:15-11:15 am
Mar 24-Jun 9	\$143.75	1535302
3-5 years	Thu.	9:15-11:15 am
Mar 26-Jun 11	\$143.75	1535304

Minto-Barrhaven – 613-727-2683

2-3 years	Mon.	9:15-10:15 am
Mar 23-Jun 8	\$60	1529818
2-3 years	Mon.	10:15-11:15 am
Mar 23-Jun 8	\$60	1529819
2-3 years	Wed.	9:15-10:15 am
Mar 25-Jun 10	\$72	1529843
2-3 years	Wed.	10:15-11:15 am
Mar 25-Jun 10	\$72	1529844
2-3 years	Fri.	9:15-10:15 am
Mar 27-Jun 12	\$66	1529848
2-3 years	Fri.	10:15-11:15 am
Mar 27-Jun 12	\$66	1529846
3-5 years	Mon.	9:15-11:15 am
Mar 23-Jun 8	\$119.75	1529815
3-5 years	Tue.	9:15-11:15 am
Mar 24-Jun 9	\$143.75	1529838



3-5 years	Wed.	9:15-11:15 am
Mar 25-Jun 10	\$143.75	1529839
3-5 years	Thu.	9:15-11:15 am
Mar 26-Jun 11	\$143.75	1529840
3-5 years	Fri.	9:15-11:15 am
Mar 27-Jun 12	\$131.75	1529841
Ray Friel – 613-580-4765		
2-5 years	Wed.	10:30-11:30 am
Apr 8-Jun 24	\$72	1536388
Richmond – 613-580-2424 ext. 20705		
2 years	Mon.	9:30-10:30 am
Apr 20-Jun 22	\$54	1518950
3-5 years	Mon.	9:15-11:15 am
Apr 20-Jun 22	\$107.75	1518949
Southpointe – 613-727-2683		
2-3 years	Mon.	9:15-10:15 am
Mar 23-Jun 8	\$60	1529867
2-3 years	Wed.	9:15-10:15 am
Mar 25-Jun 10	\$72	1535300
3-5 years	Mon.	9:15-11:15 am
Mar 23-Jun 8	\$119.75	1529860
3-5 years	Wed.	9:15-11:15 am
Mar 25-Jun 10	\$143.75	1535301

Engineering quest

Children use a variety of materials to build and learn engineering concepts in a fun and interactive way.

Nepean Sportsplex – 613-580-2828

4-5 years	Thu.	5:15-6 pm
May 7-Jun 4	\$28.25	1529252

The great outdoors – With parent

With binoculars and magnifiers in hand, we will leave to discover the wonders of nature in your neighbourhood. Activities include: hiking, orienteering, gardening, nature-inspired crafts and much more.

Greely – 613-580-2424 ext. 30235

2-4 years	Tue.	9:30-10:15 am
May 19-Jun 9	\$12	1539787
3-5 years	Thu.	6-6:45 pm
May 7-Jun 4	\$15	1539783

Kaleidoscope

Join us for a variety of interactive activities! Play games, create amazing crafts and explore the world around you with hands-on adventures!

Eva James – 613-580-2442

3-5 years	Tue.	9:30-11 am
Mar 31-Jun 16	\$107.75	1528863

Greenboro – 613-580-2805

3-12 years	Mon.	1-2:30 pm
Apr 6-Jun 1	\$54	1528452

Little shakers and music makers

Does your child love to dance, listen to music and be creative? Includes creative movement, songs, games, instrument making and more!

Nepean Sportsplex – 613-580-2828

1-18 months	Fri.	9:15-10 am
Apr 3-Jun 12	\$67.50	1528962
2-4 years	Thu.	10:30-11:30 am
Apr 2-Jun 4	\$99.75	1528948

Loose parts playground – With parent

Loose parts are materials that encourage children to invent, create, construct, and experiment. Preschoolers and their caregivers will explore early science and engineering concepts through play and exploration using unique large scale materials and equipment.

Lansdowne Park – 613-580-2424 ext. 17323

2-5 years	Mon.	10-11:30 am
Apr 6-May 25	\$60	1537090
Jun 1-22	\$40	1541336
2-5 years	Mon.	6-7 pm
Apr 6-May 25	\$40	1537133
Jun 1-22	\$26.75	1541343
2-5 years	Tue.	1-2:30 pm
Apr 7-May 19	\$60	1537622
2-5 years	Sun.	9:30-10:45 am
Apr 19-May 31	\$50	1538083

Muck and mess

Get into your art with various projects, using lots of imagination and materials.

Alexander – 613-798-8978

2-4 years	Sat.	10:30-11 am
Mar 21-May 9	\$30	1522755

Hintonburg – 613-798-8874

3-5 years	Sat.	10:30-11:30 am
Apr 4-May 30	\$52.50	1524487

Ray Friel – 613-580-4765

3-5 years	Tue.	5:15-6 pm
Apr 7-Jun 23	\$67.50	1535745
4-6 years	Sat.	11:15-11:45 am
Jul 4-Aug 29	\$30	1538972

Richcraft-Kanata – 613-580-9696

4-6 years	Sat.	10:30-11:15 am
Mar 28-May 9	\$33.75	1520116
May 23-Jun 20	\$28.25	1520120

Muck and mess – With parent

Get messy with your toddler. Various art projects using lots of imagination and materials.

Greely – 613-580-2424 ext. 30235

2-4 years Tue. 9:30-10:15 am
 Mar 31-Apr 28 \$28.25 [1539966](#)

Richcraft-Kanata – 613-580-9696

2-4 years Sat. 9:30-10:15 am
 Mar 28-May 9 \$33.75 [1520102](#)
 May 23-Jun 20 \$28.25 [1520106](#)

Play, create and explore

Experience independence, social interaction and learning with emphasis on language, pre-reading, counting, colour naming, dramatic play, themed crafts, music and movement. Children to bring their own nut free snack. No parent participation in this school-ready program.

Rideauview – 613-822-7887

3-5 years Thu. 9:15-11:15 am
 Apr 2-Jun 25 \$129.75 1534173
 3-5 years Mon. 9:15-11:15 am
 Apr 6-Jun 29 \$109.75 1534081

Play school

Experience independence, social interaction and learning with emphasis on language, pre-reading, counting, colour naming, dramatic play, themed crafts, music and movement. Children to bring their own nut free snack. No parent participation in this school-ready program.

Aquaview – 613-824-0633

3-4 years Tue., Thu. 9:30-11:30 am
 Apr 14-Jun 18 \$199.75 [1529133](#)
 3-4 years Wed., Fri., Mon. 9:30-11:30 am
 Apr 15-Jun 19 \$279.50 [1529113](#)

CARDELREC (Goulbourn) – 613-580-2532

3-4 years Mon. 9:30-11:30 am
 Mar 23-Jun 15 \$109.75 [1526033](#)
 3-4 years Mon. noon-2 pm
 Mar 23-Jun 15 \$109.75 [1526056](#)
 3-4 years Tue. 9:30-11:30 am
 Mar 24-Jun 16 \$129.75 [1526063](#)
 3-4 years Wed. 9:30-11:30 am
 Mar 25-Jun 17 \$129.75 [1526075](#)



3-4 years Wed. noon-2 pm
 Mar 25-Jun 17 \$129.75 [1526077](#)
 3-4 years Thu. 9:30-11:30 am
 Mar 26-Jun 18 \$129.75 [1526081](#)
 3-4 years Fri. 9:30-11:30 am
 Mar 27-Jun 19 \$119.75 [1526085](#)

Eva James – 613-580-2442

3-4 years Mon. 9-11 am
 Mar 30-Jun 15 \$100 [1527643](#)
 3-4 years Wed. 9-11 am
 Apr 1-Jun 17 \$119.75 [1527647](#)
 3-4 years Fri. 9-11 am
 Apr 3-Jun 19 \$109.75 [1529329](#)

Greenboro – 613-580-2805

3-5 years Mon. 9-11 am
 Apr 6-Jun 22 \$100 [1528467](#)
 3-5 years Wed. 9-11 am
 Apr 1-May 13 \$70 [1533380](#)
 May 20-Jun 24 \$60 [1533384](#)
 3-5 years Fri. 9-11 am
 Apr 3-May 15 \$60 [1533389](#)
 May 22-Jun 26 \$60 [1533394](#)

Hintonburg – 613-798-8874

3-5 years Mon. 9:15-11:15 am
 Mar 30-Jun 1 \$80 [1524482](#)
 3-5 years Wed. 9:15-11:15 am
 Apr 1-Jun 3 \$100 [1524483](#)
 3-5 years Fri. 9:15-11:15 am
 Mar 27-May 29 \$80 [1524484](#)

Richcraft-Kanata – 613-580-9696

3-4 years Mon. 9:30-11:30 am
 Mar 23-Jun 15 \$109.75 [1520067](#)
 3-4 years Tue. 9:30-11:30 am
 Mar 24-Jun 16 \$129.75 [1520075](#)
 3-4 years Tue. 12:30-2:30 pm
 Mar 24-Jun 16 \$129.75 [1520078](#)
 3-4 years Wed. 9:30-11:30 am
 Mar 25-Jun 17 \$129.75 [1520081](#)
 3-4 years Thu. 9:30-11:30 am
 Mar 26-Jun 18 \$129.75 [1520083](#)
 3-4 years Thu. 12:30-2:30 pm
 Mar 26-Jun 18 \$129.75 [1520085](#)
 3-4 years Fri. 9:30-11:30 am
 Mar 27-Jun 19 \$119.75 [1520088](#)

Playgroup – With parent

Parents and caregivers, come with your child to enjoy playtime, songs, stories and crafts together. An opportunity to meet and visit with others in your community.

Hintonburg – 613-798-8874

6 months-5 years Thu. 9:15-11:15 am
Apr 2-Jun 4 \$85.50 [1524485](#)

Manotick – 613-580-2424 ext. 30235

1-4 years Mon. 10-11 am
Mar 30-May 4 \$25.75 [1541477](#)
1-4 years Fri. 10-11 am
Apr 3-May 8 \$25.75 [1541478](#)

Nepean Sportsplex – 613-580-2828

2-4 years Tue. 9:30-11:30 am
Mar 31-Jun 2 \$85.50 [1527795](#)
6 months-4 years Wed. 9:30-11:30 am
Apr 1-Jun 3 \$85.50 [1527789](#)

Osgoode – 613-580-2424 ext. 30235

1-4 years Tue. 10-11 am
Mar 31-May 5 \$25.75 [1541481](#)

Wiggle and giggle and move!

Play, climb, jump and run. Explore the world of crafts, music and movement along with your child. Help develop their socialization, coordination and motor skills.

Bob MacQuarrie-Orléans – 613-580-9600

2-4 years Sat. 9:30-10:15 am
Apr 18-Jun 20 \$50.50 [1529289](#)

CARDELREC (Goulbourn) – 613-580-2532

1-4 years Sun. 10-11 am
Mar 29-Jun 14 \$67.50 [1526120](#)

Eva James – 613-580-2442

1-3 years Thu. 9:30-10:30 am
Apr 2-Jun 18 \$89.75 [1529321](#)

Greely – 613-580-2424 ext. 30235

18 months-4 years Thu. 9:30-10:15 am
May 14-Jun 4 \$22.50 [1539866](#)

Nepean Sportsplex – 613-580-2828

18 months-4 years Fri. 11 am-noon
Apr 3-Jun 12 \$67.50 [1529266](#)

Science quests

Hands On science experiments! Experience science in a fun and interactive way.

Nepean Sportsplex – 613-580-2828

4-5 years Thu. 5:15-6 pm
Apr 2-30 \$28.25 [1529087](#)

Richcraft-Kanata – 613-580-9696

4-6 years Sat. 12:30-1:15 pm
Mar 28-May 9 \$33.75 [1520129](#)
May 23-Jun 20 \$28.25 [1520131](#)

Walter Baker – 613-580-2788

3-4 years Sun. 9-9:30 am
Apr 5-Jun 14 \$33.75 [1533536](#)

Workshops

Father's day craft

Calling all parents! Join us to make a special project to take home with your child.

Greely – 613-580-2424 ext. 30235

2-4 years Tue. 9:30-10:15 am
Jun 16 \$30.75 [1539982](#)

Kanata Recreation – 613-580-2570

3-5 years Sat. 10-11 am
Jun 13 \$33.75 [1534197](#)

Gardening – With parent

Calling all parents! Join us to make a special project to take home with your child.

Greely – 613-580-2424 ext. 30235

2-4 years Tue. 9:30-10:15 am
May 12 \$30.75 [1539979](#)

Nepean Sportsplex – 613-580-2828

3-6 years Sat. 9:30-10:45 am
May 9 \$36.75 [1539544](#)



Mother's day craft

Calling all parents! Make a special project with your child.

Greely – 613-580-2424 ext. 30235

2-4 years Tue. 9:30-10:15 am
May 5 \$30.75 [1539974](#)

Kanata Recreation – 613-580-2570

3-5 years Sat. 10-11 am
May 2 \$33.75 [1534176](#)

Ooey, gooey science

Calling all parents! Join us to make a special project to take home with your child.

Nepean Sportsplex – 613-580-2828

3-6 years Sat. 9:30-10:45 am
Apr 25 \$33.50 [1539540](#)

Woodworking – With parent

Calling all parents! Join us to make a special project to take home with your child.

Nepean Sportsplex – 613-580-2828

3-5 years Sat. 9:30-10:45 am
Jun 20 \$35.75 [1539550](#)